

FREE community magazine published quarterly

Number 53 • August 2025

Serving...

Beaumaris

Glanrafon

Llanddona

Llandegfan

Llanfaes

Llangoed

Llansadwrn

Penmon

...and on-line



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A time of orchids

Photographs: Andrew Perrott

We're lucky in Llanddona to have so may places where it's possible to see orchids in profusion. This year seems to have been particularly good; here's a record of some of the many orchids that I've seen while out and about walking Lucy.



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Editorial: the weather

John Nunn

At the time I'm starting to write this I'm in the Canary Islands seeking the late winter sun. I'm getting it, too. The trouble is that all my family back in the UK away from coastal areas are getting it hotter, and even on Anglesey the daytime temperatures are only a couple of degrees cooler. Mind you, it's warmer at night here. It would be churlish of me to state that I resent this so I won't state it. It's all very strange though: the climate definitely seems to be changing, but how much is man-made and how much is natural?... I'm keeping out of that discussion!

With volcanoes rumbling in Iceland, Indonesia, Alaska, Italy and elsewhere perhaps a good dose of volcanic ash in the upper atmosphere will level things out. Hopefully, our increased skill at forecasting these things will very much limit human suffering. Let's face it, with all the wars rumbling on at the moment we don't need any help from nature to create human suffering.

On the other hand, here on Anglesey, especially on our little corner of it, we live in a virtually crime-free oasis of peace and quiet, and that is something for which we should be really grateful. A quick glance at What's happening where? (see the next column) will reveal a cornucopia of fantastic opportunities to enjoy, learn, develop skills and socialise, all in one of the most beautiful and peaceful corners of 'This Sceptred Isle'. Actually, if we are going to be pedantic, Shakespeare's 'Sceptred Isle' was the island of Great Britain, and Anglesey is a small isle off the British mainland, so we're somewhere different, but you'll know what I mean.

This edition of **The Puffin** is back to its usual size after May's bumper edition. People keep sending stuff to us; please don't stop! Quite a few readers send us donations as well, for which we say a big 'thank you'; funding is the main thing that limits the size of **The Puffin**.

If you would like to make a donation in appreciation of our efforts details are in the panel to the right and on every back page. Even better, if you'd like to commit to a quarterly or annual small donation it would mean that we have a starting point each issue, so to speak. It's just a thought: as you know, we have no income other than what we can beg, borrow or steal.

We hope that this edition of **The Puffin** finds you relaxed after an amazing spring and a fair summer so far, even though it was windy-plus at the beginning of July...

We wish you more of the same, or better (and a little less wind!) if it's not been so good so far.

What's happening where?

Note

We do our best to ensure that dates, times and so on are accurate. Information can change, though, so be sure to check beforehand.

A message from The Puffin's Editorial Team

We hope that you enjoy reading **The Puffin** every quarter.

We are a group of seven unpaid volunteers. We do everything connected with the publication of **The Puffin**. We have no regular income, so all of our funds have to be raised through donations, advertising and occasional grants.

Like you, our readers, we are affected by ever-increasing costs. Each copy of **The Puffin** that you read costs just over £1 to produce and print. If you are able to do so we would appreciate any contribution that you can make towards our costs.

We are determined that **The Puffin** continue to be free of charge, and your support will be greatly appreciated, whether it be a one-off donation or a commitment to providing a regular financial contribution.

We are happy to receive donations by post. Please send them to:

Andrew Perrott Glangors Llanddona Anglesey LL58 8TU

Mark the envelope **The Puffin** and enclose your address, an e-mail address and/or telephone number so that we can let you have an acknowledgement and a 'thank you'.

If you would like to make a donation by bank transfer, our details are:

Bank: NatWest

Account name: **The Puffin**Account number: **88609782**Sort code **54-10-01**

From time to time we receive donations direct to **The Puffin**'s bank account. The donors' names are known, of course, but unless we know the donor(s) we don't have a means of contact, such as an e-mail address, to which we can send thanks.

To all our supporters: 'thank you!'

Anglesey

 Coed Lleol/Small Woods: Small Woods is the national organisation for small woodlands, and has a significant track record in managing Social Forestry projects: promoting sustainable management of small woodlands for social, environmental and economic benefit.

Coed Lleol/Small Woods in Wales was established in 2002 and helps to improve the health and wellbeing of people across Wales through woodland- and nature-based activities.

All of our sessions are free and open to all, but booking is essential.

We also deliver training in woodland management and nature-based activities.

For updates on any forthcoming events or sessions, e-mail Vivienne Plank to be added to our Anglesey newsletter:

□ vivienneplank@smallwoods.
 org.uk

Follow us on Facebook:

■ Coed Lleol Anglesey
www.facebook.com/CoedLleol
Anglesey/

or visit our website:

■ Coed Lleol/Small Woods www.smallwoods.org.uk/en/ coedlleol/



Anglesey, Gwynedd

 Anglesey & Gwynedd Widowed Group: please note that this is not a dating site; the organisers are volunteers and the group is not a charity.

It's a group for widows and widowers aged over 50 (suggested age only) who live permanently in the Anglesey, Bangor and Caernarfon (Gwynedd) areas.

We meet for regular get-togethers: coffee, lunch, days out, leisure activities, evenings out, theatre, concerts, coach trips and so on, and holidays, UK and abroad, and cruises as well.

This is not a support group, just a group of people who have been through the loss of a spouse or long-term partner, and who can empathise with each other but are ready to start enjoying life again.

We use **www.meetup.com** for information about events and to keep in touch. Search *Anglesey & Gwynedd widowed* and you will find us

We are a bilingual group, with membership at roughly 50/50, so we organise Welsh events as well as English.

If you'd like more information please contact me, Lyn Roberts.

www.seiriolalliance.co.uk/newsletters/

- **224246**
- ☑ lyn2910@yahoo.co.uk
- Carers Outreach Service: do you look after someone?

Carers outreach Service provides information and support for relatives, friends or neighbours.

Carers Outreach Service:

- Is the first port of call for carers
- o Is a voice for carers
- o Ensures a fair deal for carers
- o Puts carers first

in Anglesey, Gwynedd and Conwy.

For more information:

- **2** 01248 370797
- www.carersoutreach.org.uk
- M help@carersoutreach.org.uk
- Unit G1, Intec Parc Menai Bangor LL57 4FG



Bangor

 Pontio: Pontio is Bangor University's centre that offers an exciting and unique blend of arts and culture, innovation, education and community.

Pontio showcases the very best from the world of arts and culture, including drama, music, dance, and contemporary circus, local and international.

It serves as a focal point for students, with new Students' Union offices and teaching and social spaces to be enjoyed by all, and adds significantly to the amenities in Bangor and the surrounding areas for the economic, social and cultural benefit of the University and of the wider community.

Pontio has been funded by Bangor University, with assistance from the Welsh Government, the European Regional Development Fund and the Arts Council of Wales.

- Pontio
 Deiniol Road
 Bangor
 Gwynedd
 LL57 2TQ
- ⊠ info@pontio.co.uk
- www.pontio.co.uk
- Events
 https://tickets.pontio.co.uk/
 Online/default.asp
- Pontio Bangor www.facebook.com/Pontio. Bangor/.

AMSER AM ANTUR NEWYDD? PAM NA 'DYFU EICH UN'?

Dach chi'n edrych am ffyrdd newydd o wella'ch cryfder a'ch ffitrwydd; leihau eich straen a'ch pryder; wneud ffrindiau newydd spon; ddysgu sgiliau newydd; gael hwyl; fwyta'n well; wella'ch iechyd cyffredinol a rhoi hwb i'ch hwyliau?

Os ydach, beth am wneud cais am randir? Mae Rhandiroedd Biwmaris wedi bodoli ers dros gan mlynedd ac maen nhw eu lleoli'n gyfleus ychydig tu ôl i'r castell o fewn pellter cerdded hawdd i'r dref.

Ydan ni'n hapus i dderbyn ceisiadau gan bobl o bob lefel o arbenigedd ac ydan ni'n grŵp cyfeillgar iawn, bob amser yn falch o gynnig cymorth a chyngor. Mae gynnon ni ddigwyddiadau cymdeithasol gan gynnwys y BAAFTAs (Beaumaris Annual Awards for the Allotments) a BBQ.

Mae gymdeithas y rhandiroedd yn derbyn ceisiadau am randir. Mae ffurflenni cais ar gael gan ein hysgrifennydd aelodaeth drwy anfon e-bost ati yn **beaumarisallotment** society@outlook.com, o neuadd y dref Biwmares; neu o wefan Cyngor Tref Riwmares

Yma ers 100 mlynedd ac yn dal i dyfu!



Over 100 years and still growing!

TIME FOR A NEW ADVENTURE? WHY NOT 'GROW YOUR OWN'?

Are you looking for ways to improve your strength and fitness; reduce your stress and anxiety; make new friends; learn new skills; have fun; eat better; improve your overall health and boost your mood?

If so, why not apply for an allotment? Beaumaris Allotments have been in existence for over 100 years and are conveniently situated just behind Beaumaris Castle within easy walking distance of the town.

We're a very friendly group, and are happy to accept applications from people with all levels of expertise

We're always pleased to offer help and advice. We have social events during the year, including the BAAFTAs (Beaumaris Annual Awards for the Allotments) and a BBO.

We're now accepting applications for an allotment. You may obtain an application form from our Membership Secretary at beaumarisallotmentsociety@outlook.

com, from Beaumaris Town Hall, or from Beaumaris Town Council's website.



Beaumaris

Royal Anglesey Yacht Club: The Royal Anglesey Yacht Club (RAYC) can trace its roots back to 1802 when the Beaumaris Book Society was founded at Ye Olde Bulls Head Inn, Beaumaris.

In 1826 the Society moved to Green Edge, where the club house is today. Members of the Society played a prominent part in the Beaumaris regatta of 1830 and in the years to come. In 1885, the year after Bangor University was established, the club became the RAYC after Queen Victoria granted the club a Royal Warrant.

The RAYC has two adopted classes of yacht: the Fife one Design and the Menai Strait One Design.

- Royal Anglesey Yacht Club 6/7 Green Edge Beaumaris Anglesey LL58 8BY
- Royal Anglesey Yacht Club
 https://royalangleseyyc.org.uk
- secretary@royalanglesey... org.uk

Menai Strait Regattas 2025: visit the Regattas website for more information.

Menai Strait Regattas 21st July to 2nd August 2025 https://menaistraitregattas...org.uk



 Clwb Rhwyfo Beaumaris Rowing Club: there's a long history of competitive rowing on the Strait. The Club runs taster events during April and September for people to learn about, and have a go at, rowing a Celtic. It doesn't matter if you've never rowed before; we'll show you the ropes.

Visit our website if you'd like to know more about us.

www.beaumarisrowingclub. .org.uk/.



Hwylio Treftadaeth Afon Menai: mae Hwylio Treftadaeth Afon Menai

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Anglesey-based (Rhostrehwfa), covering

Anglesey • Holyhead • Bangor • Caernarfon surrounding areas

(HTAM) yn Elusen Gofrestredig, wedi'i lleoli yn Gallows Point, Riwmares

Un o brif flaenoriaethau HTAM yw cadw'r hyn sydd yn ôl pob tebyg yn un o'r fflydoedd treftadaeth hynaf o gychod hwylio yn y byd, ar yr un pryd yn cynnig hwylio at ddibenion iechyd a lles, felly... dewch i hwylio gyda ni!... naill ai fel profiad unwaith ac am byth, neu efallai y byddwch chi'n cael y byg ar gyfer hwylio ac eisiau cymryd mwy o ran a hwylio'n fwy rheolaidd.

Rydym wedi cynhyrchu ein rhaglen hwylio ar gyfer 2025, felly os hoffech ragor o wybodaeth e-bostiwch Victoria Craig at vcraig.mshs@. yahoo.co.uk.





Menai Strait's Heritage Sailing: Menai Strait's Heritage Sailing (MSHS) is a Registered Charity, based at Gallows Point, Beaumaris.

One of MSHS's main priorities is the preservation of what is probably one of the oldest heritage fleets of sailing yachts in the world, at the same time offering sailing for health and wellbeing purposes, so... come and

sail with us!... either as a one-off experience, or you may just get the bug for sailing and want to get more involved and sail more regularly.

We've produced our sailing programme for 2025, so if you'd like more information please e-mail me, Victoria Craig, at vcraig.mshs@.yahoo.co.uk.

 Beaumaris Cricket Club: we welcome new members; our average age is somewhere around 50, a few younger and some older! If you'd like to join us give one of us a call:

Chairman: Ian Gorst Jones.

2 01248 811248

Captain: David Graves,

2 07851 632881

Vice-Captain: Evan Hughes,

2 07999 505001

Match organiser: Philip Lewis,

262297

www.facebook.com/people/ Beaumaris-Cricket-Club/ 100057043976040/

Beaumaris Over 50s Club: you're welcome to join us if you're 50+ and live in or near Beaumaris.

Club meetings take place at 2.00pm on the last Monday of the month.

Annual cost of membership is only £5; contributions are taken at each

meeting towards tea/coffee and raffle prizes.

We extend a warm welcome to new and old members.

We had a very interesting meeting at the end of June, when we had a Bingo session and quiz questions to answer, with a strawberry tea afterwards.

Some dates for your diary:

- Gorffennaf/July, Awst/August:
 Cyfnod gwyliau.
 Holiday period.
- 29 Medi/29 September:
 Sgwrs gan David Jones o YG ar
 "Cymru Fach Ddewr".
 Talk by David Jones from YG on
 "Gallant Little Wales".
- 27 Hydref/27 October: Cyflwyniad gan Peter Day: "Dirgelwch Llongddrylliad y 'Royal Wreck'" Talk by Peter Day: "Mystery Royal Wreck".

For more details, please contact the Chair, Mike Davies.

- **2** 01248 812157, 07483 827069
- ☑ .dmikedmail@gmail.com
- The lorwerth Rowlands Centre Steeple Lane Beaumaris LL58 8AE

www.seiriolalliance.co.uk/newsletters/

- Beaumaris Singing For Pleasure Group: do you want to:
 - o Improve your memory?
 - Relieve stress and anxiety?
 - o Boost your immune system?
 - o Improve your lung function?
 - O Uplift your mood?
 - o Make new friends?
 - ...and, most importantly, have fun?

If the answer's YES, join us at the lorwerth Rowlands Centre on Mondays, 11.00am-12.00 noon.

£2.50 per session, including tea, coffee, biscuits. New members will be very welcome!

For more information, please contact Mike Davies

- **2** 01248 812157, 07483 827069
- □ dmikedmail@gmail.com
- The lorwerth Rowlands Centre Steeple Lane Beaumaris LL58 8AE
- Menopause Café: please note that the Menopause Café has closed.
- Popty Kim at David Hughes: visit our new café in the historic David Hughes Community Centre right by the castle

We serve a warm welcome and delicious home-made food and drinks seven days a week, 10.00am-4.00pm, and are proud to champion Welsh produce and makers.

- ⊠ kimlowen@hotmail.co.uk
- Popty Kim at David Hughes www.facebook.com/profile.php/ ?id=61575633701311
- David Hughes Community Centre Rating Row Beaumaris Anglesey LL58 8AL
- Seindorf Beaumaris Band events: Seindorf Beaumaris Band has been at the forefront of local music-making for over a century.

In addition to our annual summer and Christmas concerts in July and December, the bands are often out and about performing locally.

Follow our activities by keeping an eye on social media and local noticeboards.

■ Seindorf Beaumaris Band Canolfan Gerdd New Street Beaumaris Anglesey LL58 8EL

- □ post@beaumarisband.org.uk
- Seindorf Beaumaris Band www.beaumarisband.org.uk

Seindorf Beaumaris Band www.facebook.com/beaumaris band/

See also page 29.

 Beaumaris Film Night: put the first Thursday of every month in your diary! Have a look below at what's coming in the next three months.

Refreshments are available from 7.00pm; the film starts at 7.30pm. Tickets are still just £5 each and are available in advance from reception, or telephone to book.

2 01248 811200

Volunteers are always welcome; please contact Stephen Marsden for more information.

2 07774 699685

Put this date in your diary...

 7 August: Small Things Like These (2024), starring Cillian Murphy, Eileen Walsh, Emily Watson.



In 1985 devoted father Bill Furlong discovers disturbing secrets kept by the local convent and uncovers shocking truths of his own. (1h 38m; 12A)

Details of the films to be shown for the rest of 2025 year weren't known at the time *What's happening where?* was being prepared, but they're given in **STOP PRESS** on page 33.

 Dancing at the Canolfan! Want to learn to dance? You can dance but want to improve?

Come along to Caroline's friendly classes at Canolfan Hamdden Beaumaris on Fridays, 7.00pm-9.00pm; everybody welcome.

- **2** 01248 811200
- □ enquiries@canolfanbeaumaris.
 org.uk
- Canolfan Hamdden Beaumaris Leisure Centre: There's so much happening at Canolfan Hamdden Beaumaris that we don't have room for it here.

Turn to pages 17-20 to read more about what's happening.

- **2** 01248 811200
- Canolfan Beaumaris www.canolfanbeaumaris. org.uk/



Seiriol Good Turn Scheme: if you live in the Seiriol Ward area (Beaumaris, Glanrafon, Llandegfan, Llanddona, Llanfaes, Llangoed, Llansadwrn and Penmon) the Seiriol Good Turn Scheme may be able to help you.

The services offered by the Scheme are provided by volunteers, and offer help to any person living in the Seiriol Ward who, due to illness, incapacity or some other need, may benefit from the help that is available.

If you feel that the Scheme could help you please telephone us and we will arrange a home visit to discuss your needs.

Turn to pages 8, 17, 20 and 33 to read more about what's happening.



 RNLI: volunteers wanted! The RNLI is working hard to make itself inclusive, with the Fundraising Team, shop helpers and crews all working together as a team.

We'd welcome anyone who would like to volunteer in any capacity.

If you're interested do call in at the RNLI shop at the boathouse or telephone Valary Wakefield on 01248 811375.

Beaumaris Lifeboat Day:
 Saturday 23 August, 10.00am 4.00pm.

Cakes, tea and coffee, knitted goods, cards, fancy goods; Children's and Adult Tombola, Lifeboat Stations card. Stalls on the Green, stocks, Lifeboat Launches.

There may be other events, but these have yet to be confirmed.

 Bonfire Night: the date has yet to be confirmed.

Keep a lookout for notices in Beaumaris, and check Facebook regularly.

(continued on page 9)









(from page 7)

- Beaumaris RNLI Lifeboat
- www.facebook.com/beaumaris.
- . rnli.lifeboat/
- ☐ Find my nearest lifeboat station https://rnli.org/find-my-nearest/ lifeboat-stations



 Clwb Bowlio Beaumaris Bowling Club: Clwb Bowlio Beaumaris Bowling Club fielded eight teams last year, in five different Leagues.

We would like to welcome new members, young or old, male or female.

The Club is at Happy Valley, by the beautiful Beaumaris Castle.

For more information and/or a taster session please contact Dave Mathias, Secretary.

- ☑ davemathias49@gmail.com
- **2** 07712 121147
- Beaumaris Bowling Club https://beaumarisbowlingclub. yolasite.com/
- Beaumaris Bowling Club www.facebook.com/people/ Beaumaris-Bowling-Club/1000 63490482942/
- Beaumaris Makers Market: Castle Square, Beaumaris LL58 8AL (in front of the Castle Court Hotel, adjacent to the castle).
 - Beaumaris Makers Market www.facebook.com/beaumaris.makersmarket/
- Beaumaris Artisan Market: Rating Row, Beaumaris LL58 8AP (in front of the David Hughes Community Centre).
 - Beaumaris Artisan Market https://beaumarisartisan market.blogspot.com
 - beaumariswelshartisanmarket.
 @outlook.com.

Holyhead

• Canolfan Ucheldre Centre:

Holyhead may be 'over there' on the other side of Anglesey, but Canolfan Ucheldre Centre has a lot to offer the residents of Anglesey and those further afield.

Ucheldre is a leading performing and visual arts centre housed in a former convent chapel that sits within its own grounds and gardens.

Find out about what's happening at Canolfan Ucheldre Centre via the links below.

Canolfan Ucheldre Centre Millbank Holyhead Anglesey LL65 1TE

> Monday-Saturday 10.00am-5.00pm Sunday 2.00pm-5.00pm

- **2** 01407 763361
- Ucheldre https://ucheldre.org
- Ucheldre Holyhead www.facebook.com/ ucheldre.holyhead/



Llanddona

 Neuadd Bentref Llanddona Village Hall: we are a small and dedicated group of Committee Members and volunteers. We would love to welcome more people on board!

The Hall is available for hire. Please contact us if you would like more information or to make a booking.

- □ secretary@neuaddbentref
 □ llanddona.co.uk
- **2** 07733 176004, 07768 018370
- Neuadd Bentref Llanddona Village Hall Llanddona Anglesey LL58 8TS
- Neuadd Bentref Llanddona Village Hall www.facebook.com/. .llanddonavillagehall/.
- Cymuned Llanddona Community www.facebook.com/groups/ .llanddona/.

Note

Events are at Neuadd Bentref Llanddona Village Hall unless stated otherwise.

Be sure to keep your eye on social media, notice boards and The Puffin for updates, and see page 29.



 Caffi Ni: every Friday, 11.45am-2.00pm.

Please note that we are closed from 12 July to 4 September.

Come and enjoy a home-cooked two-course meal and a drink in a relaxed and friendly atmosphere for only £8 per person.

A special roast dinner and dessert are available on the first Friday of every month.

All food is freshly prepared on the premises by volunteers.

Booking is advisable; please telephone Pat on 07768 018370.

• Paned a Sgwrs: every Tuesday, 2.00pm-3.00pm.

Improve your Welsh-speaking skills with this small, friendly group over a complimentary paned/cuppa and biscuits.

All levels of Welsh speakers are welcome.

Sessions are informal so that people can 'drop in' for a quick chat or stay for the full session if preferred.

For more information contact Gill Vaughan or Sheila Healey.



- Caffi Cofio: please note that future gatherings will be held in Llangefni.
 - Memorial Hall High Street Llangefni Anglesey LL77 7NA

For futher information telephone:

- **2** 01492 542212
- Carers Trust: Our work in Wales https://carers.org/around-the-uk-our-work-in-wales/our-work-in-wales



 Gong Bath: the first Tuesday of the month, starting at 7.00pm.

It's relaxation and meditation through sound... Lying on a mat, you close your eyes and relax for an hour whilst being bathed in powerful sound waves.

Please contact me, Steph Healy, for more information or to book a place.

- **2** 07534 118899
- □ pure.sound@outlook.com
- Dru Yoga: every Thursday, 9.30am-10.30am with Saroi.

A gentle form of yoga involving a lot of stretching; can be done whilst sitting on a chair if needed.

Dru Yoga is suitable for beginners and advanced practioners.

All are welcome: £5.00 per session.

- Clwb Ffermwyr Ifanc Llangoed/ Llangoed Young Farmers Club: meets every Monday, 7.45pm (in Llanddona, not in Llangoed).
 - Wales Federation of Young Farmers Clubs https://yfc.wales

See also pages 16 and 27.



 Llanddona Writing Group: thinking of a family memoir, or short story, or just the chance to do a little writing alongside friends?

We meet every three weeks on a Friday at 11.00am.

We enjoy hearing from and encouraging each other, and maybe having a try at something new.

Why not come along and see...

If you'd like to know more, please contact Stephen Marsden.

2 07774 699685.

See also page 26.

✓ Llanddona✓ Writing☐ Group

 Llanddona Table Tennis Group: we are a friendly social table tennis group who play every Monday, 10.00am-12.00 noon in the Hall. We

welcome new players of any ability.

There are usually around 12 players of mixed abilities and roughly equal numbers of men and women. We have three tables and have bats and balls that everyone can use. We play for most of the two hours, but do stop for tea/coffee halfway through.

Please contact Mark Simpson if you're interested or have any questions.

2 07785 762580



 Nifty 60s: every Wednesday, 10.00am-11.00am. Come and improve your core strength, flexibility, balance, mental and physical strength and mental wellbeing. This successful class aims to reduce slips, trips and falls.

Begin your journey to a better version of yourself for only £2.00 per session. There's no need to book: just show up!

 Happy Hound Gang: every Monday, 1.00pm-7.00pm.

Puppy and dog training and

socialisation, including dealing with problematic behavioural issues.

Booking a slot is essential; please contact Laura Sutton:

2 07588 651597

☑ laura@happyhoundgang.co.uk

- Bingo: Will restart in the Autumn with doors usually open at 6.30pm.
 £2.00 entry, food and bar available.
- Numeracy & IT Skills: this will start in the autumn.

For more information contact Paul Gash:

2 07714 017886

□ paul.gash@me.com

- Mindfulness: please note that this will not take place again until the autumn, when it will return by popular demand.
- Village Knit Club: every Monday at yr Owain Glyndŵr, at 7.15pm... looking forward to seeing you all!
 For more information contact Meg Marsden.
 - **2** 07913 223435
- Rali Tractor Llanddona Tractor Rally 2025: put Saturday 16 August in your diary: that's the date of this year's Rali/Rally...now in its fifth year!

Please come and support us, and enjoy the spectacle of tractors of all sizes, and entertainment as well, at yr Owain Glyndŵr, Llanddona.

- 10.00am: Owain Glyndŵr opens; refreshments all day, including bacon baps, tea, coffee, and Hogs Môn will be hog-roasting in the evening
- o 11.00am: tractors depart
- o 4.00pm(ish) on: tractors return.

Entertainments:

- o 3.00pm: Miv, Kev and Dave
- o 5.00pm: charity raffle, prizes
- o 6.00pm: Elliw Mair a Carwyn
- o 7.00pm: Wil Tân & Teulu
- o 8.30pm: Adelphi & Guests.

Funds raised will support good causes, including:

- Blaen y Coed Centre for adults with learning difficulties, Llangoed.
- Clwb Ffermwyr Ifanc Llangoed/ Llangoed Young Farmers Club, based at Neuadd Bentref Llanddona Village Hall, yr Hen Ysgol, Llanddona
- St lestyn Church Restoration.

There may be changes to events and entertainments...

Don't miss it!



 Yr Owain Glyndŵr: Community Pub Hero Award Winner 2024!

Contact us for information about what's on.

- **2** 01248 810710
- The Owain Glyndŵr Llanddona Anglesey LL58 8UF
- ⊠ contact@ogdllanddona.co.uk
- Cymuned Llanddona Community www.facebook.com/groups/ llanddona/

Llanfairpwll

 Marquess of Anglesey's Column: climb the Column's 115 steps for spectacular views over Anglesey, the Menai Strait and Snowdonia.

□ post@angleseycolumn.org

2 07748 807402

- Tŵr Marcwis/Anglesey Column www.angleseycolumn.com
- Marquess of Anglesey's Column Parc Tŵr Llanfairpwll Anglesey LL61 5NJ

Opening times:

Wednesday-Sunday April-September 9.00am-5.00pm October-March 10.00am-4.00pm

Marquess of Anglesey's Column https://en.wikipedia.org/wiki/ Marquess_of_Anglesey%27s_ Column



Llangefni

 Oriel Môn: Llangefni is another place that's not on our immediate doorstep. Like Holyhead's Canolfan Ucheldre Centre, though, it has a lot to offer the residents of Anglesey and those further afield.

Oriel Môn is a museum and art gallery, and Oriel Kyffin offers exhibitions of national and international significance.

Find out about what's happening via the links below.

■ Oriel Môn Rhosmeirch Llangefni Anglesey LL77 7TQ

Opening times:

Tuesday-Sunday 10.00am-5.00pm

2 01248 724444

- ☑ orielynysmon@anglesey.gov
- ☐ Oriel Môn www.orielmon.org/
- Oriel Môn www.facebook.com/orielmon/



Llangoed

Neuadd Bentref Llangoed Village Hall: built in 1910, Neuadd Bentref Llangoed Village Hall has been a central gathering point for the community for over 115 years. Run entirely by volunteers, the Hall hosts a wide range of events, including concerts, wellbeing classes, workshops, children's playgroups, and now, a vibrant cinema programme.

It is available for parties, functions and weddings.

Please contact us for more information or to make a booking.

☑ info@llangoedvillagehall.com

Visit our website and Facebook page for more details.

- www.llangoedvillagehall.com
- www.facebook.com/llangoed. villagehall
- www.instagram.com/llangoed villagehall

Sign up for our newsletter!

www.llangoedvillagehall.com/ subscribe

Note

Events are at Neuadd Bentref Llangoed Village Hall unless stated otherwise.

Be sure to keep your eye on social media, notice boards and **The Puffin** for updates.



Regular events:

- Yoga: Mondays, 6.30pm-7.45pm⋈ emilykyleyoga@gmail.com
- Pilates: Tuesdays, 9.30am-10.30am
 - ☑ andreacross@hotmail.co.uk
- Clog dancing: Tuesdays,7.30pm-8.00pm
 - ⊠ info@llangoedvillagehall. com
- Latin Line Dance: Tuesdays,
 7.00pm-9.00pm

CAMAU BACH

Calling all parents of pre-school children

You're welcome to join us on Friday mornings in term-time in Neuadd Bentref Llangoed Village Hall from 9.30am until 11.00am.

It's an opportunity for you to relax, chat with other parents and enjoy a paned while the children enjoy the company of one another and play with the many toys and activities on offer.

You're welcome to drop in or stay for the whole session. There's no charge, but donations are always welcome, to help towards the cost of drinks for the adults and fruit for the children.



Help needed

This pre-school group is run by Bro Seiriol Churches.

If, perhaps, you live locally and have a bit of time to spare on Friday mornings we really would welcome offers of help, particularly with getting the toys and equipment out of the shed before the sessions start (this could possibly be done on a Thursday evening), and packing away afterwards.

With two or three people helping it really does only take 15 minutes, but none of us is getting any younger and it would make a massive difference if we had some help, even if it's only occasional.

For more information

Rev Lesley Rendle 07817 873080

Other events:

 A Celebration of Simon and Garfunkel: Friday 8 August.
 Doors 6.45pm; music 7.30pm; tickets £15.

A celebration of Simon and Garfunkel, performed live by Tim Chu and Ian Bailey.

■ A Celebration of Simon & Garfunkel www.llangoedvillagehall. com/events/a-celebration-of-simon-garfunkel

- Soul & Motown Night: Friday 15
 August 2025, 7.30pm. £5 entry at the door.
 - Join us for a night of Soul and Motown music, hosted by Malcom Williams (MonFM: Soul on Sunday) with three DJs and live Motown singing!
- o Inter Alia: a Sinema Llangoed première of Inter Alia, a new play by Suzie Miller, by National Theatre Live. Sunday 28 September. Doors 6.30pm; start 7.00pm; tickets (adult) £10, (child) £5.
- Harvest time at Llangoed
 Village Hall! A full weekend of
 community apple pressing (bring
 your apples), a celebration of
 Llangoed's historical well,
 workshops, scarecrow trail, stalls
 and workshops. Saturday/
 Sunday 18/19 October, 10.00am 4.00pm.

For updates and full schedule please visit www.llangoedflower show.com.

See also pages 26 and 28.

 Llangoed WI: we meet on the first Wednesday of the month in Neuadd Bentref Llangoed Village Hall; meetings begin at 2.00pm.

We're a lively group of mixed ages, so, ladies, do feel welcome to join

Please contact our Secretary, Catherine Sproston, for more information.

2 07900 382200

See also page 16.



- Camau Bach: Llangoed Village Hall, every Friday during term-time, 9.30am-11.00am: for children and their carers.
 - Rev Lesley Rendle 07817 873080
- Llangoed Knitting Club: we meet at the Pont y Brenin Hub on the third Monday of the month, 2.00pm-4.00pm. If you'd like to join us, please contact:

Elizabeth Roberts Bodwyn Llangoed LL58 8NP

 Seiriol Men's Shed: we're a busy and active group, and meet on Tuesdays and Thursdays, 10.00am-1.00pm, in our workshop adjacent to Haulfre Residential Home, Llangoed.

From the direction of Beaumaris:

- Go through Llangoed, past Morrisons Daily on the right, and down the hill
- Go over the little bridge over the stream at the bottom and up the hill for about 200 yards
- Turn right at the Gerddi Haulfre Gardens sign into the Haulfre Residential Home car park and walk down the slope (to the right if you're facing Haulfre) towards the gardens
- Our premises are very close; our workshop is on the left, and our other premises are on the right.

Please park thoughtfully; the car park is used by others as well.

For more information, or if you'd like to join us, please contact:

- Seiriol Men's Shed The Flat Gerddi Haulfre Llangoed LL58 8RY
- Seiriol Men's Shed www.facebook.com/profilephp? id+61564967474652



Penmon

- NGS Open Gardens: Sunday 31 August, 11.00am-4.00pm: the following gardens will be open:
 - o Llwyn Onn, Penmon LL58 8SG
 - The Old School, Penmon LL58 8RU

You'll find more information about the NGS Open Gardens in **The Puffin** 52, pages 29-31. It's on-line as well, the link's at the foot of this page.

Keep your eye on social media and notice boards for updates.



Eglwysi Bro Seiriol Churches

- 'Rothsay Castle' Shipping Disaster Commemoration Service: Monday 18 August, 11.00am, Church of St Mary & St Nicholas, Beaumaris: remembering the 150 people who lost their lives near Beaumaris in 1831, with prayers for all seafarers.
- NGS Open Day: Saturday 6
 September, 11.00am-4.00pm,
 hosted at Castle Court, Rating Row,

Beaumaris (£5 entry) and including the Serenity Garden in the grounds of the Church of St Mary & St Nicholas, Beaumaris, where refreshments will be available, and tours around the ancient mediaeval church

See **The Puffin** 52, pages 29-31 for more information.

 Seiriol 'Wyn' & Cybi 'Felyn' Walk of Friendship to Clorach Wells: Thursday 11 September.

If you are interested in taking part in this walk of friendship you can find out more about the route and plans by following the Eglwysi Bro Seiriol Churches Facebook page or by e-mailing huwbutler@churchinwales.org.uk.

■ Eglwysi Bro Seiriol Churches www.facebook.com/BroSeiriol/

Some useful services

Note

We do our best to ensure that dates, times and so on are accurate. Information can change, though, so be sure to check beforehand.

Common Ailments Service

The Common Ailments Service (CAS) is a scheme offered by local pharmacies that provides patients with free NHS advice and treatment for a range of minor illnesses.

Access to the CAS: you may gain access to the CAS through your local pharmacy. A pharmacist will be available to have a short consultation with you before advising you on how best to treat your illness.

Advice and treatment: the scheme aims to help people who have a minor illness by providing advice and treatment.

There are 27 conditions covered by the service. If your illness is not covered by the service, your pharmacist can still provide you with advice.

Anybody who is staying in Wales for at least 24 hours after visiting the pharmacist may use the service.

Eye conditions: if you are suffering with an eye condition, you should visit your local optometrist (optician) first. He/she can provide you with a free NHS eye examination.

You'll find more information and a list of opticians that offer a free eye examination at Eye Care Wales.

- Common Ailments Service (CAS) Information for Members of the Public www.wmic.wales.nhs.uk/commonailments-service/
- Eye Care Wales www.nhs.wales/sa/eye-care-wales/

- Rowlands Pharmacy
 17 Castle Street
 Beaumaris
 LL58 8AP
- **2** 01248 810312
- 昌 01248 810180

Cashpoints

There are now no banks in the Seiriol area, but we know of two cashpoints, both in Beaumaris:

- Jolly's, 5 Bulkeley Terrace, Beaumaris LL58 8AU, outside, at what used to be the NatWest Bank
- Spar, 11 Castle Street, Beaumaris LL58 8AB: inside, during opening hours

Please let us know if you are aware of any others so that we can list them here.

 Post Offices: note also that you can withdraw cash with your bank card at any Post Office counter (Spar, Beaumaris and Pentraeth, and Morrisons Daily, Llangoed, for example) free of charge.

Citizens Advice

Citizens Advice is an independent charity and part of the Citizens Advice network across England and Wales.

Citizens Advice provides free, confidential and impartial advice on matters including money, benefits, housing and employment.

It also offers confidential, free and safe reporting of hate crimes and hate incidents.

Llangefni

Canolfan Ebeneser Bridge Street Llangefni Anglesey LL77 7PN

Opening times:

Tuesday, 9.00am-4.00pm Wednesday, 9.00am-4.00pm

Other offices

There are Citizens Advice offices in Amlwch and Holyhead as well.

- **2** 0808 278 7932
- ☑ angleseyca@gmail.com
- www.citizensadvice.org.uk/local/ ynys-mon/



Defibrillators

Here is a list of defibrillators in the Seiriol Ward area at the end of 2024.

The red numbers correspond with those given in the map in **The Puffin** 51, page 12.

Beaumaris

- 01 under the Arch, Wall Street Beaumaris LL58 8AP
- 02 Bulkeley Hotel Beaumaris LL58 8AW
- 03 Lifeboat Station, The Green Beaumaris LL58 8BS
- 04 Beaumaris Town Council Car park fronting The Green Beaumaris LL58 8BY
- 05 Happy Valley Pavilion Beaumaris LL58 8RA
- 06 Canolfan Hamdden Beaumaris Leisure Centre Beaumaris LL58 8AL
- 07 Fire Station Beaumaris LL58 8YH
- 08 Church of St Mary & St Nicholas * Church Street Beaumaris LL58 8AA
- 09 Ysgol Gynradd Beaumaris Primary School Beaumaris LL58 8HL
- 10 Baron Hill Golf Club Beaumaris LL58 8YW
- 11 ABC Service Station Gallows Point Beaumaris LL58 8YH

Llanfaes

- 12 Henllys Golf Club Llanfaes LL58 8HU
- 13 Henllys HPB Holidays Llanfaes LL58 8HU
- 14 Canolfan Gymunedol Llanfaes Community Centre Llanfaes LL58 8LG

Llangoed

- 15 Canolfan Gymunedol Pont y Brenin Community Hub Llangoed LL58 8LS
- 16 CPD Llangoed FC (on the building) Llangoed LL58 8LS
- 17 Ysgol Gynradd Llangoed Primary School
- Llangoed LL58 8LU
- 18 Neuadd Bentref Llangoed Village Hall
- Llangoed LL58 8NN
- 19 Coedwig Terrace telephone kiosk Llangoed LL58 8SL

Penmon

- 20 The Pines Penmon LL58 8RN
- 21 Gwylwyr y Glannau Trwyn Penmon Point Coastguard Penmon LL58 8RR

Glanrafon

 22 Glanrafon telephone kiosk Glanrafon LL58 8PB

Llanddona

- 23 Warden's House, Maes Gwyn Community Hub Llanddona LL58 8TP
- 24 Yr Hen Ysgol, Neuadd Bentref Llanddona Village Hall Llanddona LL58 8TS

- 25 Yr Owain Glyndŵr Llanddona LL58 8UF
- 26 Caffi'r Traeth/Beach Kiosk Llanddona LL58 8UW

Llansadwrn

 27 Llansadwrn telephone kiosk Llansadwrn LL59 5SH

Llandegfan

- 28 Ysgol Gynradd Llandegfan Llandegfan LL59 5UW
- 29 Neuadd y Plwyf Llandegfan Parish Hall Llandegfan LL59 5UL
- 30 Llyn Jane Ltd Llandegfan LL59 5SB

Menai Bridge

- 31 Gorsaf Dân Porthaethwy Menai Bridge Fire Station Menai Bridge LL59 5EW
- * Restricted access times



Household waste recycling

Penhesgyn Household Waste recycling Centre

Menai Bridge LL59 5RY

Booking is not necessary: Anglesey residents **do not need to book** a slot to use this centre.

Vehicles must be no longer than **5.0m** and no higher than **2.1m**, including any attachments.

Householders must produce proof of residency on the Isle of Anglesey, such as a current Council Tax bill, driving licence or recent (less than 3 months old) utility bill.

Opening times:

Monday 10.00am-4.30pm Tuesday 10.00am-4.30pm Wednesday CLOSED Thursday CLOSED Friday 10.00am-4.30pm Saturday 10.00am-4.30pm Sunday 10.00am-4.30pm

■ Penhesgyn Household Waste
Recycling Centre
www.anglesey.gov.wales/en/.
Residents/Bins-and-recycling/.
Recycling-centres-and-recycling-banks/Penhesgyn-Household-.
Waste

■ Waste Management 01248 752093

Gwalchmai Household Waste Recycling Centre

Gwalchmai LL65 4PW

Booking is necessary: Anglesey residents **need to book** a slot to use this centre because this recycling centre is very close to the A5 main road.

The booking system is needed to control the flow of traffic to the centre, for safety and the reduction of queues adjacent to a busy road.

The same vehicle and residence criteria apply.

■ Gwalchmai Household Waste
Recycling Centre
.www.anglesey.gov.wales/en/.
.Residents/Bins-and-recycling/.
.Recycling-centres-and-recycling-banks/Gwalchmai-Household-.
.Waste-Recycling-Centre.aspx.



Library

Beaumaris library

David Hughes Community Centre Rating Row Beaumaris Anglesey LL58 8AL

Opening times are:

Monday 2.30pm-6.00pm Wednesday 10.00am-12.30pm Friday 9.00am-1.00pm ☎ 01248 810659

☑ .ddxlh@anglesey.gov.wales.

Mobile library

The mobile library visits communities which are more than ¾ mile from one of Anglesey's libraries.

It carries a small but comprehensive selection of books and tapes, and also provides a gateway to other library services.

The mobile library visits the following communities on the third Friday of the month:

• Llanddona:

Neuadd Bentref Llanddona Village Hall 11.30am-12.30pm Maes Gwyn 1.10pm-1.45pm

• Llandegfan:

Siop Llandêg 9.30am-10.00am

• Llangoed:

Neuadd Bentref Llangoed Village Hall 10.30am-11.30am

Note: the mobile libr

Note: the mobile library no longer calls at the Pont y Brenin car park or Aberlleiniog car park.

Llansadwrn:

Tan-y-Ffordd 2.00pm-2.30pm

2 01248 752093, 01248 752095

Telephone Llangefni Library if you would like more information about its doorstep delivery service.

- **2** 01248 752093
- Mobile and Home Library Service www.anglesey.gov.wales/en/ Residents/Libraries/Mobile-and-Home-Library-Service.aspx



Mobile banking

NatWest is alone among the main banks in providing a mobile banking service in our area.

A Mobile Branch visits Beaumaris and Menai Bridge every week:

• Beaumaris:

Castle Square LL58 8DA Wednesday 10.30am-11.15am

Menai Bridge:

Wood Street car park LL59 5QW Wednesday 3.35pm-3.55pm

A directory for your local banking services

www.natwest.com/banking-withnatwest/other-ways-to-bank-withnatwest-banking-me.html#mb.



Mobile Post Office

The Post Office provides a mobile service across Anglesey.

It makes the following weekly local stops at Llanddona and Llandegfan:

Llanddona:

Maes Gwyn LL58 8TP Thursday 9.45am-10.15am

• Llandegfan:

Bro Llewelyn LL59 5UP Tuesday 3.45pm-4.15pm Maes Ffynnon LL59 5PS Tuesday 4.15pm-4.45pm

All the usual Post Office services are available.

Visit Maesgeirchen Mobile Post Office's Facebook page for up-to-date information about this service.

■ Maesgeirchen Mobile Post Office www.facebook.com/people/. Maesgeirchen-Mobile-Post-Office/. 100057490246225/.



Menai suspension bridge repairs: sources of information Andrew Perrott, John Briggs

We were asked by a reader recently if we'd put something in The Puffin about the Menai suspension bridge repairs which are progressing at a snail's pace. It was a thankless task.

Anglesey: using the search criteria anglesey gov menai suspension bridge repairs, we found:

- Menai Suspension Bridge
 maintenance work
 www.anglesey.gov.wales/en/
 Residents/Parking-roads-and travel/Travel/Menai-Suspension Bridge-maintenance-work.aspx
- A5: Menai Suspension Bridge www.gov.wales/a5-menaisuspension-bridge
- A5 Menai Bridge: frequently asked questions

www.gov.wales/a5-menai-bridgefrequently-asked-questions

At least there was some information.

Gwynedd: using the criteria *gwynedd* gov menai suspension bridge repairs and *gwynedd llyw menai suspension* bridge repairs, our searches produced absolutely nothing.

Thomas Telford's masterpiece, the beautiful Menai suspension bridge, opened in 1826, and is the second oldest suspension bridge in the world still carrying vehicular traffic. It is one of two vital links between Anglesey and the mainland, yet has suffered from years of neglect and under-maintenance. The island has suffered as a result.

The bridge was closed in October 2022 following the planned maintenance and recommendations identified from the Principal Inspection Report 2019 to refurbish its 'paint system'. Further detailed technical analysis was undertaken and problems with the bridge span hangers were identified. As a result of further modelling, serious risks were identified and structural engineers recommended closing the bridge immediately to all traffic.

Compare current progress with the huge improvement to the bridge that was undertaken during the Second World War, quickly and efficiently. In contrast, the current work has progressed no more than sporadically since late 2022.

Menai Suspension Bridge works complete ahead of anniversary www.northwaleschronicle.co.uk/ news/24704310.menai-suspensionbridge-works-complete-aheadanniversary/.

The Secret Bridge by Robin Richards (1991, Rocket Books, ISBN 0 9517605 0 5) is well worth reading.

The latest: John Briggs has a whizzy thingy (tech-speak for a thingy that's whizzy) on his smartphone called ChatGPT. ChatGPT did some legwork and told John the following...

The Menai Suspension Bridge repairs are currently scheduled to be completed

in spring 2026, with full works finalised in time for the summer commemorations around 9 August 2026 (Thomas Telford's birthday).

- Phase 1 (hanger replacement): this ran from September 2023 until October 2024, and the bridge reopened over the winter.
- Phase 2 (painting, structural repairs, lighting): this officially began on 3 March 2025.
- Works were expected originally to finish by the end of 2025, but due to procurement, licensing issues and additional requirements, completion has been pushed to spring 2026.

Contractors have committed to finishing in time for the celebrations in summer 2026, even if some minor works extend into the spring.

Expect continuing traffic management: 7.5 t weight limits and alternating lane closures will continue through spring 2026. The bridge should be fully operational and beautified by summer 2026, in time for its 200th anniversary celebrations.

Lady Verney and Château Rhianfa: A Llandegfan historical second home-owner Jane Cherrett

The Puffin's apologies to Jane; this article should have appeared in The Puffin 52, but had to be carried over because of a lack of space.

* * *

Today, the owners of second homes are often viewed as wealthy 'outsiders' who buy properties and outbid the locals. Llandegfan has its 'millionaires' mile' on the road at Glyn Garth, former mansions fronting the Menai Strait built by families from Liverpool and Manchester. These Victorian and Edwardian families often played a significant role in the local community which benefited greatly from their presence.

One such person was Lady Verney of Château Rhianfa. Born Margaret Maria Hay Williams in 1844, she was the eldest daughter of Sir John and Lady Sarah Hay Williams of Bodelwyddan Castle, near Abergele. She and her sister Maude had a typical aristocratic education, and her diary written age 12 is an account of her life at that age. They had a governess and every minute of the day seems to have been organised:

9th March 1857, get up at 6.45am and go to school room for 7.30am. Miss Bentzsch (governess) appears at 8am. Lessons today, Geography, German vocabulary, English Grammar, then say the Kings of England. Breakfast at 8.30, 9am prayers, then Mama or Miss B

reads a chapter from the Bible.

The girls did have time to enjoy the countryside round Abergele and St Asaph: horse riding, sketching wildlife and buildings, picnics, keeping silk worms, sewing and needle work, and sea bathing at Rhyl. Sunday attendance in St Asaph Cathedral was a feature, and the girls were expected to be able to discuss the content of the Bishop's sermon with their mother later in the day.

Visits with their parents to London were common. Here the girls went shopping, visited the Zoological Gardens, spent time in a dancing academy, attended St Paul's Cathedral, spent many hours in the Royal Academy where Margaret Maria describes in detail all her favourite paintings. One entry for Anglesey is of note:

April 17th 1857, To Holyhead to see the start of the building of the Breakwater. Went onto South Stack to meet the lighthouse keeper.

Château Rhianfa was built in 1849 by Sir John Hay Williams, Baronet of Bodelwyddan, as a gift for his wife, Lady Sarah. The Château was originally built as a dower house in the style of the castles of the Loire Valley, its architecture drawing on the châteaux of Blois, Chambord, Amboise, Chenonceau and Chuamont. It is a Grade II* listed building, and its gardens are listed at Grade II on the Cadw/ ICOMOS Register of Parks and Gardens of Special Historic Interest in Wales.

Sir John and Lady Sarah did much of the design work themselves, but used as their architect, Charles Reed of Liverpool, and John Rogers of Beaumaris as builder. Lady Sarah did many of the drawings and designs of fireplaces, doors, chimneys and rooms herself while Sir William concentrated on the garden design.

Sir William died in 1859. Having no direct male heir, Bodelwyddan's title and lands were inherited by his brother.

It was from this time that Lady Sarah, Margaret Maria and Maude became involved in the life of yr Hen Ysgol, the National School in Llandegfan. The School Log books note the many occasions when the women visited to take the register, to hear the children read, to take drawing classes and sometimes to issue invitations for the whole school to visit Rhianfa as happened on the marriage of Margaret Maria. In 1868, she married Edmund Hope Verney, a Captain in the Royal Navy, in St George's Church, Hanover Square, London instead of in Beaumaris. A kitchen maid in Rhianfa had developed scarlet fever, and Lady Sarah sent them off to London

immediately. The bride and groom went to Rome returning to Rhianfa only in July 1869. The school children were given new clothes, girls receiving new pinafores, tippets and straw hats in blue and white to honour the sailor Captain Verney; the boys' clothes had a naval look as well.

Most of Margaret Maria's early married life was spent in Claydon Manor, Buckinghamshire, the Verney family home. It was here that, in 1904, she started the Picture Loan Scheme in schools in that county. She considered that the schoolroom had little educational influence or value, with its bare walls and a few old dusty maps and advertisements: how much better to be able to see carefully selected wall pictures. Works were to be on loan to elementary and secondary schools, and would be changed yearly for a small fee. Now children could become familiar from an early age with works of good design and colour and thus be led into a world of beautiful art and nature.



Château Rhianfa from the opposite side of the Menai Strait

(Wikipedia/Tom Reading: https://en.wikipedia. org/wiki/Chateau_Rhianfa#/media/File:Plas_ Rhianfa_(35349059446).jpg)

On returning permanently to live at Rhianfa after the death of her in-laws. Margaret Maria set about starting a similar Picture Loan Scheme for Anglesey schools. By 1927 she had involved her wealthy and influential friends, many of whom gave works of art to the collection. In 1928, the County Council 'Cyngor Glwad Mon' expressed deep gratitude to Lady Verney in its Report for inaugurating the scheme. Some four or five pictures were lent to each school for 12 months before being replaced by others, the cost being 5 shillings (25p) per year for elementary and 10 shillings (50p) per year for county schools. Three types of paintings were approved: reproductions of works by famous artists from the 14th century to the 19th century; historical works, including reproductions of the frescoes in the Houses of Parliament; and bold works of beautiful buildings and landscapes, including some French and Swiss posters.

It is interesting to note that the Medici Society (founded in 1908) recognised the importance of having good pictures in schools. They produced inexpensive colour facsimiles of the works of British artists and others from around the world, all of which could be purchased for the classroom. At her home, Château Rhianfa, the Servants' Hall was set aside as the working area to receive pictures. In 1927 she invited all school teachers and members of the County Education Committee to Rhianfa to see the collection. By 1929, three county schools and 67 elementary schools had joined the scheme. Several new works were purchased or donated, and Mr T Rowland Hughes from UCNW at Bangor gave a framed Medici reproduction of Vermeer's 'Head of a Young Girl'.

Lady Verney died in 1930, but the loans to schools continued. Mrs Sotheby, Miss Davies JP and Mr Christopher Salmon gifted works and the widow of the artist G F Watts gave a reproduction of her husband's 'Little Red Riding Hood'. The Massey sisters from Cornelyn Manor, Llangoed, and Lady Magdalen Bulkeley contributed several works. The County Education Committee continued its grant of £10 per year and its Annual Reports for the years 1928-1938 acknowledged the value of the loan scheme, but the onset of the Second World war and petrol rationing put an end to the distribution and collection of pictures.

There were hopes that the scheme could be revived after the war. In 1946-1947 a committee was charged to look at the present collection and add to it. Promising news came when Mr John Steegman of the National Museum of Wales proposed to lend a selection of the Cuthbert Grundy Collection for circulation in Anglesey schools. Mr David Bell of the Arts Council was willing to lend the Rowland Collection. What became of these ideas is not clear; neither is what subsequently happened to the loans to all the schools.

Starting with the Festival of Britain in 1951, the 1950s saw an explosion of art by schoolchildren and adults in Anglesey. A County Art Club was formed, and the first island Art Exhibition held in Llangefni attracted 50 pictures entered by members of the public and 400 from schoolchildren; so the story continues, with the first residential art school held in Rhosneigr in 1953 with Mr Kyffin Williams of London as tutor.

In conclusion, it is clear that Margaret Maria's intellectually stimulating 1850s home school environment continued to influence her work in adult life. The Picture Loan Scheme was just one of her many causes. It deserves to be recognised.

Today, we have Oriel Mon, Llangefni, mounting exhibitions throughout the year, where so many artists and craftspeople can show their work. There is an annual Open Studios event, and competitions attract numerous entries,

including the Kyffin Williams Art Prize.

Art on Anglesey is a force to be reckoned with, underpinned by the scheme that Margaret Maria set up to introduce the enriching world of art to Anglesey's schoolchildren.

Bodelwyddan Castle: a public school, Lowther College, occupied Bodelwyddan Castle between 1920 and 1982, when it closed owing to financial problems. It is now a Warner Hotel.

- Margaret Verney https://en.wikipedia.org/wiki/ Margaret Verney
- Verney, Margaret Maria (1844–1930) www.encyclopedia.com/women/ encyclopedias-almanacstranscripts-and-maps/verneymargaret-maria-1844-1930.
- Chateau Rhianfa https://en.wikipedia.org/wiki/ Chateau Rhianfa
- Bodelwyddan Castle
 https://en.wikipedia.org/wiki/
 Bodelwyddan_Castle

Llangoed WI Deborah Booth, Press Officer

April: we welcomed Steph Healey, who gave us an interesting talk about sound therapy, which is an ancient technique used to improve health and wellbeing. We learnt how to relax and meditate using sound waves from her various gongs and singing bowls.

Different gongs/bowls resonate in different parts of the body, which Steph demonstrated, ranging from deep vibrations felt in the heart to lighter rattles. We then enjoyed a short 'Gong Bath'.

May: unfortunately, the lady due to give us a craft demonstration was unable to attend. Left to our own devices, a riotous board game session ensued, with much Scrabbling, Snapping and all-round merriment.

June: we were visited by the Sea Watch Foundation, who tested our knowledge of which mammals live in the sea around the Island.

We learned how to identify different seals, porpoises, dolphins, and even the rare minke whales, which can be occasionally spotted in our waters. Sea Watch have an app which can be downloaded to report your sightings.

Sea Watch Foundation www.seawatchfoundation.org.uk

At the end of June, our ladies went off on the community coach again, this time to a Federation garden party in Llanidan. Whilst the sun didn't *quite* shine, we enjoyed the lovely gardens created by one of the Llanddwyn Newborough WI members and the delicious refreshments supplied by the Sports and Leisure Sub-

Committee members. An accessories stall proved (far too!) popular.



Some of our ladies enjoying the refreshments (Deborah Booth)

There is no meeting in August, but we're hoping for more good weather for our summer picnic at the Village Hall, planned for 8 August.

Forthcoming meetings include a crafting session in September, and the story of the Royal Charter, by Peter Day, in October.

Federation Events to look forward to include a Scandi International Evening, and a 110-Year Anniversary Dinner in September at the Bulkeley Hotel in Beaumaris.

Remember! Try before you buy! You can attend three of our meetings free of charge to dip a tentative toe in the water to see if you like us. We can promise you a warmer welcome than the sea off Lleiniog beach!

For more information, please contact our Secretary, Cath Sproston, on 07900 382200.

Pencampwyr Clybiau Bach CFfl Llangoed 🔅

Y Cynghorydd Carwyn Jones

Cafodd Ffermwyr Ifanc Llangoed eu canlyniad gorau ers amser maith iawn yn nigwyddiad 'Rali' Sir Ffermwyr Ifanc Ynys Môn a gynhaliwyd ar Gae Sioe Môn yn ddiweddar.



Tîm gwaith gwych o CFfI Llangoed, a phopeth ar yr un llwybr! "Tyn... 1-2, 1-2, 1-2" Great teamwork frorm Llangoed YFC, and all in sync! "Pull... 1-2, 1-2, 1-2" (Phil Hen)

Gan gymryd rhan mewn amrywiol weithgareddau, enillodd aelodau Llangoed nifer o gystadlaethau gan gynnwys coginio, trefnu blodau, gwaith coed iau, barnu stoc iau a chawsant y tri uchaf mewn nifer o ddigwyddiadau eraill gan gynnwys tynnu rhaff iau, gwisgo'r arweinydd (y Cynghorydd Carwyn Jones) fel Māori, canu, sgets gomedi a dawnsio.

Cyfanswm pwyntiau o 158 oedd yr uchaf a i'r clwb bach yma ers ddegawdau a dim ond 12 pwynt y tu ôl i Rhosybol, un o'r clybiau mwyaf ar yr Ynys. Roedd y tîm wrth eu bodd i gael eu cyflwyno gyda'r darian Pencampwyr y Clybiau Bach ar gyfer 2025.



Llangoed YFC Small Club Champions Councillor Carwyn Jones

Llangoed Young Farmers had their best result in a very long time at the recent Anglesey Young Farmers County 'Rally' event held at the Anglesey showground.

Taking part in various activities, Llangoed members won a number of competitions, including the cookery, flower-arranging, junior woodwork, junior stock judging, and had placings in a number of other events including the junior tug-of-war, dressing up the leader(Councillor Carwyn Jones) as a Māori, singing, comedy sketch and dancing.



Y Cynghorydd Carwyn Jones gyda'r ddau aelod o CFfI Llangoed a gawsant y drydedd lle yn y gystadleuaeth hon

Councillor Carwyn Jones with the two Llangoed YFC members who gained third place in this competition (Carwyn Jones)

The points tally of a 158 was the highest achieved in a few decades for the club and only 12 points behind Rhosybol, one of the largest clubs on the Island. The team were delighted to be awarded the shield as the Small Club Champions for 2025.

Across

- 1 Small horse (4)
- **3** What's in a bath? (3,5)
- **9** Of little importance (7)
- **10** On account of (5)
- 11 Bottomless gulf (5)
- **12** ****** Korner (6)
- **14** Friendly (6)
- 16 Austrian capital (6)
- 19 Change direction rapidly (6)
- 21 Japanese food (5)
- 24 Cook's coverall (5)
- 25 Late (7)
- 26 Art lover (8)
- 27 On its own (4)

Game of Crowns

Fianchetto 66

A quick carriage ride from Ynys Môn lies the mega-fortress of Castell Caernarfon Castle: everything about Edward the First's stronghold is enormous, from the massive towers to the thickset walls and, lo and behold, a huge chessboard.

Located on the ground floor of the Eagle Tower, it serves as a metaphor for the historic regional power struggles that took place in the middle ages.

The Dramatis Personae have their own colours of course, with the Welsh in red and the English in white, and the relative sizes of the figures indicate how much power they wielded.



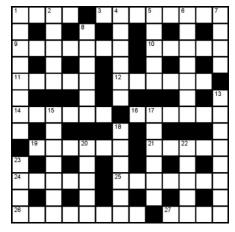
The Castell Caernarfon Castle chessboard and the pair of mounted knights (Fianchetto 66)

I spent some time in this fascinating room, and whilst Edward is shown as the supreme protagonist of the era, the most engaging for me was a pair of mounted knights roughly central to the board and pictured in the image that accompanies this article.

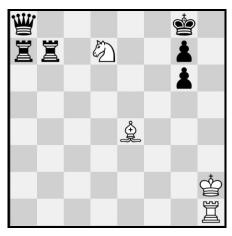
The only piece with both red and white, this referred to the Baron's War that took place between 1264 and 1267.

Essentially a civil war caused by Henry III's continual demands for financial support from the Marcher Lords, English Barons and Welsh Princes, what was significant for our corner of the Principlality was the resulting appointment of Llywelyn ap Gruffudd as the first Prince of Wales officially acknowledged by the King. Intriguingly, Llywelyn's mother Senana was the daughter of the Lord of Anglesey and because of his relation by marriage, Owain Glyndŵr was later said to have

The Governor's **Quick Crossword no 21**



Fianchetto 66's Chess no 12



The solutions are on page 28.

the strongest claim to the heritage of Llywelyn as the last independent Welsh

Llywelyn ap Gruffudd's story is a complex one and worthy of further study. but for now I'm just going to leave you with our traditional puzzle. The diagram is a composition designed to illustrate the latent power of the king. White appears to be in a pickle, faced with an eye-watering material disadvantage, but it is white who has the next move and a mate in two on the horizon. Can you work out how the white king (who delivers the final blow) achieves this?

- Llywelyn ap Gruffudd https://en.wikipedia.org/wiki/ Llywelyn_ap_Gruffudd
- Llywelyn ap Gruffydd ('Llywelyn the Last,' or Llywelyn II), Prince of Wales (died 1282)

https://biography.wales/article/s-LLYW-APG-1200

- Owain Glyndŵr https://en.wikipedia.org/wiki/ Owain_Glyndŵr
- Owain Glyndwr (c.1354-1416), 'Prince of Wales' https://biography.wales/article/s-

OWAI-GLY-1354

Down

- **1** Low wage (8)
- **2** Loud (5)
- 4 Lubrication device (6)
- **5** Sweat (anag.) (5)
- **6** Strain (7)
- **7** Dance (4)
- 8 Gracefully supple (6)
- 13 Photoelectric cell (5,3)
- 15 Ascending (7)
- 17 Part of your foot (6)
- **18** Uprising (6)
- 20 American farm (5)
- 22 Old chair (5)
- 23 Fizzy alcoholic drink (4)
- Life sized chess board among attractions completed in £780,000 revamp of Caernarfon Castle www.walesonline.co.uk/business/ business-news/life-sized-chessboard-among-9572587
- Castell Caernarfon https://cadw.gov.wales/visit/ places-to-visit/castell-caernarfon

Cynllun Tro Da Seiriol: angenwyr gyrwyr gwirfoddol 🐕

Steve MacVicar

A fuasech chi'n hoffi ymuno â'r tîm o yrrwyr gwirfoddol gan ddefnyddio eich car eich hun a/neu un o'r cerbydau cludiant cymunedol?

Prif rôl Cynllun Tro Da Seiriol yw darparu cludiant cymunedol er budd ardal Seiriol. Mae'n darparu cludiant i:

- Gymryd cleientiaid i'w meddygfa, ysbyty, apwyntiadau eraill neu gasglu presgripsiynau o'r fferyllfa.
- Alluogi pobl i gael mynediad i ddigwyddiadau cymdeithasol cymunedol, sesiynau ymarfer a dosbarthiadau addysgol.

Mae'r gwasanaeth cludiant cymunedol yn cael ei ddarparu gan wirfoddolwyr ac yn benodol yn anelu at gefnogi pobl sydd, oherwydd salwch, analluedd, neu angen arall, yn gallu elwa o'r cymorth sydd ar gael i fynd i'r afael â bod yn ynysig ac unig.

Mae gennym ar hyn o bryd dros 30 o yrrwyr gwirfoddol sy'n darparu mwy na 150 o deithiau'r mis. Nid oes disgwyl iddyn nhw wneud nifer penodol o deithiau bob mis. Yn wir, nid oes unrhyw bwysau i wneud unrhyw un ohonynt!

Mae gennym yrrwyr sy'n gwneud un neu ddwy o deithiau'r flwyddyn yn unig ac eraill sy'n mwynhau gwneud dros 10 y mis: y gyrwr sydd bob amser yn dweud os yw am ymgymryd â siwrnai. Mae hi'n bosibl i yrwyr hawlio treuliau hefyd i dalu am eu costau.

Hefyd, croesawn unrhyw un sydd â diddordeb yn ymuno â'n tîm o deleffonyddion gwirfoddol!

Os oes gennych ddiddordeb, cysylltwch

(continued on page 20)



Canolfan Hamdden Beaumaris

MWY NA CHANOLFAN HAMDDEN YN UNIG



Beth sy'n dwad i fyny?

13 Medi: Sioe Hud



26 Medi: Noson Bingo



27 Medi: Disgo Tawel



Gweithgareddau misol

Dydd Iau 1^{af} y mis

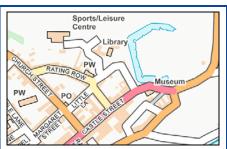
Noson Ffilm ●

Dydd Gwener 1^{af} y mis: 7.00yp

Nosweithiau Cwis

Dydd Sul 3 ydd y mis

• Ffair Hen Bethau •



Canolfan Beaumaris, Rating Row, Biwmares, Ynys Môn LL58 8AL

Edrych tuag at y Dyfodol Newyddion am ein hymgyrch Crowdfunding

Mae Canolfan Beaumaris yn gyfleuster a reolir gan y gymuned, yn nhangyfwng eich cefnogaeth.

Rydym ni'n credu bod gennym le gwych gyda syniadau gwych a chysylltiadau gwych yn y gymuned, yn gwneud pob dim sydd o'n gallu i helpu pawb yn ein cymuned unrhyw ffordd y gallwn.

Rydym ni'n ganolfan gymunedol gynhwysol ac y gallwn gynnig rhywbeth i bawb.

Ein prif amcan yw gwneud i bobl deimlo'n groeso a chadw gweithgareddau yn fforddiadwy i bobl leol.

Ein trothwy yw ar les cymdeithasol, meddyliol, corfforol, a chyfoeconomaidd pawb sy'n byw yn ardal Seiriol.

Byddwn yn Iansio ymgyrch Crowdfunding er mwyn codi arian i wella ein cyfleusterau yn y Canolfan. Mae gennym rai syniadau mawr, ac rydym yn gofyn am eich cymorth i'n galluogi i wneud mwy o'r hyn a





Fel rhan o'n hymgyrch Crowdfunding, rydym yn lansio cystadleuaeth gelf ar gyfer plant.

Rydym yn gofyn am gyflwyniadau ar thema lles plant.

Gallai hyn fod yn chwaraeon, dawnsio, teulu, ffasiwn, coginio, cerddoriaeth, darllen, anifeiliaid, natur, neu unrhyw beth sy'n golygu 'lles' i chi.

Dylid cyflwyno'r ceisiadau yn y derbynfa yn y Canolfan yn yr wythnos gyntaf ym mis Awst.

Pêl-droed a'r Teulu



2 01248 811200

☑ .enquiries@canolfanbeaumaris.org.uk

www.canolfanbeaumaris.org.uk/.

www.facebook.com/canolfan.beaumaris.7/.



Canolfan Hamdden Beaumaris

MORE THAN JUST A LEISURE CENTRE



Beth sy'n dwad i fyny?

13 September: Magic Show



26 September: Bingo Night

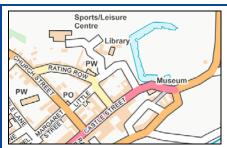


27 September: Silent Disco



Monthly activities

- 1st Thursday of the month
 - Film Night ●
 - 1st Friday of the month
 - Quiz Night
- 3rd Sunday of the month
 - Antiques Fair •



Canolfan Beaumaris, Rating Row, Biwmares, Ynys Môn LL58 8AL

Looking to the future:

News about our Crowdfunding campaign

Canolfan Beaumaris is a community-run facility in need of your support.

We think we have a great place with great ideas and with great community connections, doing what we can to help everyone in our community any way we can.

We are an inclusive community hub and we can offer something for everyone.

Our primary aim is to make people feel welcome and to keep activities affordable for local people.

Our focus is on the social, mental, physical, and economic wellbeing of everyone living in the Seiriol area.

We will be launching a Crowdfunding campaign for the purpose of raising money to improve our facilities at the Canolfan.

We have some big ideas, and we are asking for your help to enable us to do more of what we do.





As part of our Crowdfunding campaign, we are launching an art competition for children.

We are asking for submissions on the theme of kids' wellbeing.

This could be sport, dancing, family, fashion, cooking, music, reading, animals, nature, or anything that means 'wellbeing' to you.

Entries should be handed in at reception in the Canolfan in the first week of August.

Footie Families



2 01248 811200

 ${\ }{\ }{\ }{\ }$.enquiries@canolfanbeaumaris.org.uk.

www.canolfanbeaumaris.org.uk/.

www.facebook.com/canolfan.beaumaris.7/.

(from page 17)

os gwelwch yn dda âm Steve MacVicar.

2 01248 305014 neu 01248 811200

□ ctdseiriolgts@gmail.com



Seiriol Good Turn Scheme: volunteer drivers needed

Steve MacVicar

Would you like to join the team of volunteer drivers either using your own car and/or one of the Community Transport minibuses?

The Seiriol Good Turn Scheme's principal role is the provision of community transport for the benefit of the Seiriol area. It provides transport to

- Take clients to their GP surgery, hospital, other appointments or collecting prescriptions from the pharmacy.
- Enable people to access community social events, exercise sessions and educational classes.

The community transport service is delivered by volunteers and specifically aims to support people who, due to illness, incapacity, or some other need may benefit from the help available to tackle isolation and loneliness.

We currently have over 30 volunteer drivers who are now delivering over 150 journeys a month. Drivers are not expected to do a certain number of

	Pick-ups	Avge/day
Glan yr Afon	28	3.5
St Cawrdaf	3	<1
Penmarian	0	0
Caim	0	0
Penmon	5	<1
The Pines	35	4.38
Beaumaris	65	8.12
Ponc y Felin	4	<1
 Owain Glyndŵr 	1	<1
Llanddona	0	0
Maes Gwyn	9	1.12
TOTAL	150	18.75
 scheduled sto 	p • requ	est stop

journeys each month. Indeed, there is no pressure to do any at all!

We have drivers who only do one or two journeys a year and others who enjoy doing over 10 a month: it is always up to the driver whether he/she wants to undertake a journey. Drivers are also offered expenses to cover their costs.

We would also welcome anyone who is interested in joining our team of volunteer call-handlers!

If you are interested, please contact Steve MacVicar.

2 01248 305014 or 01248 811200

⊠ ctdseiriolgts@gmail.com

Gwasanaeth Trafnidiaeth Cymunedol Seiriol

Steve MacVicar

Dechreuodd y gwasanaeth prawf tri mis

gyda'r bws cymunedol ar ddydd Llun 2 Mehefin. Mae'n bwriad i *atgyfnerthu'r* gwasanaeth bysiau presennol.

Mae'r gwasanaeth bws mini cymunedol yn rhad ac am ddim, ond, mae'n gyfyngedig i ddydd Llun a dydd Gwener yn unig, o 9.00yb i 4.45yp.

Mae dwy llwybr:

- Mae Llwybr 1 yn gwasanaethu Llanddona
- Mae Llwybr 2 yn mynd i Glan yr Afon ac yn ôl, mewn cyfeiriad clocwedd, gan basio Eglwys St Cawrdaf a Phenmon.

Gweler www.seiriolalliance.co.uk/ community-transport am fwy o manylion.



Seiriol Community Transport Service

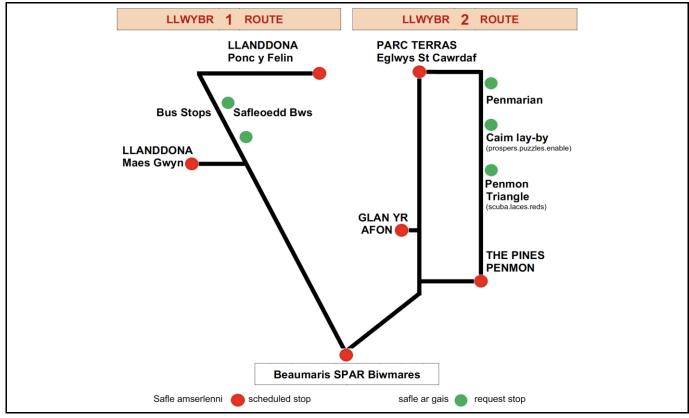
Steve MacVicar

The 3-month trial community minibus service started on Monday 2 June. It is intended to *supplement* the scheduled bus service.

The community minibus service is free but limited to Mondays and Fridays only, from 9.00am to 4:45pm.

There are two routes:

- Route 1 serves Llanddona
- Route 2 goes to Glan yr Afon and then, in a clockwise direction, takes in St Cawrdaf Church and Penmon.



Visit www.seiriolalliance.co.uk/ community-transport for more information.

Feel Better From Home: movement that helps you manage pain

Jenny Oakenfull

Being diagnosed with a health condition can feel overwhelming, or sometimes it's a relief... finally, an explanation for how you've been feeling. But knowing what to do next can be a minefield.

Whether you're newly diagnosed or have been living with a condition for years, I'm here to help. My classes are warm, welcoming, and designed to work with how you feel today: not what you

could do last week or years ago.

With Feel Better Sessions, you can gently improve mobility, flexibility and strength, all from the comfort of your own home. These online sessions are designed for people living with persistent pain, stiffness, or fatigue, offering a kinder, more realistic way to feel better in your body.

Sessions are led by Jenny Oakenfull, a Yorkshire-based movement professional who has lived experience of having a long-term health condition. We run both face-to-face classes in Bradford and on-line sessions, so they are available to anyone, anywhere, including here in Anglesey.

You can move in your own space, at your own pace, in clothes that feel good for *you*. And when the session ends, you can stay in that warm, relaxed state... no commute required.

Each class is designed around what you *can* do, with sitting and standing options

and no need to get up and down from the floor. Sessions gently explore different areas of the body – shoulders, hips, feet, back – helping you to understand your symptoms and build confidence over time. A recording is provided after each class, so you can practise again whenever it suits you.

As one participant shared: 'I worried about falling and being stranded on the floor. Now I know how to manoeuvre so I can help myself and get up off the floor.'

Try this at home: Gentle Shoulder Release

 Sit comfortably in a chair with feet puffinpages@gmail.com flat on the floor and arms by your sides. Notice where your hands naturally rest.

- Lift your right arm to shoulder height and gently rotate the whole arm one way and then the other—avoiding lifting the shoulder. Continue for 30 seconds, then give the arm a little shake.
- Next, with the arm again at shoulder height and palm up, imagine an orange under your armpit. Slowly 'squeeze the juice' by drawing your elbow in toward your body, then gently reach the arm away to return. Repeat 3 times.
- Let both arms relax and notice the difference between right and left.
 Then repeat on the left side.

Awyrgylch yr Haf 😤

Tanya Hughes, Enaid Tawel

Rwy'n drafftio'r erthygl hon ar 1 Gorffennaf. Mae'r haf i gyd yn ymwneud â mynd allan yna a mwynhau bywyd, mwynhau natur boed yn mynd i'r traeth, mynd i'r mynyddoedd, mynd caiacio neu hyd yn oed mynd ar wyliau. Ewch allan yna a'i fwynhau oherwydd mae bywyd yn anrheg.

Ydy, mae bywyd yn anrheg felly gwnewch i bob dydd gyfrif, byw yn y foment, llifo gyda bywyd, creu atgofion, ei wneud yn arbennig.

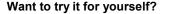
Weithiau mae'n anodd llifo gyda bywyd. Weithiau rydym yn ceisio gafael mor galed a rheoli amgylchiadau a chanlyniadau, rydym yn aml yn teimlo'n

siomedig pan nad yw pethau'n gweithio allan. Yr allwedd yw gadael i fynd ac ildio ac ymddiried yn y broses. Mae rhywbeth hardd yn digwydd pan fyddwch chi'n mynd i mewn i gyflwr llif; mae bywyd yn datblygu'n naturiol, ac mae hwn yn gyflwr hardd. Mae bywyd yn dod yn daith ac yn un hardd yn llawn cyfarfyddiadau annisgwyl. Rhowch gynnig arni am ddiwrnod, mae'n hudolus.

Mwynhewch eich cyfarfyddiadau bob dydd, gwenu a dweud helo wrth bobl rydych chi'n cwrdd â nhw, ewch i gael hwyl, gwrandewch ar eich greddf, ewch amdani.

Mae eich lles hefyd yn bwysig. Ni allaf bwysleisio digon bwysigrwydd trefn foreol dda i'ch paratoi ar gyfer y diwrnod. Mae fy niwrnod bob amser yn dechrau gyda myfyrdod tawel, fel arfer yn gwrando ar gadarnhadau cadarnhaol ar YouTube. Yna byddaf yn ymarfer sesiwn ioga 10 munud ac yna Tai Chi am 10 munud, ar YouTube i gyd.

Yna mae smwddi iach yn ei ddilyn a fydd yn rhoi egni i mi ar gyfer y diwrnod. Rwy'n galw hwn yn fy uwchfwyd.



toward feeling better.

Feel Better Gentle Exercise sessions run on-line every Monday evening and Tuesday morning.

This simple movement can ease tension

in the neck and shoulders: one small step

They are suitable for anyone aged 19-99, and offer a supportive way to move more easily, manage pain and feel more in control of your health... feel comfortable in your own space, at your own pace!

Visit www.active-eat.co.uk or e-mail feelbetter@active-eat.co.uk to book a free taster.

Rysáit smwddi

Banana
Gellygen
logwrt naturiol
Llus
Mefus
Mêl
Coriander ffres
Llaeth
Sbigoglys

Cymysgwch ef mewn cymysgydd a

(continued on page 23)





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Denry Aal is registered with the Health & Care Professions Council (PH84906) and is a member of the Chartered Society of Physiotherapists.









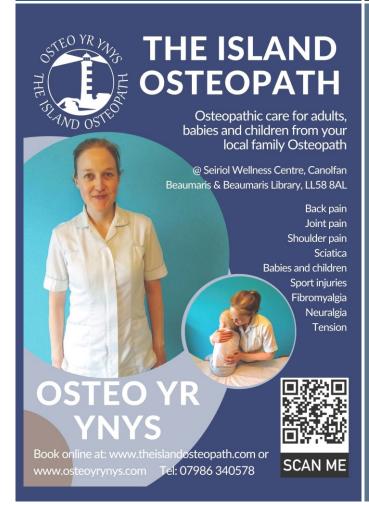
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07971 536205

https://seiriolwellnesscentre.co.uk/acupuncture https://www.phs.uk/conditions/acupuncture/





(from page 21)

gwyliwch pa mor dda rydych chi'n teimlo drwy'r dydd. Gwych ar gyfer colli pwysau

Felly dyna fy nhrefn foreol. Rhowch gynnig arni a gweld sut mae'n gweithio i

Gobeithio eich bod wedi cael haf gwych yn llawn llawenydd, heddwch, cariad a chwerthin.

Tan y tro nesaf... Tanya!

Enaid Tawe



Serene Soul

Summer Vibes

Tanya Hughes, Serene Soul

I'm drafting this article on 1 July. Summer is all about getting out there and enjoying life, enjoying nature whether it's going to the beach, going to the mountains, going kayaking or even going on holiday. Just get out there and enjoy it because life is a gift.

Yes, life is a gift, so make each day count, live in the moment, flow with life, make memories, make it special.

It's sometimes difficult to flow with life. Sometimes we try to grip so hard and control circumstances and outcomes, we often feel disappointed when things don't work out. The key is to let go and surrender and trust the process. Something beautiful happens when you enter a flow state; life unfolds naturally, and this is a beautiful state. Life becomes a journey and a beautiful one full of unexpected encounters. Try it for a day, it's magical.

Enjoy your everyday encounters, smile and say hello to people you meet, go have fun, listen to your intuition, go for it.

Your wellbeing is also important. I can't stress enough the importance of a good morning routine to set you for the day. My day always starts with a quiet meditation, usually listening to positive affirmations on YouTube. Then I will practice a 10-minute yoga session followed by Tai Chi for 10 minutes, all on YouTube. Then it's followed by a healthy smoothie which will give me energy for the day. I call this my superfood.

Smoothie recipe

Banana Pear Natural yogurt Blueberries Strawberries Honey Coriander fresh Milk Spinach

Whizz it up in a blender and watch how good you feel all day. Great for weight loss too! Then that's my morning routine. Try it and see how it works for you!

I hope you have had a great summer full of joy, peace, love, and laughter.

Until next time... Tanya!

Ddifrodwyr Tân Ar-Alwad i Orsaf Biwmares 98

Y Cynghorydd Carwyn Jones

Mae y Gwasanaeth Tan yn edrych am fwy o Ddifrodwyr Tân Ar-Alwad i Gorsaf Beaumaris.

Mi oedd rhai o griw Borth a Beaumaris wrth Canolfan David Hughes yn ddiweddar gyda y Cynghorydd Carwyn Jones i godi ymwybyddiaeth o'r cyfle.



Y Cynghorydd Carwyn Jones gyda rhain o aelodau'r criw o Bortaethwy a Beaumaris Councillor Carwyn Jones with some of the crew members from Menai Bridge and Beaumaris (Carwyn Jones)

Os hoffech gael rhagor o wybodaeth ynglŷn a ymgyrch recriwtio Diffoddwyr Tân Ar Alwad Gwasanaeth Tân ac Achub Gogledd Cymru, ac i gofrestru eich diddordeb yn ffurfiol, ewch i'r porth cofrestru ar-lein.

☐ Allech chi fod yn Ddiffoddwr Tân Ar-

www.tangogleddcymru.llyw.cymru

Recriwtio swyddi Diffoddwyr Tân Ar-Alwad

www.tangogleddcymru.llyw.cymru/ amdanom-ni/recriwtio/diffoddwyrtan-ar-alwad/recriwtio-swyddidiffoddwyr-tan-ar-alwad/



On-Call Fire Fighters for Beaumaris Station

Councillor Carwyn Jones

The Fire Service is looking for more On-Call Firefighters for the Beaumaris

Some of the Beaumaris and Menai Bridge Crew were at the David Hughes Centre recently with Councillor Carwyn Jones to raise awareness of the opportunity.

If you would like more information regarding the On-Call Firefighter recruitment campaign by North Wales Fire and Rescue Service, and to formally register your interest, access the online registration portal.

■ Could you be an On-Call Firefighter?

www.northwalesfire.gov.wales

■ On-Call Firefighter recruitment www.northwalesfire.gov.wales/ about-us/recruitment-andvacancies/on-call-firefighters/ on-call-firefighter-recruitment/

Nature notes: ash trees and their fight for survival

Roz Hattey

The European Ash, Fraxinus excelsior, is one of the commonest native trees in the UK. It is a major component of broadleaved woodland, often growing with oak. In maturity it is a tall (up to 40m) and graceful tree, with an open, dome-shaped crown.



A good specimen of ash near the top of Henllys Lane, Beaumaris (Roz Hattey)

In winter, the buds are very striking, being large, black and conical in shape. Ash is a natural host to a wide range of other life and is particularly important where epiphytic communities of mosses, liverworts and lichens grow on the bark which has a high pH (alkaline rather than acidic). More than 950 species are associated with European ash trees, 44 of which are only to be found living on this species of tree. Associated species include nearly 550 lichens, 240 invertebrates, 28 mammals and 12 birds. Ash is an essential and ancient part of British woodlands. It has also played an important role in helping to prevent floods and in filtering water.

Ash has also been widely planted for commercial harvesting. Its strong and pliable wood is used for tools, furniture and sporting equipment such as tennis racquets and cricket stumps. It also provides good firewood but is unsuitable for charcoal making, as its name indicates. Ash has been used in traditional herbal medicine, for instance its bark for treating fevers and its leaves for gout and digestive problems. Ash leaves are nutritious for livestock and have been used as feed in Scandinavia.

The ash also has ancient cultural significance in Europe. In Norse mythology an ash tree supported the universe. The timber used to be burned to fend off evil spirits. In more recent

times, ash has been planted as an ornamental tree in large gardens and parks. It is also often used in urban landscaping as it tolerates pollution and is resilient in exposed sites.

This key species of tree is now under major threat from the highly infectious and devastating disease known as ash die-back, or *chalara*, which is rampaging through the UK and the rest of Europe. The impact of this fungus-borne disease is clear to see all around us now. As you drive along Anglesey lanes or walk along our footpaths the sight of so many dead and dying ash trees is depressing. My second photo is of a mature, wind-pruned ash standing alone near the entrance to a farm-track on the road up to Llanddona. It's been a



A mature, wind-pruned ash standing alone near the entrance to a farm-track on the road from Beaumaris to Llanddona (Roz Hattey)

local landmark for many years, but has been gradually dying back over several years. The third photo shows an even more unseasonal sight – a group of moribund young ash trees in June, gaunt and stark on the skyline as you drive up towards Llansadwrn.



A group of moribund young ash trees in June (Roz Hattey)

The fungus which causes ash die-back, *Hymenoscyphus fraxineus*, originated in Asia and was first found in Europe about 30 years ago. It was identified in Britain in 2012, arriving here on imported trees and, it is also believed, by blowing across the English Channel. The disease has spread rapidly and is now endemic in Wales and elsewhere.

Symptoms range from leaf-spots to branch die-back and usually results in eventual death of the entire tree. Once trees are infected with the fungus they cannot be cured. However, the progression of the disease and the impact it has on individual trees is variable. Some trees do not die of the infection and research has confirmed that there are genetic factors in these trees which provide them with varying degrees of tolerance to the disease.

In conjunction with worldwide partners, scientists from the Plant Health Team at the Royal Botanic Gardens, Kew, are carrying out cutting edge research on ash die-back focusing on natural disease tolerance in the ash population. Important research results from a study of ash trees in a Surrey woodland have been reported very recently by scientists at Kew and Queen Mary University of London: subtle changes in the DNA of a new generation of trees indicate that ash could actually be evolving resistance to the fungus. Professor of Evolutionary Genomics at Queen Mary University, Richard Buggs, says that ash may be finding a way to fight back, unlike the elm tree, which has almost entirely disappeared from Britain as a result of Dutch Elm Disease. "Ash trees are showing a very different dynamic because they produce an abundance of seedlings upon which natural selection can act when they are still young," he says. There is new hope "borne out of the death of a lot of trees".

Professor Buggs added that other management interventions would still be needed to help ash trees, such as protecting young trees from grazing, especially by deer, and continuing to breed the most resilient trees for future planting schemes. The Woodland Trust emphasises the threat that introduced pathogens continue to pose for our woodlands and the need to support natural regeneration of trees.

Kew is also working on the other current threat to ash trees, the emerald ashborer, which is a beetle whose larvae burrow into the bark and cause enough damage to kill trees. Damage caused by both the fungus and this beetle block the transport of water and nutrients through the trees.

The Living Ash Project was set up to identify a large, diverse and widespread population of ash trees which is showing some tolerance to ash die-back. It is continuing with breeding work from these more resistant trees with the aim of making the progeny, young saplings, available to forestry and other growers as quickly as possible. So far though there are no guaranteed disease-tolerant ash trees on the UK market.

Current Welsh Government policy is to enable the widespread survival of

disease-tolerant ash trees so that as they develop to maturity they can continue to form part of our natural environment. The UK Government is encouraging land owners and managers to leave infected trees standing wherever it is safe to do so. This should help the survival and growth of populations of tolerant trees so that ash can remain a common native species in our countryside.

Isle of Anglesey CC does have an Ash Die-back Project Manager 'with responsibilities to ensure that the county can recover from the impacts of the disease'. In the 2024 report on its first Biodiversity Action Plan (2019-2024) there is a reference to funding having been made available for one treeplanting programme on council land at the Penhesgyn landfill site as 'part of the mitigation for felling ash trees'. There is no mention of what species have been planted. The only reference to long-term policy for further mitigation work seems to be the setting up of an internal panel and recognition of the need to 'work with landowners and community councils to identify those areas where there are diseased trees and to develop replanting schemes where trees have been lost'. I have not yet had an opportunity to contact the ADB Project Manager but it would be interesting to know what further progress has been made in response to the demise of so many ash trees across the island and its impact on biodiversity and on our familiar landscape, especially along roadside verges and field margins.

- Ash dieback (Hymenoscyphus fraxineus)
 www.forestresearch.gov.uk/tools-and-resources/fthr/pest-and-disease-resources/ash-dieback-hymenoscyphus-fraxineus/
- Emerald ash borer beetle (Agrilus planipennis) www.forestresearch.gov.uk/tools-and-resources/fthr/pest-and-disease-resources/emerald-ash-borer-beetle-agrilus-planipennis/
- Living Ash Project https://livingashproject.org.uk
- Fraxinus excelsior: European ash www.kew.org/plants/european-ash
- Ash dieback: policy approach 2024 to 2029
 - www.gov.wales/ash-dieback-policy-approach-2024-2029-html
- Shoots of hope for Britain's cherished ash trees
 - www.bbc.co.uk/news/articles/ cvg45zrex7jo
- New DNA study suggests ash trees are evolving to resist deadly dieback disease

www.discoverwildlife.com/plantfacts/trees/ash-dieback-resistence

www.seiriolalliance.co.uk/newsletters/

Newyddion Eglwysi Bro Seiriol 🗯

Parch Huw Butler, Arweinydd Ardal Gweinidogaeth Bro Seiriol

Seiriol 'Wyn' a Cybi 'Felyn': stori o gyfeillgarwch

Mae gennyf ofyn a ydych yn gwybod stori Seiriol 'Wyn'.

Yn ôl y traddodiad, ganwyd Seiriol yn 494, yr ail o bedair mab Owain Ddantgwyn ('Gwenyched Melyn'), brenin Rhos. Fel gŵr ifanc, ymroddodd Seiriol ei fywyd i Ğrist gan ddod yn fynach unig. Rhoddodd ei frawd Einion, oedd yn rheoli Llŷn, gartref i Seiriol ar ben ddeheuol Ynys Môn (Penmon). Yma bu Sant Seiriol yn byw ar ei ben ei hun am flynyddoedd lawer, mewn cell fach, gyda dŵr yn cael ei dynnu o'i ffynnon gerllaw. Wrth i'r amser fynd heibio, denodd Seiriol ddysgyblion iddo ef ei hun gan ddod yn fab i gymuned aelwydig Geltaidd lle cawsom adeilad wedi'i wneud o goed a ffin o amgylch ei gell fach o gerrig.

Roedd y santau Celtaidd yn deithwyr gwych a morwyr, gan fod ganddynt gysylltiadau agos â llawer o gymunedau mynachol ledled Cymru, Iwerddon, yr Alban, Breizh a Chornwal. Mewn gwirionedd, treuliodd Cybi ei flynyddoedd ffurfiol yn Chornwal cyn teithio o gwmpas llawer o'r gwledydd hyn hyd nes iddo setlo ar arfordir y gorllewin yn Ynys Môn, gan sefydlu ei gymuned fynachol yn 'Caer Gybi' (Holyhead).

Ni wn yn union sut nac lle cwrddodd Seiriol a Cybi gyntaf, ond y stori a basiwyd i lawr drwy'r canrifoedd yw eu bod wedi dod yn ffrindiau caeth. Cwrddasant â'i gilydd yn rheolaidd, i 'dorri bara' a rhannu'r Rhoddau Sanctaidd, i weddïo yn dawel wrth iddynt gerdded o gwmpas yr ynys neu siarad â'i gilydd am bethau Duw. Oherwydd bod un mynach yn byw yn y gorllewin o Ynys Môn, a'r llall yn y dwyrain, penderfynodd y ddau i gwrdd yn y canol yn Ffynhonnell Clorach (ger Llannerch y Medd).

Roedd y ddau saint yn mynd allan o'u heremitiau yn y bore, gyda Cybi yn mynd i'r dwyrain a Seiriol yn mynd i'r gorllewin. Roedd wyneb Cybi yn wynebu'r haul, ac roedd wyneb Seiriol yn troi i ffwrdd. Cwrddon nhw ym Monydd Clorach a threuliodd y ganol y dydd yno, ac yna aethant adref yn ôl yn y prynhawn: Cybi yn mynd i'r gorllewin, a Seiriol yn mynd i'r dwyrain. Unwaith eto: Roedd wyneb Cybi yn wynebu'r haul, ac roedd wyneb Seiriol yn troi i

Treuliodd y ddau flynyddoedd lawer yn gwneud hyn, a daeth y draddodiad mor rheolaidd fel bod wyneb Cybi yn cael ei felysu, tra bod wyneb Seiriol yn cael ychydig i ddim haul. Felly, enillodd Sant Cybi ei gyfenw 'Felyn' (y Melys) a Sant Seiriol 'Wyn' (y Teg).

Mae'n stori mor hardd am gyfeillgarwch.

Mae'n ddiddorol, pan symudais o Esgobaeth Llanelwy i gymryd fy rôl newydd fel Arweinydd Ardal Weinidogaeth yma yn Bro Seiriol, roedd gennyf ffrind o'r enw Kathryn a symudodd hefyd o Esgobaeth Llanelwy i gymryd y rôl fel Arweinydd Ardal Weinidogaeth yn Bro Cybi. Cafodd ein trwyddedau một ddiwrnod ar ôl y llall!

Mae'r stori wedi ysbrydoli ni i ailgreu'r cyfarfod hwn o ffrindiaeth trwy wneud y daith i Ffynnon Clorach, y bwriad sydd gennym i gerdded ar ddydd lau, 11

Os ydych chi'n fodlon cymryd rhan yn y cerdded ffrindiaeth hon, gallwch ddod o hyd i ragor o wybodaeth am y llwybr a'r cynlluniau drwy ddilyn tudalen Facebook Eglwysi Bro Seiriol Churches neu drwy anfon e-bost ataf i.

Os hoffech dderbyn hysbysiadau newyddion wythnosol ar gyfer gwasanaethau a digwyddiadau neu os hoffech gael rhagor o wybodaeth, anfonwch e-bost i'r cyfeiriad isod. Mae manylion hefyd ar gael ar y wefan a'r dudalen Facebook.

Camau Bach, Llangoed

Mae eglwysi Bro Seiriol wedi sicrhau £10,000 o gyllid gan Eglwys Cymru yn ddiweddar i barhau i redeg y grŵp poblogaidd i fabanod hwn sydd wedi dod yn gysyniad hanfodol i deuluoedd yn y gymuned wledig. Dechreuodd yr ymgyrch ym Medi 2023 pan ofynnodd Cyngor Sir Ynys Môn i eglwysi lleol helpu. Roedd y cyngor wedi siarad â theuluoedd yn Llangoed a dod o hyd iddynt fod angen lle i rieni â babanod a phlant bach ddod at ei gilydd. Roedd swyddogion y cyngor wedi gweld eglwysi yn Abermenai yn rhedeg grŵp tebyg yn llwyddiannus ac roeddent eisiau cynllun tebyg ar gyfer teuluoedd Llangoed.

Mae Camau Bach yn cwrdd bob bore Gwener yn ystod yr amser ysgol yn Neuadd Bentref Llangoed ac mae'n hollol rhad ac am ddim!

Mae'r sesiynau'n denu mwy na 20 o blant a 15 o oedolion bob wythnos, gan ddarparu lle diogel i rieni a gofalwyr ddod at ei gilydd a chael cyngor am iechyd. Mae ymwelwyr iechyd yn mynychu ddwywaith bob hanner tymor i bwysleisio babanod a cynnig cyfarwyddyd.

Os hoffech ddysgu mwy am Gamau Bach neu os fyddai gennych ddiddordeb mewn bod yn wirfoddolwr fel rhan o'r tîm, cysylltwch â Parch Lesley Rendle am ragor o wybodaeth: lesleyrendle@cinw.org.uk.

2 07864 765382

Gweler hefyd dudalen 11.

- Ardal Weinidogaeth Bro Seiriol Ministry Area www.broseiriol.net
- Eglwysi Bro Seiriol Churches www.facebook.com/BroSeiriol/
- St Seiriol's Well www.castlewales.com/seiriol.html
- St Seiriol's Well Holy Well or Sacred Spring in Wales in Anglesey www.megalithic.co.uk/article.php? sid=8077



Bro Seiriol Churches news

Rev Huw Butler, Ministry Area Leader of Bro Seiriol

Seiriol 'Wyn' and Cybi 'Felyn': a story of friendship

I wonder if you know the story of Seiriol 'Wyn'.

By tradition Seiriol was born in 494, the third of four sons of Owain Ddantgwyn ('White-Tooth'), King of Rhos. As a young man Seiriol dedicated his life to Christ, becoming a solitary monk. His brother Einion, who was ruling Llŷn, granted to Seiriol a dwelling on the southeastern tip of the island of Ynys Môn (Penmon). Here Saint Seiriol lived alone for many years in a small cell, with water being drawn from his well nearby. As time passed Seiriol drew disciples to himself, becoming the abbot of a Celtic monastic community where a wooden church and enclosure was constructed around his small stone cell.

The Celtic saints were great travellers and seafarers, possessing close links with many monastic communities around the whole of Wales, Ireland, Scotland, Brittany and Cornwall. In fact, Cybi spent his formative years in Cornwall before travelling around many of these countries until settling on the western shore of Anglesey, establishing his monastic community at 'Caer Gybi' (Holyhead). We don't know how or where Seiriol and Cybi first met but the story passed down through the centuries is that they became firm friends. They met with each other regularly, to 'break bread' and share the holy Gifts, to pray silently as they walked around the island or speak with each other about the things of God. Because one hermit lived in the west of Ynys Môn, and the other in the east, the two of them decided to meet in the middle at Clorach Wells (near Llannerch y Medd).

The two saints would set out from their hermitages in the morning, Cybi going eastward and Seiriol going westward. Cybi's face was toward the sun, and Seiriol's face was turned away. They met at Clorach Wells and spent the middle of the day there, and then they

departed homeward, each to his respective cell in the afternoon, Cybi going west, and Seiriol going east. Once again, Cybi's face was toward the sun, and Seiriol's face was turned away. They spent many years doing this, and the habit became so regular that Cybi's face became sunburnt, while Seiriol's got little or no sun. Thus, Saint Cybi earned his nickname 'Felyn' (the Tanned) and Saint Seiriol 'Wyn (the Fair).

It is such a beautiful story of friendship.

Interestingly, when I moved from St Asaph Diocese to take up my new role as Ministry Area Leader here in Bro Seiriol I had a friend named Kathryn who also moved from St Asaph to take up the role of Ministry Area Leader at Bro Cybi. We were licensed the day after one another!

The story inspired us to recreate this meeting of friendship by making the journey to Clorach Wells which we plan to walk on Thursday 11 September. If you are interested in taking part in this walk of friendship you can find out more about the route and plans by following the Eglwysi Bro Seiriol Facebook page or by sending me an e-mail

If you would like to receive weekly news bulletins for services and events or would like further information please send an e-mail to the address below. Details can also be found on the website and Facebook page.

Camau Bach, Llangoed

Bro Seiriol churches have recently secured £10,000 funding from the Church in Wales to continue running this popular toddler group that has become a vital lifeline for families in rural communities. The initiative started in September 2023 when Anglesey County Council asked local churches to help. The Council had spoken to families in Llangoed and found they needed somewhere for parents with babies and toddlers to meet. Council officers had seen churches in Menai Bridge successfully running a similar group and wanted a similar scheme for Llangoed families.

Camau Bach meets every Friday morning during term time at Llangoed Village Hall and is completely free!

The sessions attract more than 20 children and 15 adults each week, providing a safe space for parents and carers to meet and access healthcare advice. Health visitors attend twice each half-term to weigh babies and offer quidance.

If you would like to find out more about Camau Bach, Llangoed or would be interested in being a volunteer as part of the team please contact Rev Lesley Rendle for more information: lesley rendle@cinw.org.uk.

2 07864 765382

See also page 11.

- ⊠ huwbutler@churchinwales.org.uk
- Ardal Weinidogaeth Bro Seiriol Ministry Area www.broseiriol.net
- Eglwysi Bro Seiriol Churches www.facebook.com/BroSeiriol/
- St Seiriol's Well www.castlewales.com/seiriol.html
- St Seiriol's Well Holy Well or Sacred Spring in Wales in Anglesey www.megalithic.co.uk/article.php? sid=8077

Wild

Julie Harrison

Ynys Môn... T'was once known as the Island of the windmills, you know?

A landscape polka-dotted with Majestic stone turrets, like winged statues...

Standing resolute and stark against heavy

Rain filled skies – almost ghostly. And yet, on sunnier days – elegant, gentle and

Beautifully poised in the green landscape.

You can quite imagine it, can't you?
Wooden framed windmill blades,
Creaking their slow rhythmic motion,
Heavy in rotation, sails flapping in the
breeze.

Meditative, graceful, comforting... Light catching the sails and casting

Dancing shadows on the daisy filled meadows.

But then, out of nowhere, an uneasy Stillness can fill the air and darken the sky,

Like an irrational mood swing... and the sails are

Suddenly ripping under the torrent of a rising gale!

It must have been

All hands on deck, on the island, when Ynys Môn turned wild, and her winds broke out!

Emergency stripping-off, of the windmills' canvas clothes –

Bustling activity – an automaticfrenzied drill...

'Save the sails, Save the sails' they shout, but

Voices wilting feebly on the wind.

Ynys Môn – Isle of the wind – she can truly

Weave her magic into your very being, and

Capture your heart in a forever love affair...

Serene and calm, then wild and unpredictable.

YOU know those love affairs, Good one minute, bad the next...

Bewildering, intoxicating...

Often more attractive than a Mundane, safe love bond...

but, maybe that's

Nature's lure, after all.

Wild Ynys Môn.

Essence of excitement, inspiration, Wild freedom of expression.

No one can ever call YOU mundane.

Weathering her storms, you'll become Addicted to her 'wild days' too,

Seeing beauty in her Indigo-dresscodes, her

Rolling sea mists and raging tides... Become entranced by the stampedes of her

White sea horses galloping in to shore, the

Rippling seas of her marram grasses, Sombre drab skies, and wind-bent trees, Grappling against her tantrum forces. Wild, Wild Isle.

And howling...

The eerie, eerie howling of her wild voice,

Trapped in chimneys, whining through gutters,

Banging on gates and creaking in shutters; with

Staccato percussion of hammering rain and

Screeching herring gulls, now and then.

Her orchestral score can morph into this much

Darker and chilling theme, yet be dramatically

Wonderful in its new arrangement, nevertheless.

If you're caught outside in the ravages of her

Wild laments, please be warned... that the

WILD winds of Ynys Môn will blow in your hair,

Beat on your brow, inhabit your mind...

Bubbling cauldron of spells will seduce you...

And t'will not be long before her essence is

Running through your veins, and Drumming new rhythm in your heart.

Then WILD has become in YOU too. Indeed, she is now YOUR Ynys Môn.

Wild spirit... Boudicca-style, WILD-WOMAN-ISLE

WII D

Julie Harrison is a new member of the Llanddona Writing Group.



Introducing Sinema Llangoed

Julie Upmeyer

Llangoed Village Hall is delighted to announce the launch of 'Sinema

Llangoed,' Anglesey's own community cinema.

A cinema venue on your doorstep: thanks to generous support from Film Hub Wales, funded by the British Film Institute (BFI) Film Audience Network (FAN) and The National Lottery, Llangoed Village Hall has transformed into a state-of-the-art cinema venue. The hall now boasts a 4K laser Epson projector, a new stereo sound system, and a large-format cinema screen, providing a truly cinematic experience for the community. This allows the hall to screen films from the BFI Library, Welsh-language releases, the best of independent British cinema, international classics and host premieres of local documentaries and film projects. Local community groups are also invited to use the space for galas and special

Screenings: Sinema Llangoed was launched with a sell-out screening of The Nettle Dress, followed by Hedd Wyn, Conclave, Bread and Roses and Brian and Charles. The next films include Cinema Paradiso, Citizen Kane and Fire of Love

National Theatre Live at Llangoed Village Hall: we're thrilled to announce our first ever National Theatre Live screening at Llangoed Village Hall: it's a landmark cultural moment for our community and the grand launch of our premier event series! This acclaimed initiative broadcasts live performances from the National Theatre and other UK stages to cinemas worldwide. Join us for a celebratory launch party as we bring world-class theatre to Llangoed for the very first time via National Theatre Live. On 28 September we will screen Inter Alia, a new play by Suzie Miller, bringing world-class theatre to the heart of Anglesey.

Get involved: the community is invited to join the Sinema Llangoed working group to help choose films, host events, and contribute to the growth of this exciting new venture. Please contact cinema@llangoedvillagehall.com if you'd like to be involved.

- ☑ .cinema@llangoedvillagehall.com
- www.llangoedvillagehall.com
- National Theatre Live www.ntlive.com



CPD Llangoed FC: original supporters/volunteers
Owen Williams

Here's a photograph of the last four of the original supporters/volunteers in 1956-1957, when CPD Llangoed FC came back into the Anglesey League. Age and health have inevitably caught up...



L-R: Michael Roberts, Huw Jones, Owen Williams, John Francis at CPD Llangoed FC's pitch on 18 Sepember 2024 (Richie Gregson)

The message to everybody out there is 'we want more supporters', particularly locally: Llangoed, Llanddona, Llanfaes, Penmon, Beaumaris.

Contact the Club via Facebook.

CPD Llangoed FC www.facebook.com/llangoedfc/



Bu diwrnod o gystadlu brwd yn rali fferwmyr ifanc Mon ar gae Sioe Môn, a daeth clwb Llangoed i'r brig yn adran y Clybiau Bach gan guro tarian Gwilym Parry. Gorffennodd Llangoed y diwrnod yn y pedwerydd safle dim ond 12 pwynt tu ol i Rhosybol oedd yn drydydd. Llongyfarchiadau mawr I Benmynydd am guro ac i Bodedern am ddod yn ail.



Arddangosfa CFfI Llangoed yn hyrwyddo'r ardal leol

Llangoed YFC Display promoting the local area (Carwyn Jones)

Bu criw bach ifanc o tua pymtheg yn gweithio yn galed iawn gan gymeryd rhan yn bron i bob un o'r cystadlaethau ar y diwrnod a cystadlaethau barnu oedd wedi ei cynnal ynghynt. Cafwyd nifer o ganlyniadau da iawn gan gynnwys: Tomos yn gyntaf am osod blodau, Morgan a Osian yn gyntaf am goginio, Siôn Alun a Tomos yn gyntaf yn y gwaith coed iau, trydydd am y grwp canu, Hari yn trydydd efo crefft, Sion a Hari yn gyntaf ag ail am daflu bag ffa, Lois, Morgan a Medi yn ail am hyrwyddo atyniad lleol, Wil, Jimmy a Tomos yn ail am wneud arwydd. Daeth yr arddangosfa iau yn trydydd a'r arddangosfa hyn yn pedwerydd wedi ei wneud gan Maddie, Llinos a Tomos. Bu llwyddiant yn y barnu hefyd gyda clwb Llangoed yn curo bob cystadleuaeth dan 16 - da iawn, Siôn, Hari, Siôn Alun, Tia, Owen, Tomos a Cian.



Da iawn, Tomos, enillodd ei arddangosfa trefnu blodau ar y thema teithio y prif safle Well don,e Tomos, whose flower arranging display on the theme travel won the first place (Carwyn Jones)

Pob lwc I'r aelodau fydd yn mynd ymlaen i'r Sioe Frenhinol yn Llanelwedd I gynrychioli Ynys Môn.

Diolch yn fawr i Emily a Carwyn am ei Gwaith di-flino fel arweinyddion ac i holl rieni a ffrindiau y clwb sydd wedi cynorthwyo yn ystod y flwyddyn. Diolch hefyd I Phil Hen sydd wastad yn cefnogi'r clybiau ar mudiad gyda ei waith caled yn tynnu lluniau ein digwyddiadau.

Mae'r Clwb yn cyfarfod bob nos lun yn neuadd bentref Llanddona am 7.30yn. Bydd croeso mawr i unrhyw aelodau hen a newydd sydd yn13 oed ymuno pan fydd y clwb yn ail ddechrau ym mis Medi wedi seibiant dros yr haf.



Young Farmers Rally at the Anglesey Showground Anne Jones

There was a day of fierce competition at the young farmers rally at the Anglesey Showground, and Llangoed Young Farmers Club came out on top in the Small Clubs section by winning the Gwilym Parry shield. Llangoed finished the day in fourth place, just 12 points behind Rhosybol who were in third. Huge congratulations to Penmynydd for winning and to Bodedern for coming second.



Llangoed wedi ennill Tarian Pencampwyr Y Clybiau Bach ar gyfer 2025! Llangoed awarded the Small Club Champions Shield for 2025! (Phil Hen)

A small group of around fifteen worked very hard by participating in almost all the competitions throughout the day, and the judging competitions which were held earlier.

There were several very good results including: Tomos first for arranging flowers, Morgan and Osian first for cooking, Siôn Alun and Tomos first in the junior woodworking, third in the singing group, Hari in third with crafts, Siôn and Hari first and second for bean bag throwing, Lois, Morgan and Medi second for promoting a local attraction, Wil, Jimmy and Tomos second for making a sign. The junior exhibition came in third and the main exhibition in fourth, made by Maddie, Llinos, and Tomos.

There was success in the judging as well, with Llangoed Club winning every under 16 competition – well done, Siôn, Hari, Siôn Alun, Tia, Owen, Tomos and Cian

Good luck to the members who will go on to the Royal Show in Llanelwedd to represent Anglesey.

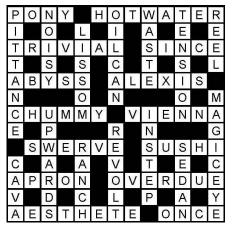


Aelodau Llangoed yn mwynhau diwrnod llwyddiannus yn Rali'r Sir Llangoed Members enjoying a successful day at the County Rally (Phil Hen)

A big thank you to Emily and Carwyn for their tireless work as leaders and to all the parents and friends of the Club who have helped throughout the year. Thanks also to Phil Hen who always supports the Clubs with his hard work in capturing photos of our events.

The Club meets every Monday evening at Llanddona village hall at 7.30pm. There will be a warm welcome for any

The Governor's Quick Crossword no 21: solution



Fianchetto 66's Chess no 12: solution

1 Bd5+ Kh7 (or Kh8)

2 Kg1# (or Kg2# or Kg3#).

In plain language, the white bishop moves one space up and to the left. The black king then has no option but to move immediately to the right, or down one space and right. The white king then reveals what's known as a "Discovered Mate" by simply moving out of the way of the rook.

old and new members who are 13 years old to join when the club restarts in September after a break over the summer.

Sioe Flodau Llangoed 2025 痜

Julie Upmeyer

Ar 5 Gorffennaf, llenwodd Sioe Flodau Llangoed 2025 Neuadd Bentref Llangoed â digonedd o lysiau, blodau, coginio, jamiau a mynegiadau creadigol. Gyda dros 500 o geisiadau gan fwy na 200 o wneuthurwyr a thyfwyr brwdfrydig, roedd y Neuadd yn fwrlwm o weithgarwch o'r bore tan yr hwyr.

Arweiniodd tywydd cynnes a heulog y gwanwyn at sioe doreithiog yn y categorïau llysiau a ffrwythau, yn ogystal â darparu ysbrydoliaeth ychwanegol i'r rhai a gystadleuodd yn 'ddarlunio botanegol' a'n categori newydd 'ffuglen fflach'. Llongyfarchiadau i bob cystadleuydd, o bob oed.

Diolch yn fawr i'r beirniaid gweithgar: Brenda Williams, Norman Evans, Medwyn Williams, Anita Malhotra, Audrey Jones, Eirian Young, Mari Rose Pritchard, Jo Alexander, Ness Owen, Mike Linford a'r Parch Leslie Rendle.

A diolch yn fawr i waith parhaus aelodau'r pwyllgor: Julie Upmeyer, Kirsty Lindenbaum, Jonathan Lewis, Lucy Low a Clare Tewson.

Oeddech chi'n gwybod?...mai Sioe Flodau Llangoed a Sioe Arddwriaethol Aberffraw yw'r unig ddwy sioe arddwriaethol mewn pentrefi bach sydd ar ôl ar yr ynys.

Mwy o luniau a rhestr o'r holl enillwyr ar ein gwefan... gwnewch yn siŵr eich bod wedi tanysgrifio i'n cylchlythyr.

Hwyl fawr yn yr Ŵyl Gynhaeaf ar yr 18/19 Hydref!





Dewis o ffotograffau o'r Sioe Flodau A selection of photographs from the Flower Show (John Draper)

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Llangoed Flower Show 2025

Julie Upmeyer

On 5 July, the 2025 Llangoed Flower Show filled Llangoed Village Hall with an abundance of vegetables, flowers, cookery, preserves and creative expressions. With over 500 entries from more than 200 enthusiastic makers and growers, the Hall was a flurry of action from morning until evening.

The warm and sunny spring weather resulted in an abundant showing in the vegetable and fruit categories, as well as providing extra inspiration for those entering 'botanical illustration' and our new category, 'flash fiction'.

Congratulations to each and every entrant, of every age.

Many thanks to the hard-working judges: Brenda Williams, Norman Evans,

Medwyn Williams, Anita Malhotra, Audrey Jones, Eirian Young, Mari Rose Pritchard, Jo Alexander, Ness Owen, Mike Linford and Rev Leslie Rendle.

And many thanks to the ongoing work of the committee members: Julie Upmeyer, Kirsty Lindenbaum, Jonathan Lewis, Lucy Low and Clare Tewson.





Dewis arall o ffotograffau o'r Sioe Flodau Another selection of photographs from the Flower Show

(John Draper)

Did you know?... the Llangoed Flower Show and the Aberffraw Horticultural Show are the only two small village horticultural shows left on the island.

More pictures and listing of all the winners on our website... make sure you are subscribed to our newsletter.

See you at the Harvest Festival on 18/19 October!

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Beaumaris Youth Band and a young cornet-player

Imogen May (age 10)

I started playing the cornet when I was six, and was soon able to join the local beginners brass band in Beaumaris. I joined a bit after my friend, and to start with we played some very easy songs like one called *Saturday Morning Blues* and another called *Caribbean Carnival*. As we got better we started playing more popular tunes like *Amarillo*, and then I moved up to the Intermediate

band where we played some tunes from Charlie and the Chocolate Factory, and Reach For The Stars, which was really fun



Beaumaris Youth Band and Cardiff Music Service played together at the Canolfan in April (Bari Gwilliam)

Seindorf Beaumaris Band is like a family. We have five bands of different levels and some people play in more than one band. I am now in the Youth Band. We play lots of different pieces and have a Summer Concert every year and a Christmas Concert every year, too. All the levels play, the Junior, the Intermediate, the Youth, the LSW (Last of the Summer Wind), which is a band for adult learners, and the Senior Band. We also have a barbecue in the summer and a party at Christmas.



Imogen performing on stage at Eisteddfod yr Urdd in Margam Park in May

(via Kirsty Lindenbaum; photograph by S4C)

The Youth Band had a concert on 13 April with the Cardiff and Vale Youth Brass Band. They played first and played four pieces. Then it was our turn to play a selection of pieces, and my favourite was *Starburst*. Then everyone from both bands sat together and we all played *Men of Harlech*. It was a lot of fun, and it was nice to meet some other musicians.

Soon after that, we competed in the Eisteddfod Môn against lots of other bands. It was really enjoyable, and the Beaumaris Youth Band came second, which meant we won some money! Soon we are going to go to Wrexham to play in the National Eisteddfod against bands from across Wales.

Anglesey Writing Festival is back Patricia Lennan

On 4 October a group of Anglesey (Ynys Môn) writers will host the fifth Anglesey Writing Festival in Menai Bridge.

Over the last four years, the festival has

gained momentum and gone from strength to strength, attracting both experienced and aspiring writers from all over North Wales and beyond.



'We are all made of stories' (via Patricia Lennan)

At the one-day festival, you can choose from twelve workshops, one in the morning and one in the afternoon, listen to lunchtime talks and network with other writers. All the tutors are published authors with a wealth of experience, providing an inspiring, fun-filled day of workshops.

Before the event, you may like to let your imagination flow and enter our Flash Fiction competition, with the theme this year of 'Wild'. Details are on our website.

Some of the exciting workshops on offer this year include Scriptwriting; Writing Wartime Women; A Professional Approach to Writing Biography; Folk Horror; Lessons in Nature Writing; Narration Variation; Poetry for Radical Hope; and much more. Keep an eye on our Facebook page, as details are being regularly updated.

Do come and join us. This is a day for everyone, whether you have never written before or are a more experienced writer. The festival is a non-profit event organised and run by a group of volunteers. If you are interested in helping us on the day, please do contact us at gwylangleseyfestival@outlook.com; any help is very welcome.

Early-bird tickets can be purchased on Eventbrite until 31 August. More details can be found on our website.

- Gŵyl Anglesey Writing Festival www.gwylangleseyfestival.uk
- Anglesey Writing Festival/Gŵyl Ysgrifennu Môn http://www.facebook.com/events/ 1104565825054397/

Paul Gash, Robert Macaulay

4 Ebrill: perfformiodd The Islanders, grŵp cerddorol lleol, gyngerdd yn Neuadd y Bentref, lle roedd lluniaeth ar gael. Rydym wedi clywed ers hynny gan y PDSA fod £300 wedi'i godi ar eu rhan. Diolch i bawb a fynychodd. A diolch i The Islanders am ddarparu'r adloniant cerddorol.

3 Mai: darparodd Neuadd y Bentref y lleoliad ar gyfer 80^{fed} pen-blwydd dathlu Buddugoliaeth yn Ewrop (Diwrnod Buddugoliaeth Ewrop). Cafodd y Neuadd ei chrogi â baneri a chwaraewyd cerddoriaeth y cyfnod i'r bobl a fynychodd. Diolch i'r gwirfoddolwyr a drefnodd y digwyddiad ac a weinodd luniaeth ar y diwrnod.



The Islanders (Debbie Oulton)

4 Mai: gwelwyd digwyddiad Swishing cyntaf Neuadd y Pentref, cyfle i ddod â dillad ac eitemau eraill I'w cyfnewid â chyfranogwyr eraill. Rydym yn gobeithio ailadrodd y digwyddiad hwn. A diolch yn fawr i Catherine Unwin am drefnu hyn a chodi arian ar gyfer yr elusen Asthma and Lung UK. Trefnodd Catherine hefyd y disgo tawel a grybwyllwyd yn y Puffin blaenorol (The Puffin 52), gan godi arian at yr un achos.



Trefnodd Catherine Unwin y disgo tawel diweddar

Catherine Unwin organised the recent silent disco (via Robert Macaulay)

21 Mehefin: cynhaliwyd Sioe Gŵn Hwyl a Ffair Haf Neuadd y Bentref. Roedd y digwyddiad Pêl Hedfan yn llwyddiant mawr fel yr oedd llawer o ddigwyddiadau a chystadlaethau eraill i'r anifeiliaid anwes a gymerodd ran. Dyfarnwyd llawer o wobrau i gŵn haeddiannol. Darparodd y Neuadd luniaeth a diolch yn fawr i'r stondinwyr a fynychodd. Diolch i drefnwyr a gwirfoddolwyr y Sioe Gŵn

Caffi Cofio: mae Neuadd y Bentref wedi bod yn lleoliad Caffi Cofio ers peth amser. Mae'r trefnwyr bellach wedi symud y digwyddiad i safle newydd yn Llangefni. Hoffem ni, yn Neuadd y Bentref, ddiolch i Caffi Cofio am fod yn bartneriaid ers cyhyd a dymuno'r gorau i chi ar gyfer y dyfodol.

Neuadd y Bentref: mae rhaglen o uwchraddio wedi bod yn mynd rhagddi yn Neuadd y Bentref, gan gynnwys gosod ffenestri a drysau newydd, uwchraddio rhai cyfleusterau ac ailbaentio. Mae hyn wedi ymestyn i'r



Purdey yn mwynhau'r dŵr yn y Sioe Gŵn Hwyl Purdey enjoying the water at the Fun Dog Show

tiroedd, gydag ychwanegu planhigion newydd sy'n ychwanegu lliw a bywiogrwydd at y Neuadd. Diolch I'r gwirfoddolwyr sy'n gyfrifol am y rhain am eich gwaith caled.



Llanddona Village Hall: news Paul Gash, Robert Macaulay

4 April: The Islanders, a local musical group, performed a concert in the Village Hall, where refreshments were available. We have since heard from the PDSA that £300 was raised on their behalf. Thanks to all who attended, and thanks to The Islanders for providing the musical entertainment.

3 May: the Village Hall provided the venue for the 80.th anniversary of the celebration of Victory in Europe (VE Day). The Hall was hung with bunting and music of the period was played to the people who attended. Thanks to the volunteers who organised the event and served refreshments on the day.

4 May: the Village Hall's first Swishing event took place, an opportunity to bring along clothes and other items to swap with other participants. We hope to



Lucy Fach gyda rhai o'i ffrindiau yn y Sioe Gŵn Hwyl

Little Lucy with some of her friends at the Fun Dog Show (Edith Jones)

repeat this event, and many thanks to Catherine Unwin for organising this and raising funds for the charity Asthma and Lung UK. Catherine also organised the silent disco mentioned in the previous Puffin (The Puffin 52), raising funds for the same cause.

21 June: the Fun Dog Show and Village Hall Summer Fair took place. The Flyball event was a great success as were many other events and competitions for the participating pets. Many prizes were awarded to deserving dogs. The Hall provided refreshments and many thanks to the stall holders who attended. Thanks to the Dog Show organisers and volunteers.



Y Ffair Haf yn y Neuadd y Bentref At the Village Hall Summer Fair

Caffi Cofio: the Village Hall has been the venue for Caffi Cofio for some time. The organisers have now moved the event to new premises in Llangefni. We, at the Village Hall would like to thank Caffi Cofio for being partners for so long and wish you the very best for the future.



Nifty 60au mewn gweithred! Nifty 60s in action! (via Robert Macaulay)

The Village Hall: a programme of upgrades has been ongoing at the Village Hall, including the installation of new windows and doors, the upgrading of certain facilities, and repainting. This has extended to the grounds, with the addition of new planters which add colour and vibrancy to the Hall. Thank you to the volunteers responsible for these, and for your hard work.

Bathed in Sunlight, Rooted in the Sea

Peter Williams, Dylan Evans, Craig Robertson, Martin Skov

Art is a valuable portal to gain an appreciation of the ecology of the seas. Anglesey is a place where tides shape not just the coastline, but also its culture. With a long tradition of painting,

sculpture and craft, and the presence nearby of the cutting-edge Marine Science laboratories, our island is the perfect place to explore how creativity and science can come together to help appreciate the sea and its biota in new ways.

In 2023, we undertook a project which introduced local artists to the beauty and wonders of microscopic plankton. The art they produced was put together in an exhibition entitled *Art from the Unseen*, held in the Beaumaris Canolfan. Without doubt, it was an unqualified success.

We have now moved inshore and plan to work towards an exhibition of art inspired by kelp forests, the beautiful underwater reefs of deep golden algae that can be 3m-5m long and decades old, swaying in the current like trees in a breeze.

The planned exhibition, entitled *Bathed* in *Sunlight*, *Rooted* in the *Sea*, will be held at the David Hughes Centre in Beaumaris from 11 to 23 July 2026.



Kelp forest in Village Bay, St Kilda (Richard Shucksmith, NatureScot: www.nature. scot/naturescot-copyright)

This autumn, we will contact art groups on Anglesey and participants of the *Art from the Unseen* project to arrange a meeting in early January 2026, when we will introduce the artists to the kelp ecosystem and discuss with them how we should go about developing the Exhibition.

Then, in provisionally April 2026, we will run a one-day field trip to Porth Cwyfan Bay, near Aberffraw, where there is a rich kelp bed, bursting with animal life.

The field trip will be followed up by a workshop in the main laboratory of the School of Ocean Sciences for the artists to see animals and algae up close, even microscopically, and to sketch out their ideas for the Exhibition.

This is a unique opportunity to be part of something that celebrates the diversity and the wonder of life that surrounds our beautiful island.

If you're interested in being involved, but not a member of an art group or a participant of the *Art from the Unseen* project, e-mail Peter at **pjlebw@yahoo.co.uk** and he will add you to the list.

Everyone, including mainlanders, is welcome.

Assistance dogs, the law and regulations

Andrew Perrott

People with assistance dogs have legal rights to be accompanied by them. In spite of the provisions of the Equality Act 2010, though, they continue to face discrimination. This article is not intended to give advice, but to draw together some useful sources of information for those who have assistance dogs.

Assistance dogs provide critical support for individuals with disabilities, offering them increased independence and the ability to navigate the world more freely. In the UK, there are specific laws and regulations that safeguard the rights of assistance dog users, ensuring that they can gain access to public spaces and services without facing unnecessary barriers or discrimination.

Equality Act 2010

The Equality Act 2010 (the Act) serves as the cornerstone for assistance dog laws in the UK. It protects individuals from discrimination based on disability, and it recognises assistance dogs as a crucial auxiliary aid for disabled individuals. Under the Act, disabled individuals who rely on assistance dogs are granted specific rights that protect their access to public places, goods, services and facilities.

The Act requires businesses and service providers to make "reasonable adjustments" to accommodate disabled individuals. These adjustments extend to allowing assistance dogs into places where pets are typically prohibited, such as restaurants, retail stores, public transportation and educational institutions. The Act ensures that assistance dog users are not unfairly treated or denied services simply because they rely on an animal for support.

Public access rights: where assistance dogs can go

One of the most important legal protections afforded to assistance dog users is the right to access public spaces with their dogs. This means that assistance dogs must be allowed to accompany their handlers into virtually all public areas, including:

- Shops and retail stores: assistance dogs must be permitted in all types of stores, from large supermarkets to small boutiques, even if the store has a strict "no pets" policy.
- Restaurants, cafés and pubs: food establishments cannot refuse entry to assistance dogs. They must accommodate the handler and his/her dog, even in spaces where pets are normally prohibited.
- Hotels and B&Bs: hotels and

accommodation providers are legally required to allow assistance dogs to stay with their handlers, and they cannot charge additional fees for the dog's stay.

Public transport: assistance dogs are allowed on all forms of public transport, including buses, trains, trams, taxis and planes.

 Healthcare facilities: assistance dogs must be granted access to hospitals, clinics, and other healthcare facilities, though there may be specific areas, like operating rooms, where access is restricted for health and safety reasons.

It is important to note that refusing entry to an assistance dog without a legitimate reason is considered a form of discrimination under the Act. Businesses and service providers that violate these rules could face legal consequences, including fines and compensation claims from affected individuals.

Owner-trained assistance dogs: a unique aspect of UK law

A distinctive feature of the UK's assistance dog laws is the recognition that assistance dogs can be trained by their owners, rather than exclusively through accredited organisations. This is significant because it broadens access to assistance dogs for individuals who may not be able to afford, or gain access to, formal training programs.

Owner-trained assistance dogs can be just as effective as those trained by organisations, provided that they meet high standards of behaviour and are able to perform tasks that assist their handler's specific needs. The process of training an assistance dog typically involves teaching it to perform tasks such as retrieving items, guiding its handler, alerting him/her to sounds, or providing physical support. In the case of owner-trained dogs, it is the responsibility of the handler to ensure that the dog is well-behaved in public, responds to commands reliably, and does not pose a threat or nuisance to

Reasonable adjustments for assistance dog handlers

The concept of "reasonable adjustments" is central to the protections provided by the Act. For assistance dog users, these adjustments ensure that they can access services without facing unnecessary challenges. Some examples of reasonable adjustments include:

 Allowing assistance dogs in petfree zones: whether it is a retail store, hotel, or public transport, businesses and service providers must permit assistance dogs, even in areas where pets are normally forbidden, because assistance dogs

- are recognised as auxiliary aids, not pets, under the Act.
- Providing additional support: in some cases, additional assistance may be required, such as helping the handler navigate within a building or offering alternative services if certain areas are inaccessible to the dog.
- Training staff to handle requests appropriately: businesses are encouraged to train their staff to recognise and accommodate assistance dog users. This includes understanding the rights of the handler and knowing how to provide appropriate assistance without causing embarrassment or inconvenience.

Businesses' responsibility and legal consequences

It is essential for businesses and service providers to comply with the legal requirements set out by the Act. Failure to do so can result in legal action being taken against them. If a business refuses entry to an assistance dog or discriminates against the handler, the individual affected can file a complaint or seek legal recourse.

In addition to fines, businesses may be required to pay compensation for any distress, humiliation, or inconvenience caused by their failure to accommodate the assistance dog and its handler. The Act aims to ensure that disabled individuals are able to participate fully in society without facing undue hardship or discrimination.

Assistance dogs in schools and workplaces

The legal protections for assistance dog users extend also to educational institutions and workplaces. Schools, colleges, and universities must make reasonable adjustments to allow assistance dogs on their premises, ensuring that students with disabilities can participate fully in educational activities. Similarly, employers are required to accommodate assistance dogs in the workplace, provided that the presence of the dog does not pose a risk to health and safety.

In educational and employment settings, the process of accommodating an assistance dog often involves creating a support plan that outlines how the dog will be integrated into the environment, what support the handler will need, and any potential challenges that may need to be addressed.

Protections

The UK's laws and regulations surrounding assistance dogs provide strong protections for individuals with disabilities, ensuring they have equal access to public spaces, services, and employment opportunities. The Act serves as the foundation for these

protections, requiring businesses and service providers to make reasonable adjustments to accommodate assistance dog handlers.

Whether the assistance dog is ownertrained or professionally trained, the Act recognises the essential role these animals play in the lives of disabled individuals. By understanding and complying with its provisions, assistance dog users and businesses can help create a more inclusive society that supports the rights and needs of all individuals.

- ☑ A Guide to the UK's Assistance Dog Laws and Regulations https://assistancedogregistry.co. uk/a-guide-to-the-uks-assistancedog-laws-and-regulations/
- Assistance dogs: A guide for all businesses (17 pages) www.equalityhumanrights.com/sites/default/files/assistance-dogs-a-guide-for-all-businesses.pdf
- The Equality Act and Assistance/ Guide Dogs https://caninepartners.org.uk/ourorganisation/the-equality-act/
- Guidance: Travel with assistance dogs: transport companies and routes www.gov.uk/government/public ations/travel-with-assistancedogs-transport-companies-androutes
- What is an Assistance Dog? www.assistancedogs.org.uk/info rmation-hub/what-is-an-assistancedog/
- ADUK Quick Guides and Resources www.assistancedogs.org.uk/info rmation-hub/aduk-quick-guidesand-resources/
- Welcoming Customers with
 Assistance Dogs (8 pages)
 www.assistancedogs.org.uk/app/
 uploads/2024/10/ADUK-QuickGuide-to-Welcoming-Customerswith-Assistance-Dogs.pdf
- Equality Act 2010 www.legislation.gov.uk/ukpga/ 2010/15/contents

The Puffin for children: Swimming, here we come! John Nunn

Sammy and Ben were hot, very hot! Well, actually, everyone was hot. It hadn't rained for weeks and the sun shone every day. You'd think everyone would be happy, wouldn't you? Not a bit of it. Everyone likes a nice sunny day, but not day after day. And did I mention it was hot? Ben and his family were protected down in their sett because it remained fairly cool down

there but it was also becoming a bit stuffy.

"A bit of rain," said Mr Badger. "Just a bit, to cool off the ground around us."

Meanwhile, up in the tree, Mr and Mrs Squirrel were grumbling, too. "A bit of wind," said Mr Squirrel. "Just a bit, to cool off the air in our drey."

"Humph," said Mrs Squirrel. "As long as it's just a bit. Remember what happened last winter?" The tree that their drey was in had blown down and the squirrel family had to move to a tree next door. Fortunately no-one was hurt and Sammy thought it had been the most exciting thing ever to happen to him.

"Well, obviously not that strong," said Mr Squirrel. "We certainly don't want that happening again."

Down on the forest floor Sammy and Ben were lying in a little heap of dampness. They were hot. Their friend Ffion Fox was passing by. She was eager to impress them with her first aid knowledge. "You need to keep hydrated," she said. "That means you need to drink a lot."

"Hey!" said Sammy. "We could go down to the river."

"Yes," said Ben, "as long as you don't make me walk across on any branches. I don't fancy floating over the waterfall like nearly happened last time."

"I've just remembered!" exclaimed Sammy excitedly. "When Tomos's beaver friends rescued you from that log, they promised that they'd teach us to swim when the weather got warmer. That'd be perfect and we could go safely in the water whenever it's really hot."

"Yes," added Ben, "and the water is so pure we can drink as much as we want. That'll keep Ffion happy."

The two friends rushed to ask their parents if they could go to the river and when their parents knew that the beavers were friends of Tomos they happily gave their permission.

"Make sure you do what Boris and Beti tell you," said Mr Badger, quite sternly, "and never go without letting us know in future, either."

So the two friends ran as fast as they could down to the water's edge where they called out, "Beti, Boris, please come and teach us to swim." In a matter of moments there was a swirl of movement in the water and two damp snouts broke the surface.

"Hello, you two," said Beti, "recovered from your spring adventures, have you?"

"Want to learn how to cool off safely, eh?" asked Boris.

"Yes, please," chorused Sammy and Ben in unison.

"Right," said the beavers, "but promise you'll do exactly what we say."

The two friends eagerly agreed, so before long the glade was echoing to shrieks of laughter and quite a bit of spluttering. The beavers kept the two friends in shallow water until they became increasingly confident.

"Look at me!" shouted Sammy. "I'm swimming on my back!"

"And I can swim underwater!" shouted Ben. "Watch, here I go, glug, glug, glug, glug." The beavers explained where the currents were dangerous and showed Ben and Sammy how to stay safe. Eventually two tired, but cool, friends made their way home. They had been gone for so long that their parents had quite forgotten they had been with Tomos's beaver friends learning to

"Aren't you two hot?" said Mr Badger.
"We could do with a bit of rain if you ask
me."

"You must be boiling hot," agreed Mr Squirrel. "Oh, fora bit of cooling wind."

Sammy and Ben just looked at each other and smiled.

"We're fine, " they said. "In fact we hope it's just like this again tomorrow."

A Cautionary Tale

Ray Parsons

My mate Charlie has a shiny big old Harley

And thinks he is the leader of the pack.

He can get to

Penmaenmawr

In a quarter of an hour,

And he's even quicker coming back.

By far his favourite drive is the A55, From Holyhead to Chester just for kirks

Now you may well say It's just a dual carriageway, But to Charlie it's the Welsh Route

Charlie's brother Jacky has a smart new Kawasaki,

But drives it like some kind of maniac. They each bet a fiver,

They would be the faster driver In a race to Blackcat roundabout and back.

Just as they were going, it was raining it was blowing,

Indeed the weather forecast was for snow.

Though we all had a word,
They would not be deterred,
Both equally determined they would
go.

First one then the other, brother overtaking brother,

Each manoeuvre more dangerous than the last.

Then just as he was leading
Charlie got stopped for speeding,
In those conditions driving way too
fast

The police, firm but nice, gave him this advice,

That he sent to his brother in a text.
In this world if there's worse fate
Than being ten minutes too late,
It is being ten years too early in the
next

August's front cover

Andrew Perrott

Summer's here! The spring weather was really good, if a bit chilly: dry, but not too dry, with enough rain to tide things over. While the weather since has been a bit iffy, it has paid dividends as far as gardens are concerned, apart from the almost constant wind of late.

The result has been gardens, in Llanddona at least, that were bursting with bloom on Saturday 12 July, when the NGS Village Garden Opening took place.

Now, you have *no idea*, dahlings, just how long it took me to caress the front cover illustration into existence... My goodness, readers, you're so gullible. It's yet another of my world-renowned art forgeries: a minute or so to take some photographs, then a few minutes to see which forgery permutation worked the best... and voilà!... a cover fit for the Royal Academy!

STOP PRESS

 Seiriol Good Turn Scheme: tablets and smartphones for beginners... a free 10-week course at Beaumaris Library, starting in September.

The course includes a tablet loan scheme.

For more information telephone the Seiriol Good Turn Scheme.

2 01248 305014

□ communitymenai@gllm.ac.uk

■ Beaumaris Library
David Hughes Community Centre
Rating Row
Beaumaris
Anglesey
LL58 8AL



• Beaumaris Film Night (from page 7):

More dates for your diary...

 4 September: The Penguin Lessons (2024), starring Steve Coogan, Jonathan Pryce, Bruno Blas.



A disillusioned Englishman working in Argentina in 1976 finds his life transformed when he rescues an orphaned penguin from the beach. (1h 51m; 12A)

 2 October: Black Bag (2025), starring Michael Fassbender, Gustaf Skarsgård, Cate Blanchett.



When intelligence agent Kathryn Woodhouse is suspected of betraying the nation, her husband (also an legendary agent) faces the ultimate test of whether to be loyal to his marriage or to his country. (1h 33m; 15)

 6 November: The Outrun (2024), starring Saoirse Ronan, Paapa Essiedu, Nabil Habi.



After living life on the edge in London, Rona attempts to come to terms with her troubled past. Hoping to heal, she returns to the wild beauty of the Orkney Islands where she grew up. (1h 58m; 15)

 4 December: Mr Burton (2025), starring Toby Jones, Harry Lawtey, Lesley Manville.



The story of a wild schoolboy and a teacher who recognised his talent: a moving story of how Rich Jenkins became Richard Burton, the biggest star Wales has ever produced. (2h 4m; 12A)

Tailpiece: in which I think about dogtating and Little Lucy drinks tea with her friends...

Edie Barkser-Lott (dogtated to Andrew Perrott by e-mail and telephone) and Little Lucy, who has ideas above her station

The Boss: well, I thought, there's trouble a-brewing... Edie commented on Lucy's digging where she shouldn't dig, and sure enough... Read on and all will be fold



I hadn't been digging in the Boss's sister's garden; I had been supervising, which is such tiring work (Nicola McDonough)

Little Lucy: I know that I have my moments, but I am very young, and I was much younger when that old wisepants Edie upset me by telling the world at large about my digging in the garden. Mostly I am a Very Good Girl, so there.

Me: Little Lucy's Boss said that I should remember that I was a pup once...



You have no idea how difficult dogtation can be; I really do have to rest while I'm thinking... (Nicola McDonough)

Little Lucy hasn't been to visit me since Easter. At least I've been left in peace to think about my dogtation responsibilities. All that dogtating at me when she was a pup was just too much, but her Boss tells me that she's calmed down a bit.

Anyway, since I'm Dogtator-in-Charge at the moment I should be telling you about what I've been doing, shouldn't I? The Boss told me a while ago to start thinking. 'Get thinking,' he said over the electric telephone. So I did.



This is how it all started: Little Lucy's Boss caught her one afternoon with her snout in his mug, slurping away at his tea...



...then her friends Nancy and Millie joined in...



...and now Little Lucy takes her tea in a bowl, often on the garden table

He'd told me all about Little Lucy and 'the mug of tea'... She helps (?) in the garden, and has a few treats at tea-time.

One afternoon her Boss heard a slurpy noise, and there she was, slurping away at his mug of tea. Well, *really*, I thought: I always wait until it's offered to me. I like tea, but I really do like to drink out of

buckets and bird baths; the water's green and has lots of *stuff* in it. Little Lucy's Boss tells me that she likes to do the same thing, and he showed me a photo of her at it. She drinks out of watering cans as well, and she likes to



Little Lucy at one of her sources of green water...

lie on the garden, usually in places where somebody has just gardened. I like doing that because it make the Bosses so cross...



...and making herself very comfortable, lying where she knows she shouldn't lie...



'Haven't you any more to dogtate to me?' the Boss asked the other day. Well, I thought and I thought... 'Not really,' I said. 'I haven't seen Little Lucy for ages, so we haven't been doing things.' 'Save it for next time,' he said. So I will... goodbye!

Some local Facebook community links

- Anglesey Community Noticeboard/Hysbysfwrdd Cymunedol Môn www.facebook.com/groups/205528177434085/
- Friends of Beaumaris www.facebook.com/groups/521368261344315/
- Beaumaris Community Activities and Information/Gweithgareddau Biwmares
 - www.facebook.com/groups/400365856820659/
- Ffrindiau Cwlwm Seiriol Friends www.facebook.com/groups/395263584239092/
- Cymuned Llanddona Community www.facebook.com/groups/llanddona/

- Cymuned Llandegfan Community www.facebook.com/groups/1518554195120520/
- Ffrindiau Llangoed www.facebook.com/groups/1458577214379355/
- Cymuned Llangoed Community www.facebook.com/groups/Llangoed/
- Pobol Llansadwrn People www.facebook.com/groups/3140572646162274/
- Hysbysfwrdd Seiriol Noticeboard www.facebook.com/groups/1600203890233039/

ADVERTISE IN IN The Puffin

IT'S FREE!

The Puffin is a free quarterly community magazine, published by a small group of volunteers. Its production costs are funded entirely by sponsors, advertisers, fundraising, grants and donations. It's published in February, May, August and November.

IT'S LOCAL!

The Puffin has wide local coverage, and serves the 'pretty pointy piece' of eastern Anglesey which comprises Seiriol Ward and the communities of Beaumaris, Glanrafon, Llanddona, Llandegfan, Llanfaes, Llangoed, Llansadwrn and Penmon.

IT'S INTERESTING AND INFORMATIVE!

The Puffin features a broad variety of articles, including local interest, nature and matters of importance such as the cost of living. There's also a regular *What's happening where?* listing that gives information about local services, societies, and events, regular and one-off.

IT'S AVAILABLE IN PRINT AND ON-LINE!

The Puffin is a high-quality colour publication which provides a great opportunity for local businesses to raise their profile and advertise their services to the local community.

It's available in print at outlets in Beaumaris, Llanddona, Llandegfan, Llangoed and Penmon, and on-line at www.seiriolalliance.co.uk/newsletters/.

MORE INFORMATION?

If you would like more information, or are interested in placing an advertisement, call **Richard Adams** on **07710 233439** or e-mail **The Puffin** at **puffinpages@gmail.com**.

Advertising charges range from £12 for a small ad to £120 for a full page; pricing is by size. We're happy to negotiate on variations of size, repeat advertisements or any other requirements that you may have.

Please note that sizes may be approximate as they depend on text layout. We can design an advertisement for you if you'd like us to do so.

SMALL ADS!

How about placing a small ad in **The Puffin?** Ask us for more details.



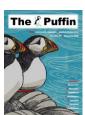














Editorial information and other 'useful to know' stuff

The Editorial Team

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Paul Bishop Owen Williams

John Briggs

☑ puffinpages@gmail.com

Editorial Policy

- The Puffin is a community journal. It does not become involved in matters such as politics, local or national, but is intended to be a means of bringing people and communities together, celebrating our 'sense of community' and the beautiful part of the world in which we live, so please be kind, courteous and respectful. 'Hot' topics related to the local context are fine, but we ask that people respect the fact that alternative views may be valid as well.
- We welcome news, letters and interesting articles, in Welsh and in English, as long as they are attributed to an author; please don't send us anything marked 'not for publication'.
- The views expressed in The Puffin do not necessarily represent those of the Editorial Team.
- We review all items for material that is obviously libellous or offensive, but we cannot check for factual accuracy because we might not be sufficiently expert on the topic, and because of time constraints.
- If you have strong feelings about what is said, or is not said, in **The Puffin**, don't bottle it up: get in touch with us or join the group of volunteers who form the Editorial Team who enable its production.

General information and publication dates

- We will do our best to reply to your e-mails quickly.
- If you e-mail photographs and other pictures to us for inclusion in **The Puffin**, please send them in .jpg format if possible. If you send photographs or documents to us by post, be sure to enclose a stamped, self-addressed envelope so that we can return them to you after they've been scanned.
- The word count per column is c.350 (three-column page) and c.520 (two-column page).
- The Puffin is published in:

February: submissions **must** be in by 1 January **May**: submissions **must** be in by 1 April **August**: submissions **must** be in by 1 July **November**: submissions **must** be in by 1 October

Submissions and donations by post

 We are happy to receive submissions – and donations, of course! – by post. Please send them to:

Andrew Perrott Glangors Llanddona Anglesey LL58 8TU

Mark the envelope **The Puffin** and enclose your address, an e-mail address and/or telephone number so that we can let you have an acknowledgement and a 'thank you'.

 If you would like to make a donation by bank transfer, our details are:

Bank: NatWest Account name: The Puffin Account number: 88609782 Sort code 54-10-01

Sponsorship and advertising

Please contact us by e-mail if you would like to sponsor
 The Puffin or place an advertisement in it.

Where to pick up your copy of The Puffin

Beaumaris

ABC Service Station, Gallows Point, LL58 8YH
Beaumaris Library, David Hughes Community Centre,
Rating Row, LL58 8AL
Canolfan Hamdden Beaumaris, Rating Row, LL58 8AL
Central Bakery, 22 Margaret Street, LL58 8DN
Ena's Newsagents, 24 Castle Street, LL58 8AP
Spar, 11 Castle Street, LL58 8AB
Town Hall (entrance lobby), Castle Street, LL58 8AP

Llanddona

Yr Owain Glyndŵr, LL58 8UF Wern y Wylan, LL58 8TR (at Wern y Wylan Court) Neuadd Bentref Llanddona Village Hall, LL58 8TS

Llandegfan

Siop Llandêg, Lon Ganol, LL59 5UA

Llangoed

Morrisons Daily, China House, LL58 8NW Neuadd Bentref Llangoed Village Hall, LL58 8NY

Penmon

The Pilot House Café, Black Point, LL58 8RR

On-line

www.seiriolalliance.co.uk/newsletters/

Some useful contacts

Alcoholics Anonymous	0800 917 7650
Canolfan lechyd Beaumaris Health Centre	01248 810818
Canolfan Hamdden Beaumaris	01248 811200
Cynllun Tro Da Seiriol Good Turn Scheme	01248 305014
Dŵr Cymru/Welsh Water: leaks	0800 281 432
water services and emergencies	0800 052 0130
sewerage services and emergencies	0800 085 3968
Electricity (SP Energy Networks):	
information about power cuts	0800 001 5400
Floodline	0345 988 1188
Gas: National Gas Emergency Service	0800 111 999
Isle of Anglesey County Council:	01248 750057
Beaumaris library	01248 810659
Children's Services	01248 752722
missed waste collections	01248 752860
NHS (NHS Direct closed in 2014):	
NHS (NHS Direct closed in 2014): for non-emergency medical help	111
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nspec: help for adults concerned about a child	111 0808 800 5000
for non-emergency medical help NSPCC:	
nspec: help for adults concerned about a child	0808 800 5000
nspec: help for adults concerned about a child help for children and young people	0808 800 5000 0800 1111
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