

The Puffin

FREE community magazine • published quarterly

Number 40 • May 2022

THE SEIRIOL FUNNEL

CLOUD!

PAGE 2

Serving...

- Llangoed
- Glanrafon
- Penmon
- Beaumaris
- Llanfaes
- Llanddona
- Llandegfan
- Llansadwrn

...and on-line

IT'S MAY ALREADY!

John Nunn

Well, here we are, in May! How did that happen? March winds and April showers give way to May flowers, though I have to say that, here in our corner of Anglesey, we've had the colour of flowers in the garden all year.

Only yesterday, it seems, I was writing an introduction to **The Puffin** 39...and now it's **The Puffin** 40. That's a bit of a landmark: it seems only yesterday that I was helping put together **The Puffin** 18.

As the saying goes, 'time flies'...and apparently It does, especially as you get older. You probably all knew that, but I for one have only just got a grip on why time flies faster when you are older. It's obvious when it's pointed out, but it hasn't always been clear to me until relatively recently. Here's the logic, with apologies to everyone who already knew this. Whether we are eighty or eight our lives represent for us all the time there has ever been. An eight-year-old will tell you he has been alive for ages and likewise the eighty-year-old. Whilst we can learn about what happened before we were born, we can't really get a solid handle on that. We can't feel that passage of time because we weren't there. So, for the eight-year-old a period of one year stretches out for absolutely ever and ever. After all, it represents one-eighth of all this massive amount of time he/she has been alive. But for the eighty-year-old it is just one-eightieth of the time he has been on Earth...hardly any time at all, really. So we look back to the long "lazy, hazy, crazy days of summer", to quote the late Nat King Cole of our youth, which seemed to go on for ever, and mourn the rapid passing of summers these days. Whether you're looking forward to a never-ending summer, however, or bemoaning the fact that it will soon be Christmas, there will be one constant: **The Puffin** with its *What's happening where?*, and its accounts of many of the things that have *happened wherever*.

Now for a bit about **The Puffin** 40. The pandemic and attendant lockdown have affected people in many ways. There are many for whom it has been rather a golden time, a time of stress-free travel to work (from bedroom to home office or dining room table), for the retired a relaxing time of walks, gardening and meeting with friends and family over Zoom, Teams and the like. For others, though, those on their own, those who have had to say remote farewells to loved ones, it has been a time of worry and stress...and nothing aggravates stress as much as financial worries, caused, perhaps by disappearing employment, keeping children happy and occupied at home, and the need, humiliating to many, to have to go cap in



7.12pm: less than three minutes elapsed from my first sighting to its vanishing



The funnel loses shape as it disappears upwards into the cloud



7.13pm: the corkscrew effect as it vanishes is quite distinctive; a moment later and it might never have been there



The tall mast is dwarfed by the funnel cloud as it begins to disappear (Alwena Roberts)

hand to food banks. With this in mind we've devoted some pages to providing pointers to the available avenues of help which exist: turn to page 7 for our *Debt: what can you do about it?* special. In **The Puffin** 39 we introduced you, our readers, to CAP (*Christians Against Poverty*; see page 16) but, as you will see, there are many other organisations that are able to give practical help and advice. You have to take the first step though... We must make it clear that we, **The Puffin's** Editorial Team, are not experts in debt relief, but we've trawled the internet to find a good selection of those organisations which are, so that you don't have to do so. We hope that you'll find it useful.

So, to return to the beginning, as it were, it's May! Here's to a long, warm, relaxing summer (well, we can dream), and we look forward to "seeing" you in August.



THIS MONTH'S COVER PICTURE: THE SEIRIOL FUNNEL CLOUD

Andrew Perrott

The weather was beginning to get busy on the evening of 31 March after a couple of weeks of very pleasant shirt-sleeves weather, ideal for mowing the Llanddona prairie (our lawn). We'd eaten, the pans were washed and I'd strolled Tilly up the lane towards Capel Peniel. There was a blanket of very dark cloud to the north and spits of hail in the air as the sun was going down. I walked into the garden to look at it, and just happened to glance to my right...and saw a tornado!

I ran indoors for my camera and was just in time to take some photographs. From first sight to disappearance lasted less than three minutes...a few minutes either way and I'd have missed a really exciting weather phenomenon.

I posted my photographs on Facebook and was corrected by a viewer: I'd seen a *funnel cloud* rather than a tornado (thank you; I didn't know). My photographs don't give that good an impression of its size, but have a look at the photograph that Alwena Roberts took from her viewpoint at one of the highest houses in Llanddona: the nearby transmitting station mast is 106.7m/350' tall. Imagine what a USA-style tornado of the sort that eats communities in one go must be like...

Wikipedia tells us that a funnel cloud is a funnel-shaped cloud of condensed water droplets, associated with a rotating column of wind and extending from the base of a cloud (usually a cumulonimbus or towering cumulus cloud) but not reaching the ground or a water surface. A funnel cloud is usually visible as a cone-shaped or needle-like protuberance from the main cloud base. They form most frequently in association

with supercell thunderstorms, and are often, but not always, a visual precursor to tornadoes.

A funnel cloud is considered to be a tornado if it touches the ground or water surface, although ground-level circulations begin before the visible condensation cloud appears. Most tornadoes begin as funnel clouds, but some funnel clouds do not make surface contact and these cannot be counted as tornadoes from the perspective of a naked eye observer. If strong cyclonic winds are occurring at the surface and are connected to a cloud base, regardless of condensation, the feature is a tornado.

 Funnel cloud
www.wikipedia.org/wiki/Funnel_cloud

 Funnel clouds
www.metoffice.gov.uk/weather/learn-about/weather/types-of-weather/clouds/other-clouds/funnel-clouds

 What is a funnel cloud?
www.yourweather.co.uk/news/science/what-is-a-funnel-cloud-rare-cloud-formations-uk.html

WHAT'S HAPPENING WHERE?

In pre-COVID times, *What's happening where?* was where our regular quarterly round-up of what's on in the locality appeared, regular events and one-offs near home and further afield. While we started 2022 much as we finished 2021, with the 'lurking COVID menace' still ruling our lives, information was thin on the ground, but all the pointers are towards an increasing air of normality (shopping sans mask!), so fingers at **The Puffin** are crossed in the hope that this will continue.

Inevitably, we don't cover everything that's on, so if you think that an event is missing and should be mentioned, please make sure that you let us know in good time: we want to support you, but we can't do so if you don't support us by feeding information to us.

Our contact details and submission deadlines are always given in *Editorial information and other 'useful to know' stuff* on the back page.

Note We're not alone when memory fails us, so we'll point out the obvious, just in case...

- Keep an eye on local advertising and social media, Facebook and the like, because changes to COVID restrictions could still affect events either way, with some happening suddenly, or being cancelled equally suddenly.
- Check beforehand to make sure that an event is happening.
- Do remember to take a mask with you.

www.facebook.com/groups/llangoed

Bangor

- **Bangor Rotary Volunteer Expo:** Saturday 28 May, 10.00am-3.00pm, Bangor Cathedral. Local charities will be showcasing their projects and volunteer opportunities to show what they do and to celebrate their amazing work. You are invited to come along to chat and find out more.

There will be a service in the Cathedral on Friday 27 May at 5.00pm to celebrate the dedication and work of these charities; everyone is welcome!

Beaumaris

- **Canolfan Beaumaris, Seiriol Alliance:** go to pages 13-19 and read all about all the interesting and exciting things that are happening.
- **Beaumaris Film Night:** Beaumaris Film Night is back! Make a diary note now: Thursday 5 May sees the long-awaited return of Beaumaris Film Night at Canolfan Beaumaris Leisure Centre.

As happy to be back as are all the filmgoers who've been asking about it, the team of volunteers have chosen a fine tale to start: *Dream Horse*.



Toni Collette and Owen Teale in a scene from *Dream Horse*, the story of Dream Alliance, a horse that raced in the Welsh Grand National

It's the true story of an unlikely racehorse, Dream Alliance, bred by a Welsh bartender who persuades her neighbours to chip in their earnings to raise her. Toni Collette, Damian Lewis and Owen Teale star among many, including appearances by real characters.

As before, films will be shown on the first Thursday of the month at 7.30pm, tickets still at just £5.00 each. Refreshments are available from 7.00pm-7.30pm. All proceeds will go to support the Leisure Centre.

Screenings for June to August will include *The Father*, *The Dig* and *Supernova*. Tickets are available in advance from reception, or telephone 01248 811200.

Volunteers are always welcome; please contact Stephen Marsden to find out more.

 07774 699685

- **Clwb Bowlio Beaumaris Bowling Club:** Lockdown is almost behind us now! Clwb Bowlio Beaumaris Bowling Club reopened last month, and would like to welcome people of any age or gender to come along and have a go: the Club is at Happy Valley, by the beautiful Beaumaris Castle.

For more information and/or a taster session please contact Dave Matthias.

 davemathias49@gmail.com

 01248 490222, 07712 121147

 Mike Ormond 01248 810073

See page 27.

- **Clwb Rhwyfo Beaumaris Rowing Club:** there is a long history of competitive rowing on the Menai Strait. A Strait Regatta poster for 1830 offers races for six-oar boats and four-oar gigs. Beaumaris Rowing Club was founded as early as 1873 and a copy of the Club's 1876 rulebook is preserved in the Anglesey County Archive. This racing tradition continues in the current Rowing Club...so come and join us!



Seen from Gallows Point on a chilly morning in May 2021, the crew is hard at it, rowing the Celtic Longboat *Menai* up the Strait towards Bangor

We run taster events during April and September for people to learn about, and have a go at, rowing a Celtic Longboat.

It doesn't matter if you've never rowed before; we'll show you the ropes.

Please contact Rachael Robins, Recruitment Officer, if you are interested.

 robins.rach@gmail.com

See page 23.

- **Bangor Rotary Charity Fair:** Sunday 28 August, 11.00am-4.00pm, the Green, Beaumaris. It's a Family Fun Day, with charity stalls, music, Chimera circus skills, children's games, bric-a-brac...

Local charities have the opportunity to raise their profile and money for their good causes.

It's a great family day out, so put the date in your diaries!

See page 19.

- **Gŵyl Beaumaris Festival 2022:** this year Gŵyl Beaumaris Festival introduces an exciting new format, with a Spring and Summer Festival.

Spring Festival: 27 May-29 May.
Here's a taster for you: a new Art Exhibition of work by renowned local artist Wil Rowlands and a concert of music by Bach, Handel, Mozart and Holst, with visiting singers and musicians from Florida...and there's much more...



Summer Festival: 30 June-4 July.
Here's another taster for you: Jazz at the Bulkeley Hotel and a festival debut for the John Wheatcroft Trio, and much more in the days to follow...

Some more information:

- **Tickets:** tickets are on sale via the Gŵyl Beaumaris Festival website and Canolfan Beaumaris Leisure Centre.
- **Booking forms:** booking forms are available at the Festival box office or may be downloaded via the Gŵyl Beaumaris Festival website.
- **Postal bookings:** send postal bookings to:

Gŵyl Beaumaris Festival
Canolfan Beaumaris Leisure Centre
Rating Row
Beaumaris
Anglesey
LL58 8AL.

Payment is by cash, card or cheque.

☎ 01248 811200

📧 Gŵyl Beaumaris Festival
www.beaumarisfestival.org/

Read more about the Festival on page 12.

- **H'Artworks:** I'm Anne Snaith, and am 'Artist in Residence' at the Bulkeley Hotel, Castle Street, where I run a variety of workshops and much more besides.

Tuesdays, 4.30pm-5.30pm:
Children's Art Club for ages 6-12.

£12.50 per head, includes professional tuition in a wide variety of media. Materials are included. Restarted on 26 April.

Thursdays, 1.00pm-3.00pm:
Watercolours for beginners and intermediates. It's fun and friendly, and a block of ten sessions costs £150. Each session is 'stand alone', so people can join later and create a picture each session. If you are late joining the course, fees will be adjusted accordingly. Places are still available.

Thursdays, 4.30pm-5.30pm: Young People's Art Group for ages 12-18. The cost is £15.00 per head, and includes professional tuition in a wide variety of media. Materials are included. Restarted on 21 April.

Fridays, 4.30pm-5.30pm: the popularity of my Tuesday sessions means that I'm able to start another Children's Art Club for ages 7-12. £12.50 per head, includes professional tuition in a wide variety of media. Materials are included.

Look out for information on social media, such as Facebook and Instagram.

For more information or to book a place please contact me, Anne Snaith:

✉ hartworks@btinternet.com

☎ 07531 384434 or 01248 490370 (try my mobile first)

- **Beating the Bounds 2022:** owing to the change to the Bank Holiday at the end of May Beaumaris Town Council has decided to hold the historic Beating the Bounds event on Bank Holiday Monday, 2 May...so dig out your hiking boots!

Keep an eye on on social media, such as Facebook, for more information.

📧 Beaumaris Town Council
www.beaumaristowncouncil.gov.uk/

- **The Beaumaris Eye is back!:** the London Eye is so 'yesterday', isn't it? It'll be here until 9 May, giving people the chance to see unrivalled views of the Menai Strait, the Great Orme and Puffin Island, and Snowdonia. Make sure that you take a ride on this giant observation wheel!
 - **Opening:** 11.00am-6.30pm.
 - **Tickets:** standard £6.00; other rates apply so do ask...and there are group discounts as well.

Llanddona

- **Caffi Ni:** Thursdays, 11.45am-2.00pm, Neuadd Bentref Llanddona Village Hall.

Please note that Caffi Ni will not be opening on Fridays for the foreseeable future.



Neuadd Bentref Llanddona Village Hall is pleased to announce that it has received a Food Hygiene Rating of 5

- **St Dona's Church: Champing Project:** There will be an Open Day, at the Church, 11.00am-3.00pm, to showcase the Church's 'pop-up camping experience'. Join us to see what's on offer and enjoy a cuppa and cake!

Please contact Lucy Low for more information or if you can offer any help or advice.

☎ 07774 472511 or 01248 490167

See page 5.

- **Caffi Cofio:** Neuadd Bentref Llanddona Village Hall, the first and third Wednesdays of the month, 2.00pm-4.00pm. Caffi Cofio is provided by Carers Trust North Wales Crossroads Care Services.

It's a friendly service for anybody who needs support; carers are welcome as well. Please telephone to book a place.

Put these dates in your diary:

- 4 May
- 18 May
- 1 June
- 15 June

Transport to and from the group can be arranged; it's organised by the Seiriol Good Turn Scheme, with a small fee.

☎ 01492 542212

- **Village Knit Club:** every Monday at 7.15pm, at the Owain Glyndŵr. All are welcome to this friendly group; bring your knitting, crochet, patchwork, whatever!

For more information contact Meg Marsden.

☎ 07913 223435.

- **Llanddona Table Tennis Group:** every Monday, Neuadd Bentref Llanddona Village Hall, 10.00am-12.00 noon.

For more information contact Kirsty Simpson.

www.facebook.com/groups/llanddona/

Please contact Kirsty Simpson if you're interested. We'll need to explain to people the current guidelines for playing before they come along should there be any continuing COVID restrictions.

✉ kirstyalisonsimpson@hotmail.com

- **Village Knit Club:** every Monday at 7.15pm, at the Owain Glyndŵr. All are welcome to this friendly group; bring your knitting, crochet, patchwork, whatever!

For more information please contact Meg Marsden.

☎ 07913 223435.

- **Llanddona Writers Group:** the group has been back meeting in person for months now, with a few new members to freshen us up. We currently meet free of charge every third Tuesday afternoon at 3.00pm. We welcome anyone, starters included.

If you'd like to give us a try, or find out more, please contact Stephen Marsden.

☎ 07774 699685.

- **The 'new' Owain Glyndŵr:** turn to page 26 and read more about it.

Llangoed

- **Llangoed Flower, Vegetable and Craft Show: new organiser required:** Mike Linford, the Show's organiser, says: 'it is with regret that, due to ill health and other commitments, I am able no longer to organise the Llangoed Flower, Vegetable and Craft Show. Many readers will know that the Show has been cancelled for the past two years because of the COVID pandemic.

'If anybody is interested in taking over it running, please contact me; my details are below. I have all the information regarding judging, show schedules, certificates and so on.

'If there is no one interested in taking over the show it will fold, which will be a great pity as it has been a very popular event over the past years.

'It has been a lovely way to get the local people to meet and join in, with the chance to see the paintings exhibited by the children of Llangoed School.

'I would like to thank all who have helped me to run the show.'

Mike Linford
Caim Cottage
Penmon
Anglesey
LL58 8SW

☎ 01248 490184

✉ caimcot@btinternet.com

- **Llangoed WI:** we meet on the first Wednesday of the month. Meetings begin at 2.00pm on the first Wednesday of each month in Llangoed Village Hall. We are a lively group of mixed ages, so, ladies, do feel welcome to join us.

See also page 6.

Anglesey's Takeaway Hero!

Award Winning
PILOT HOUSE
CAFÉ

The Pilot House Café
The island's favourite takeaway
Black Point, Penmon, Anglesey LL58 8RR
☎ 01248 490140 🌐 www.pilothousecafe.com/

BEAUMARIS TOURIST INFORMATION



Beaumaris's tourist information point is in the entrance foyer at the beautiful Town Hall in Castle Street, LL58 8AP.

You'll find a wide range of leaflets and other tourist information to meet all your needs.

It's open between
10.00am and 4.00pm every day.

- **Seiriol Men's Shed:** we meet on Thursdays, 10.00am-12.00 noon, in our workshop at Haulfre residential home, Llangoed. See also page 20. To find us from the direction of Beaumaris:
 - Go through Llangoed, past Morrisons Daily (formerly McColl's) on the right, and down the hill

- Go over the little bridge at the bottom and up the hill for about 200 yards
- Turn right at the *Gerddi Haulfre Gardens* sign into the Haulfre Residential Home car park
- Walk down towards the gardens
- Our workshop is on the left.

PS: it's men only!...and please park thoughtfully.

For more information please contact:

☎ Mike Thomas 07941 103386

See also page 20 and page 23.

BEAUMARIS TOURIST INFORMATION: WE NEED VOLUNTEERS!

Gwen Richards

Local people will know of Beaumaris's tourist information point in the entrance foyer at the Town Hall in Castle Street.

It's open daily, and we need volunteers for weekly two-hour shifts during the tourist season. Volunteers for other less regular help are needed as well.

If you're interested or would like more information, please contact me, Gwen, by telephone or e-mail.

☎ 07721 864661

✉ gwenrichardsuk@yahoo.com

EGLWYS SANTES DONA: PROSIECT 'CHAMPING', HAF 2022

Lucy Low, Warden

Bydd llawer ohonoch yn ymwybodol bod dyfodol ein heglwysi dan fygythiad, ac yr ydym wedi brwydro i gadw ein hadeiladau yn Llanddona.

Mae Eglwys Sant Iestyn, Llaniestyn, yn aros am waith adfer sydd wedi'i gynllunio'n ofalus, gyda chymorth eich haelioni caredig a digwyddiadau fel Rali Tractor Llanddona y llynedd yr ydym yn gobeithio ei chynnal eto. Cadw'r dyddiad hwn: 13 Awst 2022!

Mae angen mwy o arian ar Eglwys Sant Dona, Llanddona, i gefnogi a chyfiawnhau ei safle yn y gymuned. Rydym wedi cynnig syniad nad yw wedi cael cynnig, er ei fod yn boblogaidd yn Lloegr, yng Nghymru...Champing!...ac efallai y byddwch yn darlennu mwy amdano drwy'r ddolen isod.

Yn ein hadeilad prydferth o Eglwys Sant Dona ein nod yw darparu llety sylfaenol dros nos i grwpiau o 4-6 o bobl a fydd yn defnyddio'r Eglwys yn unig, gan alluogi'r Eglwys i gael ei phrofi mewn ffordd gwbl newydd. Bwriedir cynnal tymor prawf ar gyfer yr haf hwn a gofynnwn am eich cefnogaeth.

Ein nod yw cynnal Diwrnod Agored ar 21 Mai, 11.00yb-3.00yp, i arddangos ein

Across

- 7 Short jacket (6)
- 8 Snare (6)
- 9 Water feature (4)
- 10 Specialist symbols (8)
- 11 Completely (7)
- 13 Seasoned (5)
- 15 Position for prayer (5)
- 17 Cheese (7)
- 20 Self-important person (8)
- 21 Accessible (4)
- 22 Toxic solution (6)
- 23 Valuable metal (6)

'profiad gweryslla dros dro'. Mae Eglwys Sant Dona mewn lleoliad delfrydol mewn lleoliad gwych wrth ymyl y traeth ac ychydig oddi ar y llwybr arfordirol. Gobeithio y bydd y prosiect hwn o fudd i'r gymuned a busnesau lleol ac yn dod â ffynhonnell refeniw y mae mawr ei hangen fel y gallwn gadw'r adeilad ar agor i wasanaethu'r gymuned ar gyfer addoliad, priodasau ac angladdau rheolaidd. Rhowch 21 Mai yn eich dyddiadur ac ymunwch â ni o 11.00yb ymlaen i weld y cyfleusterau sydd ar gael a mwynhau paned o de a rhywfaint o gacen!

Cysylltwch â mi, Lucy Low, i gael rhagor o wybodaeth neu os gallwch gynnig unrhyw help neu gyngor.

☎ 07774 472511, 01248 490167

📧 Champing
www.champing.co.uk

**ST DONA'S CHURCH:
 CHAMPING PROJECT, SUMMER
 2022**

Lucy Low, Warden

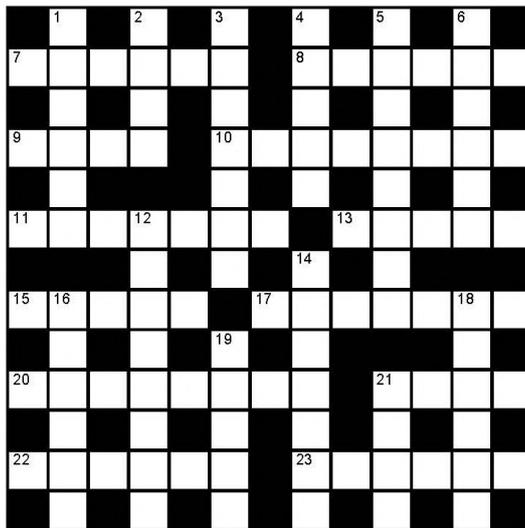
As many of you are aware, the future of our churches is under threat, and we have fought to retain our buildings within Llanddona.

St Iestyn's Church, Llaniestyn, is awaiting carefully planned restoration, helped by your kind generosity and events such as last year's Llanddona Tractor Rally which we hope to hold again. Save this date: 13 August 2022!

St Dona's Church, Llanddona, needs greater finances to support and justify its position in the community. We have come up with an idea that, although popular in England, has not been attempted in Wales...Champing!...and you may read more about it via the link below.

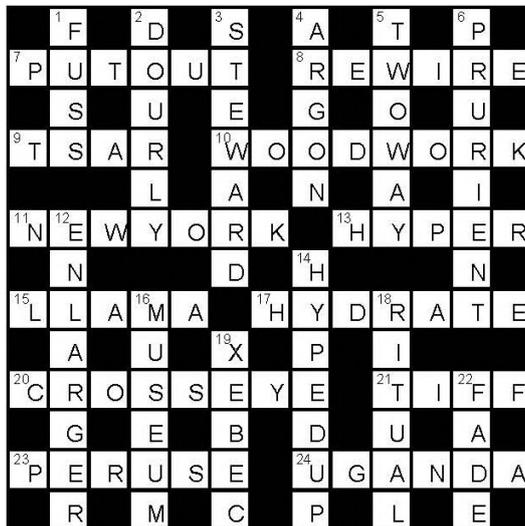
In our beautiful building of St Dona's Church we aim to provide basic overnight accommodation for groups of 4-6 people who will have exclusive use of the Church, enabling the Church to be experienced in a whole new way. A

QUICK CROSSWORD NO 9



The solutions to 'the Governor's' Quick crossword no 9 will be given in **The Puffin** 41.

QUICK CROSSWORD NO 8: SOLUTION



trial season is planned for this summer and we ask for your support.

We aim to have an Open Day on 21 May, 11.00am-3.00pm, to showcase our 'pop-up camping experience'. St Dona's Church is ideally situated in a fantastic location next to the beach and just off the coastal pathway. Hopefully this project will benefit the community and local businesses and bring in a much-needed source of revenue so that we can keep the building open to serve the community for regular worship, weddings and funerals. Put 21 May in your diary and join us from 11.00am onwards to see the facilities on offer and enjoy a cup of tea and some cake!

Please contact me, Lucy Low, for more information or if you can offer any help or advice.

☎ 07774 472511 or 01248 490167

📧 Champing
www.champing.co.uk

LLANGOED WI

Anne Lindley, Press Officer

It's another short update this month, but life is slowly returning to normal(ish), so here's hoping

Down

- 1 Shut down computer (3,3)
- 2 Interpret words (4)
- 3 Together (7)
- 4 Coins (5)
- 5 Sculptures (8)
- 6 Strikingly unconventional (3-3)
- 12 Make stronger (8)
- 14 Tiny particles (7)
- 16 Restricted (6)
- 18 Danced (6)
- 19 Shrewd (5)
- 21 On a single occasion (4)

that things will continue to improve though the year.

January: led by Margaret Dunn, we discussed 'discovering old houses'.

The winners of the competition, Photograph of an Old House, were:

- 1st Margaret Charles
- 2nd Cath Sproston
- 3rd Margaret Furlong

The raffle was won by Margaret Furlong.

We had our WI Christmas Lunch in January at Bishopsgate House Hotel; we all agreed that the meal was excellent.

February: 'Wine Making in Beaumaris'...the vines grown at Beaumaris Allotments by Keevan Anker. We all got to sample whites and reds! Wow!

The winners of the competition, Design a Wine Label, were:

- 1st Stephanie Dummer
- 2nd Jean Whitehead
- 3rd Sue Flack

The raffle was won by Dorothy James.

March: we listened to Rick Keeves and the story of bellringing and the making of bells, then we all got to ring the bells!

The winners of the competition were:

- 1st PamTurtle
- 2nd Miriam Hughes
- 3rd Jenny Martin Jones

April: Sue Timperley spoke about rescuing hedgehogs. Passionate about rescuing and caring for hedgehogs. Sue had taken in 26 so far this year. The western hedgehog is really on the decline in the UK.

Sue's wrote about Hedgehuggles Rescue in **The Puffin** 39, page 20.

The winners of the competition were:

- 1st Miriam Hughes
- 2nd Pam Turtle
- 3rd Cath Sproston

The raffle was won by Chris Linford.
www.seiriolalliance.co.uk/newsletters/

DEBT: WHAT CAN YOU DO ABOUT IT? SOME SOURCES OF INFORMATION AND HELP

Andrew Perrott

In **The Puffin** 39 we looked at mental health and the farming community, something about which many people are simply not aware. This month we've turned our attention to debt. We're sure that we're not alone when we say how concerned we are about the sudden and alarming increase in the cost of so many day-to-day basics, like electricity, gas and food.

Those of us who have fairly healthy bank balances are likely to be able to 'weather the storm' and come out of it relatively unscathed. It'll cause many people problems, though, and is likely to make the plight of those who already have financial problems that much worse, so we thought that we'd have a look to see what sources of information there are for those who are concerned and/or need help of some sort...and we found a great deal of them.

Important notes We don't pretend to be financial wizards, and we're not attempting to give advice of any sort. We've simply dipped into some on-line sources of assistance, steering well clear (with a couple of exceptions) of private companies, to give you, our readers, a flavour of what is available.

The information given in this article is not intended to be comprehensive. There's so much useful information and help about debt on-line, and we can do no more than give a representative sample of what is available.

- **Sources of information:** we compiled this article using information that is available to anybody on the internet. It is *the reader's responsibility* to ensure that information gathered from the article and links is right and appropriate for him/her.

We searched on-line using the following criteria:

sources of debt advice uk
sources of debt advice wales
sources of debt advice anglesey
personal debt uk

and came up with a great deal of useful information and links. You'll see that many of the links cover the same subjects, and most appear to do a thorough job of it.

- **Searching on-line:** before starting your search, think about the help and/or advice that you need, everything that you need to know, in fact, and make a 'shopping list'...and remember to do what we did: make a note of your search criteria in case you need to return to them.

- **Licensed practitioners:** you should be aware that some forms of debt assistance may require licensed practitioners to be put into effect. These include bankruptcy and Debt Relief Orders (DRO).
- **Telephone numbers:** we've given some telephone numbers in this article, and you may well find more as you search on-line for information.

We hope that you find this article useful.

◆ ◆ ◆
Bank and building societies We searched on-line using the following criterion:

help with bank debts uk

Banks and building societies are a specialist subject so we can do no more than list a few useful sources and advise that a person with financial problems really should contact his/her bank or building society as soon as possible.

📄 Help with debt
www.citizensadvice.org.uk/debt-and-money/help-with-debt/

📄 Free debt advice: what if I need help with my debts?
www.stepchange.org/how-we-help/debt-advice.aspx

📄 Help with debt and managing money
www.understandinguniversalcredit.gov.uk/employment-and-benefits-support/help-with-debt-and-managing-money/

📄 What do I need to know about debt?
www.bankofengland.co.uk/knowledge/bank/what-do-i-need-to-know-about-debt

☎ There are too many banks and building societies to list here. You'll find information and telephone numbers on your bills, statements and other paperwork.

BBC News The BBC News *Sources of debt advice* page is a small source of useful links, some of which appear elsewhere in this article.

📄 Sources of debt advice
http://news.bbc.co.uk/1/hi/programmes/big_spender/3390861.stm

📄 Personal debt
www.bbc.co.uk/news/topics/ce1qrvielxmt/personal-debt

📄 The volunteers helping people cope with high energy bills
www.bbc.co.uk/news/business-your-money-60154108

📄 Your Money
www.bbc.co.uk/news/business/your_money

Business Debtline Business Debtline is a charity run by the Money Advice Trust.

It is a free debt-advice service for the self-employed and small businesses in England, Wales and Scotland, and has helped thousands of people to deal with their debts. There are guides, fact sheets, budgeting tools and sample letters to help you write to your creditors, and debt advice is available by using its webchat service or by calling its helpline.

📄 Business Debtline
www.businessdebtline.org/

☎ 0800 197 6026
Monday-Friday 9.00am-8.00pm

Christians Against Poverty Christians Against Poverty (CAP) provides free debt help and local community groups across the UK. Its services are run with local churches, and provide practical and emotional support and show people that there is always hope.

CAP was founded in 1996, and has lifted thousands of people out of poverty. As the name suggests, CAP is run by Christians, but it is for everyone: it is not a surreptitious attempt to convert people to Christianity, just a Christian-run organisation that wants to help.

A click on *I want help* will take you to a *Help near me* facility; enter a Postcode and that's likely to show that the nearest CAP Debt Centre is in Bangor, and there's a freephone number as well.

See **The Puffin** 39, page 16.

☎ 0800 328 0006

📄 Christians Against Poverty
www.capuk.org

Citizens Advice Citizens Advice's *Getting financial advice* page says that it applies to England, but much of the information will apply to Wales as well; it is up to the user to ask for clarification should he/she need it. That aside, the website gives a great deal of useful information under these headings:

- Getting financial advice
- Advice or guidance?
- Types of financial adviser
- Making sure your adviser is qualified and registered
- How to check you're getting the right advice
- What to think about before you see a financial adviser
- What the financial adviser should tell you
- How much will the advice cost
- How to find a financial adviser
- Complaints about financial advisers
- Further help and information

and there is a separate *Debt and money* column with links to more information.

📄 Getting financial advice

www.citizensadvice.org.uk/debt-and-money/getting-financial-advice/

The *Debt and money* page is another comprehensive source of information under these headings:

- If you can't pay your bills because of coronavirus
- Help with debt
- Debt solutions
- Debt and money search
- Budgeting
- Mortgage problems
- Rent arrears
- Action your creditor can take
- Borrowing money
- Banking
- Pensions
- Getting financial advice
- Sample letters to creditors
- Getting help with gambling problems
- Getting tax advice

This guide can be printed; click *Print* below the main heading.

📄 Debt and money

www.citizensadvice.org.uk/debt-and-money/

📄 Coronavirus debts: Estimating the size of lockdown arrears in Wales (November 2020, 11 pages)

www.citizensadvice.org.uk/Global/CitizensAdvice/Wales/Coronavirus%20Debt%20Wales.pdf

☎ 0800 702 2020 Advicelink: Wales
Monday-Friday 9.00am-5.00pm
Public holidays closed

Citizens Advice: Llangefni

Llangefni Citizens Advice

Canolfan Ebeneser

Bridge Street

Llangefni

Anglesey

LL77 7PN

☎ 0808 278 7932

✉ angleseyca@gmail.com

📄 www.ynysmoncab.org.uk/

Debt Advice Foundation The Debt Advice Foundation is a registered national debt advice and education charity in England and Wales. Its main focus is on helping those who need advice and support, and it believes strongly that improving financial literacy amongst the next generation of credit-users is vital to tackling unmanageable consumer debt in the UK.

It seeks to undertake these objectives through its free telephone debt-counselling service, which helps over 10,000 people every year, and through DebtAware, its award-winning

debt-education programme for schoolchildren.

It is listed by MoneyHelper as an accredited free provider of debt advice on its on-line debt advice locator page.

📄 Debt Advice Foundation

www.debtadvicefoundation.org/

📄 Fact Sheet (1 page)

www.debtadvicefoundation.org/wp-content/uploads/2009/01/Debt-Advice-Foundation-Fact-Sheet_3.pdf

📄 DebtAware

www.debtaware.org

☎ 0800 043 4050

Debt Support Trust The Debt Support Trust is a registered money advice charity. It has helped people across the UK with millions of pounds worth of debt. Its advisers are ready to listen carefully to people's financial problems and give options to resolve complex money problems.

The website is clear and easy to use, with headings that provide drop-down lists for more information.

📄 Debt Support Trust

www.debtsupporttrust.org.uk

☎ 0800 085 0226

Dewis Cymru Dewis Cymru has information that can help you to think about what matters to you, and also has information about people and services in your area that can help you with the things that matter to you.

A reason for its creation is the Social Services and Well-being (Wales) Act 2014, which came into effect in April 2016. This law is intended to make life better for people and their carers, by making sure people get the help they need to lead a good life.

A search is simple, via two search fields, *I'm looking for...* and *near...*

📄 Dewis Cymru

www.dewis.wales/

📄 The Social Services and Well-being (Wales) Act 2014: The Essentials (8 pages)

www.gov.wales/sites/default/files/publications/2019-05/social-services-and-well-being-wales-act-2014-the-essentials.pdf

Gov.uk It's worth taking time to look through the various headings so that you miss no useful information. We found three main links, which lead in turn to others.

National Debtline: this is a free, confidential and independent advice on dealing with debt problems in the UK. It gives links to:

- Help from your council if you're homeless or at risk of homelessness
- County court judgments for debt

- Applying to bankrupt someone who owes you money
- Options for paying off your debts

📄 National Debtline

www.gov.uk/national-debtline

Options for paying off your debts: if you owe people money (your 'creditors') you can make arrangements to pay your debts. Your options depend on the amount of money and assets you have.

The information is given under main headings:

1. Overview

Where you can get help
Paying off your debts
If you cannot pay off your debt

2. Breathing Space (Debt Respite Scheme)

How to apply for the Breathing Space scheme
Costs
Eligibility

We covered the Debt Respite Scheme in **The Puffin** 37, page 5.

3. Debt Management Plans

Get a Debt Management Plan
Costs
Eligibility
Your responsibilities

4. Administration orders

Get an administration order
Costs
Eligibility
Your responsibilities
Public records

5. Individual Voluntary Arrangements

Get an Individual Voluntary Arrangement (IVA)
Costs
Your responsibilities

6. Debt Relief Orders

Get a Debt Relief Order
Costs
Eligibility
Restrictions
What you need to know

There are links to related content as well.

📄 Options for paying off your debts
www.gov.uk/options-for-paying-off-your-debts

📄 Options for paying off your debts (printable version)
www.gov.uk/options-for-paying-off-your-debts/print

Civil Legal Advice: you might be able to get free and confidential advice from Civil Legal Advice (CLA) as part of legal aid if you're in England or Wales.

If you are eligible, you can get help from CLA for problems, including:

- debt, if your home is at risk
- housing, if you're homeless or at risk of being evicted
- domestic abuse
- separating from an abusive partner, when you're making arrangements
- domestic abuse
- separating from an abusive partner, when you're making arrangements for children or sorting out money and property
- a child being taken into care
- special education needs
- discrimination
- some child abduction cases

📄 Civil Legal Advice (CLA)
www.gov.uk/civil-legal-advice

Gov.wales Like the Gov.uk website, the Gov.wales website looks a bit starchy, but it's worth taking time to look through the various headings.

There are three main links, which lead in turn to others:

- **Citizens Advice**
- **Money Advice Service:** the link takes you to MoneyHelper
- **Dewis Cymru**

📄 Get financial or debt advice
<https://gov.wales/get-financial-or-debt-advice>

Isle of Anglesey County Council The *Consumer and legal advice* page is the only link that came up in our search.

📄 Consumer and legal advice
www.anglesey.gov.uk/en/Residents/Consumer-advice/Consumer-and-legal-advice.aspx

Citizens Advice Consumer Helpline

☎ 0808 223 1144 Welsh

☎ 0808 223 1133 English

Local authority: rent We searched on-line using the following criterion:

help with council rent debts uk

Citizens Advice is an excellent source of information, including:

📄 Get help with renting costs
www.citizensadvice.org.uk/housing/renting-privately/private-renting/get-help-with-renting-costs/

📄 Paying off your rent arrears
www.citizensadvice.org.uk/debt-and-money/rent-arrears/paying-off-your-rent-arrears/

📄 Work out which debts to deal with first
www.citizensadvice.org.uk/debt-and-money/help-with-debt/dealing-with-your-debts/work-out-which-debts-to-deal-with-first/

Gov.uk has some useful information about Housing Benefit and Discretionary Housing Payment.

📄 Housing Benefit
www.gov.uk/housing-benefit/what-youll-get

📄 Applying for a Discretionary Housing Payment
www.gov.uk/government/publications/claiming-discretionary-housing-payments/claiming-discretionary-housing-payments

Local authority: Council Tax We searched on-line using the following criterion:

help with council tax debts uk

Citizens Advice is an excellent source of information, including:

📄 Dealing with Council tax arrears
www.citizensadvice.org.uk/debt-and-money/help-with-debt/dealing-with-urgent-debts/dealing-with-council-tax-arrears/

StepChange Debt Charity stresses the fact that Council Tax is a priority debt, and must be paid. If a person is struggling to pay it he/she should contact the local authority and ask it to agree to a payment plan.

📄 Council Tax arrears
www.stepchange.org/debt-info/council-tax-arrears.aspx

MoneyHelper stresses the fact that Council Tax is a priority debt, and must be paid.

📄 Help if you're struggling to pay Council Tax
www.moneyhelper.org.uk/en/money-troubles/dealing-with-debt/help-if-youre-struggling-to-pay-council-tax

Gov.uk has some useful information about help with Council Tax arrears.

📄 Pay Council Tax arrears
www.gov.uk/council-tax-arrears

Money Advice Trust The Money Advice Trust is a national charity, helping people across the UK to tackle their debts and manage their money with confidence.

It supports individuals, the self-employed, small businesses, the free debt-advice sector and creditor organisations.

📄 Money Advice Trust
www.moneyadvicetrust.org/

📄 Households facing "double-whammy" of high inflation and looming tax rises
www.moneyadvicetrust.org/latest-news/households-facing-double-whammy-of-high-inflation-and-looming-tax-rises/

📄 Government support 'helps a little' but energy rises 'hurt a lot'
www.moneyadvicetrust.org/latest-news/government-support-helps-a-little-but-energy-rises-hurt-a-lot/

MoneyHelper MoneyHelper gives free advice on matters such as:

- Benefits
- Family & care
- Money troubles
- Savings
- Everyday money
- Homes
- Pension & retirement
- Work

and there are links to a wide variety of other useful information, such as:

- Help if you're struggling to pay your bills
- Money and mental health
- Energy bills – what to do if you're worried
- How make a budget
- Divorce and separation
- Self-assessment tax returns

📄 Where to get free debt advice
www.moneyhelper.org.uk/en/money-troubles/dealing-with-debt/debt-advice-locator

MoneyHelper's *Best ways to pay off your debts – England and Wales* page covers the different ways of dealing with debts if you're falling behind with day-to-day bills, loan and credit card repayments, or other financial commitments (such as your rent or mortgage) under these headings:

- Debt Management Plan (DMP)
- Debt Relief Order (DRO)
- Individual Voluntary Arrangement (IVA)
- Bankruptcy
- Offer in full and final settlement
- Writing off your debts
- Getting free debt advice

📄 Best ways to pay off your debts – England and Wales
www.moneyhelper.org.uk/en/money-troubles/dealing-with-debt/options-for-clearing-your-debts-england-and-wales

Money guidance

☎ 0800 138 0555 Welsh

☎ 0800 138 7777 English

Monday-Friday 8.00am-6.00pm
 Bank Holidays closed

Pension guidance

☎ 0800 011 3797

☎ 0345 602 7021 self-employed

Monday-Friday 9.00am-5.00pm
 Bank Holidays closed

Money and Pensions Service The Money and Pensions Service is an arm's-length body sponsored by the Department for Work and Pensions, established at the beginning of 2019, and also engages with HM Treasury on policy matters relating to financial capability and debt advice.

☒ Money and Pensions Service
www.moneyandpensionservice.org.uk/

MoneySavingExpert Martin Lewis's MoneySavingExpert website is a private company. It is a very useful source of all manner of financial information.

Subscription to its weekly e-mails is free; there's a link at the top of its home page. I used it to find out about Council Tax exemption on my home (I'm a Registered Carer living away from my only or principal home), and was successful when all other research had failed to produce a result.

Martin Lewis's advice is simple: 'Talk to someone'. The two news items below aren't that recent, but they're just as relevant now as they were when they were published.

☒ Money expert Martin Lewis highlights debt-mental health link
www.bbc.co.uk/news/uk-wales-44715554

☒ 'Speak to someone' debt advice from expert Martin Lewis (with short video)
www.bbc.co.uk/news/av/uk-wales-44722394

The MoneySavingExpert's *Debt problems: What to do & where to get help* page provides a comprehensive list of points to consider under several main headings, each with sub-headings:

• **Step 1: Assess how serious your situation is**

If you're in debt crisis
If you've got debt problems but are not in a debt crisis
Are you in a debt spiral?

• **Step 2: Sort your debt with our checklist**

Sort your spending
Cut the costs of all your debt
Deal with problem debts

• **Step 3: Still struggling? Seek free debt help from charities**

A list of useful links (some appear elsewhere in this article)
Need face-to-face advice?
The wrong people to go to... (this is important)
Debt tools: free on-line help
Become a Debt-Free Wannabe

It's well worth spending some time simply clicking on the various links because they lead in turn to other useful links.

☒ Debt problems: What to do & where to get help
www.moneysavingexpert.com/loans/debt-help-plan/

Some of the sources and information in its *Coronavirus Finance & Bills help: Help if you're struggling to pay mortgages*

& other debts, plus rental help, council tax and more page may overlap with other information, but there's a lot of useful information given under four main headings, with sub-headings:

- Help if struggling with debts
- Help if you can't pay your rent, including eviction help
- Help with other household bills
- Warning – watch out for coronavirus scams

Again, it's well worth spending some time simply clicking on the various links.

☒ Coronavirus Finance & Bills help: Help if you're struggling to pay mortgages & other debts, plus rental help, council tax and more
www.moneysavingexpert.com/news/2020/03/uk-coronavirus-help-and-your-rights/#credithelp

☒ 10-minute benefits check
www.moneysavingexpert.com/family/benefits-check/

National Debtline National Debtline is a charity that gives free and independent debt advice over by telephone and on-line.

It does not cold-call and will not pass personal information to other companies.

There is a useful *Fact sheet library*, with topic listed under these headings:

- Bailiffs
- Complaints and problems
- Court action
- Credit referencing
- Dealing with your creditors
- Debt solutions
- Debts with extra rules
- Household bills
- Housing
- Insolvency
- Life events
- Time limits for debts

☒ National Debtline
www.nationaldebtline.org

☎ 0808 808 4000
Monday-Friday 9.00am-8.00pm
Saturday 9.30am-1.00pm

Office for National Statistics The *Debt* page gives information about the debt of UK households, broken down by financial debt and property debt.

☒ Debt
www.ons.gov.uk/peoplepopulationandcommunity/personalandhouseholdfinances/debt

PayPlan Like MoneySavingExpert above, PayPlan is a private company, but its advice is free, impartial, and confidential.

☒ PayPlan
www.payplan.com

☎ 0800 280 2816

Monday-Friday 8.00am-8.00pm
Saturday 9.00am-3.00pm

Samaritans The Samaritans *Other sources of help* page is a very useful source of information about various organisations, listed under these headings:

- Addiction
- Benefits and Rights
- Bereavement
- Carers
- Children and young people
- Counselling
- Crisis pregnancy
- Debt, poverty and social exclusion
- Eating disorders
- Emotional text support
- Health
- Housing and homelessness
- Loneliness and isolation
- Mental health
- Military
- NHS Staff (only)
- Older people
- Relationships
- Sexuality
- Sexual/domestic abuse (abused)
- Sexual/domestic abuse (abuser)
- Victims of crime

☒ Other sources of help
www.samaritans.org/wales/how-we-can-help/if-youre-having-difficult-time/other-sources-help/

☎ 0808 164 0123 Welsh 7.00pm-11.00pm

☎ 116123 English

StepChange Debt Charity StepChange says that it provides the UK's most comprehensive debt advice service. It helps people with debt problems take back control of their finances and their lives. It helps people by:

- Providing free, confidential and expert debt advice and money guidance.
- Recommending the best solution or service for a person's circumstances.
- Supporting the person while he/she deals with his/her money problem for as long as help is needed.
- Campaigning on people's behalf to reduce the risk problem debt and the harm that it causes.

Topics covered include:

- Debt management plan (DMP)
- Individual voluntary arrangement (IVA)
- Debt relief order (DRO)
- Bankruptcy
- Equity release
- Debt Arrangement Scheme (DAS)
- Sequestration bankruptcy
- MAP bankruptcy
- Protected trust deed

📄 StepChange Debt Charity
www.stepchange.org

☎ 0800 138 1111 debt advice

Monday-Friday 8.00am-8.00pm
Saturday 8.00am-4.00pm

TaxAid The TaxAid guide on tax-paying is a useful source of information and advice.

📄 10 sources of information and advice
www.taxaid.org.uk/guides/taxpayers/tax-debt/sources-of-information-and-advice

Turn2us Turn2us is a national charity that provides practical help to people who are struggling financially.

Anyone can be just a step – a missed pay-cheque or illness – away from a real financial crisis, which is why Turn2us can help people find the support that they need to get back on track.

- Its *Benefits Calculator* takes less than 10 minutes to complete and it will advise you which means-tested benefits you may be entitled to, including tax credits.
- Its *Grants Search* can help you look for funds that might be able to give you a grant or other types of help.

📄 Turn2us
[www.turn2us.org.uk/](http://www.turn2us.org.uk)

☎ 0808 802 2000 Helpline

Monday-Friday 9.00am-5.00pm

Utilities: electricity, gas We searched on-line using the following criterion:

help with gas debts uk

Most of the information that we found covers electricity and gas, and there's quite a bit of overlap with the information given in the links above.

Citizens Advice is an excellent source of information, including:

📄 Grants and benefits to help you pay your energy bills
www.citizensadvice.org.uk/consumer/energy/energy-supply/get-help-paying-your-bills/grants-and-benefits-to-help-you-pay-your-energy-bills/

📄 What to do if you're struggling to pay your energy bills
www.citizensadvice.org.uk/consumer/energy/energy-supply/get-help-paying-your-bills/struggling-to-pay-your-energy-bills/

British Gas has what looks at first glance like a useful source of information, but it's not easy to find; the user has to scroll down to find the small heading *Struggling to pay* beneath a

larger heading, *There's more to us than gas and electricity*.

📄 Struggling to pay
www.britishgas.co.uk/help-and-support/struggling-to-pay

British Gas Energy Trust looks to be a useful source of help and advice.

📄 Welcome to the British Gas Energy Trust
www.britishgasenergytrust.org.uk/

StepChange Debt Charity gives a lot of useful information on its website.

📄 Help with rising gas and electric bills
www.stepchange.org/debt-info/gas-and-electricity-arrears.aspx

📄 Government help with winter gas and electricity bills
www.stepchange.org/debt-info/government-help-with-gas-electric-bills.aspx

Community Action On Fuel Poverty is a useful website. The Community Action Partnership is a programme delivered by National Energy Action (NEA) and British Gas in partnership with local authorities, aimed at bringing affordable energy and improvement to the lives of residents through an innovative community action framework, equipping them with the tools and guidance needed to sustainably and tackle fuel poverty collaboratively.

📄 Fuel debt and trust funds: Help offered by the government and energy suppliers
www.fuelpovertyresource.org.uk/focus-on/fuel-debt-and-trust-funds/

Turn2us helps people in financial need gain access to welfare benefits, charitable grants and other financial help: on-line, by phone and face-to-face through its partner organisations.

📄 Energy schemes – Help from your energy company
www.turn2us.org.uk/Benefit-guides/Energy-schemes/Help-from-your-energy-company

Gov.uk has an *Options for paying off your debts* webpage which gives information about arrangements that may be made to pay debts.

The options depend on the person's amount of money and assets.

📄 Options for paying off your debts
www.gov.uk/options-for-paying-off-your-debts

☎ There are too many electricity and gas companies to list here.

You'll find information and telephone numbers on your account paperwork and bills.

Utilities: water We searched on-line using the following criterion:

help with water debts uk

Citizens Advice is an excellent source of information, including:

📄 WaterSure scheme – help with paying water bills

www.citizensadvice.org.uk/water/water-supply/problems-with-paying-your-water-bill/watersure-scheme-help-with-paying-water-bills/

📄 Help with paying your water bills
www.citizensadvice.org.uk/consumer/water/water-supply/problems-with-paying-your-water-bill/help-with-paying-your-water-bills/

Certain eligibility criteria apply.

StepChange Debt Charity gives information about the help that water companies are offering their customers.

📄 Are you struggling to pay your water bills? Get help with your water bills
www.stepchange.org/debt-info/help-with-water-bills.aspx

National Debtline advises of the rules that apply to water charge debt and how to deal with it.

It explains how to get help paying the water bill from a trust fund.

📄 Water arrears
www.nationaldebtline.org/fact-sheet-library/water-arrears-ew/

Turn2us helps people in financial need gain access to welfare benefits, charitable grants and other financial help: on-line, by phone and face-to-face through its partner organisations.

📄 Water schemes – Water companies (England and Wales)
www.turn2us.org.uk/Benefit-guides/Water-schemes/Water-companies

Dŵr Cymru/Welsh Water has a Customer Assistance Fund which is designed to help those in severe financial hardship to clear debt and get on top of their payments.

If applicants are successful Dŵr Cymru/Welsh Water will set up a monthly, fortnightly or weekly payment plan for the current year's charges.

📄 Customer assistance fund
www.dwrcymru.com/en/support-with-bills/customer-assistance-fund

📄 HelpU tariff
www.dwrcymru.com/en/support-with-bills/helpu-tariff

☎ You'll find information and telephone numbers on your account paperwork and bills.

The text in this article is available as a standalone document.
Please e-mail us at puffinpages@gmail.com if you would like us to e-mail you a copy.

NATIONAL GARDEN SCHEME IN WALES 2022

Rebecca Andrews

The darling buds of May are bursting out in gardens all over Gwynedd and Anglesey!

The National Garden Scheme (NGS) has many wonderful gardens open, to celebrate the glorious months which lie ahead; please see the yellow panel to the right.

Through the generosity of private garden owners opening their gardens to the public, the NGS raised over £3 million for nursing and health charities last year. This is distributed to Macmillan Cancer Support, Marie Curie, Hospice UK, Carers Trust, The Queens Nursing Institute, Parkinson's UK and many more.

We're hoping for even bigger and better results this year, but this can be achieved only with your help, as this all depends on visitor numbers...so please share this with family and friends and invite them to join you on your garden visits.

Look out for the yellow booklets that are circulating, or simply visit the NGS website and click on the *Find a garden* link. This allows you to find gardens according to your location and dates of interest.

The links to Facebook pages below also showcase the gardens openings; just click on *Events*.

If you belong to any social groups, maybe also look at gardens that 'open by arrangement' throughout the year, too. It's such an easy way to provide a lovely trip out for your group. A phone call is all that's needed to arrange this with the garden owner.

Finally, register on-line to hold your own mini garden event/coffee morning for family, friends and neighbours, and raise further funds in our Great British Garden Party this summer.

Local health and nursing charities across Gwynedd and Anglesey benefit directly from every visit you make. What a terrific way to assist our fund raising efforts!

For more information and directions to the open gardens, please visit the National Garden Scheme website.

Chwiliwch yn 'find a garden' am gerddi a dyddiadau fydd o ddiddordeb i chi. Dilynwch tudalennau Facebook Gwynedd a Môn NGS am fwy o wybodaeth am y gerddi fydd ar agor yn eich ardal leol.

Am fwy o wybodaeth a chyfarwyddiadau manwl i'r gerddi, ewch i'r wefan canlynol.

National Garden Scheme
www.ngs.org.uk

Facebook: Gwynedd and Anglesey NGS

www.facebook.com/gwyneddandangleseyngs/

Facebook: Powys NGS
www.facebook.com/powysngs/



GŴYL BEAUMARIS FESTIVAL 2022: FFORMAT NEWYDD!

Gŵyl Beaumaris Festival eleni yn cyflwyno fformat newydd, gyda Gŵyl Wanwyn a Haf.

Gwanwyn Dyddiadau Gŵyl y Gwanwyn yw 27 Mai-29 Mai, gan agor gydag Arddangosfa Gelf newydd o waith gan yr artist lleol enwog Wil Rowlands a chyngerdd o gerddoriaeth gan Bach, Handel, Mozart a Holst, gyda chantorion a cherddorion gwadd o Florida.

Mae Côr Meibion Cymraeg byd-enwog Llundain yn dychwelyd i'r ŵyl ar 28 Mai. Roedd eu cyngerdd yn 2017 yn werthwr. Mae Cantorion Monteverdi yn canu yng Ngwasanaeth yr Ŵyl yn Eglwys hardd y Santes Fair a Sant Nicholas, ac mae cinio gŵyl yng Ngwesty'r Bulkeley yn dod â gylwyr at ei gilydd mewn lleoliad cymdeithasol. Mae perfformiadau o opera comig hyfryd Gilbert a Sullivan, Trial by Jury, yn dilyn yng Nghapel y Drindod, ac yn darparu math gwahanol o wledd gŵyl.

Bydd y digrifwr poblogaidd, Tudur Owen, yn cloi gŵyl y Gwanwyn gyda sioe cabaret unigol ar 29 Mai.

Haf Mae'r Ŵyl Haf yn dechrau ar 30 Mehefin, gyda Jazz yng Ngwesty'r Bulkeley a'r ŵyl gyntaf ar gyfer Trio John Wheatcroft. Y Llwy Arian gan y cyfansoddwr Lisa Logan fydd yr opera gyntaf i gael ei llwyfannu fel rhan o'r ŵyl: mae'r stori'n gynllwyn i ddwyn tlysau'r Dywysoges Diana. Mae'r cymeriadau sy'n ymddangos yn cynnwys y Frenhines, Dodi Fayed a'r Dywysoges Diana. Bydd y cynhyrchiad newydd arloesol hwn yn cael ei llwyfannu yng Nghanolfan Biwmares...dipyn o gwbl i'r dref!

Cerddorion ifanc o Ganolfan Gerdd William Mathias mewn cyngerdd a'r Côr leuenticid Môn yn canu mewn Gwasanaeth Gŵyl yn rhan o'r digwyddiadau amrywiol, ac mae cyngerdd ailddarllediad a dau gerddorfaol yn cwblhau'r rhaglen, gyda phen-blwyddi'r cyfansoddwyr Mendelssohn, Schubert, Borodin, Vaughan Williams a Mathias yn cael eu dathlu.

Mae comisiynau newydd gan ddau gyfansoddwr cyffrous o Gymru yn

NGS Open Gardens 2022 May-September

- ☼ Sunday 1 May
Gilfach, Rowen LL32 8TS
- ☼ Sunday 15 May
Gardd y Coleg, Carmel LL54 7RL
Mynydd Heulog, Pwllheli LL53 6PA
- ☼ Saturday 21 May
Tŷ Capel Ffrwd, Dolgellau LL40 2NR
- ☼ Sunday 22 May
Bryn Gwern, Dolgellau LL40 2DH
Tŷ Capel Ffrwd, Dolgellau LL40 2NR
- ☼ Saturday 28 May
Gwaelod Mawr, Caergeiliog LL65 3YL
- ☼ Sunday 29 May
Gwaelod Mawr, Caergeiliog LL65 3YL
Llys-y-Gwynt, Llandygai LL57 4BG
- ☼ Saturday 4 June
Cae Newydd, Rhosgoch LL66 0BG
- ☼ Sunday 5 June
Cae Newydd, Rhosgoch LL66 0BG
Gilfach, Rowen LL32 8TS
Pen Sychnant, Conwy LL32 8BJ
- ☼ Sunday 12 June
Tŷ Cadfan Sant, Tywyn LL36 9DD
- ☼ Saturday 18 June
Crowrach Isaf, Bwlchtocyn LL53 7BY
- ☼ Sunday 19 June
Crowrach Isaf, Bwlchtocyn LL53 7BY
- ☼ Saturday 25 June
Llanidan Hall, Brynsiencyn LL61 6HJ
- ☼ Sunday 26 June
Gwyndy Bach, Tynlon LL65 3AJ
- ☼ Saturday 2 July
Penrallt, Colwyn Bay LL29 8TP
- ☼ Sunday 3 July
Penrallt, Colwyn Bay LL29 8TP
- ☼ Saturday 9 July
Cae Rhydau, Caernarfon LL55 2TN
Llanidan Hall, Brynsiencyn LL61 6HJ
- ☼ Sunday 10 July
Bryn Gwern, Dolgellau LL40 2DH
Cae Rhydau, Caernarfon LL55 2TN
- ☼ Sunday 17 July
Pen Sychnant, Conwy LL32 8BJ
- ☼ Sunday 24 July
Maenan Hall, Llanwrst LL26 0UL
- ☼ Sunday 7 August
Cae Newydd, Rhosgoch LL66 0BG
- ☼ Sunday 14 August
41 Victoria Drive, Llandudno
Junction LL31 9PF
- ☼ Saturday 10 September
Treborth Botanic Garden, Bangor
University LL57 2RQ
- ☼ Sunday 18 September
Gardd y Coleg, Carmel LL54 7RL
- ☼ Sunday 25 September
Llys-y-Gwynt, Llandygai LL57 4BG

✂ cut out and keep!

www.facebook.com/groups/llandona/

ymddangos: Mae Gareth Olubunmi Hughes wedi mynd i gerddoriaeth bedair cerdd gan Llŷr Gwyn Lewis a enillodd y Gadair yn Eisteddfod yr Urdd (2010) gyda'i gyfrol 'Tonnau', a bydd 4^{ydd} Symffoni Paul Mealor yn derbyn ei premiere ym Miwmares.

Rhowch y dyddiadau hyn yn eich dyddiadur!

- 27 Mai-29 Mai
- 30 Mehefin-4 Gorffennaf.

GŴYL BEAUMARIS FESTIVAL 2022: A NEW FORMAT!

Gŵyl Beaumaris Festival this year introduces a new format, with a Spring and Summer Festival.

Spring The Spring Festival dates are 27 May-29 May, opening with a new Art Exhibition of work by renowned local artist Wil Rowlands and a concert of music by Bach, Handel, Mozart and Holst, with visiting singers and musicians from Florida.

The world-famous London Welsh Male Voice Choir return to the festival on 28 May. Their 2017 concert was a sellout. The Monteverdi Singers sing at the Festival Service in the beautiful Church of St Mary and St Nicholas, and a festival lunch at the Bulkeley Hotel brings festivalgoers together in a social setting. Performances of Gilbert and Sullivan's delightful comic operetta, Trial by Jury, follows in Capel y Drindod, and provides a different type of festival feast.

The popular comedian, Tudur Owen, will round off the Spring festival with a solo cabaret show on 29 May.

Summer The Summer Festival dates are 30 June-4 July, starting with Jazz at the Bulkeley Hotel and a festival debut for the John Wheatcroft Trio. The Silver Spoon by composer Lisa Logan will be the first opera to be staged as part of the festival: the story is a plot to steal Princess Diana's jewels. Characters appearing include the Queen, Dodi Fayed and Princess Diana. This groundbreaking new production will be staged in Canolfan Beaumaris...quite a coup for the town!

Young musicians from Canolfan Gerdd William Mathias in concert and the Anglesey Youth Choir singing in a Festival Service form part of the varied events, and a recital and two orchestral concerts complete the programme, with anniversaries of composers Mendelssohn, Schubert, Borodin, Vaughan Williams and Mathias being celebrated.

New commissions from two exciting Welsh composers feature: Gareth Olubunmi Hughes has set to music four poems by Llŷr Gwyn Lewis who won the Chair at Eisteddfod yr Urdd (2010) with puffinpages@gmail.com

his volume 'Tonnau', and Paul Mealor's 4th Symphony will receive its premiere in Beaumaris.

Put these dates in your diary!

- 27 May-29 May
- 30 June-4 July.

NEWYDDION CANOLFAN HAMDDEN BIWMARES

Steve MacVicar

Noson Ffilm Biwmares Newyddion gwych! Mae Noson Ffilm Biwmares yn ôl, dydd lau cyntaf y mis. Dim ond £5 yr un yw'r seddi o hyd, a phawb yn cefnogi'r Ganolfan Hamdden.

Mae'r tîm gwirfoddolwyr wedi dewis rhaglen haf o *Dream Horse*, *The Father*, *The Dig* ac *Supernova*. Mae taflenni rhaglen ar gael o'r Ganolfan Hamdden. Bydd lluniaueth o 7.00ypm ac yna'r ffilm am 7.30yp.

Argymhellir archebu ymlaen llaw; ffoniwch y dderbynfa.

☎ 01248 811200.



Gronfa Gymunedol y Loteri Fawr Mae Canolfan Hamdden Biwmares yn paratoi cais sylweddol am arian gan Gronfa Gymunedol y Loteri Fawr.

Rydym am ddatblygu'r adeilad a'r gwasanaethau y mae'n eu darparu i gymuned Seiriol. Rydym wedi cynnal 20 o gyfarfodydd ymgynghori cymunedol sy'n cynnwys dros 100 o bobl leol ac wedi derbyn dros 500 o holiaduron adborth wedi'u cwblhau i sicrhau bod y cynlluniau ar gyfer eich Canolfan Hamdden yn adlewyrchu eich barn.

Byddwn yn rhannu'r cynlluniau dros dro gan gynnwys brasluniau penseiri gyda chi ar gyfer eich adborth a'ch syniadau cyn i ni wneud ein cyflwyniad terfynol. Gobeithiwn fod mewn sefyllfa i wneud hyn erbyn dechrau mis Mehefin: gwylwch y gofod hwn!



Canolfan Lles Biwmares @ Llyfgell Biwmares

1 **Sesiynau aciwbigo** ar gael gydag ymarferydd profiadol iawn.

Cysylltwch â Vivien Shaw am fwy o wybodaeth ac i drefnu eich apwyntiad.

☎ 07971 536205

2 **Ymlaciwch ac Adnewyddwch** gyda aromatherapi, adweitheg, tyllino therapiwtig a mwy. Cysylltwch â Patricia Lennan am fwy o wybodaeth ac i drefnu eich apwyntiad.

☎ 07983 014511

3 **Gwasanaeth Podiatreg y GIG** bob dydd Gwener.

Archebwch eich apwyntiad drwy eich Gweithiwr Gofal Iechyd Proffesiynol.



The Get Ready to Play weight loss and wellbeing programme gives you 12 changes over 10 weeks to help you to live longer.

For adults of all ages...starting in June:

- 9 June for 10 weeks: Thursdays, 7.00pm-8.00pm
- 10 June for 10 weeks: Fridays, 10.00am-11.00am

If you want to get back to managing your weight, improving your health, meet new people or return to playing your favourite game, sport or hobby, the Get Ready to Play programme will get you started on your journey to a healthier you.

For more information:

✉ neverquitplaying@outlook.com
☎ 01248 811200

Yr Amazing Blues Brothers plus Disco! Bydd y sioe hon, sydd wedi'i gohirio ddwywaith, yn cael ei chynnal yn y Ganolfan Hamdden Biwmares ar dydd Sadwrn 4 Mehefin.

Mae'n cynnwys caneuon clasurol, performwyr cyffrous, a sioe sydd ar genhadaeth oddi wrth Dduw!

Hyn i gyd a mwy, yn llawn dop o fewn y cynhyrchiad gwych octane uchel hwn, sy'n pwysu'n drwm ar droed, wrth i'r ddau ganwr gwych hyn ail-greu a lledrith *The Blues Brothers!*

Ar ôl syfrdanu torfeydd ar draws y byd sydd wedi gwerthu pob tocyn, nawr yw eich cyfle i weld teyrnged gorau un y Blues Brothers yn y DU. ➔ [page 17](#)



**Canolfan
Biwmares**

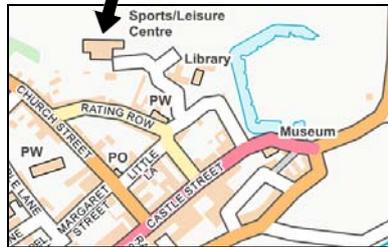
**MWY NA CHANOLFAN
HAMDDEN YN UNIG**

CERDDORIAETH FYW



Cadwch lygad am newyddion ar ein tudalennau cyfryngau cymdeithasol neu roi caniad am wybodaeth

RYDYM YMA!



**Canolfan Biwmares, Rating Row,
Biwmares, Ynys Môn LL58 8AL**
Mwynhewch eich ymweliad!

**MARCHNAD RAD DAN DÔ/
ARWERTHIANT CIST CAR**



Ail Sul o bob mis

NOSON FFILM



Dydd Iau cyntaf o bob mis
7.00yp, £5.00 y pen



Ystafell ffitrwydd, chwaraeon, dosbarthiadau ffitrwydd, campfa merched yn unig, arddangosfa gelf, llogi beiciau, nosweithiau ffilm, adloniant, cerddoriaeth fyw, partïon plant, llafnrolïo, marchnad rad, ffair hen bethau, digwyddiadau, dawnsïo a llawer mwy!

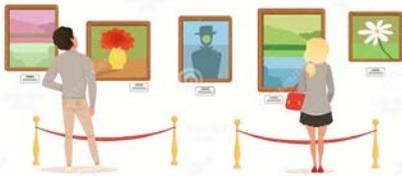
FFAIR HEN BETHAU



Trydydd Sul y mis

ARDDANGOSFA GELF

Ar agor i'r cyhoedd



Ar lunydd newydd bob mis
Yn rhad ac am ddim

**DOSBARTHADAU
FFITRWYDD**

Dydd Llun

loga 9.30yb-10.30yb
Pilates 11.00yb-12.00 canol dydd
Addas i bawb 1.00yp-2.00yp
FABBS dros 65 oed 2.30yp-3.30yp

Dydd Mawrth

Dosbarth HIIT 7.45yb-8.15yb
Tai chi 9.00yb-10.00yb
Atal cwmpïadau 10.00yb-11.00yb
Tai chi 10.00yb-11.00yb
Atal cwmpïadau 65+ 1.00yp-2.00yp
Cam a Thyndra 6.00yp-7.00yp

Dydd Mercher

Cylchdaith 11.00yb-12.00 canol dydd
Pilates 1.00yp-2.00yp

Dydd Iau

Dosbarth HIIT 7.45yb-8.15yb
loga tyner 9.45yb-11.15yb
Dawnsiorcise 6.00yp-7.00yp

Dydd Gwener

Cylchdaith 1.00yp-2.00yp

● yn amodol ar newid ●

LLOGI BEICIAU

Beiciau pedal neu drydan i oedolion a phlant ar gael i'w llogi am ddiwrnod llawn neu hanner diwrnod



● mae prisiau'n amrywio ●

PARTÏON PLANT

Gellir archebu'r lleoliad ar gyfer partïon plant ar ddydd Sadwrn, gyda slotiau amser ar gael:

11.00yb-12.30yp
1.30yp-3.00yp
4.00yp -5.30yp

Dewiswch rhwng gastell bownsïo a phwll pêl; castell bownsïo a chwrs rhwystrau neu barti disgo rholio. Mae paentio wynebau yn ddewis ychwanegol.

Mae'r prisiau o £100 i hyd at 25 o blant. Rhowch ganiad am fwy o fanylion ac archebion.

YSTAFELLOEDD FFITRWYDD

Dydd Llun 9.30yb-8.30yp
Dydd Mawrth 7.00yb-8.30yp
Dydd Mercher 9.30yb-8.30yp
Dydd Iau 7.00yb-8.30yp
Dydd Gwener 9.30yb-3.30yp
Dydd Sadwrn 10.00yb-5.30yp
Dydd Sul AR GAU

● yn amodol ar newid ●

**CAMPFA MERCHED
YN UNIG**

Dydd Llun-Dydd Iau 5.00yp-6.00yp

☎ 01248 811200

✉ enquiries@canolfanbeaumaris.org.uk

🌐 www.canolfanbeaumaris.org.uk/

🌐 www.facebook.com/canolfan.beaumaris.7/



**Canolfan
Beaumaris**

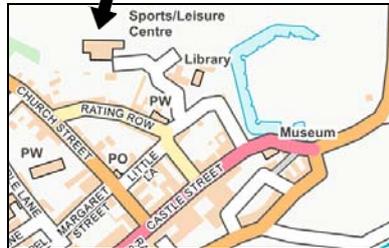
**MORE THAN JUST
A LEISURE CENTRE**

LIVE MUSIC



Look out for news on our social media pages or ring for information

WE ARE HERE!



**Canolfan Beaumaris, Rating Row,
Beaumaris, Anglesey LL58 8AL**

Enjoy your visit!

**INDOOR FLEA MARKET/
BOOT SALE**



The second Sunday of the month

FILM NIGHT



The first Thursday of the month at 7.00pm, £5.00 per person



Fitness suite, sports, fitness classes, ladies-only gym, art exhibitions, bike hire, film nights, entertainment, live music, kids' parties, rollerblading, flea market, antiques fair, events, dancing and much more!

ANTIQUES FAIR



The third Sunday of the month

ART EXHIBITION

Open to the public



New artist each month

Free of charge

FITNESS CLASSES

Monday

Yoga 9.30am-10.30am
Pilates 11.00am-12.00 noon
Fit for all 1.00pm-2.00pm
FABBs over-65s 2.30pm-3.30pm

Tuesday

HIIT class 7.45am-8.15am
Tai chi 9.00am-10.00am
Falls prevention 10.00am-11.00am
Tai chi 10.00am-11.00am
Falls prevention 65+ 1.00pm-2.00pm
Step and Tone 6.00pm-7.00pm

Wednesday

Circuits 11.00am-12.00 noon
Pilates 1.00pm-2.00pm

Thursday

HIIT class 7.45am-8.15am
Gentle yoga 9.45am-11.15am
Dancercise 6.00pm-7.00pm

Friday

Circuits 1.00pm-2.00pm

● **subject to change** ●

BIKE HIRE

Adults' and children's bikes, pedal or electric, available for full-day or half-day hire



● **prices vary** ●

FITNESS ROOM

Monday 9.30am-8.30pm
Tuesday 7.00am-8.30pm
Wednesday 9.30am-8.30pm
Thursday 7.00am-8.30pm
Friday 9.30am-3.30pm
Saturday 10.00am-5.30pm
Sunday CLOSED

● **subject to change** ●

LADIES-ONLY GYM

Monday-Thursday 5.00pm-6.00pm

CHILDREN'S PARTIES

The venue can be booked for children's parties on Saturdays, with three time slots available:

11.00am-12.30pm
1.30pm-3.00pm
4.00pm-5.30pm

Choose from bouncy castle and ball pond; bouncy castle and obstacle course or a roller disco party. Face painting is an optional extra.

From £100 for up to 25 children. Call for more details and bookings.

☎ 01248 811200

✉ enquiries@canolfanbeaumaris.org.uk

🌐 www.canolfanbeaumaris.org.uk/

🌐 www.facebook.com/canolfan.beaumaris.7/

Cylch Meithrin Llangoed

Mae cael meithrinfa yn y pentref wedi gwneud gwahaniaeth enfawr i'r gymuned a'r rhieni hynny sy'n byw ym Mhenmon, Llanddona a Llangoed. Mae cael cysylltiad rhwng y Cylch ac Ysgol Gynradd Llangoed hefyd yn helpu i ddiogelu'r ysgol pan fydd cynifer o ysgolion eraill yn cael eu cau.

Mae ein perthynas uniongyrchol â'r ysgol a'i gwasanaeth Meithrin prynhawn i blant 3 oed yn golygu y gall llawer o blant fynychu ein Cylch yn y bore a mynd i'r ysgol yn uniongyrchol am y prynhawn.

Ar hyn o bryd mae gennym swyddi gwag ar gyfer plant 2 flwydd oed i oedran ysgol, felly cysylltwch â ni i holi am leoedd.

Rydym yn elusen, sy'n cael ei rhedeg gan y gymuned a'i gwirfoddolwyr. Mae arnom angen pobl ar frys i'n helpu i gynnal y gwasanaeth anhygoel a ddarparwn.

Ni waeth faint neu ychydig y gallwch ei wneud, boed yn DIY, cadw llyfrau, trefniadaeth gyffredinol, gweinyddu neu wirfoddoli un diwrnod yr wythnos ar gyfer yswiriant cinio 30 munud, byddem yn falch o glywed gennych.

Cysylltwch â ni i gael rhagor o wybodaeth.

✉ cylch.llangoed@gmail.com



Having a nursery in the village has made a huge difference to the community and those parents who live in Penmon, Llanddona and Llangoed. Having a connection between the Cylch and Llangoed Primary School also helps protect the school when so many other schools are being closed.

Our direct relationship with the school and its afternoon Meithrin service for 3-year-olds means that many children can attend our Cylch in the morning and head up directly to school for the afternoon.

At present we have vacancies for children aged 2 years to school age, so do contact us to enquire about places.

We are a charity, run by the community and its volunteers. We are urgently in need of people to help us maintain the amazing service that we provide.

No matter how much or little you can do, whether it's DIY, book-keeping, general organisation, admin or volunteering one day a week for 30-minute lunch cover, we'd be please to hear from you.

Contact us for more information.

✉ cylch.llangoed@gmail.com

Cylch Meithrin Llangoed

A oes gennych rywbeth u gallwch ei drwsio yn hytrach na'i dafu i ffwrdd? Mae ganddo ni grŵp bach o "fixers" sy'n gallu trwsio pethau am ddim!

Mae Caffis Trwsio yn ddiwyddiadau pop-up lle mae gwirfoddolwyr yn trwsio eitemau cartref am ddim er mwyn lleihau gwastraff, dysgu sgiliau a dod â'r gymuned at ei gilydd.

☒ Repair Café Wales

www.repaircafewales.org

☒ CycleWales

www.cyclewales.net/

Ewch i'r Caffi Trwsio yng Nghanolfan Biwmares Dydd Sul cyntaf o bob mis 11.00yb-2.00yp

Dewch â'ch eitemau atom i'r ganolfan a byddwn yn ceisio ein gorau i'w drwsio!

- **Eitemau trydanol:** tostwyr, tegelli, glanhawyr gwactod, ayb.
- **Dillad:** jeans, bagiau, crysau, ayb.
- **TG:** PCs, laptops, ayb.
- **Cyffredinol:** teganau, addurniadau, dodrefn bach, ayb.
- **Beiciau:** cynnal a chadw beiciau sylfaenol, ayb.

Os ydych yn medru trwsio a helpu, cysylltwch a ni:

☎ 07395 326572

✉ rhianseiriol@gmail.com

Cefnogir y digwyddiad misol hwn gan Caffi Cymru a CycleWales



This monthly event is supported by Repair Café Wales and CycleWales

Do you have something that could be fixed rather than thrown away? We have a small group of "fixers" who can mend things free!

Repair Cafés are monthly pop-up events where volunteers fix household items free in order to reduce waste, teach skills and bring the community together.

☒ Repair Café Wales

www.repaircafewales.org

☒ CycleWales

www.cyclewales.net/

Visit the Repair Café at Canolfan Beaumaris every first Sunday of the month 11.00am-2.00pm

Bring your items to us at the Canolfan and we'll try our best to fix them!

- **Electrical items:** toasters, kettles, vacuum cleaners, etc.
- **Clothing:** jeans, bags, shirts, etc.
- **IT:** PCs, laptops, etc.
- **General:** toys, ornaments, small furniture, etc.
- **Bikes:** basic bike maintenance, etc.

If you are able to fix things and help, please contact us:

☎ 07395 326572

✉ rhianseiriol@gmail.com

christians
against
poverty

CAP

**Debt
management,
COVID 19 and CAP**

Nobody can doubt that COVID-19 has had a massive effect on the way we live our lives.

Some of these effects have been relatively minor, such as the need to wear face coverings, while others have altered the very fabric of our every day lives: the requirement to work from home where possible, for example, and, at the height of the pandemic, restrictions on some of our personal liberties, such as the freedom to visit relatives when and where we wish.

Among all these changes, one well-documented result has been the increase in the number of people struggling to manage their finances. There have always been people facing financial hardship because of changes in personal circumstances, such as becoming unemployed, or simply because they aren't very good with money, but these numbers have increased dramatically during the pandemic, and will continue to increase as the cost of living does so.

It is known that some people have been driven to utter despair by the change in their personal circumstances, and others have lived with the constant worry of where the next meal is coming from. Fortunately, there are organisations which can help, but people are often reluctant to ask for help, seeing this as some sort of admission of failure on their part.

The first step on the road to financial security is, nevertheless, the admission that help is needed.

This is where CAP comes in.

CAP stands for Christians Against Poverty, and, since it was founded in 1996, has lifted literally thousands of people out of poverty. As the name suggests, CAP is run by Christians, but it is for everyone: it is not a surreptitious attempt to convert people to Christianity, just a Christian-run organisation that wants to help.

CAP runs regular short courses of three two-hour sessions which, from experience, they know can completely turn people's lives around. They can also refer people to more specialist services if required. Courses are run nationwide, including in this area, are completely free and can be run face-to-face or over Zoom as appropriate.

Go to www.capuk.org/help or call 0800 328 0006 to find out about local help. If you are facing financial difficulty and debt this could be the most important decision you make to sort it out.

Thousands of people have already taken this step and have turned their lives around.

www.facebook.com/groups/llanddona/

BEAUMARIS LEISURE CENTRE NEWS

Steve MacVicar

Beaumaris Film Night Great news! Beaumaris Film Night is back, on the first Thursday of the month. Seats are still only £5 each, and all in support of the Leisure Centre.

The volunteer team has carefully selected a summer programme of *Dream Horse*, *The Father*, *The Dig* and *Supernova*. Programme leaflets are available from the Leisure Centre. Refreshments will be from 7pm followed by the film at 7.30.

Advance booking is recommended; contact reception.

☎ 01248 811200.

Big Lottery Community Fund

Beaumaris Leisure Centre is preparing a significant bid for funding from the Big Lottery Community Fund.

We want to develop the building and the services it provides to the Seiriol community. We have held 20 community consultation meetings involving over 100 local people and received over 500 completed feedback questionnaires to ensure that the plans for your Leisure Centre reflect your views.

We will share the provisional plans including architects' sketches with you for your feedback and ideas before we make our final submission. We hope to be in a position to do this by the beginning of June: watch this space!



**CRONFA
GYMUNEDOL
COMMUNITY
FUND**



Canolfan Beaumaris Wellness Centre @ Beaumaris Library

- 1 Acupuncture sessions** available with a very experienced practitioner. Contact Vivien Shaw for more information and to book your appointment.
☎ 07971 536205
- 2 Relax, Renew, Refresh** with aromatherapy, reflexology, therapeutic massage and more. Contact Patricia Lennan for more information and to book your appointment.
☎ 07983 014511
- 3 NHS Podiatry Service** every Friday. Book your appointment through your Health Care Professional.

Amazing Blues Brothers plus Disco!

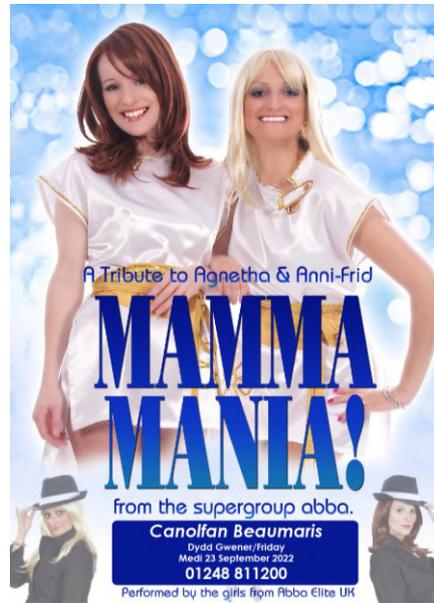
This show, twice postponed, will finally take place at Beaumaris Leisure Centre on Saturday 4 June.

It features classic songs, sensational
puffinpages@gmail.com

performers, and a show that is on a mission from God!

All this and more, packed with superb high-octane, foot-pounding production, as these two fabulous singers recreate the magic of *The Blues Brothers*!

After wowing sell-out crowds across the globe, now is your chance to see the very best Blues Brothers tribute band in the UK.



NEWYDDION CYNGHRAIR SEIRIOL

Steve MacVicar

Diffibrilwyr Seiriol Mae yna bellach rwydwaith o ddiffibrilwyr cardiaidd ar draws Ward Seiriol diolch i unigolion hael, ymdrechion i godi arian cymunedol, a chyllid grant.

Mae'r map a'r rhestr isod yn dangos yr holl ddiffibrilwyr sy'n hawdd eu cyrraedd i'r cyhoedd bob amser.

Mae tri diffibriliwr arall yn aros i gael eu gosod ym Mhenmon, CP Llangoed a CP Llandefgan.

Hyfforddiant Diffibriliwr: dewch i adnabod eich diffibriliwr!

Dewch i adnabod eich diffibriliwr! Mae sesiynau hyfforddi diffibriliwr lleol bellach ar gael. Gweler y dyddiadau a'r amseroedd isod.

Mae'r rhifau wedi'u cyfyngu felly archebwch drwy gysylltu â Rhian Hughes, eich Swyddog Datblygu Pontio'r Cenedlaethau:

☎ 07395 326572

✉ rhianseiriol@gmail.com

neu cysylltwch â'ch lleoliad lleol.

Pob sesiwn: 6.00yp-8.00yp

12 Mai: Biwmares
25 Mai: Llandefgan
14 Mehefin: Llanddona
(i'w trefnu): Llansadwrn

**Seiriol Alliance
BICYCLE FUN RIDE**
Sunday 17th July 2022

10.00 AM START **CANOLFAN BEAUMARIS**

MONEY RAISED WILL GO TOWARDS COMMUNITY CENTRES AND SPORT FACILITIES IN
LLANDEFGAN, LLANSADWRN, LLANDDONA, LLANGOED, LLANFAES AND BEAUMARIS

YR ELW AT REDEG CANOLFANAU CYMUNEDOL A CHYFLEUSTERAU CHWARAE YN
LLANDEFGAN, LLANSADWRN, LLANDDONA, LLANGOED, LLANFAES, A BIWMARES.

CYCHWYN 10.00 YB o **GANOLFAN BIWMARES**

Dydd Sul 17eg Gorffennaf 2022

HWYLDATH BEIC

Cynghrai Seiriol

Caffi Trwsio Cymru Cynhelir y Caffi Trwsio yng Nghanolfan Biwmares ar ddydd Sul cyntaf pob mis ac mae'n rhedeg rhwng 11.00yb a 2.00yp.

Noder: nid yw'r Caffi Trwsio yn cael ei gynnal ym mis Mehefin.

Meddylwch ddwywaith cyn i chi dafu unrhyw beth i ffwrdd: a ellir ei drwsio? Dewch ag ef i'r Caffi Trwsio i weld a ellir ei atgyweirio!

Gweler ein hysbyseb ar dudalen 16, ac edrychwch ar y siartiau ar dudalen 18 i weld beth mae ein tîm wedi'i osod ers dechrau 2022!

Bore coffi Cynllun Tr Da Seiriol yn Llyrgell Biwmares: bob dydd Mawrth, 10.30yb-12.00 canol dydd Os ydych chi eisiau galw heibio am sgwrs a phaned, ffoniwch rif Cynllun Tro Da Seiriol am fanylion.

☎ 01248 305014

Rhoddion cymunedol ar gyfer yr Wcraïn Ar 8 Mawrth roedd bws mini Cymunedol Seiriol yn un o'r cerbydau a

gymerodd lwyth mawr o ddillad a nwyddau eraill i Seiriol yn un o'r cerbydau a gymerodd lwyth mawr o ddillad a nwyddau eraill i Gaergybi, a'r cyfan ar gyfer pobl yr Wcraïn. Mae'r bws mini i'w weld y tu allan i Eglwys y Santes Fair a Sant Nicholas ym Miwmares cyn ei ymadawiad. Cafodd rhoddion lleol eu didoli gan fand o wirfoddolwyr yn yr Eglwys cyn cael eu cludo i Gaergybi i'w cludo ymlaen i'r Wcraïn.

Gweithgaredd pontio'r cenedlaethau yn Llanddona Gwahoddwyd pobl o bob cenhedlaeth gan Rhian Hughes, Swyddog Datblygu Cymunedol, i gofnodi eu hatgofion o Landdona mewn clai yn Neuadd Bentref Llanddona ar Ddydd Sadwrn 9 Ebrill. Gyda chymorth y crochenydd lleol Lynne Gallagher bydd y teils yn rhan o fosaig cof a osodwyd yn Neuadd y Pentref.



Sgwrs a phaned yn Llyfrgell Biwmares! a chat and a cuppa in Beaumaris Library! (Steve MacVicar)



Ian yn hwylio ar redwyr Hanner Marathon Ynys Môn ym Miwmares/Ian cheering on the Anglesey Half Marathon runners in Beaumaris (Steve MacVicar)

Hanner Marathon Ynys Môn Pasiodd Hanner Marathon Ynys Môn drwy Fiwmares ar 6 Mawrth. Diolch i'r 20 gwirfoddolwyr lleol a gefnogodd y digwyddiad ac a gododd £400 ar gyfer Cyngwraig Seiriol a Chanolfan Hamdden Biwmares.

SEIRIOL ALLIANCE NEWS
Steve MacVicar

Seiriol defibrillators There is now a network of cardiac defibrillators across the Seiriol Ward thanks to generous individuals, community fundraising efforts, and grant funding. The map in

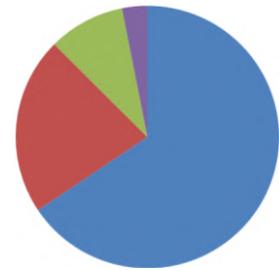
Diffibrilwyr Seiriol defibrillators



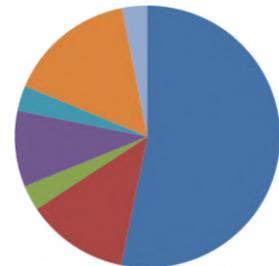
- 1 Stryd y Castell/Castle Street (under the arch/dan y bwa)
- 2 Mynedfa'r Maes Parcio 'Green'/the Green car park entrance
- 3 Caffi Happy Valley Café
- 4 Gorsaf dân/fire station
- 5 Canolfan Gymunedol Llanfaes Community Centre
- 6 Canolfan Gymunedol Pont y Brenin Community Centre
- 7 Ysgol Llangoed School
- 8 Neuadd Bentref Llangoed Village Hall
- 9 Gwylwyr y Glannau Trwyn Penmon Point Coastguard
- 10 Glanrafon
- 11 Neuadd Bentref Llanddona Village Hall
- 12 Llansadwrn
- 13 Ysgol Llandegfan School
- 14 Neuadd Plwyf Llandegfan Parish Hall
- 15 ABC Gallows Point



Bws mini Cymuned Seiriol y tu allan i Eglwys y Santes Fair a Sant Nicholas ym Miwmares cyn ei ymadawiad/The Seiriol Community minibus outside the Church of St Mary and St Nicholas in Beaumaris before its departure (Steve MacVicar)



fixed 65.6%
end of life 21.9%
repairable 9.4%
unknown 3.1%



electrical items 53.2%
furniture 12.5%
home decor 3.1%
manual tools 9.4%
miscellaneous 3.1%
apparel/textiles 15.6%
car accessories 3.1%

Edrychwch beth mae ein tîm yn y Caffi Trwsio wedi'i osod ers dechrau 2022!/Look what our team at the Repair Café has fixed since the beginning of 2022!

the next column shows all of the defibrillators that are easily accessible to the general public at all times.

There are three more defibrillators awaiting installation at Penmon, Llangoed FC and Llandegfan FC.

Defibrillator Training: get to know your defibrillator! Get to know your defibrillator! Local defibrillator training sessions are now available: see the dates and times below.

Numbers are restricted, so please book by contacting Rhian Hughes, your Intergenerational Development Officer:

☎ 07395 326572

✉ rhianseiriol@gmail.com

or contact your local venue.

All sessions: 6.00pm-8.00pm

12 May: Beaumaris

25 May: Llandegfan

14 June: Llanddona

(to be arranged): Llansadwrn

Repair Café Wales The Repair Café is held at Canolfan Beaumaris on the first Sunday of every month and runs from 11.00am to 2.00pm.

Note: the Repair Café will not be held in June.

See our advertisement on page 16, and look at the charts above to see what our

team has fixed since the beginning of 2022!

Seiriol Good Turn Scheme coffee morning at Beaumaris Library: every Tuesday, 10.30am-12.00 noon If you want to drop in for a chat and a cuppa, please ring the Seiriol Good Turn Scheme for details.

☎ 01248 305014

Community donations for Ukraine On 8 March the Seiriol Community minibus was one of the vehicles that took a big load of clothing and other goods to Holyhead, all destined for the people of Ukraine. The minibus is pictured outside the Church of St Mary and St Nicholas in Beaumaris before its departure. Local donations were sorted by a band of volunteers at the Church before being taken to Holyhead for onward transport to Ukraine.



Creu teils crochenwaith yn Llanddona!/Creating pottery tiles in Llanddona! (Rhian Hughes)



Intergenerational activity in Llanddona People of all generations were invited by Rhian Hughes (Community Development Officer) to record their memories of Llanddona in clay at Llanddona Village hall on Saturday 9 April. With the help of local expert potter Lynne Gallagher, the finished tiles will be part of a memory mosaic installed at the Village Hall.

Anglesey Half Marathon The Anglesey Half Marathon passed through Beaumaris on 6 March. Thank you to all the 20 local volunteers who supported the event and raised £400 for the Seiriol Alliance and Beaumaris Leisure Centre

BANGOR ROTARY CLUB NEWS

Pauline Kenyon, Bangor Rotary Service Team Leader

Bangor Rotary Club members now meet weekly face-to-face, with 'Zoom attendance', though, for those who prefer it, and a short daily Zoom 'coffee call' morning chat session to ensure that

www.facebook.com/groups/llangoed

good contact opportunities are maintained for everyone.

Our really exciting news is that, after an enforced COVID break of two years, we



A happy band of RotaKids at Ysgol Ein Harglwyddes/Our Lady's RC Primary School, Bangor (Kate Maskall)

will be holding our traditional 'Charity Fair on Beaumaris Green' again...so put Bank Holiday Sunday, 28 August 28, in your diary!

The fair will be an opportunity for many charities and organisations to have a free pitch to organise their own displays and fund-raising opportunities. We aim to provide a great family visit, so there will also be a range of entertainment on offer, and many children's activities and games, Inner Wheel cakes, goodies and produce stall, refreshments, varied sales stalls and many other attractions...so do come along and have fun on the Green.



Rotarians hard at work collecting in Bangor (Ian Thompson)

On Saturday 28 May, Bangor Rotary Club is also facilitating the first "Volunteer Expo" in Bangor Cathedral. Many local charities and organisations will be displaying their amazing community work. Come along, discover, celebrate, and support the work that these amazingly dedicated groups do.

For the fifth year, we have continued running Our Lady's School RotaKids (a weekly mini-Rotary Club for 10-11-year-olds) where the youngsters learn to take responsibility and organise many things to support their school, the local community, and national and international needs.

Recently they have been learning to sew and helping make "pillowcase bags" to support the local Food Bank by providing sturdy bags for carrying supplies home safely. They were thrilled to get a letter of thanks from the Food Bank volunteers!

Additionally, they have been having fun learning how to grow flowers and vegetables from seeds to enhance their school grounds and generally to promote healthy eating. They have been ably supported by Rotarian Keevan Anker and Beaumaris Allotment guru Jill Anker, who have donated seeds and vital advice! For many youngsters this has been a new, messy, but enjoyable experience.

The RotaKids were so moved by the plight of the Ukrainian people that members also sent a good donation from their own fund raising to help with the crisis they are enduring. Bangor Rotary Club members have also made personal and Club donations to aid the emergency needs of the suffering Ukrainians, and held a collection in High Street, Bangor, where many generous donations added to the aid total, which was sent to the Rotary International Disaster Relief Fund. This goes via Rotary Clubs in neighbouring countries who have volunteers working on the ground, which means that all the money donated gets to where it is needed very quickly. Thank you to everyone who contributed.

For further information on any of our events, or about Rotary, please contact Bob Maskall, Secretary.

✉ secretarybangor@gmail.com

☎ 07932 149679

BEAUMARIS ROTARY HUB LAUNCH

Kevin Sivyver, Beaumaris Rotary Hub Lead

Rotary International in North Wales and North West England has announced the official launch of a new club – the Beaumaris Rotary Hub – as part of its Passport Club scheme.



(left) Rotarian Kevin Sivyver, Beaumaris Rotary Hub Lead, (centre) Steve MacVicar, (right) Rotarian Paul Thomas, President of the North Wales/North West England Passport Club

The announcement was made at a meeting of more than 80 volunteers from various groups in Seiriol Ward in Canolfan Beaumaris on 8 February. The meeting was called to consider the way forward for volunteering in the area, in which the Rotary hub intends to play a significant part.

Rotary greatly appreciated the ↻ page 21

SEIRIOL MEN'S SHED

Mike Thomas

Seiriol Men's Shed features regularly in **The Puffin**. Not many people know much about what a Men's Shed is, though, so we thought that we'd tell you a little more about what Men's Sheds are and what they (and we) do.

The Men's Shed Association The Men's Sheds Association is the support body for Men's Sheds across the UK. It works hard to inspire and support the development of as many Men's Sheds as possible, for the benefit of men's health and wellbeing.

It is a member organisation that represents UK-based Men's Sheds. It raises awareness of the Men's Sheds movement and its many benefits, and supports Men's Sheds in getting off the ground and thriving as community-driven, member-led entities. It doesn't own or manage Men's Sheds, but champions them for miles around. Its mission is to enable access to a Men's Shed for every man who would benefit from one.



Seiriol Men's Shed has an impressive workshop, tidy and well-equipped, in a light and spacious building



It provides support and guidance to individuals and groups across the UK in starting and managing Men's Sheds, and raises awareness of the social and health benefits of Men's Sheds in reducing isolation, loneliness and in empowering local communities.

You can read more about it on the Men's Shed Association's website.

Men's Shed Association
www.menssheds.org.uk/

Seiriol Men's Shed Seiriol Men's Shed is to be found in the grounds adjacent to Haulfre Residential Home on the hill above Llangloed, with its views of the countryside and its patchwork of

of fields and woodland. A prominent feature of the buildings at Haulfre is the



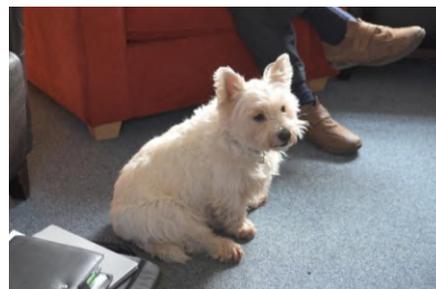
'The usual suspects'...some of the Seiriol Men's Shed team in the workshop

beautiful clocktower and bell which are visible from quite a distance.



Seiriol Men's Shed was established in 2017, focusing initially on the 'social' side of a Men's Shed. Bit by bit it has developed the 'crafts and hobbies' side of its activities and, with a spacious and well-equipped workshop, is now set up to take on all manner of activities and tasks.

Funding Like everybody else, Seiriol Men's Shed has overheads: materials have to be paid for, insurance costs have to be met, and so on.



Tilly thought that she might like to join Seiriol Men's Shed until she learned that girls weren't allowed!

We welcome new members, and our membership charge is £10 per month (after a free trial period); this includes

the use of all our facilities, and tea/coffee and biscuits.

We welcome repair jobs as well, and ask for no more than a realistic donation for work that we undertake. We also make garden furniture, bird tables, nest boxes and other things.

Outside contracting Seiriol Men's Shed doesn't normally do outside contracting, but the refurbishing of the six benches in the garden at the Church of St Mary and St Nicholas in Beaumaris were a task which exactly fitted our ability and our ethical stance. Each bench comprises bedded-in-concrete end frames with wooden slats; the old slats were rotten and dilapidated, and many were missing.

At first the job looked easy, just wood and bolts. Oak was the favourite choice: the specification said 'home-grown timber'. After extensive enquiries at Welsh timber yards we found that oak was a rare and expensive commodity. Another requirement was that the job had to be completed by Easter. Eventually we settled for larch, a heavy, hard and durable softwood. There was a long delivery time for the timber which affected our options, but an order was placed and our fingers crossed.



Fitting the new slats, made from Welsh larch, to the concrete bench frames

There are six benches, each with four seat slats and another three back supports, 42 slats altogether. We fed them through our machines to make a smooth surface, then rounded the top edges for comfort. It was hoped that the holes in the concrete ends would be dimensionally spot-on. They weren't far off, but 'a miss is as good as a mile', and each hole had to be marked and drilled on site. Cutting the old bolts off was another problem; they were hard steel and difficult to lock in place and hacksaw through. There was no mains electricity near so we purchased a battery-driven angle grinder to do this job.

We are very proud of the finished job, and glad that the lovely peaceful garden is somewhere nice to sit again, among the trees and birdsong. Now turn to page 23 and read Canon Robert Townsend's article about the result of this rewarding task.

complimentary curry supplied by Jollys and a welcome drink courtesy of the Canolfan.

Recognising the wealth of volunteering in and around the Beaumaris area, hub lead Rotarian Kevin Sivyver decided the time was right to harness that effort in a co-ordinated way under the Rotary banner, which will benefit from the support of Passport Club President, James Thomas, from Bangor, and Rotary Clubs throughout North Wales and North West England.

This new initiative will be based on the 'Rotary in Action' theme: identifying and supporting humanitarian projects and activities in and around the Beaumaris community. The usual Rotary ethos will be maintained but the hub will be relatively informal, with bi-weekly on-line zoom meetings, without committees or formal meals, etc., although there will be occasional social get-togethers.

The hub will have the opportunity to link with other hubs in the Passport club, and indeed other local clubs, to develop joint projects as well as enjoying the full range of support from the wider Rotary family. A regular list of active projects and developments will be publicised through local websites and newspapers, but the hub would welcome input from local charities and groups which could benefit from its support.

The hub is always looking for new members who wish to play their part in supporting the Beaumaris community. If you are interested please contact Kevin Sivyver for further information and to discover the benefits and opportunities of Rotary membership.

✉ kss45@talktalk.net

☎ 01248 345334



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BEAUMARIS ROTARY: TREE-PLANTING AT BEAUMARIS PRIMARY SCHOOL

Kevin Sivyver, Beaumaris Rotary Hub Lead

Beaumaris Rotary carried out its first official function on Friday 4 March at Ysgol Gynradd Beaumaris Primary School, which involved planting hedging and tree saplings in the school grounds.

Fellow Rotarians assisted staff and pupils with the planting, which is part of an Anglesey community project, Cwlwm Seiriol, aiming to connect community and habitat. A variety of trees – alder, sweet chestnut, crab apple, wild cherry
puffinpages@gmail.com

and sessile oak – was planted, together with hazel hedging around a play area.



Hard at work! Planting under way at Ysgol Gynradd Beaumaris Primary School (Bethan Jones)



After a busy morning planting hedging and saplings

More tree planting is planned as part of the Queen's Jubilee celebrations and Rotary's continuing Environmental initiatives.

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SOME SPRING OBSERVATIONS, AND A LOOK AT HARES IN FACT AND FICTION

Roz Hattey

The last two weeks of March treated us to some glorious dry and sunny days, with daytime temperatures occasionally reaching 16°C or 17°C.

March-born lambs have had an easy introduction to life compared with those that arrived in the rain and cold winds of early February. Hoverflies and bumblebees have been busy feeding on nectar in our early-flowering garden plants: rosemary, flowering currant (*Ribes sanguineum*) 'Abraham, Isaac and Jacob', *Trachystemon orientalis* (borage family) and green alkanet (*Pentaglottis sempervirens*), another member of the borage family. 'Sticky-buds' on the horse chestnuts are opening to display the familiar five-lobed (sometimes six or seven) leaves; and elms, still thriving in some local hedges, are covered in small clusters of tiny pink flowers, some already developing into flat, lime-green seed-cases. There are dainty catkins on hazel bushes and hornbeams and large, shaggy catkins on the poplars.

On 25 March, I was thrilled to spot a pair of bullfinches sitting in my next-door neighbour's apple-tree, carefully nipping off flower-buds (my neighbour might not

have been so pleased to see them!). The male bullfinch in particular is very striking, with a rose-pink breast and black bill, face and cap, not to be confused with the more orangey-pink breast, grey cap and yellowish bill of the male chaffinch, a much commoner bird. Bullfinches used to be regarded as a pest when they raided fruit-tree buds in commercial orchards and many were killed. Today, there are far fewer orchards, but even over the last few decades bullfinch numbers have declined even further, thought to be due to loss of hedgerows with standard trees and to agricultural intensification.

On Mothers' Day, a male blackcap filled the garden with its clear and melodic song. He is one of our early migrants, probably returning from Spain or Portugal and looking for a mate (which will have a brown cap!). In the unheated spare bedroom a small tortoiseshell butterfly fluttered against a window-pane, searching for an escape from its place of hibernation. It was interesting to see how it dropped to the floor as I approached to open the window. Behind a chair it had closed its wings, was very still and almost invisible, intending me, as the predator, not to notice it. I cupped my hand over it and released it, watching it flit over the hedge into the sunlight.

During the last week of March there was a very sobering report from meteorologists which reminded me that soaring, 'unseasonal' temperatures are now often a symptom of climate change. On that day, temperatures in the Arctic were 30°C above average and in Antarctica they were 40°C above average. Wide fluctuations in temperature can also be related to climate change.

Here, March had a sting in its tail, with a blast of wintry weather returning and temperatures plummeting to 4°C and 5°C, evening out the average temperature for the month and shocking the early pollinators into reduced activity or death. Early morning birdsong continued but seemed more muted. Beyond the Strait there was a fresh covering of snow above the mountain-wall.

April has continued with below average temperatures, some strong westerly winds and very little sunshine, but gardeners welcomed the rain. On 8 April, a willow warbler visited my garden and added its voice, a series of delicate descending notes, to the developing spring chorus. These summer migrants are just returning from Africa to breed.

March is often associated with the 'mad' leaping and boxing behaviour of brown hares (*Lepus europaeus*). This boisterous activity, often during the daytime, includes males in territorial disputes, but also the boxing courtship

ritual between males and females. It usually lasts well beyond March. These are animals of open farmland, downs and flat marshland where there is little cover, so their large, amber eyes and very long, black-tipped ears give them early warning of approaching danger. If they do need to flee their very long and powerful hind-legs enable them to run at speeds of up to 70kph (45 mph). They are Britain's fastest land mammal. Normally, though, they walk or lope along, unlike their cousins, the rabbits, which tend to hop.



19 March 2020: a rather bedraggled brown hare (*Lepus europaeus*) in a garden in Llanddona

During much of the day, hares crouch low against the ground in shallow depressions or 'forms' in grassland, low scrub or ploughed furrows. They lay their ears flat along their backs to make themselves even less conspicuous. They are best seen in early morning or late evening when they sit up to survey their surroundings and start to feed, mostly on herbs and fresh grass shoots, including cereal crops. Hares are also active at night as are foxes, their main predators.

People are often surprised to know that the brown, or European hare, so often depicted in traditional art and literature, as well as contemporary art and greetings cards, is not native to the British Isles. It was introduced by the Romans from continental Europe more than two thousand years ago. Ever since then it has been an important part of our culture and mythology, featuring in Celtic legends and folklore and in 'modern' fiction such as *Alice in Wonderland* and other children's books and films. In hare mythology the animal is associated with paganism, mysticism and sacred rites. In 61 AD, the Iceni queen, Boudicca (known as Buddug in Welsh), is said to have examined the entrails of a hare to see if the omens were good for a victory of her warriors over the Roman invaders. Cornwall's white hare warns fishermen of approaching storms and it also haunts faithless lovers. In the *Mabinogion*, a 12th century-13th century collection of Welsh tales based on earlier Celtic legends and myths, Gwion was transformed into a hare to escape from Ceridwen when he accidentally stole the wisdom she was brewing for her son.

In Scotland, there are traditional tales of witches transforming into hares and one of a woman turned into a blue-eyed hare by a witch, which was presumably a terrible fate. Hares have also been seen as goddesses or companions of goddesses, as messengers or associated with the moon. The real-life desperate last-minute attempts of hares to escape from arable crops being harvested and the remaining stubble burnt probably led to their being linked with sacrificing themselves in fire. Many cultures, including Mexican, Chinese and Japanese, see a hare in the pattern of dark areas on the moon and the constellation Lepus is said to represent a hare.



Brown hares, male and female, displaying courtship behaviour (www.natureplprints.com/2019-august-highlights/)

Some believe that Easter is named after the north European Saxon pagan goddess Eostre or Ostara, referred to by the English monk Bede in his work of 725 AD, *The Reckoning of Time*. It seems that for centuries it was the hare which was associated with Easter not the rather sentimental 'Easter bunny' depicted so often today. Strangely perhaps, hares have featured in mediaeval churches in Britain, some show running hares but, in the nave of Chester Cathedral, a floor-tile dating from about 1400 AD shows three hares chasing each other in a circle, joined at their ear-tips with their ears forming a triangle. More trios of hares appear in late-15th century church architecture, including stained glass in Suffolk, a wooden boss in a Cornish chapel and a painted stone boss in the Lady Chapel of St David's Cathedral. It is thought that these intertwined images may have been symbols of the holy Trinity. The three-hare imagery has, however, been traced back from Christian churches along the Silk Road to China through western and eastern Europe and the Middle East. Its use is linked with Christian, Jewish, Islamic and Buddhist sites dating back to about 600 CE.

In great contrast, the Romans saw hares as symbols of lust, abundance and fertility. Hare meat was thought to increase a man's sexual allure and could even cure sterility! Julius Caesar observed that the Celtic people thought it unlawful to eat the hare.

Worldwide, there are 32 species of true hare, in the genus *Lepus*. They are

native to Africa, Eurasia and North America, where several species are known as 'jackrabbits'.

True rabbits (also introduced to the British Isles) are in the same animal family, the *Leporidae*, but they are not closely related to hares. There are some very obvious differences, such as the way rabbits live underground in burrows and have young that are born blind and hairless. Hares are much more solitary, living above ground and producing young which are fully furred and with eyes open, ready to live a more exposed life right from the start. Unlike rabbits, hares have not been successfully domesticated.



A mountain hare (*Lepus timidus*), Darley Dale (www.darleydalewildlife.blogspot.com/2013/11/)

It is fascinating to learn that the brown or European hare is much more closely related to the Korean hare or the Ethiopian highland hare than it is to our native mountain or blue hare, *Lepus timidus*. This species is closely related to the Arctic hare, *Lepus arcticus* and the Alaskan hare, *Lepus othus*.



An Arctic hare (*Lepus arcticus*) (www.coolant.arctica.com/Antarctica%20fact%20file/wildlife/Arctic_animals/arctic_hare.php)

Our mountain hare frequents upland and moorland habitats and is native to the Scottish Highlands, but has been introduced to the Southern Uplands of Scotland, some Scottish islands and to the Peak District. These hares are slightly smaller than brown hares with shorter ears, with no black tips, and brown rather than amber eyes. Their summer coats are greyer. In winter they change to become mostly white which is to camouflage them in snow, but with less snow cover in recent years they are becoming more vulnerable to predators such as eagles.

The Irish hare, *Lepus timidus hibernicus*, is found only in Ireland. It is an

indigenous or native species, a type of mountain hare, dating back to pre-historic times. Carbon dating of fossils from many caves throughout the country has shown it was present as long ago as 28,000 BC. In Irish folklore it is often associated with the Otherworld community, reached through ancient burial sites, caves, wetlands, hills and mists. These were very powerful forces, and women from the Otherworld who could transform or shapeshift into the form of a hare made it taboo to eat these animals. Seen as mainly solitary creatures, strong and fast, active at night and associated with the moon, they were regarded as mysterious and magical, to be treated with caution.



An Irish hare (*Lepus timidus hibernicus*), Tool's Lough, the Burren, Ireland (www.murfwildlife.blogspot.com/2011/11/irish-hare.html)

It's strange to think that Irish, mountain and even brown hares may well have been safer in the British Isles in earlier times than they are today. They used to be greatly revered, even feared, for their supernatural powers. Today they still feature frequently in our popular culture, but as living wild animals they are not respected by everyone. In more recent centuries, hares have been shot for food, for sport or to reduce damage to crops. There has also been a passion for hare hunting, with beagles and harriers, and for hare coursing when dogs, particularly lurchers, are set to chase hares across open ground. Betting is usually involved with coursing but there is also excitement in watching the speeding animals and the extraordinary ability of hares to weave and swerve and even double-back on their own tracks in their efforts to evade the predators. Hare hunting and coursing used to take place throughout Britain, but these activities were banned in the UK under the Hunting Act 2004. Illegal hunting, such as poaching, continues, and brown hares are still legally shot where they are common and where crop damage is seen to be a problem. In the Republic of Ireland, hare coursing remains legal, but there are some controls.

Mountain hares are given some specific legal protection under the 1992 EC Habitats Directive (Council Directive 92/43/EEC of 21 May 1992 on the

www.facebook.com/groups/llangoed

conservation of natural habitats and of wild fauna and flora), where certain methods of capture are restricted. Shooting, however, is becoming more commercialised in winter owing to the shortage of other game. The Irish hare has had some legal protection since 1930 and is now listed in the Irish Red Data Book as an internationally important species. Unfortunately, it is also classified as a game or quarry species and can be hunted under licence during the winter open season. Licences can also be given to allow these hares to be captured for coursing.

My last sight of a live brown hare was in broad daylight on the road between Beaumaris and Llanddona several years ago: the hare was loping along in the middle of the road and seemed uncertain where to go. To avoid alarming it I slowed right down and kept my distance, but fearing traffic would come in the other direction. A driver behind me could see the hare, I think, and did not overtake me. We continued like this for about half a mile until the hare found a gate it could squeeze under to get into a field. Too many times before this I've seen dead hares stretched out on this roadside, traffic victims.

I have no more space, or time, now to give you an account of local hare records and conservation measures, but if you do see hares regularly, as Andrew Perrott does in his garden (I'm envious!), please let me know, or send any information you have to the North Wales Wildlife Trust in Bangor.

☐ North Wales Wildlife Trust
www.northwaleswildlifetrust.org.uk/

MEINCIAU YNG NGARDD EGLWYS BIWMARES

Canon Robert Townsend

Mae llawer o bobl yn hoffi rhywle i eistedd, gorffwys a hel meddyliau, yn enwedig pan fydd yr haul allan ac yn gynnes! Mae llawer o bobl yn hoffi mainc mewn man gwyrd i gael picnic neu hufen iâ. Mae man distaw yng nghanol tref brysur yn werthfawr.

Wel, os oeddech chi eisiau eistedd yng ngardd yr Eglwys ym Miwmares, mae'n bosibl nad oedd eistedd ar y meinciau yn beth arbennig o ddiogel i'w wneud! Roedd eu preniau wedi gweld dyddiau gwell...

Ond, diolch i tîm Seiriol Men's Shed yn Llangoed, mae hynny bellach wedi'i drawsnewid. Cafwyd rhywfaint o bren, llarwydd, gan Gydweithfa Bren Arfon ac mae tîm Men's Shed lleol wedi gwneud y gweddill!

Gwyddom fod rhywfaint o dacluso i'w wneud yng ngardd yr eglwys, ond o leiaf erbyn hyn gallwch eistedd, gorffwys, a

hel meddyliau, heb boeni a fydd y fainc yn eich gadael i lawr...!

Diolch o galon i'r holl wirfoddolwyr yn Men's Shed! Rydych wedi gwneud gwahaniaeth!

Gweler hefyd tudalen 20.



Cyn ac ar ôl.../Before and after...



BENCHES IN BEAUMARIS CHURCH GARDEN

Canon Robert Townsend

Many people like somewhere to sit, rest and get their thoughts together, especially if the sun is out and warm! Many people like a bench in a green space to have a picnic or an ice cream. A quiet place in the centre of a busy town is valuable!

Well, if you wanted to sit in the Church garden in Beaumaris, sitting on the benches was potentially not a particularly safe thing to do! The wood on them had seen better days...

But, thanks to the Seiriol Men's Shed team based in Llangoed, that has now changed. Some wood, larch, was obtained from the Arfon Timber Co-operative and the team from our local Men's Shed have done the rest!

We know that there is still some tidying up to do in the Church garden, but at least you can now sit, rest, ponder and get your thoughts together, without worrying about whether the bench will let you down...!

A big thank you to all the volunteers at the Men's Shed! You've made a big difference!

See also page 20.

CLWB RHWYFO BEAUMARIS ROWING CLUB

Carol Hughes, Membership Secretary

The Celtic Longboats are back...*Seiriol, Cybi, Mabli, Menai* and the Teifi skiff *Carol Luise* are again a regular sight on the waters around Beaumaris. Rowing for fun, fitness and friendship, the boats can be seen on the water at seven in the

morning or seven at night. Having weathered the winter storms, feet up by the fire, or engaged in the Club's 2k Erg fitness challenge, the new season has already got off to a flying start.



March 2022: at the Montford Challenge, and proudly flying the Ukrainian flag (Cindy Styles)

On 19 March Beaumaris rose to the Montford Challenge, a tough race up the river Severn, from Shrewsbury to the 'North Pole'. It was a hard eight miles, made more difficult by the recent rain which saw the river in flood. Beaumaris brought back prizes, and all boats were back under three hours.

April saw an opportunity for the Club to continue the historic tradition of the Menai Strait pirate raiding party, this time at the Pilot Race, in Borth-y-Gest, Porthmadog. The dashing pirates received some treasure as best-dressed boat. The club is now preparing for the Welsh Sea Rowing League fixtures located around the Welsh coast.



April 2022: the Pilot Race, with the Pirates at Borth-y-Gest, Porthmadog (Carol Hughes)

All this hard work has been peppered with more relaxing local trips, to the Gazelle by water to whet the whistle, across to Abermenai over the Lafan Sands, to the headwater at Cadnant. The Club has a full programme of activities and races across the year: Llanfairechan, the Conwy estuary, Beaumaris to Caernarfon and much more...not forgetting the regular social evenings at the Royal Anglesey Yacht Club.

A jewel in the Club's crown, however, is the Puffin Island Race which will take place on Saturday 7 May at 9.30am. Boats from other coastal rowing clubs will come to Beaumaris in an attempt to win the prestigious Puffin trophy. This is a challenging race through the Swnt between Penmon Point and Puffin Island and back over the finishing line at Beaumaris. Come and watch this exciting race!

If you'd like to be a part of this exciting programme we have a recruitment opportunity coming up in September. You'll find details on our website. Please contact Rachael Robins, Recruitment Officer, for more information.

✉ robins.rach@gmail.com

📍 Clwb Rhwyfo Beaumaris Rowing Club
www.beaumarisrowingclub.org.uk

GWARCHODFEYDD NATUR LLEOL SEIRIOL

Rebecca Pritchard, Menter Môn, Simon Hunt, Coed Cymru

Rydym yn ffodus o gael byw yn ward Seiriol gyda tair Gwarchodfa Natur Lleol ar garreg ein drws er nad ydych efallai yn ymwybodol o hynny. Maent yn llefydd hyfyri i fynd am dro ac i fwynhau cefn gwlad a chael cyfle i weld y bywyd gwyllt. Maent yn fannau pwysig, nid yn unig inni eu mwynhau ac i gael ychydig o dawelwch ond hefyd oherwydd y cynefinoedd a'r rhywogaethau sy'n byw yno.

Y Gwarchodfeydd yw:

- Cyttir Mawr, Llandegfan
- Comin Llangoed ac Aberlleiniog
- Comin Llanddona.

Cyttir Mawr, Llandegfan Mae'r warchodfa hon wedi'i rhannu gan isffordd rhwng Hen Landegfan a'r groesffordd ger Cwrs Golf Biwmares. Mae tua milltir o Landegfan ac yn hawdd i'w chyrraedd ar hyd y llwybrau troed sydd wedi'u gwella'n ddiweddar gan wirfoddolwyr Cwllwm Seiriol.

Roedd yr ardal yn arfer cael ei phori ac mae lluniau a dynnwyd o'r awyr yn y 1940au yn dangos ardal heb fawr ddim coed. Mae tystiolaeth o gloddio cerrig ar raddfa fach mewn chwarel ar gyfer adeiladau, waliau a llwybrau fwy na thebyg.

Mae'r warchodfa ar dir comin sy'n eiddo i Fenter Môn ac sy'n cael ei reoli ar y cyd â Chyngor Cymuned Cwm Cadnant. Mae ei harwynebedd yn 6.5ha (16 acer) o goedlan bedw, rhostir, prysgwydd a glaswelltir gwlyb. Mae'n un darn cyffiniol o dir sy'n cael ei rannu gan y ffordd a llwybrau sy'n arwain at dai. Mae hi'n ardal wastad gyda phridd a draenio gwael ac mi all y llwybrau fod yn wlyb a mwdlyd ar adegau o'r flwyddyn. Mae'n lle da i wlyio adar, i chwilio am blanhigion a ffwng y rhostir ac os ydych yn ddigon lwcus mi allwch weld gwiwer goch.

- Cyfeirnod Grid: SH578750
- What3Words: orchids/forgives/frame

Comin Llangoed ac Aberlleiniog Mae'r warchodfa hon yn llain linol o dir comin sy'n ymestyn i'r gogledd o'r maes parcio ac i'r de tuag at draeth Aberlleiniog. Mae llwybrau troed da sy'n ei chysylltu â'r

pentref. Mae maes parcio yn y pentref ac wrth y traeth sy'n sicrhau mynediad hwylus i'r warchodfa.

Mae hon yn warchodfa linol gydag Afon Lleiniog yn llifo drwy'r warchodfa. Mae llwybr troed da yn y coetir gwlyb yng ngogledd y warchodfa. Mae rhan ddeheuol y warchodfa'n cynnwys Castell Aberlleiniog, castell mwnt a beili Normanaidd sy'n hŷn na Chastell Biwmares sydd ymhellach i lawr yr arfordir. Mae rhan o'r warchodfa, o dan y castell, ar orlffdir sy'n golygu bod y rhan hon yn gallu bod yn wlyb ar adegau, ond mae wyneb da ar y llwybrau troed sy'n golygu bod modd eu defnyddio drwy'r flwyddyn. Mae coed hynod o amgylch y castell, gan gynnwys coed derw gwyh sy'n gannoedd o flynyddoedd oed. Yn agos atynt mae coed derw a blannwyd yn 2004 o fes a gasglwyd yma. Mae'n llecyn da i weld adar, planhigion y weirglodd, planhigion y coetir a gwiwerod coch.

Mae'r Warchodfa wedi'i lleoli'n rhannol ar dir comin sy'n eiddo i Gyngor Cymuned Llangoed a Phenmon a thir sy'n eiddo i'r Cyngor Cymuned a Menter Môn. Mae'r warchodfa yn 19.8ha (49 acer) o goetir gwlyb, coetir collddail ifanc a gweirgloddiau.

- Cyfeirnod Grid: SH611797
- What3Words: juicy/umpires/chase

Comin Llanddona Mae'r warchodfa hon yn bocedi bychain o dir comin sydd wedi'u gwasgaru ar hyd a lled y pentref a rhostir eang, sy'n rhan o SoDdGA Rhosydd Llanddona, i'r dwyrain o Landdona.

Mae'r Warchodfa hon yn unigryw am ei bod yn cynnwys tua 20 llain o dir sy'n amrywio mewn maint o 100 metr sgwâr i hanner hecтар (½ acer) a Rhos Llaniestyn sy'n bron i 13ha (32 acer). Tybir fod y tir comin yn y pentref yn un neu ddau ddarn mawr o dir lle'r oedd pobl yn hawlio eu hawliau hynafol, ac nid mor hynafol, i ddefnyddio'r tir. Mae sawl tŷ yn Llanddona a fyddai wedi bod yn Dai Unnos, lle byddai tŷ'n cael ei adeiladu dros nos gyda than wedi'i gynnu ar yr aelwyd cyn y wawr. Byddai'r sawl a oedd yn ei hawlio wedyn yn taflu eu bwyell o'r drws a'r fan lle byddai'n glanio fyddai terfyn eu libart.

Mae gan rai o'r tai hawl cominwyr i ddefnyddio'r tir. Roedd gan un hawl i bori 6 dafad, 6 buwch, 4 mochyn, 25 o ddofednod a chael cerrig o'r chwarel, ac roedd gan un arall hawl i bori 30 o ddefaid, 20 o wartheg a chael tywod o'r chwarel. Nid yw'r hawliau hyn wedi eu gweithredu ers blynnyddoedd ond yn ddiweddar mae'r Cyngor Cymuned, fel y perchennog, wedi gweithredu ei hawliau i bori gwartheg yn Llaniestyn.

Mae'r Warchodfa ar dir comin sy'n eiddo i Gyngor Cymuned Llanddona. Mae hi'n



Cyttir Mawr, Llandegfan (© Crown copyright and database rights [2016] OS [licence number 100030835])

16.4ha (40 acer) o rostir, prysgwydd, coetir, glaswelltir gwlyb a gweirgloddiau. Mae'r Warchodfa'n lle da i weld amrywiaeth eang o blanhigion gan ei bod yn cynnwys glaswelltir niwtral, glaswelltir gwlyb, rhostir morol, rhostir gwlyb a rhostir sych. Mae'r rhannau ohoni sydd yn y pentref yn hawdd eu cyrraedd gan eu bod yn agos at y ffordd, mae tair ffordd yn rhedeg drwy Ros Llaniestyn ynghyd â dau lwybr a all fod yn wlyb a mwdlyd ar adegau.

- Cyfeirnod Grid: SH576795
- What3Words: aquatic/sport/educates

Beth yw Gwarchodfa Natur Lleol? Os edrychwch chi ar ddiffiniad o Warchodfa Natur Leol (LNR) mi welwch fod tarddiad y dynodiad yn argymhellion y Pwyllgor Arbennig ar Gadwraeth Bywyd Gwylt (1947) a arweiniodd at sefydlu'r fframwaith cadwraeth natur yn y Deyrnas Unedig ac a awgrymodd gyfres o ardaloedd gwarchoddedig a oedd yn cynnwys Gwarchodfeydd Natur Cenedlaethol, Ardaloedd Cadwraeth (gan gynnwys Safleoedd o Ddiddordeb Gwyddonol Arbennig a Safleoedd Daearegol Pwysig Rhanbarthol), Parciau Cenedlaethol, Gwarchodfeydd Natur Lleol a gwarchodfeydd natur addysgol lleol.



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Beth yw tir comin? Arferai'r tir comin fod yn 'dir eglwys' ar gyfer tlodion y plwyf a byddai wedi cael ei ddefnyddio i bori, casglu cerrig, coed tân, mawn ac ati. Helpodd y Ddeddf Cofrestru Tir Comin (1965) i ganfod perchnogion a phobl neu eiddo oedd â hawliau penodol; mae'r Gofrestr Tiroedd Comin yn cael ei chadw gan Gyngor Sir Ynys Môn. Roedd llawer o'r tir comin yn Ward Seiriol yn eiddo i Brifysgol Cymru, tybir ei fod wedi'i roi iddynt gan yr eglwys. Mae rhai lleiniau o dir wedi'u hawlio gan unigolion gyda pheth heb ei hawlio a bernir fod hwnnw'n eiddo i'r 'Awdurdod Lleol', sef Cyngorau Cymuned neu Dref yng Nghymru fel arfer.

Mae mesurau penodol sy'n gwarchod tiroedd comin; ni ellir adeiladu arnynt heb ganiatâd Gweinidogion Cymru, ni chaiff neb heblaw am y cominwr neu'r perchennog eu pori. Dyma fel arfer y tir salaf yn y plwyf ac ni fyddai wedi rhoi llawer o fywoliaeth i neb, ac wrth i fywydau newid ac wrth i blant ddechrau mynd i'r ysgol yn hytrach na gofalu am anifeiliaid oedd yn pori ar y comin, byddai llai a llai o ddefnydd yn cael ei wneud o diroedd comin.

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SEIRIOL'S LOCAL NATURE RESERVES

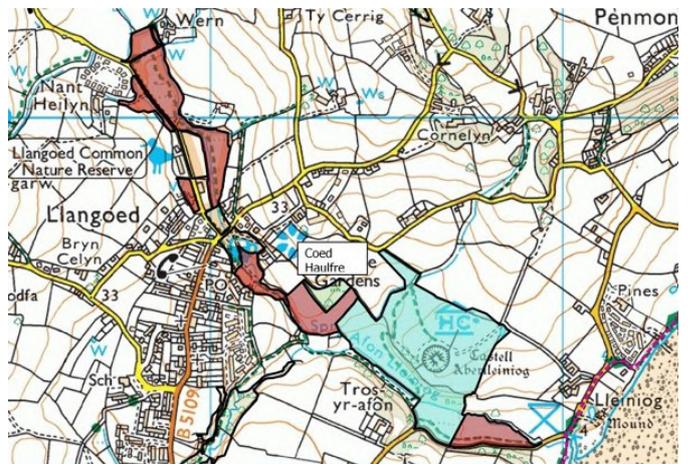
Rebecca Pritchard, Menter Môn, Simon Hunt, Coed Cymru

We are lucky living in the Seiriol ward to have three Local Nature Reserves (LNR) on our doorstep, even though you may not realise it. They are all wonderful places to walk and enjoy the countryside and give us opportunities to see wildlife. They are important places, not just for our enjoyment and peace of mind but for the various habitats and species that live there.

The LNRs are:

- Cyttir Mawr, Llandegfan
- Llangoed Commons and Aberlleiniog
- Llanddona Commons.

Cyttir Mawr, Llandegfan This LNR is bisected by the minor road between Hen Llandegfan and the crossroads near Beaumaris Golf Course. It is about one mile from Llandegfan and is easily accessible along footpaths recently improved by Cwlwm Seiriol volunteers.



Llangoed Commons and Aberlleiniog (© Crown copyright and database rights [2016] OS [licence number 100030835])

The area would have been grazed, and aerial photos from the 1940s show a largely tree-less area. There is evidence of small-scale quarrying, presumably for stone for buildings, walls, paths and tracks.

The LNR is on common land owned by Menter Môn and managed jointly with Cwm Cadnant Community Council. It is 6.5ha (16 acres) of birch woodland, heathland, scrub and wet grassland. It is one contiguous piece of land bisected by the road and access tracks to properties. It is a flat area with poor soils and poor drainage and the paths can be wet and muddy at certain times of the year. It is a good area to visit for birdwatching, looking at heathland plants and fungi, and you might be lucky enough to see a red squirrel.

- Grid Ref SH578750
- What3Words: orchids/forgives/frame

Llangoed Commons and Aberlleiniog This LNR is a linear strip of common land running north from the car park and south towards Aberlleiniog beach. There are good footpaths connecting it with the village. There is a car park in the village and a car park by the beach giving easy access to the reserve.

It is a linear reserve with the Afon Lleiniog running along the entire length of the reserve. The wet woodland to the north has a good footpath running through it. The southern part of the LNR includes Castell Aberlleiniog, a Norman motte and bailey castle which pre-dates Beaumaris Castle down the coast. Part of it, below the castle, is on a flood plain hence this area can be wet at times, but the surfaced footpaths mean that most of the reserve is accessible all year round. There are veteran trees around the castle, magnificent oaks dating back centuries. Close to these are trees planted in 2004 with the oak grown from acorns gathered from here. It is a good area

MEITHRINFA SÊR MÔR

Angen gwirfoddolwyr!

Gan weithredu ers 2020, rydym yn darparu gofal meithrin a chlybiau gwyliau i blant ym Miwmares a'r cyffiniau.

Fel elusen sy'n cael ei rhedeg gan y gymuned, mae angen gwirfoddolwyr arnom ar frys i ymuno â'n pwyllgor fel ymddiriedolwyr, i'n helpu i gynnal yr ansawdd gofal rhagorol a ddarparwn. Yn benodol, byddem yn awyddus i glywed gan unrhyw un sydd â sgiliau gweinyddol, a byddem yn croesawu unrhyw un a hoffai roi yn ôl i'r gymuned a chefnogi ein plant a'n rhieni.

Os oes gennych ddi-ddordeb mewn ymuno â'n tîm, gwneud ffrindiau newydd a dysgu rhai sgiliau newydd, byddem wrth ein bodd yn clywed gennych!

✉ sermorb.committee@gmail.com



Volunteers needed!

Operating since 2020, we provide nursery care and holiday clubs for children in and around Beaumaris.

As a community-run charity, we are in urgent need of volunteers to join our committee as trustees, to help us maintain the excellent quality of care we provide. In particular, we would be keen to hear from anyone with administrative skills, and would welcome anyone who would like to give back to the community and support our children and parents.

If you are interested in joining our team, making new friends and learning some new skills, we would love to hear from you!

✉ sermorb.committee@gmail.com

MEITHRINFA SÊR MÔR

to visit for birdlife, meadow plants, woodland plants and red squirrels.

The LNR is partly on common land owned by Llangoed and Penmon Community Council and land owned by the Community Council and by Menter Môn. It is 19.8ha (49 acres) of wet woodland, young deciduous woodland, meadows.

- Grid Ref SH611797
- What3Words: juicy/umpires/chase

Llanddona Commons This LNR is comprised of a myriad of small pockets of common land scattered throughout the village and a large area of heath, part of Rhosydd Llanddona SSSI, to the east of Llanddona.

This LNR is unique as it has around 20 pieces of land varying in size from 100 square metres to half a hectare (½ acre) and Rhos Llaniestyn which is nearly 13ha (32 acres). The common land in the village was presumably one or two large pieces of land where people claimed their ancient, and not so ancient, rites of claiming land. There are a number of properties in Llanddona that would have been a Tŷ Unnos, or 'house in one night', where a house has been built and a fire lit in the hearth before daybreak. The claimant would then throw their axe from the door and where it landed became their curtilage.

Some of the properties have commoners' rights to use the land. One was to graze 6 sheep, 6 cattle, 4 pigs, 25 poultry and extract stones from quarry and another to graze 30 sheep, 20 cattle and extract sand from quarry. These rights have not been practiced for years but recently the Community Council, as owners, have exercised their right to graze cattle on Llaniestyn.

The LNR is on common land owned by Llanddona Community Council. It is 16.4ha (40 acres) of heathland, scrub, woodland, wet grassland and meadows. The LNR is a good place to see a wide range of plants as it has areas of neutral grassland, wet grassland, maritime heath, wet heath and dry heath. The areas in the village are easy to get to as they are adjacent roads, Rhos Llaniestyn has three roads running through it and a couple of footpaths which can be wet and muddy at times.

- Grid Ref SH576795
- What3Words: aquatic/sport/educates

What is a Local Nature Reserve? If you look for the definition of a Local Nature Reserve (LNR) you will find that 'the designation has its origin in the recommendations of the Wild Life Conservation Special Committee (1947) which established the framework for nature conservation in the United Kingdom and suggested a national suite of protected areas comprising National

Yr Owain Glyndŵr Llanddona

Mark and Tammie welcome you to yr Owain Glyndŵr! We took over in February this year, and have undertaken an extensive refurbishment:

- New bar, dining room, lounge areas
- Sky Sports, for sports fans who enjoy a pleasant beer whilst watching football, rugby or Grand Prix on our newly-installed smart TVs
- New pool table and darts board; if there's interest we'd look at joining the local pool and darts leagues!

This family-friendly pub is now in the ownership of a local Llanddona family for the first time in its history; Tammie's family go back generations in the village.



We employ family members, and source our produce from local suppliers where possible. Our opening hours are:

- Monday: 5.00pm-10.00pm
- Tuesday: 5.00pm-10.00pm
- Wednesday: 5.00pm-10.00pm
- Thursday: 5.00pm-11.00pm
- Friday: 4.00pm-12.00 midnight
- Saturday: 12.30pm-12.00 midnight
- Sunday: 12.30pm-10.00pm

We offer:

- A wide range of beers, including Coors, and guest ales as well; a special Llanddona Witches Brew Ale exclusive to the Owain Glyndŵr; a selection of quality red, white and rosé wines, including non-alcoholic wine; soft drinks
- Fresh home-cooked Sunday lunch, including vegan and gluten-free options; a fine selection of desserts; tea, coffee, hot chocolate

We cater for private functions and parties.

As we start to return to a post-COVID normality we would like to welcome locals and visitors to join and support Llanddona's local...we believe that it is so important to keep village pubs open as they are the heartbeat of so many rural communities.

We look forward to work with the local community and Neuadd Bentrŷ Llanddona Village Hall in the forthcoming Jubilee Celebrations and other charity events.

All of us at The Puffin wish yr Owain Glyndŵr every success, and we say 'thank you' for hosting us!

☎ 01248 810710

✉ Llanddona, Anglesey LL58 8UF

✉ contact@ogdllanddona.co.uk

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Nature Reserves, Conservation Areas (including Sites of Special Scientific Interest and Regionally Important Geological Sites), National Parks, Local Nature Reserves and local educational nature reserves'.

They are designated by a local authority through the National Parks and Access to the Countryside Act 1949 for the 'quiet enjoyment of the countryside'. In the case of the three LNRs in the Seiriol Ward the declaration was done by Menter Môn, acting under the authority of the Isle of Anglesey County Council (IACC) in 2002. Whilst there is no specific protection of LNRs in law IACC need to take account for them in the Local Development Plan.

What is common land? The common land would have been 'church land' for the poor of the parish and would have been used for grazing, collecting stone, firewood, turf, etc. The Commons Registrations Act 1965 helped identify owners and people or properties with certain rights; the Commons Register is held by IACC. Much of the common land in the Seiriol Ward was owned by the University of Wales, presumably handed to them by the church. Some small parcels have been claimed by individuals whilst some is unclaimed and is deemed the property of the 'Local Authority', usually the Community or Town Councils in Wales.

Common land has certain protections; it cannot be built on except with permission from the Welsh Ministers, it cannot be grazed by anyone other than the commoner or the owner. It is usually the poorest land in the parish and would not have supported much of a living so, as lives changed and children had to go to school rather than attend animals grazing on the common, the commons would have fallen out of use.

 what3words
www.what3words.com/about

CLWB BOWLIO BEAUMARIS

Timothy Williams

Gan fod y cyfnod clo bellach yn dod i ben, gwahoddir trigolion lleol yn y Beaumaris, Llanfaes, Llangoed, Penmon, Llanddona a thu hwnt i roi

cynnig ar chwarae bowlio gwyrdd y goron am hwyl ac ar yr un pryd cael ymarfer corff ysgafn ac awyr iach a chwrrdd â phobl newydd. Ailagor Clwb Bowlio Biwmares fis diwethaf a hoffai groesawu pobl o unrhyw oedran neu ryw i ddo draw i roi cynnig arni.

Mae ein gwyrdd wedi'i leoli yn Nyffryn Hapus yng nghysgod Castell Beaumaris gyda golygfeydd hyfryd o'r mynyddoedd.

Ar hyn o bryd mae gennym wyth tîm:

- Un yn cystadlu yng Nghynghrair

www.facebook.com/groups/llangoed

Ynys Môn (grŵp oedran agored) ar Nosweithiau Llun.

- Dau yn Is-adran Cynghrair Gwynedd Seniors (dros 55 oed) A ar brynhawn dydd Mawrth. Mae ein tîm B yn darparu ar gyfer chwaraewyr sy'n newydd i'r gêm gyda'r gefnogaeth a roddir gan ein chwaraewyr mwy profiadol.
- Un yn Uwch Gynghrair Siroedd Cymru nos Fawrth; Beaumaris oedd enillwyr balch y gynghrair hon yn 2021.
- Dau yng Nghynghrair Cylch Ynys Môn/Bangor (grŵp oedran agored). Mae tymor 2022 yn gweld y gynghrair yn cwmpasu fformat dwbl a bydd y clwb yn defnyddio hwn i annog aelodau newydd i gael eu paru â bowliwr profiadol o'r clwb. Gemau a chwaraeir ar nosweithiau Mercher.
- Dau yng Nghynghrair Arfordir Gogledd Cymru (grŵp oedran agored) prynhawn Sadwrn.



Eryri/Snowdonia (Timothy Williams)

I gael rhagor o wybodaeth am Fowlio Gwyrdd y Goron, ewch i wefan Bowl4Life.

 Bowl4Life
www.bowl4life.org/

Felly, beth am roi cynnig ar fowlio? Cysylltwch â ni:

 davemathias49@gmail.com

 01248 490222, 07712 121147

 Mike Ormond 01248 810073

BEAUMARIS BOWLING CLUB

Timothy Williams

Now that lockdown is ending, local residents in the Beaumaris, Llanfaes, Llangoed, Penmon, Llanddona, and beyond are being invited to try playing Crown Green bowling for fun and at the same time getting gentle exercise and fresh air and meeting new people.



Y Castell/the Castle (Timothy Williams)

Beaumaris Bowling Club reopened last month, and would like to welcome people of any age or gender to come along and have a go. Our green is located at Happy Valley in the shadow of

Beaumaris Castle with beautiful views of the mountains.

Currently we have eight teams:

- One competing in the Anglesey League (open age group) on Monday evenings.
- Two in the Gwynedd Seniors (over 55 years of age) League Division A on Tuesday afternoons. Our B team caters for players new to the game with the support given by our more experienced players.
- One in the Welsh Counties Premier League on Tuesday evenings; Beaumaris were the proud winners of this league in 2021.
- Two in the Anglesey/Bangor & District League (open age group). The 2022 season sees the league encompass a doubles format and the club will be using this to encourage new members to be paired with an experienced bowler from the club. Matches played on Wednesday evenings.
- Two in the North Wales Coast League (open age group) on Saturday afternoons.

For more information about Crown Green Bowls, visit the Bowl4Life website.

 Bowl4Life
www.bowl4life.org/

So, why not give bowls a go? Please contact us:

 davemathias49@gmail.com

 01248 490222, 07712 121147

 Mike Ormond 01248 810073

TAILPIECE: THIS WEARY WESTIE IS TAKING TIME OUT

Tilly Barker (dogtated under duress to Andrew Perrott)

A few minutes ago the Boss told me that he was running out of space. Oh, good! I thought. I had considered going on strike because the quarterly faff of putting my brain into dogtating mode really is just



Dozing after my eyes have been cleaned...darlings, you've *no* idea how long it takes to arrange a cushion just so...

too much for a girl with poor eyesight and little legs. Dear fans (yes, that's you, my readers), I shall compose my thoughts for **The Puffin 41**, and will tell you everything then, so be patient!

The Puffin 40 • May 2022

EDITORIAL INFORMATION AND OTHER 'USEFUL TO KNOW' STUFF

The Editorial Team

Richard Adams Andrew Perrott
 John Briggs Owen Williams
 John Nunn ✉ puffinpages@gmail.com

Editorial Policy

- **The Puffin** is a community journal. It does not become involved in matters such as politics, local or national, but is intended to be a means of bringing people and communities together, celebrating our 'sense of community' and the beautiful part of the world in which we live, so please be kind, courteous and respectful. 'Hot' topics related to the local context are fine, but we ask that people respect the fact that alternative views may be valid as well.
- We welcome news, letters and interesting articles, in Welsh and in English, as long as they are attributed to an author; please don't send us anything marked 'not for publication'.
- The views expressed in **The Puffin** do not necessarily represent those of the Editorial Team.
- We review all items for material that is obviously libellous or offensive, but we cannot check for factual accuracy because we might not be sufficiently expert on the topic, and because of time constraints.
- If you have strong feelings about what is said, or is not said, in **The Puffin**, don't bottle it up: get in touch with us or join the group of volunteers who form the Editorial Team who enable its production.

General information and publication dates

- We will do our best to reply to your e-mails quickly.
- If you e-mail photographs and other pictures to us for inclusion in **The Puffin**, please send them in .jpg format if possible. If you send photographs or documents to us by post, be sure to enclose a stamped, self-addressed envelope so that we can return them to you after they've been scanned.
- The word count per column is c.350 (three-column page) and c.520 (two-column page).
- **The Puffin** is published in:
February: submissions by 10 January
May: submissions by 10 April
August: submissions by 10 July
November: submissions by 10 October

Submissions and donations by post

- We are happy to receive submissions – and donations, of course! – by post. Please send them to:
 Andrew Perrott
 Glangors
 Llanddona
 Anglesey
 LL58 8TU
 Mark the envelope **The Puffin** and enclose your address, an e-mail address and/or telephone number so that we can let you have an acknowledgement and a 'thank you'.
- If you would like to make a donation by bank transfer, our details are:
 Bank: **NatWest**
 Account name: **The Puffin**
 Account number: **88609782**
 Sort code **54-10-01**

Sponsorship and advertising

- Please contact us by e-mail if you would like to sponsor **The Puffin** or place an advertisement in it.

Where to pick up your copy of **The Puffin**

- **Beumaris**
 ABC Service Station, Gallows Point, Beumaris LL58 8YH
 Canolfan Beumaris Leisure Centre, Rating Row, Beumaris LL58 8AL
 Central Bakery, 22 Margaret Street, Beumaris LL58 8DN
 Ena's Newsagents, 24 Castle Street, Beumaris LL58 8AP
 Spar, 11 Castle Street, Beumaris LL58 8AB
 Town Hall (entrance lobby), Castle Street, Beumaris LL58 8AP
- **Llanddona**
 The Owain Glyndŵr, Llanddona LL58 8UF
 Wern y Wylan, Llanddona LL58 8TR: look for the labelled mailbox at Wern y Wylan Court
- **Llandegfan**
 Siop Llandêg, Lon Ganol, Llandegfan LL59 5UA
- **Llangoed**
 Morrisons Daily, China House, Llangoed LL58 8NW
- **Penmon**
 The Pilot House Café, Black Point, Penmon LL58 8RR
- **On-line**
www.seiriolalliance.co.uk/newsletters/

Some useful contacts

Alcoholics Anonymous	0800 917 7650
Canolfan Iechyd Beumaris Health Centre	01248 810818
Canolfan Beumaris Leisure Centre	01248 811200
Cynllun Tro Da Seiriol Good Turn Scheme	01248 305014
Dŵr Cymru/Welsh Water:	leaks
	water services and emergencies
	sewerage services and emergencies
Electricity (SP Energy Networks):	information about power cuts
Floodline	0345 988 1188
Gas:	National Gas Emergency Service
Isle of Anglesey County Council:	Beumaris library
	Children's Services
	missed waste collections
NHS (NHS Direct closed in 2014):	for non-emergency medical help
NSPCC:	help for adults concerned about a child
	help for children and young people
Police: non-emergency	101
Police Community Support Officer:	Teleri Jones
Post Office:	customer helpline
	Morrisons Daily, Llangoed
	Spar, Beumaris
RSPCA:	daily, 9.00am-6.00pm
Samaritans:	English language
	Welsh language
Ysbyty Gwynedd Hospital	01248 384384