

The Puffin

FREE community magazine • published quarterly

Number 54 • November 2025

**NADOLIG LLAWEN
A BLWYDDYN
NEWYDD
DDA!**

**MERRY CHRISTMAS
AND A HAPPY
NEW YEAR!**

Serving...

- Beaumaris
- Glanrafon
- Llanddona
- Llandegfan
- Llanfaes
- Llangoed
- Llansadwrn
- Penmon

...and on-line

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Butterflies

Photographs: Debbie Oulton, Andrew Perrott

A good year for butterflies? Yes, in our area at least, but with one exception: there were very few Small Tortoiseshells to be seen.

Below, from bottom left: Red Admiral; Speckled Wood; Large White (female); Painted Lady; Painted Lady; Small Copper; Large White (female); Small Copper; Red Admiral

Above, from bottom left: Holly Blue (at B&Q, Bangor!); Orange-Tip; Comma; Speckled Wood; Peacock; Green-Veined White; Peacock; Small White



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Editorial: the end of the year is near, printing, our Christmas front cover...

The Editorial Team

Well... we can complain about a lot of things at the moment, particularly the shambles that surrounds the Menai Suspension Bridge, but summer 2025 isn't one of them.

The weather might have broken, but the results of the beautiful spring and summer are to be seen everywhere: trees heavy with apples, quantities of sloes the like of which haven't been seen for years, a glut of acorns, hawthorns heavy with bright red berries. The list could go on...

The Puffin has a new printer: Precision Colour Printing (PCP), of Telford. PCP's involvement happened quite by chance, started by a chance phone call for some information and advice. The result was so much help and useful pointers (thank you, PCP!), and **The Puffin** is looking forward to a long and fruitful relationship.

This is **The Puffin**'s fourth Christmas cover to feature a Westie. Sadly, though, **The Puffin**'s mascot, Tilly, is with us no longer, so Little Lucy, her vocal (very vocal at times) successor, has stepped in to fill the void. She had been with your typesetter for only five weeks when he took the photograph that he turned into yet another of his famous/infamous art forgeries. She had yet to have her first haircut, but she was already making her presence known in no uncertain terms; she is very vocal. Read more about what she's been up to on page 30.

Needless to say, no Westies were harmed during the production of the Christmas cover. Little Lucy was making the most of the fire and didn't know that she was being recorded for posterity, so no bribery was involved.



Not even **The Puffin**'s mugs are sacrosanct; Little Lucy does like her afternoon paned!

Now, all that remains is for Little Lucy and all of us at **The Puffin**'s Editorial Team to wish you all...

**NADOLIG LLAWEN A BLWYDDYN
NEWYDD DDA!
MERRY CHRISTMAS AND A HAPPY
NEW YEAR!**

What's happening where?

Note

We do our best to ensure that dates, times and so on are accurate. Information can change, though, so be sure to check beforehand.

A message from The Puffin's Editorial Team

We hope that you enjoy reading **The Puffin** every quarter.

We are a group of seven unpaid volunteers. We do everything connected with the publication of **The Puffin**. We have no regular income, so all of our funds have to be raised through donations, advertising and occasional grants.

Like you, our readers, we are affected by ever-increasing costs. Each copy of **The Puffin** that you read costs just over £1 to produce and print. If you are able to do so we would appreciate any contribution that you can make towards our costs.

We are determined that **The Puffin** continue to be free of charge, and your support will be greatly appreciated, whether it be a one-off donation or a commitment to providing a regular financial contribution.

We are happy to receive donations by post. Please send them to:

Andrew Perrott
Glangors
Llanddona
Anglesey
LL58 8TU

Mark the envelope **The Puffin** and enclose your address, an e-mail address and/or telephone number so that we can let you have an acknowledgement and a 'thank you'.

If you would like to make a donation by bank transfer, our details are:

Bank: **NatWest**
Account name: **The Puffin**
Account number: **88609782**
Sort code **54-10-01**

From time to time we receive donations direct to **The Puffin**'s bank account. The donors' names are known, of course, but unless we know the donor(s) we don't have a means of contact, such as an e-mail address, to which we can send thanks.

To all our supporters: 'thank you!'

Editorial information and other 'useful to know' stuff

This has moved from the back page to page 31.

Anglesey

- Coed Lleol/Small Woods: Small Woods is the national organisation

for small woodlands, and has a significant track record in managing Social Forestry projects: promoting sustainable management of small woodlands for social, environmental and economic benefit.

Coed Lleol/Small Woods in Wales was established in 2002 and helps to improve the health and wellbeing of people across Wales through woodland- and nature-based activities.

All of our sessions are free and open to all, but booking is essential.

We also deliver training in woodland management and nature-based activities.

For updates on any forthcoming events or sessions, e-mail Vivienne Plank to be added to our Anglesey newsletter:

✉ vivienneplank@smallwoods.org.uk

Follow us on Facebook:

📱 Coed Lleol Anglesey
www.facebook.com/CoedLleolAnglesey/

or visit our website:

📱 Coed Lleol/Small Woods
www.smallwoods.org.uk/en/coedlleol/



**CoedLleol
SmallWoods**

Anglesey, Gwynedd

- **Anglesey & Gwynedd Widowed Group:** please note that this is *not* a dating site; the organisers are volunteers and the group is not a charity.

It's a group for widows and widowers aged over 50 (suggested age only) who live permanently in the Anglesey, Bangor and Caernarfon (Gwynedd) areas.

We meet for regular get-togethers: coffee, lunch, days out, leisure activities, evenings out, theatre, concerts, coach trips and so on, and holidays, UK and abroad, and cruises as well.

This is not a support group, just a group of people who have been through the loss of a spouse or long-term partner, and who can empathise with each other but are ready to start enjoying life again.

We use www.meetup.com for information about events and to keep in touch. Search *Anglesey & Gwynedd widowed* and you will find us.

We are a bilingual group, with membership at roughly 50/50, so we www.seiriolalliance.co.uk/newsletters/

organise Welsh events as well as English.

If you'd like more information please contact me, Lyn Roberts.
☎ 07474 224246

✉ lyn2910@yahoo.co.uk

- **Carers Outreach Service:** do you look after someone?

Carers outreach Service provides information and support for relatives, friends or neighbours.

Carers Outreach Service:

- o Is the first port of call for carers
- o Is a voice for carers
- o Ensures a fair deal for carers
- o Puts carers first

in Anglesey, Gwynedd and Conwy.

For more information:

☎ 01248 370797

🌐 www.carersoutreach.org.uk

✉ help@carersoutreach.org.uk

📍 Unit G1, Intec
Parc Menai
Bangor
LL57 4FG



Bangor

- **Pontio:** Pontio is Bangor University's centre that offers an exciting and unique blend of arts and culture, innovation, education and community.

Pontio showcases the very best from the world of arts and culture, including drama, music, dance, and contemporary circus, local and international.

It serves as a focal point for students, with new Students' Union offices and teaching and social spaces to be enjoyed by all, and adds significantly to the amenities in Bangor and the surrounding areas for the economic, social and cultural benefit of the University and of the wider community.

Pontio has been funded by Bangor University, with assistance from the Welsh Government, the European Regional Development Fund and the Arts Council of Wales.

📍 Pontio
Deiniol Road
Bangor
Gwynedd
LL57 2TQ

✉ info@pontio.co.uk

🌐 www.pontio.co.uk

📅 Events
<https://tickets.pontio.co.uk/Online/default.asp>

puffinpages@gmail.com

📍 Pontio Bangor
www.facebook.com/PontioBangor/

☎ Box Office
01248 382828



Beaumaris

- **Royal Anglesey Yacht Club:** The Royal Anglesey Yacht Club (RAYC) can trace its roots back to 1802 when the Beaumaris Book Society was founded at Ye Olde Bulls Head Inn, Beaumaris.

In 1826 the Society moved to Green Edge, where the club house is today. Members of the Society played a prominent part in the Beaumaris regatta of 1830 and in the years to come. In 1885, the year after Bangor University was established, the club became the RAYC after Queen Victoria granted the club a Royal Warrant.

The RAYC has two adopted classes of yacht: the Fife One Design and the Menai Strait One Design.

📍 Royal Anglesey Yacht Club
6/7 Green Edge
Beaumaris
Anglesey
LL58 8BY

🌐 <https://royalangleseyyc.org.uk>

✉ secretary@royalanglesey.org.uk



- **Clwb Rhwyfo Beaumaris Rowing Club:** there's a long history of competitive rowing on the Strait. The Club runs taster events during April and September for people to learn about, and have a go at, rowing a Celtic. It doesn't matter if you've never rowed before; we'll show you the ropes.

Visit our website if you'd like to know more about us.

🌐 www.beaumarisrowingclub.org.uk/



- **Hwyllo Treftadaeth Afon Menai:** mae Hwyllo Treftadaeth Afon Menai (HTAM) yn Elusen Gofrestredig, wedi'i lleoli yn Gallows Point, Biwmares.

Un o brif flaenoriaethau HTAM yw

cadw'r hyn sydd yn ôl pob tebyg yn un o'r fflydoedd treftadaeth hynaf o gychod hwyllo yn y byd, ar yr un pryd yn cynnig hwyllo at ddibenion iechyd a lles.

Dewch i hwyllo gyda ni, fel unigolyn neu fel elusen, sefydliad neu wasanaeth! Gallech elwa o hwyllo er mwyn iechyd a lles, efallai fel profiad unigryw. Efallai y byddwch yn cael blas ar hwyllo ac eisiau cymryd rhan yn fwy a hwyllo'n rheolaidd!

Rydym wedi cynhyrchu ein rhaglen hwyllo ar gyfer 2026, felly os hoffech ragor o wybodaeth e-bostiwrch Victoria Craig at vcraig.mshs@yahoo.co.uk.



- **Menai Strait's Heritage Sailing:** Menai Strait's Heritage Sailing (MSHS) is a Registered Charity, based at Gallows Point, Beaumaris.

One of MSHS's main priorities is the preservation of what is probably one of the oldest heritage fleets of sailing yachts in the world, at the same time offering sailing for health and wellbeing purposes.

Come and sail with us, as an individual or a charity, organisation or service! You could benefit from sailing for health and wellbeing purposes, as a one-off experience, perhaps. You might just get the bug for sailing and want to get more involved and sail more regularly!

We've produced our sailing programme for 2025, so if you'd like more information please e-mail me, Victoria Craig, at vcraig.mshs@yahoo.co.uk.

- **Beaumaris Cricket Club:** we welcome new members; our average age is somewhere around 50, a few younger and some older! If you'd like to join us give one of us a call:

Chairman: Ian Gorst Jones,
☎ 01248 811248
Captain: David Graves,
☎ 07851 632881
Vice-Captain: Evan Hughes,
☎ 07999 505001
Match organiser: Philip Lewis,
☎ 07484 262297

🌐 www.facebook.com/people/Beaumaris-Cricket-Club/100057043976040/

- **Beaumaris Over 50s Club:** you're welcome to join us if you're 50+ and live in or near Beaumaris.

Club meetings take place at 2.00pm on the last Monday of the month.

Annual cost of membership is only £5; contributions are taken at each

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E-mail tiptoptiling91@outlook.com

Mobile 07713 840964

Anglesey-based (Rhostrehwfa), covering

Anglesey • Holyhead • Bangor • Caernarfon
surrounding areas

meeting towards tea/coffee and raffle prizes.

We extend a warm welcome to new and old members.

- o **24 Tachwedd/24 November:**
Canu er Pleser ac Eitemau
Nadolig
Singing for Pleasure and
Christmas Items
- o **Rhagfyr/December:**
Dim cyfarfod
No meeting
- o **26 Ionawr/26 January:**
Cyfarfod Cyffredinol Blynnyddol
Annual General Meeting

For more details, please contact the
Chair, Mike Davies.

☎ 01248 812157, 07483 827069

✉ dmikedmail@gmail.com

📍 The Iorwerth Rowlands Centre
Steeple Lane
Beaumaris
LL58 8AE

- **Beaumaris Singing For Pleasure Group:** do you want to:
 - o Improve your memory?
 - o Relieve stress and anxiety?
 - o Boost your immune system?
 - o Improve your lung function?
 - o Uplift your mood?
 - o Make new friends?

...and, most importantly, have fun?

If the answer's YES, join us at the
Iorwerth Rowlands Centre on
Mondays, 11.00am-12.00 noon.

£2.50 per session, including tea,
coffee, biscuits. New members will
be very welcome!

For more information, please contact
Mike Davies

☎ 01248 812157, 07483 827069

✉ dmikedmail@gmail.com

📍 The Iorwerth Rowlands Centre
Steeple Lane
Beaumaris
LL58 8AE

- **Seindorf Beaumaris Band events:**
Seindorf Beaumaris Band has been
at the forefront of local music-making
for over a century.

We will be holding our annual
Christmas Concerts at the Canolfan,
Beaumaris, on Friday/Saturday 5/6
December.

- o **The Snowman:** we're pleased to
announce that our Senior Band
will also be performing *The
Snowman* on the Saturday at
2.00pm, with the much-loved film
being shown in the background!

Get your tickets directly from the
Canolfan in November: book
early to avoid disappointment!

Follow our activities by keeping an
eye on social media and local
noticeboards.

📧 Seindorf Beaumaris Band
Canolfan Gerdd
New Street
Beaumaris
Anglesey
LL58 8EL

✉ post@beaumarisband.org.uk

📧 Seindorf Beaumaris Band
www.beaumarisband.org.uk

📧 Seindorf Beaumaris Band
www.facebook.com/beaumarisband/

See also page 19.



- **Beaumaris Film Night:** put the first
Thursday of every month in your
diary! Have a look below at what's
coming in the next three months.

Refreshments are available from
7.00pm; the film starts at 7.30pm.
Tickets are still just £5 each and are
available in advance from reception,
or telephone to book.

☎ 01248 811200

Volunteers are always welcome;

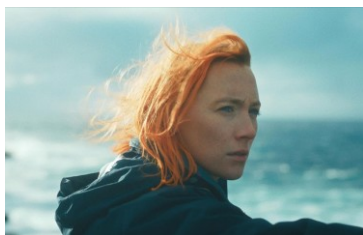
www.seiriolalliance.co.uk/newsletters/

please contact Stephen Marsden for more information.

☎ 07774 699685

Put these dates in your diary...

- **6 November:** *The Outrun* (2024), starring Saoirse Ronan, Paapa Essiedu, Nabil Habi.



After living life on the edge in London, Rona attempts to come to terms with her troubled past. Hoping to heal, she returns to the wild beauty of the Orkney Islands where she grew up. (1h 58m; 15)

- **4 December:** *Mr Burton* (2025), starring Toby Jones, Harry Lawtey, Lesley Manville.



The story of a wild schoolboy and a teacher who recognised his talent: a moving story of how Rich Jenkins became Richard Burton, the biggest star Wales has ever produced. (2h 4m; 12A)

Films for January 2026 onwards had not been decided as we went to print, so keep an eye on social media and noticeboards.

- **Clwb Bowlio Beaumaris Bowling Club:** Clwb Bowlio Beaumaris Bowling Club fielded eight teams last year, in five different Leagues.

We would like to welcome new members, young or old, male or female.

The Club is at Happy Valley, by the beautiful Beaumaris Castle.

For more information and/or a taster session please contact Dave Mathias, Secretary.

✉ davemathias49@gmail.com

☎ 07712 121147

📄 Beaumaris Bowling Club
<https://beaumarisbowlingclub.yolasite.com/>

📄 Beaumaris Bowling Club
www.facebook.com/people/Beaumaris-Bowling-Club/100063490482942/

- **Canolfan Hamdden Beaumaris Leisure Centre:** There's so much happening at the Canolfan!

Read more about it on pages 16-17.

📄 Canolfan Hamdden Beaumaris Leisure Centre
Rating Row
Beaumaris
Anglesey
LL58 8AL

☎ 01248 811200

✉ enquiries@canolfanbeaumaris.org.uk

📄 Canolfan Beaumaris
www.canolfanbeaumaris.org.uk/



- **Seiriol Good Turn Scheme:** if you live in the Seiriol Ward area (Beaumaris, Glanrafon, Llandegfan, Llanddona, Llanfaes, Llangoed, Llansadwrn and Penmon) the Seiriol Good Turn Scheme may be able to help you.

The services offered by the Scheme are provided by volunteers, and offer help to any person living in the Seiriol Ward who, due to illness, incapacity or some other need, may benefit from the help that is available.

If you feel that the Scheme could help you please telephone us and we will arrange a home visit to discuss your needs.

☎ 01248 305014
Monday-Friday,
9.00am-5.00pm

Turn to page 27 for the latest news on the Community Minibus Service.



- **Dancing at the Canolfan!** Want to learn to dance? You can dance but want to improve?

Come along to Caroline's friendly classes at Canolfan Hamdden Beaumaris on Fridays, 7.00pm-9.00pm; everybody welcome.

☎ 01248 811200

✉ enquiries@canolfanbeaumaris.org.uk

- **RNLI: volunteers wanted!** The RNLI is working hard to make itself inclusive, with the Fundraising Team, shop helpers and crews all working together as a team. We'd welcome anyone who would like to volunteer in any capacity.

If you're interested do call in at the RNLI shop at the boathouse or telephone Valary Wakefield on 01248 811375.

Keep a lookout for notices in Beaumaris, and check Facebook regularly.

📄 Beaumaris RNLI Lifeboat
www.facebook.com/beaumaris.rnli.lifeboat/

📄 Find my nearest lifeboat station
<https://rnli.org/find-my-nearest/lifeboat-stations>



Lifeboats

- **Beaumaris Makers Market:** Castle Square, Beaumaris LL58 8AL (in front of the Castle Court Hotel, adjacent to the castle).
📄 Beaumaris Makers Market
www.facebook.com/beaumarismakersmarket/
- **Beaumaris Artisan Market:** Rating Row, Beaumaris LL58 8AP (in front of the David Hughes Community Centre).
📄 Beaumaris Artisan Market
<https://beaumarisartisanmarket.blogspot.com>
✉ beaumariswelshartisanmarket@outlook.com
- **Beaumaris Winterfest 2025:** Saturday 29 November-Sunday 4 January (excluding Christmas Day), featuring:
 - Opening Ceremony ♦: Town Parade led by Father Christmas and Beaumaris's Town Mayor, Stan Zalot,
 - The Castle Players in 'Jack and the Beanstalk',
 - The Wiltshire Caledonian Pipes & drums,
 - The switching-on of the Christmas Lights ♦,
 - Anglesey's first illuminated Christmas light drone display ♦.♦ 29 November only

Beaumaris will be transformed into a Dickensian Christmas wonderland, with a Christmas Village, a Christmas Ice Rink, Curling Lanes and a Christmas market. Don't miss it!

Contact Beaumaris Town Council's Events Team for more information:

☎ 01248 810317

✉ info@beaumaristowncouncil.gov.uk



Gwalchmai

- **Eisteddfod Genedlaethol yr Urdd 2026/the Urdd National Eisteddfod 2026: Saturday 23 May-Friday 29 May**, Anglesey Showground, Gwalchmai.

The last time Eisteddfod yr Urdd crossed the bridge to Ynys Môn was in 2004, so the Urdd is looking forward to returning.

In addition to the competing, there will be exciting exhibitions and activities, and performance stages with dancers, live bands and groups entertaining every day.

Anglesey Showground
Holyhead Road
Gwalchmai
Anglesey
LL65 4RW

Contact us
www.urdd.cymru/cy/contact_us/

Eisteddfod yr Urdd Ynys Môn
2026: 23-29 Mai/May 2026
www.urdd.cymru/cy/eisteddfod/mon-2026/
www.urdd.cymru/en/eisteddfod/mon-2026/

Syllabus: Eisteddfod yr Urdd
www.urdd.cymru/files/4917/5794/1684/SYLL2026-003_1.pdf

See also page XX.



Holyhead

- **Canolfan Ucheldre Centre:** Holyhead may be 'over there' on the other side of Anglesey, but Canolfan Ucheldre Centre has a lot to offer the residents of Anglesey and those further afield.

Ucheldre is a leading performing and visual arts centre housed in a former convent chapel that sits within its own grounds and gardens.

Find out about what's happening at Canolfan Ucheldre Centre via the links below.

Canolfan Ucheldre Centre
Millbank
Holyhead
Anglesey
LL65 1TE

Monday-Saturday
10.00am-5.00pm
Sunday
2.00pm-5.00pm

☎ 01407 763361

✉ box@ucheldre.org

Ucheldre
<https://ucheldre.org>

Ucheldre Holyhead
www.facebook.com/ucheldre.holyhead/



Llanddona

- **Neuadd Bentref Llanddona Village Hall:** we are a small and dedicated group of Committee Members and volunteers. We would love to welcome more people on board!

The Hall is available for hire. Please contact us if you would like more information or to make a booking.

✉ secretary@neuaddbentrefllanddona.co.uk

☎ 07733 176004, 07768 018370

Neuadd Bentref Llanddona
Village Hall
Llanddona
Anglesey
LL58 8TS

Neuadd Bentref Llanddona
Village Hall
www.facebook.com/llanddonavillagehall/

Cymuned Llanddona Community
www.facebook.com/groups/llanddona/

VH indicates that the event is at Neuadd Bentref Llanddona Village Hall.

Be sure to keep your eye on social media, notice boards and **The Puffin** for updates, and see page 26.



- **Caffi Ni:** every Friday, 11.45am-2.00pm (VH).

Come and enjoy a home-cooked two-course meal and a drink in a relaxed and friendly atmosphere for only £9 per person.

A special roast dinner and dessert are available on the first Friday of every month.

All food is freshly prepared on the premises by volunteers.

Booking is advisable; please telephone Pat on 07768 018370.

- **Paned a Sgwrs:** every Tuesday, 2.00pm-3.00pm (VH).

Improve your Welsh-speaking skills with this small, friendly group over a complimentary paned/cuppa and biscuits.

Welsh speakers of all levels are welcome.

Sessions are informal so that people

can drop in for a quick chat or stay for the full session if preferred.

For more information contact Gill Vaughan or Sheila Healey.

☎ Gill Vaughan 07925 184476
Sheila Healey 01248 810619



- **Gong Bath:** the first Tuesday of the month, starting at 7.00pm (VH).

It's relaxation and meditation through sound... Lying on a mat, you close your eyes and relax for an hour whilst being bathed in powerful sound waves.

Please contact me, Steph Healy, for more information or to book a place.

☎ 07534 118899

✉ pure.sound@outlook.com

- **Dru Yoga:** every Thursday, 9.30am-10.30am with Saroj (VH).

A gentle form of yoga involving a lot of stretching; can be done whilst sitting on a chair if needed.

Dru Yoga is suitable for beginners and advanced practioners.

All are welcome: £5.00 per session.

- **Clwb Ffermwyr Ifanc Llangoed/ Llangoed Young Farmers Club:** meets every Monday, 7.45pm (in Llanddona, not in Llangoed) (VH).

Wales Federation of Young Farmers Clubs
<https://yfc.wales>



- **Llanddona Writing Group:** thinking of a family memoir, or short story, or just the chance to do a little writing alongside friends?

We meet every three weeks on a Friday at 11.00am (VH).

We enjoy hearing from and encouraging each other, and maybe having a try at something new.

Why not come along and see...

If you'd like to know more, please contact Stephen Marsden.

☎ 07774 699685.

See also page 12.



- **Llanddona Table Tennis Group:** we are a friendly social table tennis group who play every Monday, 10.00am-12.00 noon (VH). We welcome new players of any ability.

www.seiriolalliance.co.uk/newsletters/

There are usually around 12 players of mixed abilities and roughly equal numbers of men and women. We have three tables and have bats and balls that everyone can use.

We play for most of the two hours, but do stop for tea/coffee halfway through.

Please contact Mark Simpson if you're interested or have any questions.

✉ markjsimpson@hotmail.com

☎ 07785 762580



- **Nifty 60s:** every Wednesday, 10.00am-11.00am (VH). Come and improve your core strength, flexibility, balance, mental and physical strength and mental wellbeing.

- This successful class aims to reduce slips, trips and falls.

Begin your journey to a better version of yourself for only £2.00 per session. There's no need to book: just show up!

- **Happy Hound Gang:** every Monday, 1.00pm-7.00pm (VH).

Puppy and dog training and socialisation, including dealing with problematic behavioural issues.

Booking a slot is essential; please contact Laura Sutton:

☎ 07588 651597

✉ laura@happyhoundgang.co.uk

- **Bingo:** Will restart soon with doors usually open at 6.30pm (VH). £2.00 entry, food and bar available. For more information contact Miriam Williams:

☎ 07733 176004

- **Numeracy & IT Skills:** this will start soon; dates have yet to be arranged (VH).

For more information contact Paul Gash:

☎ 07714 017886

✉ paul.gash@me.com

- **Mindfulness:** this will start soon; dates have yet to be arranged (VH). For more information contact Miriam Williams:

☎ 07733 176004

- **Halloween 2025:** Friday 24 October, 5.00pm-7.00pm (VH). This year's event will include the usual high jinks, fancy dress, bar and snacks.

There's no need to book; just turn up in your finest witchery and as many kids as you can muster!

puffinpages@gmail.com

- **Christmas Fayre:** Saturday 22 November, 10.00am-2.00pm (VH). Come and enjoy all the usual festivities, with many local festive offerings, tea, refreshments, food and goodies. Free entry.

- **Wreath-making:** Saturday 29 November, from 9.30am (VH). This event is back by popular demand, with tea and goodies afterwards.

£40 per person; phone Pat to book:

☎ 07768 018370

Sul y Cofio 2025

Mae Sul y Cofio yn gyfle i gofio'r gwasanaeth a'r aberth a wnaed gan bawb sydd wedi amddiffyn ein rhyddid ac wedi diogelu ein ffordd o fyw.

Bydd Gwasanaeth Coffa ar ddydd Sul 9 Tachwedd, am 2.00yp, wrth y Gofeb Ryfel, Capel Peniel, Llanddona.



Remembrance Sunday 2025

Remembrance Sunday is an opportunity to remember the service and sacrifice of all those who have defended our freedoms and protected our way of life.

There will be a Memorial Service on Sunday 9 November, 2.00pm, at the War Memorial, Capel Peniel, Llanddona.

- **Christmas Dinner:** Friday 12 December, 12.00 noon-2.00pm (VH). The 'full works', including bar. It's almost fully booked already, so be sure to telephone Pat to secure one of the remaining places:

☎ 07768 018370

- **Table-Top Yule:** Friday 19 December, 6.00pm-8.00pm (VH). The ever-popular sale is back, with loads of Christmas decorations and you-name-it on sale.

£10 at the the door, to include mulled wine and bara brith, and the traditional raffle.

- **Village Knit Club:** every Monday at yr Owain Glyndŵr, at 7.15pm... looking forward to seeing you all!

For more information contact Meg Marsden.

☎ 07913 223435

- **Yr Owain Glyndŵr:** Community Pub Hero Award Winner 2024!

Contact us for information about what's on.

☎ 01248 810710

☎ Yr Owain Glyndŵr
Llanddona
Anglesey
LL58 8UF

✉ contact@ogdllanddona.co.uk

☎ Cymuned Llanddona Community
www.facebook.com/groups/llanddona/

Llanfairpwll

- **Marquess of Anglesey's Column:** Climb the column's 115 steps for spectacular views over Anglesey, the Menai Strait and Snowdonia.

✉ post@angleseycolumn.org

☎ 07748 807402

☎ Tŵr Marcwis/Anglesey Column
www.angleseycolumn.com

☎ Marquess of Anglesey's Column
Parc Tŵr
Llanfairpwll
Anglesey
LL61 5NJ

☎ Marquess of Anglesey's Column
https://en.wikipedia.org/wiki/Marquess_of_Anglesey%27s_Column



Llangefni

- **Oriel Môn:** Llangefni is another place that's not on our immediate doorstep. Like Holyhead's Canolfan Ucheldre Centre, though, it has a lot to offer the residents of Anglesey and those further afield.

Oriel Môn is a museum and art gallery, and Oriel Kyffin offers exhibitions of national and international significance.

Find out about what's happening via the links below.

☎ Oriel Môn
Rhosmeirch
Llangefni
Anglesey
LL77 7TQ

Opening times:

Tuesday-Sunday
10.00am-5.00pm

☎ 01248 724444

✉ orielynysmon@anglesey.gov.uk

☎ Oriel Môn
www.orielmon.org/

☎ Oriel Môn
www.facebook.com/orielmon/



ORIEL MÔN

Llangoed

- **Neuadd Bentref Llangoed Village Hall:** built in 1910, Neuadd Bentref Llangoed Village Hall has been a central gathering point for the community for over 115 years.

Run entirely by volunteers, the Hall hosts a wide range of events, including concerts, wellbeing classes, workshops, children's playgroups, and now, a vibrant cinema programme.

It is available for parties, functions and weddings.

Please contact us for more information or to make a booking.

✉ info@llangoedvillagehall.com

Visit our website and Facebook page for more details.

🌐 www.llangoedvillagehall.com

🌐 www.facebook.com/llangoed.villagehall

🌐 www.instagram.com/llangoedvillagehall

Sign up for our newsletter!

🌐 www.llangoedvillagehall.com/subscribe

VH indicates that the event is at Neuadd Bentref Llangoed Village Hall.

Be sure to keep your eye on social media, notice boards and **The Puffin** for updates.



Regular events (VH):

- **Yoga:** Mondays, 6.30pm-7.45pm.
✉ emilykyleyoga@gmail.com
- **Pilates:** Tuesdays, 9.30am-10.30am.
✉ andreacross@hotmail.co.uk

- **Clog dancing:** Tuesdays, 7.30pm-8.00pm.
✉ info@llangoedvillagehall.com

- **Latin Line Dance:** Tuesdays, 7.00pm-9.00pm.
✉ info@llangoedvillagehall.com

- **Sinema Llangoed:** third Friday of every month: doors open at 7.00pm, film starts at 7.30pm.

Join our monthly film club at Sinema Llangoed! We present a carefully selected variety of Welsh-language films, historical classics and contemporary documentaries.

Visit our website to see the film programme and to purchase tickets.

🌐 Events at the Hall
www.llangoedvillagehall.com/events

Gwasanaethau Nadolig 2025 🌟



Biwmares

S Fair & S Nicolas

- **7 Rhagfyr**, 11.00yb: Gwasanaeth Teulu Arbennig: Dathlu S Nicolas
- **16 Rhagfyr**, 6.00yp: Gwasanaeth Carolau Teulu gyda'r Seindorf Band Biwmares a Ysgolion
- **21 Rhagfyr**, 11.00yb: Gwasanaeth Carolau
- **24 Rhagfyr**, 3.00yp: Gwasanaeth Cwt Nadolig
- **24 Rhagfyr**, 11.00yn: Mäs Hanner Nos
- **25 Rhagfyr**, 11.00yb: Cymun Bendigaid y Nadolig a Charolau

Llanddona

S Dona

- **21 Rhagfyr**, 9.30yb: Gwasanaeth Carolau

Llanfihangel Din Silwy

S Mihangel

- **7 Rhagfyr**, 3.00yp: Gwasanaeth Carolau Canhwyl

Llangoed

S Cawrdaf

- **14 Rhagfyr**, 9.30yb: Gwasanaeth Carolau
- **24 Rhagfyr**, 8.00yn: Cymun Bendigaid Noswyl y Nadolig a Charolau

Llangoed

Neuadd Bentref Llangoed Village Hall

- **14 Rhagfyr**, 2.00yp: Carolau Caffi

Llaniestyn

S Iestyn

- **25 Rhagfyr**, 9.30yb: Cymun Bendigaid y Nadolig a Charolau

Penmon

S Seiriol

- **21 Rhagfyr**, 9.30yb: Gwasanaeth Carolau
- **25 Rhagfyr**, 9.30yb: Cymun Bendigaid y Nadolig a Charolau



Christmas Services 2025



Beaumaris

St Mary & St Nicholas

- **7 December**, 11.00am: Special Family Service: Celebrating St Nicholas
- **16 December**, 6.00pm: Family Carol Service with Seindorf Beaumaris Band and Schools
- **21 December**, 11.00am: Carol Service
- **24 December**, 3.00pm: Christmas Crib Service
- **24 December**, 11.00pm: Midnight Mass
- **25 December**, 11.00am: Christmas Day Holy Communion and Carols

Llanddona

St Dona

- **21 December**, 9.30am: Carol Service

Llanfihangel Din Silwy

St Michael

- **7 December**, 3.00pm: Candlelit Carol Service

Llangoed

St Cawrdaf

- **14 December**, 9.30am: Carol Service
- **24 December**, 8.00pm: Christmas Eve Holy Communion and Carols

Llangoed

Neuadd Bentref Llangoed Village Hall

- **14 December**, 2.00pm: Café Carols

Llaniestyn

St Iestyn

- **25 December**, 9.30am: Christmas Day Holy Communion and Carols

Penmon

St Seiriol

- **21 December**, 9.30am: Carol Service
- **25 December**, 9.30am: Christmas Day Holy Communion and Carols



- **Citizens Advice + Gwreiddiau Môn Roots:** third Friday of every month, 9.30am-11.30am.

The Gwreiddiau Môn Roots project provides a range of services with its partners that aim to prevent homelessness and address the stigma and prejudice that homeless people face.



- **Library Bus:** third Friday of every month, 10.30am-11.30am.



Other events (VH):

- **Ben Creighton Griffiths Jazz Trio:** Saturday 22 November: doors open at 7.00pm, music starts at 7.30pm. Tickets £10.

Come and relive the era of swing with harp, bass and guitar. Experience swing classics, Django standards and Bossa Nova during this exciting performance from three excellent musicians based in South Wales.

Ben Creighton Griffiths Jazz Trio
www.llangoedvillagehall.com/events/ben-creighton-griffiths-jazz-trio

- **Basket Weaving:** Saturday/Sunday, 22/23 November, 9.30am-4.30pm. Join Maggie Evans on this two-day course! You'll learn to weave a traditional round shopping basket using the stake-and-strand technique.

Basket Weaving - Gwehyddu Basged
www.llangoedvillagehall.com/events/basket-weaving-november

- **Llangoed WI:** we meet on the first Wednesday of the month in Neuadd Bentref Llangoed Village Hall; meetings begin at 2.00pm.

We're a lively group of mixed ages, so, ladies, do feel welcome to join us.

Please contact our Secretary, Catherine Sproston, for more information.

☎ 07900 382200

See also page 24.



- **Camau Bach:** Llangoed Village Hall, every Friday during term-time, 9.30am-11.00am: for children and

puffinpages@gmail.com

their carers.

☎ Rev Lesley Rendle 07817 873080

- **Llangoed Knitting Club:** we meet at the Pont y Brenin Hub on the third Monday of the month, 2.00pm-4.00pm. If you'd like to join us, contact:

Elizabeth Roberts
Bodwyn
Llangoed
LL58 8NP

- **Seiriol Men's Shed:** we're a busy and active group, and meet on Tuesdays and Thursdays, 10.00am-1.00pm, in our workshop adjacent to Haulfre Residential Home, Llangoed.

From the direction of Beaumaris:

- Go through Llangoed, past Morrisons Daily on the right, and down the hill
- Go over the little bridge over the stream at the bottom and up the hill for about 200 yards
- Turn right at the *Gerddi Haulfre Gardens* sign into the Haulfre Residential Home car park and walk down the slope (to the right if you're facing Haulfre) towards the gardens
- Our premises are very close; our workshop is on the left, and our other premises are on the right.

Please park thoughtfully; the car park is used by others as well.

For more information, or if you'd like to join us, please contact:

☎ Steve Jones 07368 219048

✉ mensshedseiriol@gmail.com

Seiriol Men's Shed
The Flat
Gerddi Haulfre
Llangoed
LL58 8RY

Seiriol Men's Shed
www.facebook.com/profile.php?id=61564967474652

See also page 28.



Eglwys Bro Seiriol Churches

- **Craft Open Day for Children and Families:** Saturday 29 November, 10.00am-4.00pm, Church of St Mary & St Nicholas, Beaumaris.

The day will also link in with other activities around the town being held at the Iorwerth Rowlands Centre (the Scouts will be providing hot dogs/soup and there will be various stalls run by community organisations), a Christmas Craft Fair at the Bulkeley Hotel (North

Wales Craftworkers), and other events throughout the weekend.

These Church events are free: everyone is welcome!

- **Christmas Services 2025:** there's a full list of Christmas Services in the Bro Seiriol area on page 10.

✉ huwbutler@churchinwales.org.org.uk

Arddal Weinidogaeth Bro Seiriol
Ministry Area
www.broseiriol.net

Eglwys Bro Seiriol Churches
www.facebook.com/BroSeiriol/



See also page 21.

Some useful services

Apologies! We're pressed for space in **The Puffin** 54, so this section has been left out. You'll find it in previous copies of **The Puffin**, in print or on-line at www.seiriolalliance.co.uk/newsletters/, and it'll reappear in **The Puffin** 55.

See also **STOP PRESS** on page 29.

CPD Llangoed FC: 200 goals for Wayne!

Richie Gregson

CPD Llangoed FC may not have got the result they wanted on 23 August, being defeated 2-1 very late on by Aberffraw, but there was cause for celebration for one player... Club legend Wayne Thomas scored in the game to net his 200th career goal for The Puffins.



Wayne Thomas in action
(Richie Gregson)

Having been at Tyddyn Paun since 2012-2013 (alongside a brief stint at Menai Tigers in 2015-2016, where he scored two goals), Thomas has been a star for Llangoed down the years.

During his time with the Club, he's won several honours, including the Dargie

and Elias Cups and the Car Boot Trophy, as well as earning promotion to the Gwynedd league under Managers Vinny Walker and Spud Thomas in 2016-2017.

Thomas's best goals return came when he netted 26 goals back in his debut season of 2012-2013. The 29-year-old already has 4 goals in 3 matches this season, too, and will be one to watch as Llangoed look to battle it out at the top of the North Wales Coast West Division One.

Eisteddfod Genedlaethol yr Urdd 2026 yn dod i Fôn! 🏴󠁧󠁢󠁥󠁮󠁧󠁿

Eirian Isfryn

Mae Eisteddfod Genedlaethol yr Urdd, gŵyl ieuencid fwyaf Ewrop yn dod i Fôn!

Bydd yn cael ei chynnal ar gae sioe Mona rhwng 25 Mai a 31 Mai 2026. Mae'n ddathliad unigryw a chyffrous o ddoniau ieuencid Cymru.

Daw plant, pobl ifanc, ysgolion a theuluoedd o bob cwr o Gymru a thu hwnt i gystadlu yn yr 378 o gystadlaethau a gynhelir yn yr ŵyl. Caiff plant lleol hefyd y cyfle i fod yn rhan o'r sioeau, prosiectau a digwyddiadau fydd yn arwain at yr Ŵyl.

Yn ogystal â'r cystadlu brwd, bydd arddangosfeydd a gweithgareddau cyffrous yn y GwyddonLe a'r babell Gelf a Chrefft, a llwyfannau berfformio gyda dawnswyr, bandiau byw a grwpiau yn diddanu trwy'r dydd, bob dydd.

Mae gweithgareddau'n cael eu cynnal i godi arian. Mae targed codi arian ardal Seiriol dros £30,000. Yn ogystal, mae amlenni cyfrannu ar gael ac os hoffech dderbyn un, holwch am un drwy WhatsApp neu neges destun gan adael eich enw a chyfeiriad i ni gael danfon un atoch.

☎ 07708 039469

📧 Contact us

www.urdd.cymru/cy/contact_us/

📅 Eisteddfod yr Urdd Ynys Môn 2026: 23-29 May 2026

www.urdd.cymru/en/eisteddfod/mon-2026/

📖 Syllabus: Eisteddfod yr Urdd

www.urdd.cymru/files/4917/5794/1684/SYLL2026-003_1.pdf



The Urdd National Eisteddfod 2026 is coming to Anglesey!

Eirian Isfryn

The Urdd National Eisteddfod, Europe's biggest youth festival, is coming to Anglesey!

It will be held on the Mona Showground

The Puffin 54 • November 2025

between 25 May and 31 May 2026. It's an unique and exciting celebration of the talents of our youth in Wales.

Children, young people, schools and families come from all over Wales and beyond to compete in the 378 competitions held at the festival. Local children will also have the opportunity to be part of the shows, projects and events that will lead up to the Festival.

In addition to the competing, there will be exciting exhibitions and activities in the GwyddonLe and the Art and Craft tent, and performance stages with dancers, live bands and groups entertaining all day, every day.

Money raising events are being held locally to raise money. The target for the Seiriol area is more than £30,000. There are also contribution envelopes available. If you wish to receive one please WhatsApp or text us, leaving your name and address so that we can deliver one to you.

☎ 07708 039469

📧 Contact us

www.urdd.cymru/cy/contact_us/

📅 Eisteddfod yr Urdd Ynys Môn 2026: 23-29 May 2026

www.urdd.cymru/en/eisteddfod/mon-2026/

📖 Syllabus: Eisteddfod yr Urdd

www.urdd.cymru/files/4917/5794/1684/SYLL2026-003_1.pdf

Wild at Heart: a Gŵyl Anglesey Writing Festival prizewinner!

Debbie Oulton

Congratulations, Debbie Oulton! Debbie, a resident of Llanddona, has won first prize in this year's Gŵyl Anglesey Writing Festival competition. Debbie is a member of the Llanddona Writing Group, which meets every month at Neuadd Bentref Llanddona Village Hall to encourage and support all kinds of writing.

The competition's brief was to write a piece of Flash Fiction and the theme was 'Wild'. As well as a cash prize, Debbie's story 'Wild at Heart' will be published on the Gŵyl Anglesey Writing Festival website in the near future, and **The Puffin** is pleased to feature it below.

♦ ♦ ♦

He has the most beautiful eyes; sometimes soft and emerald green, at others hard and black as coal. Right now, they are impossible to describe. The fullness of the Strawberry Moon is reflected in them as he raises his head and savours the fresh night air, his entire being tingling with expectation.

It's midnight... his favourite time... the killing time.

Cocooned in his safe place, he has slept away the day, hidden from curious eyes

and free from distraction. But as dusk creeps in and shadows lengthen, he anticipates nightfall and the opportunities that darkness affords.

Stretching out sleepy muscles like an athlete preparing for a race, he flexes both body and mind and surveys the scene in front of him. Tall trees and long grass provide the perfect cover, whilst lofty buildings, distorted by the half-light, loom up from the ground and counsel caution. He moves on, silent and alert, straining for sound, scanning for danger.

Then, like a dreamer catapulted from a nightmare, all his senses awoken at once. Shades of grey sharpen as his vision becomes crystal clear. His body sizzles from tiny electric shocks sparked by rough grass, reaching out for him as he lopes past. The sounds of the night are music to his ears and the summer breeze carries the enticing aroma of prey.

His progress through the long grass is fluid, almost sensual, with a beauty and grace that belies his malicious intent. The darkness holds no fear for him – the night is young and adventures lie ahead.

Soft sound, half-heard, captures his full attention. He tenses, frozen to the spot, all-seeing eyes awash with moonlight. In slow motion, he creeps forward – just a little – and sinks to the ground, watching and waiting with a patience born of expertise and countless hours of practice. Time stands still as hunter and hunted are locked in hushed, deadly conflict. The game is on.

The swaying of a single blade of grass is all it takes and he launches himself in the direction of that movement, springing into the air with athletic grace and pounding back down again with savage ferocity. The cracking of bone and the venal tang of blood on his tongue is his reward for pinpoint accuracy. He is a consummate hunter, impelled by a carnal instinct embedded centuries ago in his DNA, and this is what he was born to do.

He is careful not to inflict the killer blow too early, just breaking a limb or two, prolonging that sweet sensation of complete and utter power. He lifts the carcass and tosses it into the air. Feeble attempts at escape are met with fresh torments, and he watches with a detached fascination, toying with his quarry until the last breath is drawn and the game is over.

With no more fun to be had, he retraces his steps, heading for home, where a good meal and a warm bed await him. But first he must play another game, and there she is, sitting alone by the fire, all softness and familiar smells.

With a greeting reserved just for her, he nuzzles himself against her and in return, she strokes him gently, kissing

www.seiriolalliance.co.uk/newsletters/

him on the nose. Rolling onto his back, he gazes into her eyes, feigning innocence and invites a tummy rub, then rewards his human plaything with his very best purr.

📧 Gŵyl Anglesey Writing Festival
<https://gwylangleseyfestival.uk/>

📍 Llanddona
📖 Writing
👥 Group

Wellness: embracing the season

Patricia Lennan

The mellow beauty of autumn, in all its fecundity and fruitfulness, eases us gently into the bleaker season of winter. As many trees shed their colourful leaves to conserve energy and nutrients for survival during the colder months, we too can notice changes in our bodies and minds.

Some welcome the cosiness of darker nights, huddling up by a warm fire, shutting out the world, and enjoying tasty, hot, comforting food. Many people, though, feel the pressure of extra bills for heating, and some may worry about illness and the exacerbation of existing health conditions.

Although life is not necessarily as perilous as it was for our ancestors, there can still be challenges to overcome.

Seasonal affective disorder (SAD) is now a recognised condition causing depression, which also impacts mood, energy levels and sleep patterns, including feeling lethargic and sleepy during the day. Treatments can include light therapy, cognitive behavioural therapy and some lifestyle adjustments. Of course, if you are concerned, it is important to seek medical advice. For mild symptoms, getting as much natural daylight can help, together with regular exercise, walking in nature, stress management and a good diet, as craving carbohydrates can be a symptom of SAD. Getting plenty of rest and relaxation is as important as keeping active and involved in activities.

Nourishing the body nourishes the mind and emotions, too. Animals and plants instinctively adjust some of their functions and habits according to the seasons.

Unlike our ancestors, we have lost the ability to do that in the modern world. Of course, we don't have the luxury of

hibernating, not for long anyway, but wouldn't it be beneficial for us if we tuned into our instinctive feelings more? For example, feeling what our bodies really need, resting when we need it, gifting ourselves a therapy treatment, meditating, or even drinking our morning coffee outside to absorb maximum light before the nights draw in more.

With Halloween (Samhain, in the Celtic tradition) just behind us, we are midway between the equinox (Mabon) and Yuletide.

Many cultures remember and honour their ancestors at this time and celebrate, giving positive value to the idea of going

help flush out bacteria from lungs and airways.

Essential oils, too, have anti-viral and anti-bacterial properties. Burning uplifting and anti-viral oils such as eucalyptus, lavender, frankincense or lemon in an oil burner with a small amount of water can clear the atmosphere and evoke feelings of calm. Add 5-10 drops of one, or a combination of any, to two teaspoons of water. Always be careful to follow health and safety advice.

The team at the Seiriol Wellness Centre, Beaumaris, can offer a range of therapies to enhance your health and

fitness during this coming season.

📧 Canolfan Lles Seiriol
Wellness Centre
www.seiriolwellnesscentre.co.uk



Chess and music

Fianchetto 66

I recently spent a very pleasant evening with an old school friend of mine who happens to be a Fellow of the Royal Northern College of Music.

During our ramblings we touched on the subject of the connections between chess and music. Far from dismissing the notion, he felt that in his opinion there could well be similarities between the creation of repeated musical motifs and the thought processes that take place in a game of chess where pattern recognition is an essential skill.

We were not the first, though, to suggest this; the internet is full of articles that refer to it. What intrigued me during my on-line meanderings, though, was the number of prominent musicians who were also half-decent chess players. It would be exhausting to list them all, but I've included some of my favourites below.

In the 18th century François-André Danican Philidor was a French musician of note, composing for Louis XV amongst others. He is remembered best these days, however, as the strongest chess player of his era and one of the earliest to master playing the game blindfold. The first known blindfold chess event in Europe took place in Florence in 1266. In 1783,

(continued on page 15)

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Jenny Oakenfull
Pain Management Coach
<https://active-eat.co.uk>

ActiveEat Active_Eat

into the dark. The remnants of many folk customs indicate the importance of human interconnectedness with nature, the ebb and flow of the seasons.

The strands of these customs are being reclaimed by some and woven into the cycle of life, death and renewal of which we are all part, and which can be seen all around us, especially in this area of outstanding beauty.

However autumn and winter affect you personally, keeping your immune system healthy is a top priority to enjoy the fun times and cope with the difficult ones of the season. As we know, getting an adequate amount of vitamin D and C is important. Exercise and body therapies can release endorphins, boost levels of infection-fighting white blood cells and



Snowdonia Physiotherapy

A new physiotherapy clinic in Beaumaris with Denry Aal, Chartered Physiotherapist



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WELLNESS CENTRE



- Muscle and Joint Pain
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- Tendon Problems
- Arthritis
- Sports Injuries
- Work-Related Injuries
- Rehabilitation following Orthopaedic Surgery, Fractures and Joint Replacements

Get in touch to see how we can help:

07900 339605

Seiriol Wellness Centre,
Beaumaris Library, LL58 8AL

snowdoniaphysiotherapy.co.uk



The Chartered Society of Physiotherapy is the professional, educational and trade union body for the UK's 65,000 chartered physiotherapists, physiotherapy students and assistants.

Denry Aal is registered with the Health & Care Professions Council (PH84906) and is a member of the Chartered Society of Physiotherapists.



Acupuncture

Vivien Shaw PhD Dip Ac MBAC

Vivien is a professional acupuncturist with over 30 years' experience. She specialises in helping with pain relief and anxiety disorders.

Call or email to see if acupuncture could help you

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Across

- 1 Uncontaminated (4)
 3 Accesses to locks (8)
 9 Stark (7)
 10 Cleverly funny (5)
 11 Card type (5)
 12 Muscle massage (6)
 14 Sophisticated evening party (2)
 16 Pudding? (6)
 19 Over (6)
 21 Very angry (5)
 24 Italian food (5)
 25 Scruffy (7)
 26 Name of a supermarket chain (no S) (8)
 27 Chances of a win? (4)

(from page 13)

Philidor demonstrated his ability to play up to three blindfold games simultaneously with great success, with newspapers highlighting his achievement; he had taught himself to visualise the board while in bed at night when he had trouble sleeping.



Philidor playing blindfolded at Parsloe's Chess Club in London in the 1780s (Blindfold Chess: The Book, www.blindfoldchess.net/excerpt, courtesy Edward Winter)

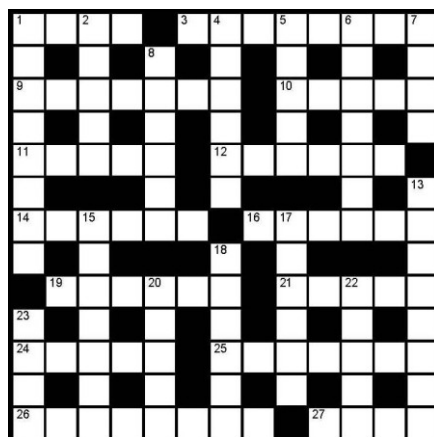
Sergei Sergeyevich Prokofiev, the early 20th century Russian composer, pianist and conductor, well known for "Peter and the Wolf", was an accomplished chess player, so accomplished, in fact, that he was able to beat (on occasion) the second and third world champions Emanuel Lasker and Jose Raul Capablanca.

Moving swiftly on to the second half of the 20th century, we find Yehudi Menuhin (Baron Menuhin), the American-born British violinist and conductor, known to many for his prolific output for EMI and frequent television appearances. He, too, was fond of the royal game and after a recital at the Paris Opera at the tender age of twelve, astounded the journalists in attendance by playing chess whilst being interviewed.

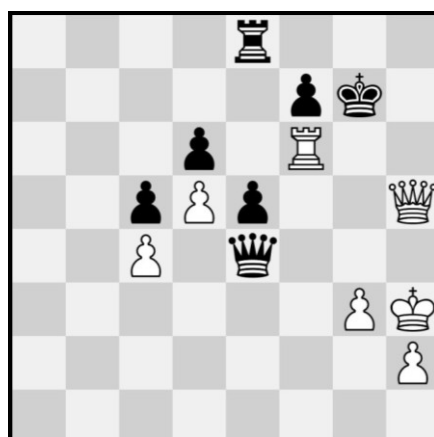
I could go on, but perhaps it's only right to reserve a paragraph for some of the more modern music legends who were significant players. John Lennon has to be included in this list, not only for his love of the game, but also for teaching Ringo how to play! Phil Lynott of Thin Lizzy was frequently pictured behind a chess board. Last, but by no means least, is Bjorn Ulvaeus of Abba who, in collaboration with fellow player Tim Rice, created "Chess". the hugely successful 1980s musical.

puffinpages@gmail.com

The Governor's Quick Crossword no 22



Fianchetto 66's Chess no 13



The solutions are on page 26.

For our puzzle this quarter I have turned to one of my own games played earlier this year that ended in intriguing style. The material position appears equal, but it is white to play and checkmate in three moves.

📖 François-André Danican Philidor
https://en.wikipedia.org/wiki/François-André_Danican_Philidor

📖 Blindfold chess
https://en.wikipedia.org/wiki/Blindfold_chess

📖 Sergei Sergeyevich Prokofiev
https://en.wikipedia.org/wiki/Sergei_Prokofiev

📖 Yehudi Menuhin
https://en.wikipedia.org/wiki/Yehudi_Menuhin

Anglesey criminals and transportation to Australia

Roger Vincent, "The Governor", Beaumaris Gaol

As a guide in the amazing Victorian gaol in Beaumaris for several years I have been investigating the sort of crimes for which local people were sentenced to a gaol term. My source of information was from the Anglesey Archives in Llangefni

Down

- 1 Rehearse (8)
 2 Person getting up? (5)
 4 Not subject to (6)
 5 American greeting (5)
 6 Toilet (7)
 7 Bean (4)
 8 Finalise a disagreement? (6)
 13 Fire-resistant material (8)
 15 Tooth (7)
 17 Energetic (6)
 18 Fake (6)
 20 African mammal (5)
 22 Dream (anag) (5)
 23 Processed meat (4)

who are so helpful if you are looking at historical documents of all kinds. My basic source was the beautifully leather-bound books of the Quarterly Magistrates' Records showing all the trials and convictions of trials held at Beaumaris Courthouse, another amazing museum here in town that is definitely worth a visit.

The Magistrates' records are bound in leather books for each year, divided up into the four quarters of the year: Epiphany, Easter, Midsummer and Michaelmas. Each quarter starts off with a list of the magistrates and court officials involved in the cases heard during the quarter, and continues, giving a brief description of the accused, the trial and the evidence submitted. In many cases this is quite sketchy and refers to other documents used in the trial. The verdicts in 99% of the cases are clearly stated, however, and it was of immense interest to me that some of the sentences seemed particularly harsh for what, on the face of it, were relatively minor crimes.

My intentions were, initially, to try to show visitors to the gaol what society in that period deemed as being criminal acts and to illustrate how punishments for similar crimes have changed through the last century and a half, but what I found was quite amazing.

Here are a couple of examples of crimes and punishments:

- One man was sentenced to seven days in gaol with hard labour. His crime was "Maliciously damaging six turnips belonging to Sir Richard Bulkeley".
- A woman was also sent to gaol for seven days with hard labour for "Allowing the soot in her chimney to catch fire". This, however seems a little more understandable as, if you didn't pay a sweep to clear your chimneys in a terraced house, the ensuing fire could spread through neighbouring attics and burn down several neighbours' houses; but why was it the *woman* of the household who was punished and not the man who was the head of the household?

(continued on page 18)



Newyddion

Yn ddiweddarach yn y flwyddyn byddwn yn lansio ein cyllid torfol i godi arian i gymryd lie ein portakabin fel y gall ein plant symud o'r gazebo ac fel y gall ein dosbarthiadau lles, fel ioga a philates symud allan o'r neuadd chwaraeon i ofod cynhesach.



Gweithgareddau Cymunedol

Dydd Llun/Monday

- 12.00 hanner dydd-12.30yp Clwb Bridge

Dydd Mawrth/Tuesday

- 10.00yb-12.00 hanner dydd Bore Coffi (llyfrgell)

Dydd Mercher/Wednesday

- 1.30yp-4.30yp Grŵp Celf
- 10.00yb-4.00yp Dosbarth clytwaith
- 1.00yp-3.30yp Dosbarth Technoleg Gwybodaeth i Ddechreuwy
- 2.00yp Scrabl

Dydd Iau/Thursday

- 10.00yb-11.30yb Grŵp Babanod
- 9.30yb-12.00 hanner dydd, 1.00yp-3.30yp Cyfrifiaduron i Ddechreuwy

Dydd Gwener/Friday

- 10.30yb-11.30yb Dysgwyr Cymraeg 'Chitchat'
- 1.30yp-3.30yp Crefftau Croeso Cynnes



Canolfan Beaumaris Rating Row Biwmares Ynys Môn LL58 8AL

ystatell ffitrwydd
chwaraeon
dosbarthiadau ffitrwydd
dosbarthiadau crefft
gweithgareddau plant ar ôl ysgol
arddangosfeydd celf
llogi beiciau
nosweithiau ffilm
adloniant
cerddoriaeth fyw
partion plant
rollerblading
ffeiriau hynafol
digwyddiadau
dawnsio
a llawer mwy!

Canolfan Wellness



Canolfan Lles Seiriol Seiriol Wellness Centre

Gan gynnwys dosbarthiadau ymarfer corff, tai chi, aciwbigo, ffisiotherapi, therapiâu holistig, ymwybyddiaeth ofalgar, osteopathi, tyllino chwaraeon.

Cysylltwch â ni os hoffech fwy o wybodaeth. Mae ein manylion yn cael eu rhoi isod.

Gwefan

I gael y wybodaeth ddiweddaraf am yr hyn sy'n digwydd, cofrestrwch i'n cylchlythyr misol.

Gweithgareddau Misol

- Dydd Iau 1^{af} y mis: 7.00yn Noson Ffilm
- Dydd Gwener 1^{af} y mis: 7.00yn Nosweithiau Cwis
- Dydd Gwener 2^{il} y mis: Bath Sain
- Dydd Sui 3^{ydd} y mis: Ffair Hen Bethau

Rhaglen Chwaraeon Sports Programme

Dydd Llun/Monday

- 4.00pm-4.45pm Footy Families, age 2-5
- 7.15pm-8.15pm Intergenerational Football, age 14+

Dydd Mawrth/Tuesday

- 9.15am-10.45am Social Pickleball
- 11.00am-12.00 noon Inclusive Sports Session: Cyngor Ynys Môn
- 4.00pm-4.45pm Gymnastics 4+ with Sarah
- 5.00pm-7.00pm Pickleball Adv'd Open Play ●
- 7.00pm-9.00pm Pickleball Adv'd Practice and Play ●

Dydd Mercher/Wednesday

- 4.00pm-4.45pm Gymnastics 4+ with Sarah
- 6.00pm-7.00pm Rollerblading with Tabby

Dydd Iau/Thursday

- 11.30am-1.30pm Adults' Pickleball
- 2.30pm-4pm Adults' Table Tennis
- 4.00pm-5.00pm Kids' Trampolining 4+ with Sarah
- 6.15pm-7.45pm Skateboarding with Tom

Dydd Gwener/Friday

- 9.45am-10.45am Adults' Walking Netball with Karen
- 2.30pm-3.30pm Pickleball Taster Session
- 2.30pm-6.30pm Pickleball Open Play ●
- 4.30pm-6.00pm Teenage Pickleball
- 5.30pm-6.30pm Pickleball Taster session ●

Dydd Sadwrn/Saturday

- 10.00am-11.15am Roller Disco: skates available

● booking essential

Dosbarthiadau Ffitrwydd Fitness Classes

Dydd Llun/Monday

- 9.30am-10.45am Yoga with Katie ●
- 11.00am-12.00 noon Yogalates with Katie
- 1.00pm-2.00pm Bodysculpt with Sam
- 2.30pm-3.30pm FABBS 65+ with Sam
- 5.30pm-6.30pm Bootcamp with Natalie
- 6.45pm-7.45pm Yoga with Andrea

Dydd Mawrth/Tuesday

- 9.30am-11.00am Tai chi with Phil ●
- 11.15am-12.15pm Falls prevention with Carol (NHS) ●
- 1.00pm-3.00pm Mindfulness with Annette
- 5.00pm-6.00pm Bodysculpt with Sam ●
- 6.00pm-7.00pm Adv'd step and abs with Sam ●

Dydd Mercher/Wednesday

- 11.00am-12.00 noon Joint strength circuit with Sam
- 1.00pm-2.00pm Pilates with Sam
- 5.40pm-6.40pm Spin with Arron ●
- 6.50pm-7.50pm Spin with Arron ●
- 8.00pm-8.30pm Assisted gym with Arron

Dydd Iau/Thursday

- 9.45am-11.15am Gentle yoga with Kath ●
- 1.30pm-2.30pm Pilates with Angie 07740 902125 ● ●
- 5.00pm-5.50pm Step and tone with Sam
- 6.00pm-7.00pm Bodysculpt with Sam ●

Dydd Gwener/Friday

- 11.30am-12.30pm Circuits with Sam
- 7.00pm-9.00pm Ballroom dance with Caroline

● Booking essential

● Not included in membership



Canolfan
Hamdden
Beaumaris

MORE THAN JUST A LEISURE CENTRE



News

Later on in the year we will be launching our crowdfunding appeal to raise money to replace our portakabin so that our children can move from the gazebo, and that our wellbeing classes such as Yoga and pilates can move out of the sports hall into a warmer space.



Community Activities

Monday/Dydd Llun

- 12.00 noon-12.30pm Bridge Club

Tuesday/Dydd Mawrth

- 10.00am-12.00 noon Coffee Morning (library)

Wednesday/Dydd Mercher

- 10.00am-4.00pm Patchwork Class
- 1.00pm-3.30pm IT Class for Beginners
- 2.00pm Scrabble

Thursday/Dydd Iau

- 10.00am-11.30am Baby Group
- 9.30am-12.00 noon, 1.00pm-3.30pm IT Class for Beginners

Friday/Dydd Gwener

- 10.30am-11.30am Welsh Learners 'Chitchat'
- 1.30pm-3.30pm Warm Welcome Crafts



Canolfan Beaumaris
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Biwmares
Ynys Môn
LL58 8AL

♦ ♦ ♦
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fitness classes
craft classes
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film nights
entertainment
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rollerblading
antiques fair
events
dancing
and much more!

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Seiriol Wellness Centre
Canolfan Lles Seiriol

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Contact us if you'd like more information. Our details are given below.

Website

To keep up-to-date with what's going on, sign up to our monthly newsletter.

Monthly Activities

- 1st Thursday of the month: 7.00pm Film Night
- 1st Friday of the month: 7.00pm Quiz Night
- 2nd Friday of the month: Sound Bath
- 3rd Sunday of the month: Antiques Fair

Sports Programme Rhaglen Chwaraeon

Monday/Dydd Llun

- 4.00pm-4.45pm Footy Families, age 2-5
- 7.15pm-8.15pm Intergenerational Football age 14+

Tuesday/Dydd Mawrth

- 9.15am-10.45am Social Pickleball
- 11.00am-12.00 noon Inclusive Sports Session: Isle of Anglesey County Council
- 4.00pm-4.45pm Gymnastics 4+ with Sarah
- 5.00pm-7.00pm Pickleball Adv'd Open Play ●
- 7.00pm-9.00pm Pickleball Adv'd Practice and Play ●

Wednesday/Dydd Mercher

- 4.00pm-4.45pm Gymnastics 4+ with Sarah
- 6.00pm-7.00pm Rollerblading with Tabby

Thursday/Dydd Iau

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- 2.30pm-4pm Adults' Table Tennis
- 4.00pm-5.00pm Kids' Trampoline 4+ with Sarah
- 6.15pm-7.45pm Skateboarding with Tom

Friday/Dydd Gwener

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- 2.30pm-6.30pm Pickleball Open Play ●
- 4.30pm-6.00pm Teenage Pickleball
- 5.30pm-6.30pm Pickleball Taster session ●

Saturday/Dydd Sadwrn

- 10.00am-11.15am Roller Disco: skates available

● booking essential

Fitness Classes Dosbarthiadau Ffitrwydd

Monday/Dydd Llun

- 9.30am-10.45am Yoga with Katie ●
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Wednesday/Dydd Mercher

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- 6.00pm-7.00pm Bodysculpt with Sam ●

Friday/Dydd Gwener

- 11.30am-12.30pm Circuits with Sam
- 7.00pm-9.00pm Ballroom with Caroline

● Booking essential

● Not included in membership

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(from page 15)

Perhaps in the Victorian mindset the woman was the house-keeper and so responsible for this activity... an example maybe of how our concept of society has changed over the years?

On continuing to glean more and more information on crime and punishments in the Victorian era I concentrated on trials heard between 1829 and 1878, the period during which Beaumaris Gaol was operational. It was a police station between 1878 and 1952, and a Mother and Baby Clinic (amongst other things) between 1952 and 1976, when it became the museum you see today.

During the periods I was investigating I kept coming across sentences for prisoners to be transported to Australia for periods of 7 years, 10 years, 15 years or for life. I was amazed that so many such sentences were given during this period and for the relatively minor crimes for which transportation was awarded.

My interest took me to a brilliant database run by the Tasmanian Library Service, which is free to access: <https://convictrecords.com.au>. By searching for terms such as *Beaumaris* or *Anglesey* I was able to build up a significant number of people who had been sentenced to transportation from the Courthouse here in Beaumaris. During my searches I had contact with some of the library staff in Tasmania and, when they found out that I was a volunteer guide in a gaol in the UK researching transportation, they put me in touch with a Professor Hamish Maxwell-Stewart at the University of New England in Tasmania who is, amongst other things, an eminent expert on the history of Australian culture. He is a Scotsman educated in Edinburgh who emigrated to Australia some years ago and who has become one (if not the) most distinguished academic of his field.

When Hamish found out what I was trying to research he awarded me "honorary" Australian citizenship which allowed me to access his enormous database free of charge which has helped immensely in my research. My involvement in this database was not just to retrieve information from it but to add information about the origins and histories of the transportees that ended up in Tasmania. This has provided much information on the background of these people which is, today, of immense importance to their descendants still residing in Australia.

In another important role, Hamish is generating a memorial to those people transported out there who were essentially the "builders" of the colony out there. They were the ones who built the roads, the railways, the mines, the

ports and dockyards and the factories. When all this infrastructure was complete the subsequent arrivals in Australia were not convicts but entrepreneurs, farmers, businessmen and others who had the infrastructure ready there for them to build on. The memorial which Hamish is creating will be in Hobart and will be a visual system that will illuminate the records of as many of the 165,000 people transported there with their names, crimes and sentences illuminated for today's generation to recognise their contribution to today's Australia.

As part of this illustrative concept Hamish and his team have used modern computer technology with AI technology to recreate the images of the transported people on the memorial in Hobart. Hamish has sought to find descendants of five of the prisoners that we know originated from Anglesey. Having found some, he has taken photographs of them and their families going back in time as far as they can. Using these photos and incorporating the physical descriptions of them written down on their arrival from England, the AI computer technology has produced images that, whilst not actual photographs, are as close to their real appearance as it is possible to create.

One "star" example of this is a young woman called Ann Williams. In March 1842 she was found guilty of housebreaking and the theft of 2 cotton gowns, 1 pair of stays, 1 silk handkerchief and other items of apparel. For this she was sentenced to ten years transportation to Tasmania (then called Van Diemens Land) where, on arrival, she was employed as a maid in the house of the Governor. She didn't last long as she was sacked for being absent without leave. She was transferred to another family, from which she was sacked for disobedience of orders and insolence. Unfortunately this trend continued for some time and she was eventually sacked eight times for a variety of similar offences. Her gaol report whilst in custody is as follows:

Gaol Report Whilst In Custody

29 June 1843 Absent without leave. Admonished and returned to the Governor.

3 August 1843 Now with Mrs Solomon. Disobedient of orders and insolence. Two months' probation and had to work on washtubs.

December 1843 Now with Stallard, misconduct in taking spirits into the house. Six days solitary confinement.

13 February 1844 Now with Sloan. Was absent day and night without leave given. Three months hard labour awarded.

9 July 1844 Now with Puncheon. Absconded – three months hard labour given.

3 October 1845 Now with Hudson. Misconduct in having a man couple with her on her master's premises. Given three months hard labour.

10 October 1845 Delivered of an illegitimate child on 29 December 1845.

12 May 1846 Improper conduct and insolence.

In 1852, after her sentence was up, she did not return to Wales. In order to do so she would have needed two things. The first would have been the fare to pay for her journey home and the second a certificate of good behaviour to show that she had learned her lesson. The latter would have been impossible, of course, given her gaol record. However, The man that she had been caught with in her employer's house was George West who was also on a ten-year sentence himself. During their first ten years in Tasmania Ann had given birth to two illegitimate children with George and, when their sentences ran out they got married. They moved to a small town called Mubray which, today, is thriving and in a beautiful part of Tasmania. Back in 1852 it must have been like the back of beyond, isolated and surrounded by dense forested regions, but Ann and George made the most of it and settled into a good family life and had four more children: three boys and three girls. Also, Ann was apparently a reformed woman as there is no evidence that she got into trouble at any time during her subsequent life. She lived until 9 January 1890, which was her 68th birthday.



Ann Williams's descendant, Caterina Gianetti, gave photographs of her parents, uncles, aunts and grandparents to provide the AI programmes with facial features that were used to develop an image of Ann back in 1842. The addition of the physical description written down by the prison authorities in Hobart have allowed an image of the young 19-year old Ann to be produced

If you would like to see this image of Ann outside her cell in Beaumaris Gaol, and those of four other Anglesey residents sent to Australia, please come and visit us and see what the fascinating

museum can show you about a society long ago.

■ Faces of Welsh convicts sent to Australia recreated by AI
www.bbc.co.uk/news/articles/cp89egm7ze9o

The National Garden Scheme 2025 in Llanddona and close by

Andrew Perrott

Last year it was dry and chilly, but this year's National Garden Scheme (NGS) Group Opening in Llanddona on 12 July was blessed with unbeatable weather.



Cefn Farm
(Lucy Low)

'It's too hot!' some said. We live in the Llanddona Alps, though, so rarely a day goes by without wind of some sort, and there was a pleasant breeze to make it a bit more bearable. The weather earlier in the year had been just what gardens needed, and the result was flowers everywhere, as you'll see from the photographs.



Pen-y-Gorllewin, with Derek the Dalek from Seiriol Men's Shed taking centre-stage

The Beaumaris and Penmon Openings in late August/early September were lucky with the weather as well.

On 7 October the NGS e-mailed us:

Now that you have finished opening, I am delighted to confirm we have received a total of £2053.75 from Llanddona Village Gardens. This includes receipts from cashless transactions and bookings.

Thank you very much for raising this money; it makes a great contribution to the funds we will be able to donate to our beneficiaries.

In May **The Puffin** 56 will give the usual puffinpages@gmail.com

full NGS Open Gardens listing for the year.



Penmon: the Old School
(Kay Laurie)



Glangors, with Little Lucy taking centre stage

The Llanddona Group Opening will take place on Saturday 11 July, with at least nine gardens participating.



Seindorf Band Biwmares: achos i'w ddathlu!

Kirsty Lindenbaum, Maggie Williams

Mae gwreiddiau Band Biwmares yn ymestyn yn ôl i'r 1880au, pan ddarparodd Band chwyth gefndir cerddorol ar gyfer ddigwyddiadau'r dref am y tro cyntaf. Ym 1921, trosglwyddodd y band bres o dan ddau feistr ysgol lleol, Mr John Roberts a Mr William Owen, gan ffurfio Band Arian Biwmares a'r Cylch. Tra bod bandiau cyfagos yn canolbwyntio ar gystadlaethau cenedlaethol, roedd Band Arian Biwmares yn gwasanaethu pwrpas gwahanol, mwy lleol. Ei brif rôl oedd diddanu'r llif cyson o dwristiaid a oedd yn ymweld â'r castell, carchar a phier enwog y dref, yn ogystal â chwarae mewn swyddogaethau dinesig lleol, fel gorymdeithiau'r Maer a Sul y Cofio.

Roedd lleoliadau ymarfer y Band cynnar yn amrywiol, yn amrywio i ddechrau o gwt bach y tu ôl i'r stryd fawr (a elwid yn Legion Hut), i nifer o neuaddau capeli, a hyd yn oed, cell carchar ar un adeg. Erbyn y 1970au, fodd bynnag, o dan reolaeth Mr Edmund 'Ned' Needham, roedd y band bellach yn ymarfer yn lleoliad mwy addas yr ysgol gynradd leol, ac yn sydyn daeth cystadlaethau'n

ffynhonnell ysbrydoliaeth. Yn 1974, nhw oedd y band cyntaf o Ynys Môn i gymhwyso ar gyfer rowndiau terfynol Pencampwriaethau Cenedlaethol y Bandiau Pres, a daethant yn 6^{ed} o 24 band a gystadlodd.

Er gwaethaf eu llwyddiant yn y 1970au, erbyn dechrau'r 1980au, roedd y Band yn wynebu her ddifrifol. Roedd diffyg cyflogaeth leol yn ei gwneud hi'n anodd denu a chynnal aelodaeth ddigonol. Yn hytrach na gadael i'r Band ddiflannu, cymerwyd camau radical i sicrhau ei ddyfodol. Lansiwyd ymgyrch recriwtio mewn pedair ysgol gynradd leol, gan dargedu plant rhwng wyth i ddeg oed. Roedd yr ymateb yn wych: daeth 42 o blant, llawer heb fawr o brofiad cerddorol, ar gyfer yr ymarfer cyntaf. Mae'r hyn a ddilynodd yn gosod naws y Band rydyn ni'n ei adnabod heddiw, sy'n ymfalchïo nid yn unig mewn perfformio a chystadlu i'r safonau uchaf ledled y DU ac Ewrop, ond mewn galluogi pobl ifanc lleol i ddarganfod y llawenydd o chwarae gyda'u gilydd a darparu cyfleoedd i ddatblygu eu sgiliau cerddorol.



Dod ynghyd i ddathlu'r symudiad o Stryd Margaret i'r Ganolfan Gerddoriaeth ar Stryd Newydd

Coming together to celebrate the move from Margaret Street up to the music centre in New Street
(via Fred Evans)

Erbyn diwedd yr 1980au, roedd y Band yn ymarfer yn ei heiddo eu hunain ar Margaret Street. Fodd bynnag, yn dilyn llwyddiannau di-ri yn ystod y 1990au, y freuddwyd oedd cael canolfan gerddoriaeth gyda gofod a chyfleusterau ychwanegol i gartrefu'r nifer cynyddol o fandiau ac aelodau. Ar ôl ymgyrch enfawr i godi arian, llwyddodd y Band i brynu a hadnewyddu'r hyn ac oedd gynt yn adeilad ysgol gynradd ar Stryd Newydd, i fewn i ystafell fand newydd gydag ystafelloedd ymarfer mawr a bach, ystafell achlysuron a chegin.

Roedd dydd Sadwrn 9^{fed} Medi 2000 yn ddiwrnod i'w gofio i'r Band, wrth i agoriad swyddogol yr ystafell fand newydd gyrraedd. Am 1.30yp, holl aelodau'r Band (bron i 140) mewn gwisg y tu allan i'r hen ystafell fand i orymdeithio drwy strydoedd Biwmares i'r ystafell fand newydd, dan arweiniad Fred Evans. Nawr, mae'r ystafell fand yn cael ei defnyddio y rhan fwyaf o nosweithiau'r wythnos fel man ymarfer,

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ac er ein bod yn cynnal ein cyngerddau mawr haf a Nadolig yng Nghanolfan Biwmares, rydym yn dal i gynnal nifer o ddigwyddiadau yn ystafell y band trwy gydol y flwyddyn.

Roedd eleni yn nodi 25 mlynedd ers agor y ganolfan gerdd, ac mae'r Band wedi parhau i dyfu a datblygu yn y cyfnod hwnnw. Roedd yr pen-blwydd hwn yn teimlo fel rhywbeth oedd yn werth ei ddathlu, ac roedd ein teulu o fandiau yn hapus i gael esgus i gael ein hofferynnau allan a chwarae i bobl leol ac ymwelwyr fel ei gilydd. Wrth i'r pum band ymarfer ar wahan roedd hefyd yn esgus gwych i ddod at ei gilydd, chwarae a chymdeithasu, tra'n codi arian arian i barhau â'n gwaith.

Roedd hi'n benwythnos poeth a phrysyr ar 12/13 Gorffennaf wrth i ni gynnal ein cyngerdd haf blynyddol ar y 12^{ed} yn y Ganolfan, ac roedden ni l fyny'n gynnar ar y 13^{ed} i ddathlu mewn steil. Cyfarfu llawer o'n haelodau iau yn Llangoed i wneud taith gerdded nodedig i'r lawnt ym Miwmares, lle cawsom ein cyfarfod â diodydd oer a chŵn poeth wedi'u paratoi gan aelodau'r band LSW (Last of the Summer Wind). Roedd Pete Cowlshaw, arweinydd ein band ieuenctid, yn ei elfen yn arwain gemau i'r plant, tra bod aelodau'r Band Hŷn yn dal i fyny yn yr haul. Wedyn, arweiniodd Maggie Williams, Fred Evans, a'n cyfarwyddwr cerdd Bari Gwilliam y gwahanol fandiau gan gyflwyno amrywiaeth o gerddoriaeth fel adloniant i bawb a oedd yn gwrandao. Am ddiwrnod! Roedd yr haul allan, roedd Biwmares yn brysur, ac roedd yn bleser chwarae i dorf fawr.

Wrth i'r gaeaf gyrraedd, rydyn ni wedi gorfod rhoi ein hetiau haul i ffwrdd ac yn edrych ymlaen at gyfnod y Nadolig, pan fydd ein bandiau pres unwaith eto yn brysur. Edrchwch amdanom ni'n chwarae o gwmpas Biwmares ac mewn trefi a digwyddiadau cyfagos, a pheidwch ag anghofio cael eich tocynnau ar gyfer un o'n cyngerddau Nadolig, a gynhelir ar 5/6 Rhagfyr yn y Ganolfan. Dilynwch ein tudalen Facebook i gael rhagor o wybodaeth am hyn ac unrhyw newyddion diweddarnewyddion eraill: mae 2026 yn addo i fod yn flwyddyn brysur arall!

Seindorf Beaumaris Band
www.beaumarisband.org.uk



Seindorf Beaumaris Band: a cause for celebration!
Kirsty Lindenbaum, Maggie Williams

The roots of Beaumaris's Band stretch back to the 1880s, when a wind band first provided a musical backdrop for the town's events. In 1921, the band transitioned to brass under two local schoolmasters, Mr John Roberts and

Mr William Owen, forming the Beaumaris & District Silver Band. While neighbouring bands were focused on national competitions, the Beaumaris Band served a different, more local purpose, its primary role being to entertain the steady stream of tourists visiting the town's famous castle, goal, and pier, as well as playing at local civic functions, like Mayoral and Remembrance Sunday parades.

The early Band's practice venues were varied, ranging initially from a small hut behind Castle Street (known as the Legion Hut), to numerous chapel halls, and even, at one time, a gaol cell. By the 1970s, though, under the management of Mr Edmund 'Ned' Needham, the band now practised at the more suitable venue of the local primary school, and suddenly competitions became a source of inspiration. In 1974 it became the first band from Anglesey to qualify for the finals of the National Brass Band Championships, and came sixth out of the 24 bands that competed.

Despite their success in the 1970s, by the early 1980s, the band faced a serious challenge. A lack of local employment made it difficult to attract and maintain an adequate membership. Instead of letting the Band fade, though, radical steps were taken to secure its future. A recruitment drive was launched at four local junior schools, targeting children aged eight to ten. The response was overwhelming: 42 children, many with little or no musical experience, showed up for the first rehearsal. What followed sets the tone of the Band we know today, which prides itself not only in performing and competing to the highest standards across the UK and Europe, but also in enabling local youngsters to discover the joy of playing together and providing opportunities to develop their musical skills.

By the late 1980s, the Band was rehearsing at its own property on Margaret Street. Following dramatic successes during the 1990s, however, the dream was to have a music centre with additional space and facilities to house the growing number of bands and members. After a huge fundraising drive, the Band was able to purchase and renovate what had previously been a primary school building on New Street into a new band room with large and small rehearsal rooms, a function room and kitchen.

Saturday 9th September 2000 was a day to remember for the Band, as the official opening of the new band room finally came round. At 1.30pm almost all the members of the band (approximately 140) turned up in uniform outside the old band room to march through the streets of Beaumaris to the new band room, led by Fred Evans. Now the band room is in use most nights of the week as a

rehearsal space, and whilst we hold our large summer and Christmas concerts at Beaumaris's Canolfan, we still hold numerous events in the band room throughout the year.



Agorwyd y Ganolfan Gerddoriaeth yn swyddogol gan Ieuan Wyn Jones ar 9 Medi 2000
The Music Centre was officially opened by Ieuan Wyn Jones on 9 September 2000
(via Fred Evans)

2025 marked 25 years since the opening of the music centre, and the Band has continued to grow and develop in that time. This anniversary felt like something worth celebrating, and our family of bands were only too happy for an excuse to get out their instruments and play to locals and visitors alike. As all five bands rehearse separately it was also a great excuse to get together, play and socialise, whilst raising funds to continue our work.

It was a hot and busy weekend on 12/13 July: we held our annual summer concert on the 12th in the Canolfan, and were up early on the 13th to celebrate in style. Many of our younger members met in Llangoed to do a sponsored walk to the green in Beaumaris, where we were met with cold drinks and hot dogs prepared by members of our LSW (Last of the Summer Wind) band. Pete Cowlshaw, our youth band leader, was in his element leading games for the children, whilst older band members caught up in the sunshine. Finally, Maggie Williams, Fred Evans, and our musical director Bari Gwilliam led the different bands through a variety of foot tapping music. What a day! The sun was out, Beaumaris was busy, and it was a pleasure to play to a great crowd.

As winter now draws in, we've had to put away our sun hats and are looking forward to the Christmas period, when brass bands really come into their own. Look out for us playing around Beaumaris and at nearby towns and events, and don't forget to get your tickets for one of our Christmas concerts, which will be held on 5/6 December at the Canolfan. Follow our Facebook page for more information on this and other news: 2026 promises to be another busy year!

Seindorf Beaumaris Band
www.beaumarisband.org.uk

www.seiriolalliance.co.uk/newsletters/

Newyddion Eglwysi Bro Seiriol

Parch Huw Butler, Arweinydd Ardal
Gweinidogaeth Bro Seiriol

Mae ein heglwys ym Miwmares yn neilltuo i ddau sant pwysig, Santes Fair (mam Iesu) a Sant Nicolas ("Siôn Corn"), y mae'r ddau yn gysylltiedig yn arbennig â tymor y Nadolig.

Mae'n debyg ein bod yn gyfarwydd â Fair o'r straeon a geir yn y efeilliaid ac sydd wedi cael eu hadrodd trwy chwaraeon cyntefig ysgolion, caneuon carol a chardiau Nadolig. Fodd bynnag, ry'n "n tybio faint ydych chi'n gwybod am Sant Nicolas? Mae pawb ohonom yn gwybod am "Siôn Corn", "Santa Claus" neu "Father Christmas" a'r llawer o straeon a chwedlau sy'n mynd yn eu blaen ac sy'n cysylltu â'n dathliadau "Nadolig". Ond beth am y dyn tu ôl i'r nifer fawr o enwau y mae wedi dod yn hysbys drwyddyn?

Roedd Sant Nicolas yn Gristion Groegaidd a fu'n byw yn ystod dechrau'r 4^{dd} ganrif, gan ddod yn esgob Myra (wedi'i leoli yn yr hyn sydd bellach yn Dwrci fodern) yn ystod cyfnodau o newid mawr yn nghyfnod bywyd cynnar yr eglwys. Cafodd Nicholas ei ystyried yn "arwr y ffydd" am rannu'r newyddion da am gariad Duw, ac mae'n cael ei gofio'n benodol am ei roddgarwch a'i garedigrwydd tuag at eraill. Er cydnabyddiaeth o'i sancteiddrwydd arbennig fel dilynwr Iesu, cafodd ei gydnabod yn saint. Mae ei ddiwrnod gwledd yn syrthio ar y 6 Rhagfyr bob blwyddyn.

Cafodd traddodiadau eu trosglwyddo drwy'r canrifoedd o'i ofal arbennig am blant. Mae un adroddiad yn disgrifio sut y gwaredodd dri merch dlawd rhag traffig dynol posibl (prostitisiwn) drwy ddarparu arian i'w gynnig fel dowri iddynt, gan ollwng y bagiau o aur yn ddienw i lawr y simnai eu tŷ. Mae stori fwy greulon arall yn dweud sut y gwaredodd dair o blant oedd ar fin cael eu lladd a'u phyncio gan farwr drwg yn ystod cyfnod o newyn (mae'r stori hon wedi'i darlunio yn y ffenestr gwydr lliwio yn yr Eglwys Lady Chapel ym Miwmares sy'n dangos Sant Nicolas a dau blentyn mewn "twb pysgodfeydd").

O gyfnodau cynnar, yn enwedig mewn cysylltiad â phorthladd Eidalaid enwocaf Bari, yr enwogrwydd mwyaf o Sant Nicolas oedd fel saint nawdd i forwyr. Mae straeon yn adrodd am iddo dawelu storm yn y môr a achub tri milwr ddieuog rhag cael eu gwahardd yn anghyfreithlon. Dyna pam y gellir dod o hyd i sawl eglwys wedi'u neilltuo i Sant Nicolas yn ardaloedd arfordirol. Mae'n debyg mai am y rheswm hwn y neilltuwyd rhan o Eglwys Biwmares yn ei anrhydedd tra bod y dref sydd yn tyfu yn y 14^{eg} ganrif yn dod yn brif borthladd Ynys Môn.

Gan feddwl am draddodiadau Nadolig
puffinpages@gmail.com

sy'n ymwneud â Sant Nicolas, byddwn yn cynnal Diwrnod Agored Crefft Arbennig i Blant a Theuluoedd yn Eglwys Biwmares ar ddydd Sadwrn 29 Tachwedd rhwng 10.00yb a 4.00yp. Bydd y diwrnod hefyd yn cysylltu â gweithgareddau eraill o gwmpas y dref sy'n cael eu cynnal yn Canolfan Iorwerth Rowlands (bydd y Sgowntiaid yn darparu hot dogs/cawl ac fe fydd sawl stondin yn cael eu rhedeg gan sefydliadau cymunedol), Ffair Grefft Nadolig yn y Gwesty Bulkeley (Gweithwyr Crefft Gogledd Cymru), a digwyddiadau eraill trwy gydol y penwythnos.

Ar benwythnos ei ddiwrnod gweddi, byddwn hefyd yn cynnal Gwasanaeth Teulu Arbennig "Dathlu San Nicolas" yn Eglwys Biwmares ar ddydd Sul 7 Rhagfyr am 11.00yb.

Mae'r digwyddiadau Eglwysig hyn am ddim: pawb yn groesawgar! Dewch draw i ddarganfod mwy am Sant Nicolas!

Gellir dod o hyd i fanylion pob gwasanaeth a digwyddiad ar wefan Bro Seiriol ac ar dudalen Facebook.

Os hoffech dderbyn ein cylchlythrau newyddion wythnosol ar gyfer gwasanaethau a digwyddiadau neu os hoffech gael rhagor o wybodaeth, anfonwch e-bost at y cyfeiriad isod.

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Ministry Area
www.broseiriol.net

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www.facebook.com/BroSeiriol/



Bro Seiriol Churches news

Rev Huw Butler, Ministry Area Leader of Bro Seiriol

Our church at Beaumaris is dedicated to two important saints, St Mary (the mother of Jesus) and St Nicolas ("Santa Claus"), both of whom are particularly associated with the season of Christmas.

We are probably all familiar with Mary from the accounts contained within the gospels and retold through popular school nativity plays, carols and Christmas cards. However, I wonder how much you know about St Nicolas. All of us know about "Santa", "Father Christmas" or "Siôn Corn" and the many stories and legends which accompany him linking into our "Christmas" celebrations. But what about the man behind the many names he has become known by?

St Nicolas was a Greek Christian who lived during the early 4th century, going on to become Bishop of Myra (located in what is now modern Turkey) during times of great change within the life of

the early church. Nicholas was upheld as a "hero of the faith" in sharing the good news of God's love, and remembered especially for his generosity and kindness towards others. In recognition of his special holiness as a follower of Jesus he became recognised as a saint. His feast day falls on 6 December each year.

Traditions were passed down through the centuries of his special care for children. One account describes how he rescued three poor girls from potential human trafficking (prostitution) by providing money to be offered as dowries for them, dropping the bags of gold anonymously down the chimney of their house. Another more gruesome story tells how he saved three children who were at the point of being killed and pickled by a rogue butcher during a time of famine (this story is depicted in the stained-glass window at the Lady Chapel in Beaumaris Church which features St Nicolas and two children in a "pickling tub").

From early times, especially in relation to the famous Italian port of Bari, St Nicolas's chief fame was as the patron saint of sailors. Stories tell of his calming a storm at sea and saving three innocent soldiers from wrongful execution. This is why many churches dedicated to St Nicolas can be found in coastal areas. It was probably for this reason that Beaumaris Church was partly dedicated in his honour as the growing town in the 14th century became the major port for the Isle of Anglesey.

Thinking about Christmas traditions relating to St Nicolas, we will be holding a special Craft Open Day for Children and Families at Beaumaris Church on Saturday 29 November between 10.00am and 4.00pm. The day will also link in with other activities around the town being held at the Iorwerth Rowlands Centre (the Scouts will be providing hot dogs/soup and there will be various stalls run by community organisations), a Christmas Craft Fair at the Bulkeley Hotel (North Wales Craftworkers), and other events throughout the weekend.

On the weekend of his feast day, we will also be holding a special "Celebrating St Nicolas" Family Service at Beaumaris Church on Sunday 7 December at 11.00am.

These Church events are free: everyone is welcome! Do come along to discover more about St Nicolas!

Details of all services and events can be found on the Bro Seiriol website and Facebook page.

If you would like to receive our weekly news bulletins for services and events or would like further information please send an e-mail to the address below.

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www.facebook.com/BroSeiriol/

Nature notes: moths

Roz Hattey

It's 11 August and I've just spotted a huge, dark, banded creature amongst the willow-herb and rough grass on the edge of my tiny 'lawn' in Beaumaris. At first sight it resembles an enormous bird dropping, then you notice the two sets of 'eyes' at the paler end of the four-inch-long body and you don't quite know what it is. The body is a shiny grey-green colour and with the yellow and black bands it somehow makes you think it could be a small snake. I soon recognise it though as one of the impressive Hawk-moth caterpillars.



Elephant Hawk-moth (*Deilephila elpenor*): caterpillar...
(Roz Hattey)



...and in its spectacular adult form
(Margaret Holland, www.wildlifetrusts.org/wildlife-explorer/invertebrates/moths/elephant-hawk-moth)

This is the larva of the Elephant Hawk-moth, *Deilephila elpenor*, and it's probably searching for a place to pupate and spend the winter.

The next day, a young friend called in to see me with her dad. Amy is just five years old but she is already keen to learn all about wildlife, including creepy-crawlies. I showed her a life-size illustration of the giant caterpillar which she was thrilled to see. Amy was even more excited when I showed her the large colourful moth with swept-back wings that the caterpillar will change into later on. An early introduction to metamorphosis. "Green with pink marks!" she exclaimed, then added, "Dad found a *really* green one on the window at home! Dad told me it was one of the Emerald moths." These are indeed wonderful shades of blue-green.

About a week later, I was out in my garden at dusk watering pots and had stooped down to sniff an Evening Primrose flower. I immediately heard a soft whirring of wings right by my ear and was pleased to see a dark, patterned moth, medium size, approaching the same flower. It started feeding with its proboscis on nectar in the centre of the large flower. It was obviously getting dusted with pollen from the stamens as it fluttered inside the flower. It then flew to another flower close-by and as I went indoors it continued visiting blooms around the tall stems.



Common Emerald moth (*Hemitea aestivaria*)
(Michael Kerr, www.norfolkmoths.co.uk/?bf=16690)

Evening primroses, *Oenothera*, have large yellow flowers which are fully open at dusk. There are several species which are all introduced to Britain, mostly from North America, but which are useful to have in our gardens as they do attract moths. I used to have a sweet rocket, *Hesperis matronalis*. It smelt very fragrant and always brought moths to feed on the nectar and to pollinate it on fine summer evenings.

I know a lot of people are not very keen on moths, thinking of them as rather spooky, fluttering grey creatures either to be rescued or swatted when they come indoors after dark, drawn to our lights. Finding scuttling clothes moths amongst our garments is certainly not good PR for moths. Yet most of us have no idea just how many different moths there are, even in the UK, nor how very beautiful some of them are. Let's give them a chance to shed their drab, rather negative image and see them in a new light.

It is true that most of our moths are night-flying, so not seen very often by most people. This perhaps gives them an image similar to that of bats and owls which are also crepuscular or nocturnal, unfamiliar 'things of the night', giving them traditional links with myths or spirits. In contrast, butterflies are much more popular as they are seen in daylight when their colours and patterns can be admired. What is not generally known is that there are many, many more moths than butterflies.

Just looking at Great Britain and Ireland there are only around 60 resident

butterflies compared with more than 800 species of macro-moths, which are generally the larger, more easily identified moths. There are hundreds more species of micro-moths. These are generally smaller and more difficult to identify. Many are actually impossible to identify without examining their genitalia under a microscope! Some macro-moths are also not easy to identify and moths are still greatly under-recorded. However, an increasing number of volunteers, guided by specialists, are involved in recording moths across the country and in Ireland using light-traps. It is amazing to join a group of recorders after a night's trapping when they open the traps in daylight and reveal the fantastic array of moths hiding amongst the old egg cartons. So many different sizes, body forms and wing-shapes and many of them are brightly coloured or with intricate patterning. Some families set up their own moth-traps in their gardens so that children, in particular, can marvel at this natural diversity.

If, like these families, you want to learn to identify and know more about the huge variety of moths living around us but largely unseen and unappreciated, a good reference book to look at is the *Field Guide to the Moths of Great Britain and Ireland*. Start with the Hawk-moths which are large and stunning: the Death's Head Hawk-moth (a summer immigrant species the size of a mouse, and it even squeaks like one!), the Eyed Hawk-moth and the Elephant Hawk-moths. Then



Pale Tussock moth caterpillar

there are the Eggar moths, the Tussock moths, the Tiger moths, and the wonderfully complex patterns of the Brocades, the Beauties, the Kittens and the Rustics.

It's also amazing to look at the great variety of caterpillars or larvae: again, the Hawk-moths are very striking and well illustrated here.

The *Pocket Guide to the Butterflies of Great Britain and Ireland* includes a short section on some of the day-flying moths which can surprise butterfly recorders. These can be just as attractive as butterflies: the Emperor moth, with a large 'eye' spot on each wing, the chestnut and yellow Oak Eggar moth, the Speckled Yellow moth, the Wood Tiger moth and the red and grey Cinnabar moth. I have seen the

fascinating Humming-bird Hawk-moth several times in Beaumaris gardens: it's very eye-catching as it really does behave like a humming-bird, flitting rapidly between plants and hovering to feed from tubular flowers like red valerian, phlox, petunia and buddleia. Its wings move so fast as they hover that they're just a blur.



Emperor moth, male (*Saturnia pavonia*)
(Adam Gor, <https://butterfly-conservation.org/moths/emperor-moth>)



Oak Eggar moth (*Lasioampa quercus*)
(Luke Broom-Lynne, www.norfolkmoths.co.uk/?bf=16370)

Looking at the day-flying moths is useful for distinguishing moths from butterflies. Butterflies have a 'club' at the tip of their long antennae whereas most moths have simpler, thread-like or feathered antennae. Another difference between butterflies and most other moths is the way butterflies generally fold their wings upright above the body when they rest. In comparison, most moths fold their wings flat and tent-like over the body.

Moths and butterflies are members of the Order Lepidoptera, 'scale-wing'. Their two pairs of wings are usually covered in tiny scales. The scales are pigmented, reflective and overlapping and it is these that give butterflies and moths their wonderful and unique variety of colours. Worldwide, there are more than 158,000 species of Lepidoptera, with more than 90% of these being moths. Mayflies and caddisflies are more distant relatives. Butterflies appeared around 100 million years ago, when flowering plants were beginning to develop so they evolved together. This resulted in many specialisms and adaptations. Many adults feed from particular flowers or types of flower. Some caterpillars only feed on certain plants. Some plants developed chemical defences against caterpillars. There are

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very few fossil butterflies or moths as their bodies and wings were too fragile.



Cinnabar moth (*Tyria jacobaeae*): caterpillars...



... and adult
(Lynnette Nicholson, www.mothidentification.com/cinnabar-moth.htm)

Some night-flying moths migrate over huge distances. How do they find their way in the dark? It has been shown that they navigate by the moon and stars, with some specifically using the Milky Way. They often fly several hundred metres above the ground when migrating and can fly at 50km/h. We can see that artificial lights in our homes and cities cause confusion to night-flying moths. Hunting bats do well as moths gather around street-lights. Just how much disruption artificial lights cause migrating moths is probably unknown.

As with so much other wildlife, moths are in decline. Standardised light-trap surveys throughout the British Isles, operated by Rothamsted Insect Survey between 1968 and 2002, and other later surveys, show that there have been major population declines of many species of moth, notably widespread and frequent species. Declines have been greatest in southern Britain. Major causes are thought to include habitat destruction, degradation and fragmentation and a generally greater intensity of land-use since the Second World War. Species-rich grasslands and heathlands were once much more extensive and are valuable habitats for moths and butterflies. Widespread losses of hedges and hedgerow trees have also reduced their abundance and diversity. Climate change is another factor affecting the abundance and range of butterflies and moths. Some species are extending their range further north quite rapidly and more species are reaching the UK from continental Europe, so recording, especially in southern Britain, can be quite exciting.

📖 National Bioscience Research Infrastructures: The Insect Survey
www.rothamsted.ac.uk/national-capability/the-insect-survey

📖 Field Guide to the Moths of Great Britain and Ireland (2018; reprint due November 2025)
Paul Waring, Martin Townsend, Richard Lewington
ISBN 978-1-47296-451-9
Bloomsbury Wildlife Guides
www.bloomsbury.com/uk/search/?q=Field%20Guide%20to%20the%20Moths%20of%20Great%20Britain%20and%20Ireland

📖 Pocket Guide to the Butterflies of Great Britain and Ireland (2019)
Richard Lewington
ISBN 978-1-47296-717-6
Bloomsbury Wildlife Guides
www.bloomsbury.com/uk/pocket-guide-to-the-butterflies-of-great-britain-and-ireland-9781472967176/

Llangoed WI

Deborah Booth, Press Officer

July: in July, we were visited by Dr Warren Kovach, who presented a very interesting talk comparing old photos of around Anglesey with more recent ones taken from the same viewpoint. It was fascinating to see how certain places had changed, whereas others had stayed pretty much the same. Dr Kovach also brought some copies of his two books, which many of our ladies purchased.

August: the WI doesn't officially meet in August, but we got together for a picnic in the lovely gardens at the Village Hall. We were blessed with fine weather, and our members enjoyed taking a little time out from their busy summer schedules to catch up with some of their WI friends.



Our August picnic
(Deborah Booth)

September: it was back to business, and our meeting included a crafting session led by our members Sue and Stephanie. Sue showed us how to create a mandala pattern on round slate coasters, and we all had a lot of fun designing patterns, and enjoying a good natter as we did so!

October: our meeting featured a talk by Peter Day, who gave us a full history of the Royal Charter, from when she was built, to her being wrecked off the coast of Moelfre, Anglesey, in a violent storm in 1859. We learned that, despite rescue attempts made by valiant volunteers from the village, more than 450 people lost their lives. The ship was carrying passengers from Australia who were returning home from the gold fields.

Our ladies have also been busy, knitting poppies for the Anglesey Column Trust appeal.



Mrs Margaret Charles, a long-time WI member (Deborah Booth)

October also saw a celebration! One of our ladies, Mrs Margaret Charles, has been a member of Llangoed WI for 65 years! Congratulations, Margaret! What an achievement.

Meetings

October/November/December: our ladies are looking forward to joining WIs from around the island at a quiz night at WI Hall, and a Scandi Christmas Evening, also at WI Hall. In December we'll be having a Christmas Party as well.

Please telephone for more information about dates, etc..

☎ 07900 382200

Joining the WI

Don't delay! Join today! You'll find contact details in *What's happening where?* on page 11.



Rhagnodi Gwyrdd yn dod â iachâd a chysylltiad i Goedwig

Aberlleiniog

Rhian Hughes

Wrth galon Llangoed, o dan gysgod Coed Aberlleiniog, mae rhywbeth tawel ond trawsnewidiol wedi cymryd gwreiddyn.

Wedi'i ariannu gan Ymddiriedolaeth Wiwer Goch Cymru ac wedi'i gefnogi gan Gynghair Seiriol a Medrwn Môn, mae menter arloesol o ragnodi gwyrdd yn cynnig gwrthwenwyn tyner i unigrwydd ac orbryder... heb unrhyw

bilsen i'w gweld.

Mae cyfranogwyr yn dysgu sgiliau coetir, yn rhannu straeon, ac yn meithrin cyfeillgarwch newydd, i gyd yng nghanol cân yr adar a sw'n y dail. I lawer, mae'n achubiaeth.



Gwehyddu basged yn defnyddio gwair y môr Marram grass basket-weaving (Rhian Hughes)

"Rydyn ni'n gweld pobl yn dod yn fyw yma," meddai un o'r trefnwyr. "Mae'n grŵp bach, ond maen nhw'n cael cymaint o'n sesiynau. Mae'r coed yn cynnig heddwch, cysylltiad, ac ymdeimlad o bwrpas."

O naddu ffonau i adhabod planhigion brodorol, mae pob gweithgaredd wedi'i gynllunio i feithrin y corff a'r meddwl. Ac gyda chefnogaeth sefydliadau lleol, mae'r rhaglen yn parhau i dyfu... un cwpan o de ar y tro.

Green social prescribing: changing lives through nature
<https://nation.cymru/news/green-social-prescribing-changing-lives-through-nature/>

Rhagnodi Gwyrdd yn hyrwyddo lles lleol
www.mentermon.com/newyddion/rhagnodi-gwyrdd-yn-hyrwyddo-lles-lleol/



Green Prescribing brings healing and connection to Aberlleiniog Woods

Rhian Hughes

In the heart of Llangoed, beneath the canopy of Aberlleiniog Woods, something quietly transformative has taken root.

Funded by the Red Squirrel Trust Wales and supported by the Seiriol Alliance and Medrwn Môn, a pioneering Green Prescribing initiative is offering a gentle antidote to loneliness and anxiety... without a pill in sight.

Participants learn woodland skills, share stories, and forge new friendships, all while surrounded by birdsong and the rustle of leaves. For many, it's a lifeline.

"We see people come alive here," says one of the organisers. "It's a small

group, but they get so much from our sessions. The woods offer peace, connection, and a sense of purpose."



Taith i Ardd Fotaneg Treborth
A trip to Treborth Botanical Gardens (Rhian Hughes)

From whittling sticks to identifying native plants, each activity is designed to nurture both body and mind, and with the support of local organisations, the programme continues to grow... one cup of tea at a time.

Green social prescribing: changing lives through nature
<https://nation.cymru/news/green-social-prescribing-changing-lives-through-nature/>

Rhagnodi Gwyrdd yn hyrwyddo lles lleol
www.mentermon.com/newyddion/rhagnodi-gwyrdd-yn-hyrwyddo-lles-lleol/

Rali Tractor Llanddona 2025; Pont y Borth

Llinos Medi AS

Rali Tractor Llanddona 2025

Ar ddydd Sadwrn heulog ym mis Awst, treuliais fy niwrnod yn cymryd rhan yn Rali Tractor Elusennol Llanddona i helpu i godi arian at achosion lleol. Roedd yn fraint bod yn ôl adref yn gyrru Fendt. Ges i'w benthgyl i mi gan Emyr Evans a'i Gwmni Cyf, Gaerwen, am y diwrnod, felly diolch yn fawr iawn iddyn nhw. Roedd dros 50 o dractorau, o bob math, gan gynnwys rhai hen ffasiwn, yn cymryd rhan yn y ras tractorau.

Cyn cychwyn cawsom groeso cynnes yn nhafarn Yr Owain Glyndŵr, ac ar ôl bap sosij roedden ni'n barod i fynd ar y daith o'n blaenau! Yn rhannu'r antur hon gyda mi oedd Ceinwen o Tir Dewi, elusen sy'n cefnogi ffermwyr ledled Cymru. Diolch i'w chwmni, roedd y diwrnod hyd yn oed yn fwy pleserus. Roedd y daith o amgylch Llanddona, Llangoed, Penmon, Llanfaes, Biwmares, Llandegfan a Llansadwrn.

Roedd yn galonogol gweld cymaint o bobl allan ar hyd y ffordd yn dangos eu cefnogaeth, yn ein chwifio ymlaen ac yn cyfrannu at yr achos. Codwyd cyfanswm o £3,516 tuag at achosion lleol a daeth y diwrnod i ben yn ôl yn yr Owain Glyndŵr gyda rhai bandiau lleol gwyd yn chwarae yn y dafarn.

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Mae digwyddiadau fel hyn yn fy atgoffa o gryfder ein cymunedau gwledig a charredigrwydd pobl yma ar Ynys Môn.

Diolch i bawb a helpodd i drefnu'r diwrnod ac i bawb a ddaeth.

Pont y Borth

Mae'n annerbyniol ein bod ni yn y sefyllfa hon unwaith eto.

Mae cau Pont y Borth yn dangos methiant clir o gynllunio priodol gan Lywodraeth Cymru, a diffyg buddsoddiad gwirioneddol yn ein system drafnidiaeth gan Lywodraethau olynol y DU.

Pan oeddwn i'n Arweinydd Cyngor Sir Ynys Môn yn 2023, cyflwynais gynlluniau clir, yn seiliedig ar dystiolaeth, i wella cysylltiadau'r ynys. Cefnogwyd y cynlluniau hyn yn llawn gan Bwyllgor Gwaith y Cyngor a dangoson nhw fod ein heconomi a'n lles lleol yn dibynnu ar gysylltiadau cryf a dibynadwy â'r tir mawr. Yn anffodus, dwy flynedd yn ddiweddarach, mae'r rhybuddion hynny wedi cael eu hanwybyddu.

Mae pontydd y Fenai yn hanfodol; maent yn rhan o lwybr masnach Ewropeaidd mawr rhwng Caergybi a Dulyn. Ond wrth i rhannau eraill o'r DU yn gael buddsoddiadau enfawr mewn cysylltiadau trafndiaeth newydd sbon, rydym yn cael ein gadael i ddelio â phontydd sy'n heneiddio a chau dro ar ôl tro.

Mae busnesau lleol yn cael eu taro'n galed. Tan y bydd gennym atebion hirdymor, dylai fod cronfa arbennig i helpu cymunedau a busnesau i ymdopi tra bod y cysylltiadau hanfodol hyn yn parhau i fod yn fregus.

Mae Ynys Môn yn haeddu gwell na datrysiadau tymor byr. Mae angen strategaeth gwydnwch glir arnom gan Fae Caerdydd a San Steffan, un sy'n sicrhau cysylltedd dibynadwy, yn cefnogi ein huchelgeisiau Porthladd Rhydd ac ynni, ac yn amddiffyn y llwybr masnach a thrafnidiaeth hanfodol hwn am genedlaethau i ddod.



Llanddona Tractor Rally; Menai Suspension Bridge
Llinos Medi MP

Llanddona Tractor Rally 2025

On a sunny Saturday in August, I spent my day taking part in the Llanddona Charity Tractor Run to help raise money for local causes. It was a privilege to be back home driving a Fendt. It was kindly lent to me by Emyr Evans a'i Gwmni Cyf, Gaerwen, for the day, so a big thank you to them. There were over 50 tractors, of all types, including some

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vintage ones, taking part in the tractor run.

Before setting off we were treated to a warm welcome at the Owain Glyndŵr, and after a sausage bap we were ready to go on the journey ahead! Sharing this adventure with me was Ceinwen from Tir Dewi, a charity which supports farmers across Wales. Her company made the day even more enjoyable. The route took us around Llanddona, Llangoed, Penmon, Llanfaes, Beaumaris, Llandegfan and Llansadwrn.



Llinos Medi wrth y llyw Fendt yn Rali Tractor Llanddona 2025

Llinos Medi at the wheel of a Fendt at the Llanddona Tractor Rally 2025

It was heartening to see so many people out along the way showing their support, waving us on and donating to the cause. A total of £3,516 was raised towards local causes, and the day finished back at the Owain Glyndŵr with some brilliant local bands playing at the pub.

Events like this remind me of the strength of our rural communities and the kindness of people here on Ynys Môn.

Thank you to everyone who helped organise the day, and to all who turned out.

Menai Suspension Bridge

It's unacceptable that, once again, we find ourselves in this situation.

The latest closure of the Menai Suspension Bridge shows a clear failure of proper planning from the Welsh Government, and a lack of real investment in our transport system from successive UK Governments.

When I was Leader of Isle of Anglesey County Council in 2023, I put forward clear, evidence-based plans to improve the island's connections. These plans were fully supported by the Council's Executive and showed that our economy and local wellbeing depend on strong, reliable links to the mainland. Sadly, two years later, those warnings have been ignored.

The Menai Strait crossings are vital: they are a part of a major European trade route between Holyhead and Dublin. Yet while other parts of the UK see huge investment in brand new transport links, we are left dealing with ageing bridges

and repeated closures.

Local businesses are being hit hard. Until we have long-term solutions, there should be a dedicated resilience fund to help communities and businesses cope while these vital links remain vulnerable.

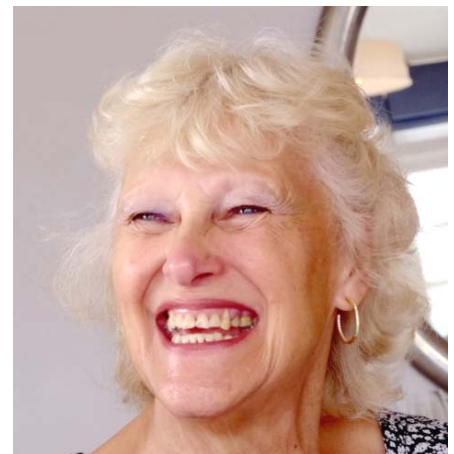
Ynys Môn deserves better than short-term fixes. It needs a clear resilience strategy from both Cardiff Bay and Westminster, one that secures reliable connectivity, supports our Freeport and energy ambitions, and protects this vital trade and transport route for generations to come.



Sheila Simpson

Sheila Driver

In life, a few people become priceless treasures. On 11 August 2025 we lost Sheila Simpson, who was such a person.



This is so Sheila...
(Brian Williams)

Sheila was born to share and care, putting others well before herself. In retirement, and having moved to Llansadwrn with her husband John some twenty years ago, she set about helping others. She settled on working in the Beaumaris RNLI shop, and became a Committee Member of the Beaumaris Over 50s Club.

In previous years she had volunteered at Penrhyn Castle and Ysbyty Gwynedd.



Little Lucy visiting in June

With her generosity of spirit and her keen interest in people she only needed to hear a friend or neighbour's accident, illness or problem, even in the case of someone she was just getting to know, and she was on the case. There would

be a phone call, a card, some shopping or even a little bunch of flowers.



Sheila and me on Christmas Day 2024
(Elizabeth Ashby)

Those of us who knew and loved her well will hold her memory close for ever.

Clwb Bowlio Beaumaris Bowling Club: a couple of 2025 highlights

Dave Mathias, Secretary

With the 2025 Bowling Season coming to an end, there are a couple of highlights to be noted.

On 25 August Beaumaris player Barry Harris also won the prestigious Tom Towert Memorial Cup Competition at the Benllech Bowling Club for the second time.

On 3 September the Beaumaris Wednesday Night Team led by Captain Tim Williams, did the "Double Double", so to speak. After winning the Wednesday Night League and the Wednesday Night Festival Cup in 2024, they won both competitions again this year.



Tim Williams and the team receiving their Trophy at Benllech
(Dave Mathias)

If you'd like more information and/or a taster session go to page 7 for contact details.

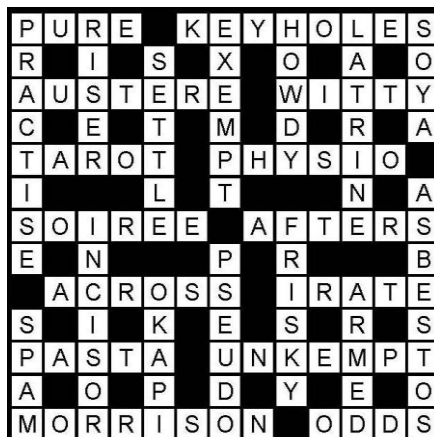
Neuadd Bentref Llanddona: newyddion

Miriam Williams

Dyma grynoded o'r digwyddiadau a'r achlysuron a gynhaliwyd yn Neuadd Bentref Llanddona ers cyhoeddiad **The Puffin** 53.

Ar 12 Gorffennaf, agorodd y Neuadd i ddarparu lluniaeth a chyfleusterau er

The Governor's Quick Crossword no 22: solution



Fianchetto 66's Chess no 13: solution

1 Qxf7+ Kh8

2 Rh6+ Qh7

3 Q or Rxh7#

In plain language, the white queen moves diagonally upwards and to the left two spaces, taking the black pawn and putting the king in check. The black king's only option is to move to the square in the top right hand corner. The white rook then moves two spaces right, checking the black king.

At this point the black queen has no choice other than to move diagonally upwards and to the right three spaces, placing herself between her king and the attacking rook. White then has two delectable alternatives, capture the interposing piece with either the queen or the rook and deliver a resounding checkmate.

mwyn cefnogi digwyddiad elusennol Cynllun Gerddi Cenedlaethol a oedd yn cael ei gynnal yn Llanddona ar y diwrnod hwnnw. Ar ddiwedd diwrnod poeth a heulog, roedd y Neuadd yn gallu gwneud rhodd i'r elusen.

Daeth Clwb Cwtch, rhaglen saith wythnos a oedd yn annog teuluoedd ifanc i fynychu'r Neuadd unwaith yr wythnos, gyda lluniaeth, i ben bellach. Ei nod oedd hyrwyddo defnydd o'r iaith Gymraeg mewn cartrefi iau.

Hefyd, mae Happy Hound Gang, grŵp hyfforddi cŵn, wedi cwblhau ei gyfres gychwynnol o sesiynau yn y Neuadd. Os oes gennych ddiddordeb mewn dod â'ch ci i unrhyw sesiynau yn y dyfodol, gallwch gofrestru eich diddordeb yn y Neuadd: gofynnwch i wirfoddolwr neu defnyddiwrch y ffurflenni awgrymiadau/adborth sydd ar gael yn y Neuadd.

Cynhaliodd Grŵp Natur Seiriol daith 'trap gwyfnod a blodau gwyllt' ar 2 Awst. Roedd y digwyddiad yn rhad ac am ddim ac yn para tair awr fel yr oedd wedi'i drefnu.

Ar 26 Medi, cynhaliwyd Disgo Ddistaw yn y Neuadd, digwyddiad poblogaidd gyda lluniaeth, gan godi arian at elusen Asthma and Lung UK.



Llanddona Village Hall: news

Miriam Williams

This is a roundup of events and occasions that have taken place in Llanddona Village Hall, since the publication of **The Puffin** 53.

On 12 July, the Hall opened to provide refreshments and facilities in support of the National Garden Scheme Charity event that was being held in Llanddona on that day. At the end of a hot and sunny day, the Hall was able to make a donation to the charity.

Clwb Cwtch, a seven-week programme encouraging young families to attend the Hall once a week, with refreshments, has now come to its end. Its purpose was to promote the use of the Welsh language in younger households.

Also, Happy Hound Gang, a dog-training group, has completed its initial series of sessions at the Hall. If you are interested in bringing your dog to any future sessions, you may register your interest at the Hall: ask a volunteer or use the suggestion/feedback forms which are available in the Hall.

Grŵp Natur Seiriol held a 'moth trap and wild flower' walk on 2 August. The event was free to attend and lasted for a scheduled three hours.

On 26 September, there was a Silent Disco at the Hall, a well-attended event with refreshments, raising funds for the charity, Asthma and Lung UK.

Llandegfan: rhywfaint o newyddion

Siân Arwel Davies, Trysorydd

Merched y Wawr

Er ein bod wedi cael seibiant dros yr haf, cawsom gyfle i weld ein gilydd a chael sgwrs yn Neuadd y Plwyf. Roedd Te Pnawn wedi'i drefnu gan Greta Stuart a'i thim: Non Gwyn, Rhian Jones a Carys Jones i godi arian at Eisteddfod Genedlaethol yr Urdd 2026. Welwyd y ffasiwn beth! Roedd y neuadd dan ei sang drwy'r prynhawn a phawb wedi'i syfrdanu gan yr arlwy oedd o'u blaenau. Ychwanegwyd swm anrhydeddus at y coffrau. Diolch fil am yr ymdrech a diolch i'r rhai fu yno. Cawsom bwnn wrth ein bodd. Diau bydd rhagor o weithgareddau'n lleol i gasglu at y Gronfa gan fod dipyn o ffordd i fynd i gyrraedd y nod ar gyfer Llandegfan

Agorwyd weithgareddau tymor yr Hydref gyda pnawn o hel straeon dros banded

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am ddigwyddiau'r Haf a thrafod materion y Gangen am y tymor nesaf. Mae digon i edrych ymlaen ato. Roedd yn braf cael croesawu Elin yn aelod newydd a gobeithiwn y bydd yn hapus yn ein cwmni. Roedd hi'n braf cael cwmni Nia wedi gwella yn dilyn ei thriniaeth. Roedd ambell un yn methu bod gyda ni on cawn eu croesawu hwy y tro nesaf. Diolch i Rhiannon am barhau fel Trysorydd gyda Mary Plaistow yn cynorthwyo i Helen am ddod a'i thystysgrif gwerthfawrogiad am ei gwasanaeth i Eisteddfod Bro Llandegfan, i Angela am esbonio'r gwaith uwch-gylchu baratowyd ar gyfer cystadleuaeth Radi Thomas ac i Mary am ddisgrifio pentref hynaws Port Sunlight a rhoi dipyn o hanes datbygiad y pentref. Edrychwn ymlaen i ymuno gyda Cangen Borth fis Hydref. Aeth tair ohonom ar daith Rhanbarth Môn i Randiroedd Amlwch a chafwyd noson ddiddorol dros ben a'r tywydd yn sych!

Criw Bore Iau

Mae'r Criw wedi cyfarfod bob bore Iau dros yr haf. Mae hwn yn adnodd gwerthfawr iawn yn y pentref gan ei fod yn rhoi cyfle i rai sydd yn byw ar eu pennau eu hunain, y rhai sy'n dysgu'r Gymraeg a rhai di-Gymraeg i ddod at eu gilydd a chael panad a chlonc. Daeth sawl un a chael amser hyfryd yn y te pwn. Roedd yn braf gweld y bwrllwm yn y neuadd. Bydd nifer dda ohonom yn mynd i Westy'r Bulkeley i fwynhau Cinio Nadolig ar ddiwedd y tymor. O bryd i'w gilydd, byddwn yn ymuno i godi arian at elusenau megis Cymorth Cristnogol ac yn ddiweddar, cyfranwyd rhodd at gostau troli newydd i'r neuadd. Mis diwethaf, daeth dwy Swyddog – Sioned ac Ellie o Môn Ynys Oed-gyfeillgar – i rannu gwybodaeth a chafwyd sesiwn fuddiol iawn.

Amser i Feddwl

Yn dilyn y Bore Coffi ar y dydd Iau cyntaf a'r trydydd o'r mis, bydd rhai ohonom yn aros i ymuno gyda grŵp. Y tymor yma, byddwn yn dilyn y llyfryn, "The Gift of Christ", cwrs eciwmenaidd pump sesiwn. Aelodau o Eglwys Sant Tegfan sydd yn arwain y sesiynau ac mae trafodaethau difyr iawn. Cyn mynd adref, byddwn yn mwynhau pryd o fwyd a phawb wedi cyfrannu rhywbeth blasus i'w fwyta! Mae hwn yn gyfarfod dwy-ieithog, a chroeso cynnes i unrhyw un ymuno.

Llandegfan: some news

Siân Arwel Davies, Trysorydd

Merched y Wawr

Although we had a respite over the summer, we were able to meet for a chat when we attended the Afternoon Tea arranged by Greta Stuart and her team: Non Gwyn, Rhian Jones and Carys Jones. It was a fundraising event for the 2026 Urdd National Eisteddfod. it

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was a veritable feast with the tables laden with the most delicious fare! The hall was packed all afternoon and everybody was amazed at the spread on the tables. An honourable sum was added to the fund. Many thanks for the effort and a big thank you to all who attended. There will be many more local events to collect monies as there is still quite a way to go to reach the goal for Llandegfan.

The Autumn activities started with an afternoon of chatting over a cup of tea and bringing each other up to date on all the happenings over the holidays and discussing Cangen matters. It was a pleasure to welcome Elin as a new member and we hope she'll be very happy in our midst. There were one or two unable to attend but we look forward to welcoming them to our next meeting when we will be joining the Porthaethwy Group. We thanked Rhiannon for carrying on as Treasurer with Mary Plaistow supporting, Helen for showing the Certificate of Appreciation she received for her service to the Eisteddfod Bro Llandegfan, Angela for showing us her upcycled collage entered in the Radi Thomas competition at the Royal Welsh Show and Mary for describing her visit to Port Sunlight and giving us some of the history. Three of us went on the Môn Regional Walk around the Amlwch Allotments and we had a most enjoyable evening with the dry weather holding!

Criw Bore Iau

The Criw has met every Thursday morning throughout the summer. It's a very useful resource as it provides an opportunity for people who live on their own, Welsh Learners and anyone else to come along for a chat and a cuppa. Many came along to the afternoon tea. It was lovely to hear the buzz in the hall and enjoying a most sumptuous tea. There will be a good crowd of us going to the Bulkeley Hotel for our Christmas Lunch at the end of the term. From time to time, we join with other groups to raise money for charity e.g Christian Aid and recently a donation was made towards the cost of a new trolley for the hall. Last month, two Officers – Sioned and Ellie from Môn Ynys Oed-gyfeillgar – came to share information and we had a most useful session.

Food for Thought

Following the coffee Morning on the first and third Thursday, some of us stay to join a study group. Over the next five weeks, we will be following the booklet, "The gift of Christ", an ecumenical course. It's led by members of St Tegfan Church and we have some very interesting discussions. Before we all depart, we share lunch together. This is a bilingual meeting, with a warm welcome for anybody to join.

Cynghrair Seiriol Alliance:

Gwasanaeth Bws Cymunedol 🚐

Steve MacVicar

Rydym yn falch o ddweud bod y Gwasanaeth Bws Cymunedol ar ddydd Llun a dydd Gwener yn parhau! Mae hyn yn bosibl diolch i'r gefnogaeth fawr a gawsom gan gymunedau Seiriol sydd dan sylw, yn ogystal â chymorth gan ein cynghorwyr sirol Ward Seiriol a chyllid ychwanegol a ddarparwyd gan Gyngor Sir Ynys Môn.

Bydd y gwasanaeth yn parhau i fod yn rhad ac am ddim am y chwe mis nesaf. Fodd bynnag, yn ystod y cyfnod hwn byddwn yn adolygu'r gwasanaeth yn rheolaidd ac yn edrych ar sut i'w ddatblygu dros y tymor hir.

Diolch am adborth defnyddiol iawn gan deithwyr ac ystadegau rydym wedi'u casglu dros y tri mis cyntaf, rydym wedi gwneud rhai newidiadau i'r amserlen.

Gobeithiwn y byddwch yn gweld gwelliant yn yr amserlen, ond os oes gennych unrhyw sylwadau, bryderon neu adborth, cysylltwch â ni drwy wneud unrhyw un o'r canlynol:

- Siarad gyda'r gyrrwr (pan fydd y cerbyd wedi stopio/parcio, nid wrth iddo symud!).
- Ysgrifennu drwy lythyr neu e-bost at Steve MacVicar.
- Ffonio Canolfan Hamdden Beaumaris a gofyn i'r tîm staff drosglwyddo eich rhif ffôn i'r Cynghrair Seiriol. Byddwn wedyn yn eich ffonio'n ôl.

📍 Canolfan Hamdden Beaumaris
Leisure Centre
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🌐 Seiriol Alliance
www.seiriolalliance.co.uk



Cynghrair Seiriol Alliance:

Community Minibus Service

Steve MacVicar

We are pleased to say that the Community Minibus Service on Mondays and Fridays is continuing! This is possible because of the great support we have had from the Seiriol communities involved, as well as help from our Seiriol Ward Councillors and further funding provided by Isle of Anglesey County Council.

The service will continue to be free for the next six months. However, over this period we will be reviewing the service

the transformation was amazing. Jeannette was over the moon with the beautiful finished seat and was looking forward to showing it to her grandchildren.

Timber planters: timber planters have also kept us busy this year. We've made a few different designs in various sizes, and are now taking orders for next year.

We can build whatever suits the space you have available, and we can also design and build garden features such as arbours, obelisks, garden gates and replacement doors.

Derek the Dalek: Derek has been out and about, the high point of his year being when he took centre-stage (centre-garden?) in one of the NGS Llanddona Village Open Gardens Day on 12 July. He's basking in the sun on page 19.

Enquiries: you'll find our contact details and other information at the end of this article and on page 11.

Our kitchen: anyone who has visited us at the flat in Haulfre will have seen our dilapidated kitchen! I was made aware of a Community Hub grant available through Medrwn Môn in Llangefni and took the opportunity to put an application forward. It was successful and we've been awarded the full grant which will enable us to install a brand-new kitchen. Orders have been placed and we are expecting delivery and installation in early November. As the weather changes I am sure that we will be spending more time indoors, and the kitchen will be busier than ever.

We are very grateful to the staff at Medrwn Môn for their help and support, the new kitchen will be a real asset to our facilities.

Our garden: our garden team members have had a busy and bountiful season. The potatoes have done well this year and the strawberry plants in the refurbished tunnel have produced their first crop. The greenhouse has provided plenty of tomatoes and cucumbers and the grapevine has been absolutely loaded with fruit!

Another exciting project: we're about to start another exciting project... more about that next time!

For more information, or if you'd like to join us, please contact:

☎ Steve Jones 07368 219048

✉ seiriolmenshed@gmail.com

🏠 Seiriol Men's Shed

www.facebook.com/profile.php?id=61564967474652

📍 Seiriol Men's Shed
The Flat
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You'll find more information and directions on page 11.



Cystadleuaeth Castell Tywod, Dydd Llun Gŵyl y Banc Awst 🍁

Lucy Low

Roedd hi'n ddiwrnod haf arall, hynod o boeth a heulog... yn berffaith ar gyfer diwrnod ar y traeth yn adeiladu cestyll tywod. Cafodd rhywun yr amseroedd llanw ychydig yn anghywir – Tom a minnau, mewn gwirionedd – ond roedd y llanw'n cilio'n gyflym ac fe lwyddon ni i gyd i ddod o hyd i fan ar y traeth i glogdio.



Castell tywod garw ei olwg
A rugged-looking sandcastle
(Lesley Rendle)

Unwaith eto cefnogodd yr Owain Glyndŵr ni gyda lluniaeth a chysgod ar y traeth, a gwerthfawrogyd hynny'n fawr gennym ni. Roedd gan ein beirniaid gwadd, sef Tammie Williams, yr Owain Glyndŵr a Mrs Sarah Walczak, y dasg anodd o ddewis yr enillwyr. Cadwodd y Parch Lesley Rendle drefn gyda'i siaradwr uchel a hedfanodd yr awr i adeiladu heibio. Mae'r digwyddiad yn llawer o hwyl i bobl o bob oedran a gallu, ac mae'r ffotograffau'n dangos pa mor greadigol y gall pobl fod! Mewn gwirionedd, daeth ffermwr lleol adnabyddus i mewn ac enillodd wobwr am y Adeiladwr Cestyll Tywod Hynaf, gyda'i bortread o fulfran yn dal pysgodyn!

Cofiwch: bob Gŵyl y Banc ddiwedd Awst, lawr ar Draeth Llanddona... ffordd wych o orffen gwyliau'r haf. Mae'r amseru'n cael ei bennu gan y llanw, nid gan Lucy!



Sandcastle Competition, August Bank Holiday Monday

Lucy Low

It was another fantastically hot and sunny summer's day... just the thing for

a day on the beach building sandcastles. Someone got the tide times slightly wrong, Tom and me, in fact, but the tide was going out fast and we all managed to find a spot on the beach to dig.

Once again yr Owain Glyndŵr supported us with refreshments and shade on the beach which we really appreciated. Our guest judges, Tammie Williams, yr Owain Glyndŵr, Mrs Sarah Walczak had the difficult task of choosing the winners. Rev Lesley Rendle kept order with her loudspeaker and the one-hour-to-build flew by. The event is great fun for all ages and abilities, and the photos illustrate just how creative people can be! Indeed, a well-known local farmer entered and won an award for the Oldest Sandcastle Builder with his depiction of a seagull catching a fish!

Remember: every Bank Holiday at the end of August down on the Llanddona Beach... it's a great way to sign off the summer holidays. The timing is dictated by the tide, not by Lucy!

STOP PRESS

Sorry... we've run out of space

We mentioned on page 4 that we had acquired an excellent new printer.

In a nutshell, the cost of **The Puffin** per issue depends on the number of pages per issue. Without going into all the detail, the way in which the machinery is set up for a print run uses multiples of 16 equivalent pages. This means that 32 pages, (the number in this issue) are within our budget, while 36 pages are beyond our budget (I understood the process once it was explained to me). 48 pages would be the next 'affordable' number, but we don't have enough text or money in the kitty.

This means that we've had to leave several articles out, including.

- Llanddona Tractor Rally (but see below),
- **The Puffin** for children,
- Bell-ringing in Beaumaris Church,
- The Rothsay Castle disaster, and
- The recent Beaumaris Run Fest Weekend.

We hope to publish them in **The Puffin** 55 in February.

Llanddona Tractor Rally

Last of all, this excerpt from Lucy Low's forthcoming article on the Llanddona Tractor Rally was much too important not to be squeezed in:

A big shout out to everyone who helps and supports this annual event in the village of Llanddona. A fantastic figure of £3,500 was raised on the day, the money being donated this year to local charities and good causes.

Tailpiece: the Waggy Westie and Little Lucy tell the story of the Patchwork Pup...

Edie Barkser-Lott (dogtated to Andrew Perrott by e-mail, telephone and face-to-face); needless to say, Little Lucy butted in

My bezzie Little Lucy has had a rough few months. She started to limp in the summer, and an X-ray showed that the problem was something called Legg-Calvé-Perthes disease (LCP) in her left hip. It was all too complicated for me, even though I'm a Canine Genius, so my Dogtation Boss dogtated this bit to me...

LCP is a relatively uncommon painful condition that affects the hip. It is also known as avascular or aseptic necrosis of the femoral head. In LCP there is poor blood supply to the 'ball' part of the hip joint which causes the bone to die and crumble and leads to a stiff, very painful hip joint. This causes the dog to limp and eventually develop arthritis. It appears in small-breed dogs, including toy breeds and terriers, nearing skeletal maturity; Little Lucy's first birthday is on 13 November.

There were two options, a femoral head and neck excision (FHNE) or a hip replacement. The latter wasn't a good idea, apparently, because there's not enough bone mass in such a small dog: Little Lucy is small, even for a Westie, at just over 7.25kg. FHNE surgery involves removing the damaged section of hip bone and socket. After its removal, fibrous tissue fills the space and forms a 'false' joint. This isn't as flexible as a normal hip joint, but allows the dog to walk pain-free and will not usually affect its day-to-day movement. Little Lucy had a FHNE operation on 1 August and started hydrotherapy treatment three weeks later. There: now it's back to me.

The People told me nothing about what was in store for my bezzie when she visited us at the beginning of August. Off she went in the morning, back she came in the evening... and what a fright she looked! She had a huge plaster and a lot of her fur shaved off... a real Patchwork Pup! She didn't want to speak to me; she just wanted to sleep, and I don't blame her. She was much more herself the next day, though, and after her breakfast we went for a very slow and

gentle walk, very slow because she was hopping on three legs.



This is me before, looking smart, and afterwards, when I was feeling anything but normal...



...and just before the 18 staples were removed in mid-August; I was still a Patchwork Pup, but my fur was growing back very nicely

She came to visit us again in September, and what a difference! Her scar was beginning to disappear as her fur grew, and she was bouncing about like mad... her Boss has to slow her down to make her walk on four legs so that the hip is exercised gently, otherwise she hops about a bit like a kangaroo...

Do you know what? She started to dogtate at me the moment she walked in through the front door! She may be my bezzie, but she's just too much for a mature diva like me, so I try to ignore her as much as possible. I've decided that I'm going to hand over to her completely after Christmas; it'll give me a bit of peace.

Little Lucy here! That old wisepants Edie is so unkind, you know, because all I wanted to do is play with her. She won't have it, though, and growls at me, so I told her I was taking over *now*, so there! I won't be dogtating much this time, though, because the Boss has said that I should show you some pictures of me at one of my weekly hydrotherapy sessions.



This is me in the big pool with Esme... I was very splashy, but I didn't really mind the water because everybody at Mochdre Vets is very kind to me



Here they're showing how my exercises should be done, and below I'm on the treadmill; Esme holds me while the treadmill moves, so I have to walk...



I enjoy the sessions, and I have to do regular exercises twice a day as well. The Boss massages my leg afterwards, and I like that because I feel dozy afterwards and want to go to sleep.

Oh dear. The Boss has told me that I'm at the bottom of the page, which means that you'll have to wait till February to read about how I'm getting on... bye bye!

Some local Facebook community links

- Anglesey Community Noticeboard/Hysbysfwrdd Cymunedol Môn
www.facebook.com/groups/205528177434085/
- Friends of Beaumaris
www.facebook.com/groups/521368261344315/
- Beaumaris Community Activities and Information/Gweithgareddau Biwmares
www.facebook.com/groups/400365856820659/
- Ffrindiau Cwlwm Seiriol Friends
www.facebook.com/groups/395263584239092/
- Cymuned Llanddona Community
www.facebook.com/groups/llanddona/
- Cymuned Llandegfan Community
www.facebook.com/groups/1518554195120520/
- Ffrindiau Llangoed
www.facebook.com/groups/1458577214379355/
- Cymuned Llangoed Community
www.facebook.com/groups/Llangoed/
- Pobol Llansadwrn People
www.facebook.com/groups/3140572646162274/
- Hysbysfwrdd Seiriol Noticeboard
www.facebook.com/groups/1600203890233039/

Editorial information and other 'useful to know' stuff

The Editorial Team

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Editorial Policy

- **The Puffin** is a community journal. It does not become involved in matters such as politics, local or national, but is intended to be a means of bringing people and communities together, celebrating our 'sense of community' and the beautiful part of the world in which we live, so please be kind, courteous and respectful. 'Hot' topics related to the local context are fine, but we ask that people respect the fact that alternative views may be valid as well.
- We welcome news, letters and interesting articles, in Welsh and in English, as long as they are attributed to an author; please don't send us anything marked 'not for publication'.
- The views expressed in **The Puffin** do not necessarily represent those of the Editorial Team.
- We review all items for material that is obviously libellous or offensive, but we cannot check for factual accuracy because we might not be sufficiently expert on the topic, and because of time constraints.
- If you have strong feelings about what is said, or is not said, in **The Puffin**, don't bottle it up: get in touch with us or join the group of volunteers who form the Editorial Team who enable its production.

General information and publication dates

- We will do our best to reply to your e-mails quickly.
- If you e-mail photographs and other pictures to us for inclusion in **The Puffin**, please send them in .jpg format if possible. If you send photographs or documents to us by post, be sure to enclose a stamped, self-addressed envelope so that we can return them to you after they've been scanned.
- The word count per column is c.350 (three-column page) and c.520 (two-column page).
- **The Puffin** is published in:
February: submissions **must** be in by 1 January
May: submissions **must** be in by 1 April
August: submissions **must** be in by 1 July
November: submissions **must** be in by 1 October

Submissions and donations by post

- We are happy to receive submissions – and donations, of course! – by post. Please send them to:
 Andrew Perrott
 Glangors
 Llanddona
 Anglesey
 LL58 8TU
 Mark the envelope **The Puffin** and enclose your address, an e-mail address and/or telephone number so that we can let you have an acknowledgement and a 'thank you'.
- If you would like to make a donation by bank transfer, our details are:
 Bank: **NatWest**
 Account name: **The Puffin**
 Account number: **88609782**
 Sort code **54-10-01**

Sponsorship and advertising

- Please contact us by e-mail if you would like to sponsor **The Puffin** or place an advertisement in it.

Where to pick up your copy of The Puffin

- **Beaumaris**
 ABC Service Station, Gallows Point, LL58 8YH
 Canolfan Hamdden Beaumaris, Rating Row, LL58 8AL
 Central Bakery, 22 Margaret Street, LL58 8DN
 Ena's Newsagents, 24 Castle Street, LL58 8AP
 Spar, 11 Castle Street, LL58 8AB
 Town Hall (entrance lobby), Castle Street, LL58 8AP
- **Llanddona**
 Yr Owain Glyndŵr, LL58 8UF
 Wern y Wylan, LL58 8TR (at Wern y Wylan Court)
 Neuadd Bentref Llanddona Village Hall, LL58 8TS
- **Llandegfan**
 Siop Llandêg, Lon Ganol, LL59 5UA
- **Llangoed**
 Morrisons Daily, China House, LL58 8NW
 Neuadd Bentref Llangoed Village Hall, LL58 8NY
- **Penmon**
 The Pilot House Café, Black Point, LL58 8RR
- **On-line**
www.seiriolalliance.co.uk/newsletters/

Some useful contacts

Alcoholics Anonymous	0800 917 7650
Canolfan Iechyd Beaumaris Health Centre	01248 810818
Canolfan Hamdden Beaumaris	01248 811200
Cynllun Tro Da Seiriol Good Turn Scheme	01248 305014
Dŵr Cymru/Welsh Water:	leaks
water services and emergencies	0800 281 432
sewerage services and emergencies	0800 052 0130
Electricity (SP Energy Networks):	information about power cuts
	0800 001 5400
Floodline	0345 988 1188
Gas:	National Gas Emergency Service
	0800 111 999
Isle of Anglesey County Council:	
	Beaumaris library
	01248 810659
	Children's Services
	01248 752722
	missed waste collections
	01248 752860
NHS (NHS Direct closed in 2014):	
	for non-emergency medical help
	111
NSPCC:	
	help for adults concerned about a child
	0808 800 5000
	help for children and young people
	0800 1111
Police: non-emergency	101
PCSO: not known	-
PCSO: not known	-
Post Office:	customer helpline
	0345 611 2970
	Morrisons Daily, Llangoed
	01248 490056
	Spar, Beaumaris
	01248 810326
RSPCA:	daily, 9.00am-6.00pm
	07490 642555
Samaritans:	English language
	116123
	Welsh language
	0808 164 0123
Ysbyty Gwynedd Hospital	01248 384384



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