

# The Puffin

**FREE** community magazine • published quarterly

Number 47 • February 2024

**Serving...**

- **Beaumaris**
- **Glanrafon**
- **Llanddona**
- **Llandegfan**
- **Llanfaes**
- **Llangoed**
- **Llansadwrn**
- **Penmon**

**...and on-line**

# ADVERTISE IN The Puffin

- **IT'S FREE!**

**The Puffin** is a free quarterly community magazine, published by a small group of volunteers. Its production costs are funded entirely by sponsors, advertisers, fundraising, grants and donations. It's published in February, May, August and November.

- **IT'S LOCAL!**

**The Puffin** has wide local coverage, and serves the 'pretty pointy piece' of eastern Anglesey which comprises Seiriol Ward, taking in the communities of Beaumaris, Glanrafon, Llanddona, Llandegfan, Llanfaes, Llangoed, Llansadwrn and Penmon.

- **IT'S INTERESTING!**

**The Puffin** features a broad variety of articles, including local interest, nature and matters of importance such as the cost of living. There's also a regular *What's happening where?* listing that gives information about local services, societies, and events, regular and one-off.

- **IT'S AVAILABLE IN PRINT AND ON-LINE!**

**The Puffin** is a high-quality colour publication which provides a great opportunity for local businesses to raise their profile and advertise their services to the local community.

It's available in print at outlets in Beaumaris, Llanddona, Llandegfan, Llangoed and Penmon, and on-line at [www.seiriolalliance.co.uk/newsletters](http://www.seiriolalliance.co.uk/newsletters).

- **MORE INFORMATION?**

If you would like more information, or are interested in placing an advertisement, call **Richard Adams** on **07710 233439** or e-mail **The Puffin** at [puffinpages@gmail.com](mailto:puffinpages@gmail.com).

Advertising charges range from £25 upwards, with pricing by size. We're happy to negotiate on variations of size, repeat advertisements or any other requirements that you may have.

Please note that sizes may be approximate as they depend on text layout. We can design an advertisement for you as well.



## What does a pelargonium mean?

John Nunn

I have a geranium in the garden (or pelargonium, as we have to call them these days). OK, so what? you might say. Well, I shouldn't have one; we had a very cold spell a few days ago and it should have been killed off but there it is, and it's not alone. My conclusion: the weather is changing. There is plenty of evidence to this affect. My pelargonium is not the only plant growing in areas previously off-limits to it.

When we talk about weather patterns over substantial areas and periods of time we use the term 'climate', and surely everyone must have heard the expression 'climate change'. There are masses of evidence that the climate is changing, ranging from the disappearance of Arctic and Antarctic ice to the spreading of desert areas; however, a warming climate does not necessarily mean warmer weather for us all. For example, if Arctic ice melts too much it could reinforce a cold current flowing down the north-west coast of North America called the Labrador current. Theoretically, that could deflect the Gulf Stream to head south along the North African coast and disrupt the currents of the Atlantic which actually control the climate of large areas of Europe and Africa called the Atlantic Meridional Overturning Circulation (AMOC).

Have a look at a map and see which other countries lie on the same latitude as us; in winter they are cold countries with heavy winter snowfalls and cold winter months. We lie to the north of the whole of continental USA where places like Chicago in the winter are extremely cold...brrr! It is the Gulf Stream which keeps us warm. No Gulf Stream, hello Chicago. It has to be said that not all scientists agree that the AMOC is likely to be disrupted; on the other hand, there are those who believe that this will happen by 2025. Oops! (possibly).

The path of the cyclones which drift across the UK and bring us our weather will also vary as temperature ranges affect the Jet Stream and their centres move further north. As a result the directions of our prevailing winds will also move north, and may change from a predominantly warm direction over oceans to directions over land which is cold in winter and warmer in summer.

Finally, we come to the thorny issue of why these changes are occurring. Majority scientific opinion quite clearly puts the changes down to human activity, though there are some who will put it down to the natural cycle of solar activity. I'm not a scientist so I am not about to hitch **The Puffin** to any particular theory. As a gardener, however, I note that I have live

[puffinpages@gmail.com](mailto:puffinpages@gmail.com)

pelargoniums outdoors in my garden in late December...

...and it's just before Christmas as I write this, so New Year thoughts are very much to the fore. By the time you read this we'll be well into 2024, but it'll still be our first contact with you so I'm sure that it's not too late to wish you all...

**BLWYDDYN NEWYDD DDA!  
HAPPY NEW YEAR!**

Who knows what this year will bring?!

📖 Atlantic meridional overturning circulation  
[https://en.wikipedia.org/wiki/Atlantic\\_meridional\\_overturning\\_circulation](https://en.wikipedia.org/wiki/Atlantic_meridional_overturning_circulation)

📖 What is the Atlantic Meridional Overturning Circulation?  
[www.metoffice.gov.uk/weather/learn-about/weather/oceans/amoc](http://www.metoffice.gov.uk/weather/learn-about/weather/oceans/amoc)

📖 Pelargonium  
<https://en.wikipedia.org/wiki/Pelargonium>

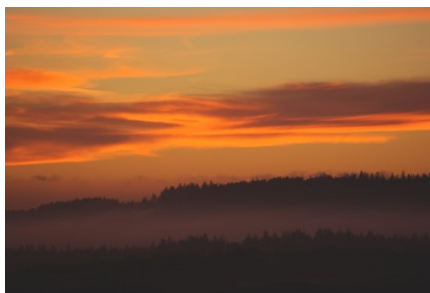
## February's front cover

Andrew Perrott

There was no art forgery involved in the preparation of this month's front cover.

It's part of a photograph that I took from my bedroom on 31 October 2015 at about 6.15pm, looking over the fields and heathland between Llanddona and Mynydd Llwydiarth/Pentraeth Forest.

We're very lucky in our small part of the world; the sunrises and sunsets have to be seen to be believed, and this post-sunset sky with mist was no exception.



The complete photograph

The mist between the two bands of trees is over a dip that has Llyn Llwydiarth at its base. The forested Mynydd Llwydiarth and the sandy beach nearby at Wern y Wylan are well worth the walking; the terrain is variable, so stout footwear is a sensible precaution.

## What's happening where?

*What's happening where?* continues to grow, and we hope that you continue to find it useful.

If you think that an event is missing and should be mentioned, do make sure that you let us know in good time.

Our 'submissions by' dates are:

- 1 January for February
- 1 April for May
- 1 July for August
- 1 October for November

Our contact details are always given on the back page in *Editorial information and other 'useful to know' stuff*.

We want to support you, but we can't do so if you don't support us by feeding us with information...support us to support your communities!

Keep an eye on websites, local advertising and social media, Facebook and the like, because changes can affect events either way, some happening suddenly or being cancelled just as suddenly:

- Check beforehand to make sure that an event is happening.
- Remember to take a mask with you.

## Attention, voluntary groups!

If your organisation has opportunities to fill, think about placing an advertisement in **The Puffin**.

Our contact details are always on the back page.

## Some useful services

- **Cashpoints:** there are now no banks in the Seiriol area, but we know of two cashpoints:
  - **Jolly's**, 5 Bulkeley Terrace, Beaumaris LL58 8AU, outside, at what used to be the NatWest bank
  - **Spar**, 11 Castle Street, Beaumaris LL58 8AB: inside, during opening hours

Please let us know if you are aware of any others so that we can list them here.

**Post Offices:** note also that you can withdraw cash with your bank card at any Post Office counter (Spar, Beaumaris and Pentraeth, and Morrisons Daily, Llangoed, for example) free of charge.

- **Beaumaris library:** Beaumaris library is at:

David Hughes Community Centre  
Beaumaris  
Anglesey  
LL58 8AL

Opening times are:

Monday 2.30pm-6.00pm  
Wednesday 10.00am-12.30pm  
Friday 9.00am-1pm

☎ 01248 810659

✉ [ddxlh@anglesey.gov.wales](mailto:ddxlh@anglesey.gov.wales)

- **Mobile library:** the mobile library visits communities which are more than ¾ mile from one of Anglesey's libraries. It carries a small but comprehensive selection of books and tapes, and also provides a

gateway to other library services.

The mobile library visits the following communities on the third Friday of the month:

- **Llanddona:**  
Neuadd Bentref Llanddona  
Village Hall  
11.30am-12.30pm  
Maes Gwyn  
1.10pm-1.45pm
- **Llanfaes:**  
Siop Llandêg  
9.30am-10.00am
- **Llangoed:**  
Pont y Brenin  
10.10am-10.40am  
Aberlleiniog car park  
10.45am-11.15am
- **Llansadwrn:**  
Tan-y-Ffordd  
2.00pm-2.30pm

☎ 01248 752093, 01248 752095

Telephone Llangefni Library if you would like more information about its doorstep delivery service.

☎ 01248 752093

📄 Mobile and Home Library Service  
[www.anglesey.gov.wales/en/Residents/Libraries/Mobile-and-Home-Library-Service.aspx](http://www.anglesey.gov.wales/en/Residents/Libraries/Mobile-and-Home-Library-Service.aspx)

- **Household waste recycling:**  
Anglesey residents do not need to book a slot to use the Penhesgyn Household Waste Recycling Centre (Menai Bridge LL59 5RY):

Vehicles must be no longer than 5.0m and no higher than 2.1m, including any attachments.

Householders must produce proof of residency on the Isle of Anglesey, such as a current Council Tax bill, driving licence or recent (less than 3 months old) utility bill.

Opening times are:

Monday 10.00am-4.30pm  
Tuesday 10.00am-4.30pm  
Friday 10.00am-4.30pm  
Saturday 10.00am-4.30pm  
Sunday 10.00am-4.30pm

📄 Penhesgyn Household Waste Recycling Centre  
[www.anglesey.gov.wales/en/Residents/Bins-and-recycling/Recycling-centres-and-recycling-banks/Penhesgyn-Household-Waste](http://www.anglesey.gov.wales/en/Residents/Bins-and-recycling/Recycling-centres-and-recycling-banks/Penhesgyn-Household-Waste)

☎ Waste Management  
01248 752093



- **Mobile banking:** NatWest is alone among the main banks in providing a mobile banking service in our area.

A Mobile Branch visits Beaumaris and Menai Bridge every week:

- **Beaumaris:**  
Castle Square  
LL58 8DA  
Wednesday 10.30am-11.15am
- **Menai Bridge:**  
Wood Street car park  
LL59 5QW  
Wednesday 3.35pm-3.55pm

📄 A directory for your local banking services  
[www.natwest.com/banking-with-natwest/other-ways-to-bank-with-natwest-banking-me.html#mb](http://www.natwest.com/banking-with-natwest/other-ways-to-bank-with-natwest-banking-me.html#mb)



- **Mobile Post Office:** the Post Office provides a mobile service across Anglesey.

It makes the following weekly local stops at Llanddona and Llandegfan:

- **Llanddona:**  
Neuadd Bentref Llanddona  
Village Hall  
LL58 8TS  
Tuesday 2.30pm-3.00pm  
Maes Gwyn  
LL58 8TP  
Tuesday 3.05pm-3.30pm
- **Llandegfan:**  
Bro Llewelyn  
LL59 5UP  
Tuesday 3.45pm-4.15pm  
Maes Ffynnon  
LL59 5PS  
Tuesday 4.15pm-4.45pm

All the usual Post Office services are available.

Visit Maesgeirchen Mobile Post Office's Facebook page for up-to-date information about the mobile Post Office service.

📄 Maesgeirchen Mobile Post Office  
[www.facebook.com/people/Maesgeirchen-Mobile-Post-Office/100057490246225/](https://www.facebook.com/people/Maesgeirchen-Mobile-Post-Office/100057490246225/)



### Anglesey, Gwynedd

- **Anglesey & Gwynedd Widowed Group:** please note that this is *not* a dating site; the organisers are volunteers and the group is not a charity.

It is a group for widows and widowers aged over 50 (suggested age only) who live permanently in the Anglesey, Bangor and Caernarfon (Gwynedd) areas.

We meet for regular get-togethers: coffee, lunch, days out, leisure activities, evenings out, theatre,

concerts, coach trips and so on, and have a zoom meeting to chat every fourth Saturday evening of the month.

This is not a support group, just a group of people who have been through the loss of a spouse or long-term partner, and who can empathise with each other but are ready to start enjoying life again.

We use [www.meetup.com](http://www.meetup.com) for information about events and to keep in touch.

If you'd like more information please contact me, Lyn Roberts.

☎ 07474 224246

✉ [lyn2910@yahoo.co.uk](mailto:lyn2910@yahoo.co.uk)

### Beaumaris

- **RNLI: volunteers wanted!** The RNLI is working hard to make itself inclusive, with the Fundraising Team, shop helpers and crew all working together as a team. We'd give a big welcome to anyone who would like to volunteer in any capacity.

Like most charities, we do need more volunteers to help with our shop and events.

**200<sup>th</sup> anniversary!** The RNLI's 200<sup>th</sup> anniversary takes place this year, with national and local celebrations being planned, as well as many extra events.

If you are interested please call in at the RNLI shop or contact Valary Wakefield on 01248 811375.

Keep an eye on social media and The Puffin for updates.



- **Clwb Bowlio Beaumaris Bowling Club:** Clwb Bowlio Beaumaris Bowling Club fielded eight teams last year, in five different Leagues, and would like to welcome new members, young or old, male or female.

The Club is at Happy Valley, by the beautiful Beaumaris Castle. For more information and/or a taster session please contact Dave Mathias, Secretary.

✉ [davemathias49@gmail.com](mailto:davemathias49@gmail.com)

☎ 01248 490222, 07712 121147

📄 Beaumaris Bowling Club  
<https://beaumarisbowlingclub.yolasite.com/>

📄 Beaumaris Bowling Club  
[www.facebook.com/people/Beaumaris-Bowling-Club/100063490482942/](https://www.facebook.com/people/Beaumaris-Bowling-Club/100063490482942/)

- **Clwb Rhwyfo Beaumaris Rowing Club:** there's a long history of competitive rowing on the Strait.

[www.seiriolalliance.co.uk/newsletters/](http://www.seiriolalliance.co.uk/newsletters/)



## ALLECH CHI HELPŪ

GYRRU POBL I  
APWYNTIADAU  
ANGENRHEIDIOL AT Y  
MEDDYG NEU'R YSBYTY



Rydym yn chwilio am  
bobl all roi ychydig o  
oriau y mis!

### BYDDWN YN TALU:

- COSTAU GDG (DBS)
- COSTAU TANWYDD
- COST O UNRHYW DREULIAU ERAILL

### AM FWY O WYBODAETH CYSTLLTWCH CYDA NI

LINC@MEDRWNMON.ORG  
01248 725745



## CAN YOU HELP

DRIVE PEOPLE TO VITAL  
GP AND HOSPITAL  
APPOINTMENTS



We are looking for  
people who can spare  
a couple of hours a  
month!

### WE WILL COVER:

- COST OF DBS
- COST OF FUEL
- COST OF ANY OTHER EXPENSES

### FOR MORE INFORMATION PLEASE CONTACT US

LINC@MEDRWNMON.ORG  
01248 725745

The Club runs taster events during April and September for people to learn about, and have a go at, rowing a Celtic. It doesn't matter if you've never rowed before; we'll show you the ropes.

Visit our website if you'd like to know more about us.

[www.beumarisrowingclub.org.uk/](http://www.beumarisrowingclub.org.uk/)



- **Beumaris Cricket Club:** we welcome new members; our average age is somewhere around 50, a few younger and some older! If you'd like to join us give one of us a call:

Chairman: Ian Gorst Jones,  
☎ 01248 811248

Captain: David Graves,  
☎ 07851 632881

Vice-Captain: Evan Hughes,  
☎ 07999 505001

Match organiser: Philip Lewis,  
☎ 07484 262297

[www.facebook.com/people/Beumaris-Cricket-Club/100057043976040/](https://www.facebook.com/people/Beumaris-Cricket-Club/100057043976040/)

- **Beumaris Film Night:** put the first Thursday of every month in your diary! Have a look below at what's coming this autumn/winter.

Refreshments are available from 7.00pm; the film starts at 7.30pm. Tickets are still just £5 each, and are available in advance from reception, or telephone to book.

☎ 01248 811200

Volunteers are always welcome at Beumaris Film Night; please contact Stephen Marsden for more

information.

☎ 07774 699685

**1 February:** *My Sailor, My Love* (2022), starring James Cosmo, Brid Brennan, Catherine Walker.



A retired sea captain and his daughter must reassess their strained relationship after he begins a new romance with a widowed housekeeper (1h 43m; 12).

**7 March:** *The Great Escaper* (2023), starring Michael Caine, Glenda Jackson, Wolf Kahler.



Bernard Jordan escapes from his care home to attend the 70<sup>th</sup> Anniversary of the D-Day Landings in France (1h 36m; 12A).

**4 April:** *The Unlikely Pilgrimage of Harold Fry* (2023), starring Jim Broadbent, Penelope Wilton, Earl Cave.



Harold is an ordinary man who has passed through life living on the sidelines, until he goes to post a letter one day...and just keeps walking (1h 48m; 12A).

- **Beumaris Over 50's Club:** Club meetings take place at 2.00pm on the last Monday of the month at:

The Iorwerth Rowlands Centre  
Steeple Lane  
Beumaris  
LL58 8AE

We extend a warm welcome to new and old members.

2023 was another successful year for us, ending with a very good Carol Concert in November with Beumaris's 'Singing for Pleasure' group.

We look forward now to 2024, and the Club's initial programme is given below, so be sure to put the dates in your diary!

- **29 Ionawr/29 January:** Cyfarfod Cyffredinol Blynyddol a Sesiwn Bingo. Annual General Meeting and Bingo Session.  
Yn y Cyfarfod Cyffredinol Blynyddol byddwn yn penodi Cadeirydd, Is-gadeirydd, Trysorydd, Ysgrifennydd, Ysgrifennydd Cymdeithasol a chwe Aelod or Pwyllgor. At the Annual General Meeting we shall be appointing a Chair, Vice-Chair, Treasurer, Secretary, Social Secretary and six Committee Members.
- **26 Chwefror/26 February:** Sgwrs gan Margaret Furlong: Teithio i'r Iorddonen. Talk by Margaret Furlong: Travels to Jordan.

For more details, please contact the Chair, Mike Davies.

☎ 01248 812157, 07483 827069

✉ [dmikedmail@gmail.com](mailto:dmikedmail@gmail.com)

- **H'Artworks on Tour:** until recently, Anne Snaith was 'Artist in Residence' at the Bulkeley Hotel, Beaumaris.

Anne's format has changed, and she is now 'H'Artworks on Tour'. Anne is continuing to run her classes as before, but at her Beaumaris home, and locally, in and around Beaumaris.

Anne can also book bespoke classes at your home; please ask for more information.

Anne is exhibiting at Oriol Môn, just outside Llangefni, a three-month showing that started in January.

Here's a sampler of the classes that Anne runs:

- **Children's Art Club for ages 7-12:** £15.00 per head, including professional tuition in a wide variety of media.
- **Watercolours: beginners and intermediate:** fun and friendly; a block of ten sessions costs £150. Each session is 'stand alone', so people can join later and create a picture each session. If you are late joining the course, fees will be adjusted accordingly.
- **Watercolours and mixed media:** fun and friendly; a block of ten sessions costs £150. Each session is 'standalone', so people can join later and create a picture each session. If you are late joining the course, fees will be adjusted accordingly.
- **Young People's Art Group for ages 12-18:** £15.00 per head, including professional tuition in a wide variety of media. Materials are included.
- **One-to-ones:** spaces are available for one-to-one private tuition in 1- or 2-hour blocks to suit.

Please contact Anne if you would like more information on dates, times, venues and bespoke classes, or would like to book a place:

☎ 01248 810631, 07531 384434

✉ [hartworks@btinternet.com](mailto:hartworks@btinternet.com)

📱 [www.facebook.com/HartworksGallery/](https://www.facebook.com/HartworksGallery/)

Be sure to keep an eye on social media, such as Facebook and Instagram!

- **Canolfan Hamdden Beaumaris Leisure Centre:** There's so much happening at Canolfan Hamdden Beaumaris that we don't have room for it here, so see our centre-spread on pages 18-19 and the articles on pages 10-11 to find out what's going on, and keep up-to-date with everything via social media.

*The Pilot House Café*

Award Winning

PILOT HOUSE CAFE

Award-winning pizzas, burgers & cocktails

Vegan & gluten-free options available

Dog-friendly

Open daily from 10.00am

Black Point, Penmon, Anglesey LL58 8RR

☎ 01248 490140

🌐 [www.pilothousecafe.com/](http://www.pilothousecafe.com/)

📍 Canolfan Hamdden Beaumaris Leisure Centre  
Rating Row  
Beaumaris  
Anglesey  
LL58 8AL

☎ 01248 811200

✉ [enquiries@canolfan.beaumaris.org.uk](mailto:enquiries@canolfan.beaumaris.org.uk)

📱 Canolfan Beaumaris  
[www.canolfanbeaumaris.org.uk/](http://www.canolfanbeaumaris.org.uk/)

📱 Canolfan Beaumaris  
[www.facebook.com/canolfan.beaumaris.7/](https://www.facebook.com/canolfan.beaumaris.7/)



- **Seiriol Good Turn Scheme:** if you live in the Seiriol Ward area

(Beaumaris, Glanrafon, Llandegfan, Llanddona, Llanfaes, Llangoed, Llansadwrn and Penmon) the Seiriol Good Turn Scheme may be able to help you.

The services offered by the Scheme are provided by volunteers, and offer help to any person living in the Seiriol Ward who, due to illness, incapacity or some other need, may benefit from the help that is available.

If you feel that the Scheme could help you please telephone us and we will arrange a home visit to discuss your needs.

☎ 01248 305014

Monday-Friday, 9.00am-5.00pm

See also pages 11-13.



- **Beaumaris Makers Market:** Castle Square, Beaumaris LL58 8AL (in front of the Castle Court Hotel, and adjacent to the castle).  
📱 Beaumaris Makers Market  
[www.facebook.com/beaumarismakersmarket/](https://www.facebook.com/beaumarismakersmarket/)
- **Beaumaris Artisan Market:** Rating Row, Beaumaris LL58 8AP (in front of the David Hughes Community Centre).  
📱 Beaumaris Artisan Market  
<https://beaumarisartisanmarket.blogspot.com>  
✉ [beaumariswelshartisanmarket@outlook.com](mailto:beaumariswelshartisanmarket@outlook.com)
- **Beaumaris Rotary:** go to page 10 to read about Beaumaris Rotary's recent activities.

All Beaumaris Rotary news can also be found on our Facebook page.

📱 Beaumaris Rotary  
[www.facebook.com/beaumarisrotary/](https://www.facebook.com/beaumarisrotary/)



### Llanddona

- **National Open Garden Scheme 2024:** here's a reminder...  
The National Open Gardens Scheme is coming to Llanddona on Saturday 13 July, with nine gardens participating. Put the date in your diary! There'll be more news in the next number of The Puffin.

Now turn to page 21 for the first of our regular gardening spot by May Blossom. You'll learn a bit also about St Fiacre, the patron saint of

[www.seiriolalliance.co.uk/newsletters/](http://www.seiriolalliance.co.uk/newsletters/)

gardeners (and cab drivers and florists, among other things).

📧 National Gardens Scheme  
<https://ngs.org.uk>

📧 National Gardens Scheme: Open your garden  
<https://ngs.org.uk/get-involved/open-your-garden/>



- **Neuadd Bentref Llanddona Village Hall:** we are a small and dedicated group of Committee Members and volunteers, and we would love to welcome more people on board!

Please contact us if you'd like to become involved in any way.

The Hall is available for hire. Please contact us if you would like more information or to make a booking.

✉ [secretary@neuaddbentrefllanddona.co.uk](mailto:secretary@neuaddbentrefllanddona.co.uk)

☎ 07733 176004, 07768 018370

📍 Neuadd Bentref Llanddona Village Hall  
Llanddona  
Anglesey  
LL58 8TS

📍 Neuadd Bentref Llanddona Village Hall  
[www.facebook.com/llanddonavillagehall/](http://www.facebook.com/llanddonavillagehall/)

📍 Cymuned Llanddona Community  
[www.facebook.com/groups/llanddona/](http://www.facebook.com/groups/llanddona/)

Turn to page 28 and read more about our activities.



- **Caffi Ni:** every Friday, 11.45am-2.00pm, Neuadd Bentref Llanddona Village Hall.

Come and enjoy a home-cooked two-course meal and a drink in a relaxed and friendly atmosphere for only £8 per person.

A special roast chicken dinner is available on the first Friday of every month.

All food is freshly prepared on the premises by volunteers.

Booking is advisable; please telephone Pat on 07768 018370.

- **Paned a Sgwrs:** every Tuesday, 2.00pm-3.00pm, at Neuadd Bentref Llanddona Village Hall.

Improve your Welsh-speaking skills with this small, friendly group over a

[puffinpages@gmail.com](mailto:puffinpages@gmail.com)

complimentary paned/cuppa and biscuits. All levels of Welsh speakers are welcome.

Sessions are informal so that people can 'drop in' for a quick chat or stay for the full session if preferred.

For more information contact Gill Vaughan or Sheila Healey.

☎ 07925 184476 Gill Vaughan  
☎ 01248 810619 Sheila Healey

- **Caffi Cofio:** the first and third Wednesdays of the month, 2.00pm-4.00pm, Neuadd Bentref Llanddona Village Hall.

Caffi Cofio is provided by Carers Trust North Wales Crossroads Care Services. It's a friendly service for people who live with memory loss, and their carers.

Transport to and from the group can be arranged, organised by the Seiriol Good Turn Scheme for a small fee.

Please telephone for more information or to book a place.

☎ 01492 542212



- **Gong Bath:** the first Tuesday of the month, starting at 7.00pm, Neuadd Bentref Llanddona Village Hall.

It's relaxation and meditation through sound...lying on a mat, you close your eyes and relax for an hour whilst being bathed in powerful sound waves.

Please contact me, Steph Healy, for more information or to book a place.

☎ 07534 118899

✉ [pure.sound@outlook.com](mailto:pure.sound@outlook.com)

- **Free guitar lessons:** Monday evenings, Neuadd Bentref Llanddona Village Hall:

- Under 10s: 5.30 pm
- 11+ years: 6.00pm

You don't have a guitar? That's not a problem; we have some guitars available for use in the classes.

Please contact Miriam Williams for more information.

☎ 07733 176004

- **Clwb Ffermwyr Ifanc Llangoed/Llangoed Young Farmers Club:** meets every Monday, 7.45pm, at Neuadd Bentref Llanddona Village Hall (not Llangoed!).



- **Llanddona Writers Group:** thinking

of a family memoir, or short story, or just the chance to do a little writing alongside friends?

We meet every three weeks on a Friday at 11.00am.

We enjoy hearing from and encouraging each other, and maybe having a try at something new.

Why not come along and see...

If you'd like to know more, please contact Stephen Marsden.

☎ 07774 699685.

- **Llanddona Table Tennis Group:** we meet every Monday at Neuadd Bentref Llanddona Village Hall, 10.00am-12.00 noon.

Please contact Kirsty Simpson if you're interested.

✉ [kirstyalisonsimpson@hotmail.com](mailto:kirstyalisonsimpson@hotmail.com)

- **Village Knit Club:** every Monday at the Owain Glyndŵr, at 7.15pm.

Looking forward to seeing you all!

For more information contact Meg Marsden.

☎ 07913 223435

- **WinterMovieNights@YrOwain Glyndŵr:** every second Tuesday of the month at the Owain Glyndŵr, a selection of vintage videos from days gone by. Starts at 7.00pm, with a free chip butty at the interval:

- **13 February:**  
Vintage farm machinery of yesteryear  
Pickfords heavy haulage at work post-World War II
- **12 March:**  
Acres of change 1939-1999  
100 years of British trams

For more information:

☎ 01248 810710

- **The Owain Glyndŵr:** there's always a lot happening at the Owain Glyndŵr.

Contact us for information about what's on.

☎ 01248 810710

📍 The Owain Glyndŵr  
Llanddona  
Anglesey  
LL58 8UF

✉ [contact@ogdllanddona.co.uk](mailto:contact@ogdllanddona.co.uk)

📍 Cymuned Llanddona Community  
[www.facebook.com/groups/llanddona/](http://www.facebook.com/groups/llanddona/)

- **Llanddona & Beaumaris Horse & Pony Show:** it's late news, we know, but it's back!

Turn to page 29 and read the preliminary details. There'll be more information in due course.

## Llangoed

- **Llangoed Village Hall:** Llangoed Village Hall is available for parties, functions and weddings.

Please contact us for more information or to make a booking.

✉ [llangoedvillagehall@gmail.com](mailto:llangoedvillagehall@gmail.com)

Visit our website and Facebook page for more details.

🌐 [www.llangoedvillagehall.com](http://www.llangoedvillagehall.com)

🌐 [www.facebook.com/llangoed.villagehall](https://www.facebook.com/llangoed.villagehall)

Sign up for our newsletter!

🌐 [www.llangoedvillagehall.com/subscribe](http://www.llangoedvillagehall.com/subscribe)



- **Llangoed WI:** we meet on the first Wednesday of the month in Llangoed Village Hall; meetings begin at 2.00pm.

We're a lively group of mixed ages, so, ladies, do feel welcome to join us.



- **Yoga:** Llangoed Village Hall, Mondays 6.30pm-7.45pm: just right for beginners as well.

For more information please contact [emilykyleyoga@gmail.com](mailto:emilykyleyoga@gmail.com).

- **Camau Bach:** Llangoed Village Hall, every Friday during term-time, 9.30am-11.00am: for children and their carers.

☎ Rev Lesley Rendle 07817 873080

- **Zumba:** Llangoed Village Hall, Wednesdays, 6.30pm-7.30pm.

- **Seiriol Men's Shed:** we meet on Tuesdays and Thursdays, 10.00am-1.00pm, in our workshop adjacent to Haulfre Residential Home, Llangoed.

To find us from the direction of Beaumaris:

- Go through Llangoed, past Morrisons Daily on the right, and down the hill
- Go over the little bridge over the stream at the bottom and up the hill for about 200 yards
- Turn right at the *Gerddi Haulfre Gardens* sign into the Haulfre Residential Home car park and walk down the slope (to the right if you're facing Haulfre) towards the gardens
- Our premises are very close; our workshop is on the left, and our other premises are on the right.

PS: it's men only!...and please park

thoughtfully; the car park is used by others as well.

For more information, or if you'd like to join us, please contact:

☎ Steve Jones 07368 219048

☎ Mike Thomas 07941 103386

✉ [mensshedseiriol@gmail.com](mailto:mensshedseiriol@gmail.com)

Go to page 27 to read more about our projects and activities.



- **Llangoed Knitting Club:** we meet at the Pont y Brenin Hub on the third Monday of the month, 2.00pm-4.00pm.

if you'd like to join us, please contact:

Elizabeth Roberts

Bodwyn

Llangoed

LL58 8NP.

See also page 26.

- **Table Top Sale/Repair Café:** Llangoed Village Hall, Sunday 11 February, 10.00am-2.00pm.

- **Pop-Up Pub Night:** Llangoed Village Hall, from 7.30pm:

- Friday 16 February
- Friday 15 March

Music, games, darts, licensed bar

- **Six Nations Rugby:** Llangoed Village Hall:

- Saturday 3 February: Wales v Scotland, kick-off 4.45pm
- Saturday 10 February: Wales v England, kick-off 4.45pm
- Sunday 10 March: Wales vs France, kick-off 3.00pm
- Saturday 16 March: Wales v Italy, kick-off 2.15pm

- **Llangoed Flower and Vegetable Show:** here's a reminder! It's set for 8 July 2023, Llangoed Village Hall, and we have a website!

🌐 Sioe Flodau Llangoed Flower Show  
[www.llangoedflowershow.com](http://www.llangoedflowershow.com)

✉ [julie@plasbodfa.com](mailto:julie@plasbodfa.com)

📧 Plas Bodfa  
Llangoed  
Anglesey  
LL58 8ND

🌐 Sioe Flodau Llangoed Flower Show  
[www.facebook.com/groups/sioeflodauLLangoed](https://www.facebook.com/groups/sioeflodauLLangoed)

See also pages 24-25.

- **STOP PRESS:** see pages 12, 13.

A 'thank you' from the Canolfan Karen Begley

All of us at the Canolfan would like to say a big 'thank you' to Martin Cooper of Cleaning Wizard, who volunteered his time and expertise to clean our chairs



Martin Cooper and his Cleaning Machine; it looks as if it could teach a Dalek a thing or two... (Karen Begley)

and carpets after the New Year's Eve party, and to Martin Dennis for donating and installing the lighting and effects that made the room look so amazing.



Martin Dennis's amazing lighting and effects (John Begley)

A great evening was had by all.

• • • • •  
'Ar gyfer eich yfory rhoddasom ein heddiw' 🍀  
Lucy Low

Cynhaliwyd Gwasanaeth Coffa am 2.30yp ddydd Sui 12 Tachwedd 2023.

Roedd y tywydd wedi newid o ddiwrnod braf ym mis Tachwedd, yn glir fel grisial ddydd Sadwrn i ddiwrnod llaith, llwyd a gwlyb truenus ddydd Sul lle ymgasglodd torf fechan yng hyd ger cofeb Capel Peniel, Llanddona, ar gyfer Gwasanaeth Coffa byr i rai a gollodd eu bywydau yn y Rhyfel Byd Cyntaf a'r Ail Ryfel Byd yn enwedig o'n pentref bach yn Llanddona.

Perfformiwyd y swydd ddiwethaf yn garedig gan Tim May yn y glaw sydd bellach yn arllwys ac fe gynhaliodd Lesley Rendle wasanaeth gyda'r hen a'r ifanc yn cymryd rhan. Dygwyd aberth y dynion a'u teuluoedd adref atom gan y deyrnged wych a ddarllenodd James Huggins i ni. Mae dynion, menywod a'u teuluoedd wedi gwneud cymaint o aberth o'r Rhyfel Byd Cyntaf hyd at wrthdaro heddiw ac yn parhau i wneud hynny.

Agorwyd Cofeb Rhyfel Llanddona yn

[www.seiriolalliance.co.uk/newsletters/](http://www.seiriolalliance.co.uk/newsletters/)



1921 a gellir dod o hyd i enwau ein dynion lleol fel a ganlyn. Felly, beth bynnag fo'r tywydd, y lleiaf y gallwn ei wneud i anrhydeddu ein arwyr syrthiedig nid yn unig ar lefel genedlaethol ond ar lefelleol, ble bynnag yr ydych a beth bynnag yw'r tywydd, mae'n dda cymryd amser allan i fod yn ddiolchgar am y gorffennol ac yn obeithiol am ddyfodol heddychlon.

Wedi hynny cawsom i gyd ein calonogi cynhesu gan lletygarwch twym galon caredig y perchnogion newydd James a Helen Huggins o'r Hen Gapel Peniel gyda te, coffi a mins peis. Mae gan y teulu gefndir gwasanaeth ac maent wedi ymrwymo i barchu cofgolofn rhyfel y pentref ac yn wir maent yn ymchwilio i'r straeon y tu ôl i'r enwau. Os oes gan unrhyw un unrhyw wybodaeth bellach i'n helpu gyda'n hymchwili, byddem yn ddiolchgar iawn i'w derbyn.



'For your tomorrow, we gave our today'  
Lucy Low

We held a Memorial Service at 2.30pm on Sunday 12 November 2023 at the War Memorial at Capel Peniel, Llanddona.

The weather had changed from a beautiful bright sunny November Saturday, crisp and clear, to a grey, damp and dismal wet day on Sunday: a small crowd gathered in the downpour at the War Memorial for a short Memorial Service for the lives lost in the First and Second World Wars, especially from our small village of Llanddona.

A moving Last Post was performed by Tim May, and Rev Lesley Rendle conducted a service with young and old taking part. The sacrifices of the men and their families were brought home to us by the wonderful tribute that James Huggins read out to us. Men, women and their families have made such a sacrifice from the First World War right up to today's conflicts and continue to do so.

The Llanddona War Memorial was opened in 1921 and the names of our local men can be found listed on it.

♦ ♦ ♦

#### **Ar Serchog Gof am Ein Hanwyl Frodyr a Cwmpasant yn y Rhyfel Mawr 1914-1918**

**Pte William Davies, Ty'n Mynydd**  
Private 105292; Princess Patricia's Canadian Light Infantry (Eastern Ontario Regiment); killed in action on 23 March 1917 age 28 at Vimy; buried

puffinpages@gmail.com

in Ecoivres Military Cemetery in the Pas de Calais; son of John and Margaret Davies of Ty'n Mynydd Farm, Llanddona; had emigrated to Canada for work

#### **Pte Hugh Hughes, Pen 'Rallt**

Private 15501, 10<sup>th</sup> Battalion Royal Welsh Fusiliers; killed in action on 20 July 1916 age 29; buried at Delville Wood, near Mametz; married to Martha and lived in Talybont near Bangor; born at Pen 'Rallt in Llanddona

#### **Pte Edward Jones, Tyddyn Waen**

Private 54794, 15<sup>th</sup> Battalion Royal Welsh Fusiliers; died of wounds 15 June 1917 age 20; buried in Bard Cottage Cemetery, Belgium; son of Catherine Jones and the late Edward Jones. Also commemorated on Llangoed War Memorial

#### **Pte Edward Jones, Pentre'r Llwyn (died as Sapper Edward Jones)**

Private with the Royal Welsh Fusiliers; transferred to the Royal Engineers, Sapper 147765, 255 Tunnelling Company; died of wounds at a Field Hospital 31<sup>st</sup> May 1918 age 34; buried Haringhe Military Cemetery. Also commemorated on Llangoed War Memorial

#### **Pte William Owen, Ty'n Gongl**

Private 25900, 17<sup>th</sup> Battalion Royal Welsh Fusiliers; killed in action on 31 July 1917 age 32; commemorated on the Menin Gate in Ypres; born in Llanerchymedd; son of Richard Owen of Tyn Giat, Hebron, Llanerchymedd; married to Kate of Pengorhphwyspha, Llanddona

#### **Pte James H Roberts, Ty'n Lon**

Sapper James Henry Roberts 155490, 184 Tunnelling Company Royal Engineers who created an underground 'town' to hold 24,000 men; died of wounds 14 March 1918; buried Outtersteene Communal Cemetery Extension, Bailleul, France; son of the late John & Jane Roberts of Ty'n Lon, Llanddona; member of Capel Peniel

#### **Pte William Roberts, Rhos**

Private 5517, 1<sup>st</sup> Battalion Welsh Guards; killed in action 4 September 1917, Langemarck at 3<sup>rd</sup> Battle of Ypres age 19; buried Canada Farm Cemetery Ieper (Ypres) Belgium; son of Catherine Roberts (later Rigby). Also Commemorated on Llangoed War Memorial

#### **Pte Hugh Williams, Corn Yd**

Private 40902, 1<sup>st</sup> Battalion Royal Welsh Fusiliers, attached 258 Tunnelling Company Royal Engineers; died 2 February 1918 age 26; buried in Llanddona Churchyard; son of Hugh and Ann Williams of Corn Yd

#### **Pte Hugh Williams, Tre'r Gôf**

Private 54670, 16<sup>th</sup> Battalion Royal Welsh Fusiliers; killed in action 24 April 1917; buried Essex Farm Cemetery; born Llanddona

**Pte Thomas Williams, Llain Galed**  
Private 26338, 17<sup>th</sup> Battalion Royal Welsh Fusiliers; killed in action 9 July 1916 at Mametz Wood; commemorated on the Thiepval Memorial; born Beaumaris

#### **"Cariad mwy na hwn nid oes can neb, sef bod i un roi ei einioes dros ei cyfeillion"**

#### **Seaman, William Williams, Pen y Bont**

Merchant Service Fireman on SS Norfolk Coast; drowned as result of attack by enemy submarine on 18 June 1918 age 32; commemorated on Tower Hill Memorial; son of William and Jane Williams, born Beaumaris later described as 'William Williams Gorslwyd'

#### **Er Serchog Gof Am Ein Hanwyl Frodwyr A Gwmpasant yn Y Rhyfel Mawr 1939-1945**

**Ft. Sgt. John Hudson Staples R.A.F.**  
Pilot RAFVR 656008; accidentally killed while on duty on March 22, 1943 age 28; buried in Churchyard of St Iestyn, Llaniestyn (Mosquito aircraft on his headstone); son of John Price Staples & Jane E Staples of Cefn, Llaniestyn

#### **Corp. Robert Roberts R.A.F.**

Corporal 1856870, Royal Engineers; killed in action May 30 1940 at the defence of Dunkirk age 38; buried in Coxyde Military Cemetery; son of John and Grace Roberts, husband of Jane Roberts of Menai Bridge, father of several children

#### **Sec. Off. Benjamin Davies M.N.**

Second Officer Merchant Navy, SS Monmouth Coast; vessel sunk from torpedo strike (U-1305) one survivor. 16 died; died April 24 1945 age 36; commemorated Tower Hill Memorial

**World War II not on War Memorial:** burials in Churchyards of St Dona & St Cawrdaf

#### **Lt Robert William Hanmer Everett D.S.O., R.N.V.R.**

Lieutenant Royal Naval Volunteer Reserve Fleet Air Arm, HMS Heron; flew Hawker Hurricanes from catapult ships; killed in air accident January 29 1942, age 40; aeroplane found on Llanddona beach; buried in Churchyard of St Dona, Llanddona

#### **Driver Owen Roberts, Royal Army Service Corps, 5 Gordding Terrace, Died**

Driver T/119929, Royal Army Service Corps; died on Tuesday 21<sup>st</sup> May 1940 probably of disease or wounds, age 28; buried in the Churchyard of St Cawrdaf, Llangoed; son of Moses and Ellen Roberts of Gordding Terrace, Llangoed; married to Myfanwy of Llanddona

♦ ♦ ♦

So indeed, whatever the weather, it is the least we can do to honour our fallen, not just nationally but locally as well.

Wherever you are and whatever the weather it is good just to take the time to be grateful for the past and hopeful for a peaceful future.

Afterwards, we were all cheered and warmed by the kind hospitality of Capel Peniel's new owners, James and Helen Huggins, with tea, coffee and mince pies. The family have a service background and are committed to respecting our village War Memorial, and indeed are researching the stories behind the names. If anyone has any further information to help us with our research we would be very grateful to receive it. Please send it to **The Puffin** at [puffinpages@gmail.com](mailto:puffinpages@gmail.com); it will be passed on for you.

Turn to page 23 to read more about Lieut R W H Everett DSO RNVR.

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### Beaumaris Rotary news

Kevin Sivyver, Beaumaris Rotary Lead

'Autumn Arts 2023' raised approximately £1,800, with the main beneficiaries being Beaumaris RNLI, Llangoed Guides, and Beaumaris and Llangoed schools. Sincere thanks are due to all participants, organisers and supporters of this event.

Plans are already in hand for 'Autumn Arts 2024' which will take place on 4-6 October 2024, with music again being the main theme, notably a mini folk/country festival in various venues across the area. We will also put on our popular dog show, of course, in aid of Guide Dogs and Hearing Dogs for Deaf People on Sunday 28 July 2024, as well as supporting other groups' activities in the area.

To keep up-to-date with what's happening, follow us on social media, such as Facebook, and be sure to keep an eye on **The Puffin** for future announcements.

📧 Friends of Beaumaris  
[www.facebook.com/groups/521368261344315/](https://www.facebook.com/groups/521368261344315/)



.....

### Rhandiroedd Biwmaris: plot cymunedol 🇨🇦

Jon Keymer

Eleni dan ni'n ailnewydd ein plot cymunedol ar gyfer tyfu amrywiaeth o lysiau y byddwn yn eu rhoi i elusennau a sefydliadau lleol.

Dan ni'n chwilio am wirfoddolwyr i ddod i ymuno â'n sesiynau gwaith rheolaidd pan fydd gwelyau tyfu'n cael eu hadeiladu, eu paratoi, eu hamaethu, eu hau ac, yn y pen draw, eu cynaeafu. Yn ogystal ag offer a lluniaeth, gallwch



James Huggins reading his tribute



Rev Lesley Rendle conducting the service

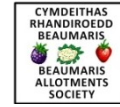


Tim May performing a moving Last Post



ddisgwyl awyrgylch hwyliog a chyfle i ddysgu ac ymarfer eich sgiliau garddio.

Os oes gynnoch chi ddi-ddordeb, cysylltwch â Jon Keymer ar 07583 252021 neu e-bostiwch [beaumarisallotmentsociety@outlook.com](mailto:beaumarisallotmentsociety@outlook.com).



### Beaumaris Allotments: community plot

Jon Keymer

This year we are reviving the community plot to grow a range of fresh produce that we are hoping to donate across Seiriol Ward to charities and other organisations.

We are looking for volunteers to come and join our regular work parties when growing beds will be built with locally supplied timber, prepared, cultivated, sown with seeds and seedlings and, eventually, harvested. In addition to tools and refreshments, a fun atmosphere can be expected, and the chance to learn or hone your gardening skills.

If you are interested in helping out, please contact Jon Keymer on 07583 252021 or e-mail [beaumarisallotment.society@outlook.com](mailto:beaumarisallotment.society@outlook.com).

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### Prosiect Cysylltu Seiriol:

#### Diweddariad Ionawr 2024 🇨🇦

Steve MacVicar

Efallai fel y gwyddoch, cafodd y cais cynllunio ar gyfer datblygu adeilad Canolfan Hamdden Biwmares ei gymeradwyo gan Gyngor Sir Ynys Môn fis Hydref diwethaf. Roedd hyn yn newyddion gwych ond dim ond un o'r camau cyntaf ar y daith. O ganlyniad l'r hinsawdd ariannol heriol bresennol a chostau adeiladu cynyddol, rydym wedi penderfynu cyflwyno'r datblygiad arfaethedig yn raddol. Rydym yn cynnig mai'r cam cyntaf fydd adeiladu'r estyniad dau lawr a gynlluniwyd ar gyfer cefn adeilad y Ganolfan. Amcangyfrifir bod yr estyniad hwn yn unig yn costio ychydig llai na £2 filiwn.

Rydym yn cynnig y bydd yn cynnwys:

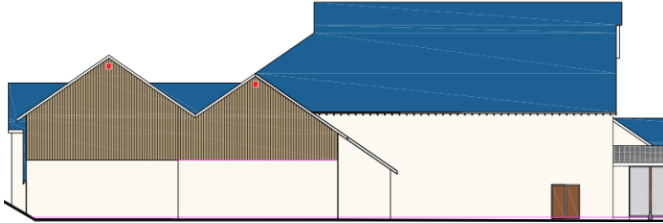
- 'Ystafelloedd gweithgareddau llesiant'
- Campfa newydd
- Ystafell ymarfer corff a phwysau newydd
- Mynediad l'r anabl gan gynnwys lift
- Mynediad 24 awr i gyfleusterau ymarfer corff i sicrhau hygyrchedd i bob defnyddiwr
- Tair ystafell ymgynghori iechyd a lles bydd gan un ohonynt declyn trac
- Dwy ystafell newid a thoiledau sy'n hygyrch i bobl anabl
- Lle storio ychwanegol

- Dwy 'ystafell werdd' ar gyfer perfformwyr
- Ystafell gyfarfod

Os hoffech wybod mwy am y cynigion, edrych ar y cynlluniau, neu roi adborth ar unrhyw beth sy'n ymwneud â'r prosiect, mae croeso i chi gysylltu â thîm Canolfan Beaumaris: Cynghrair Seiriol.

☎ 01248 811200

✉ [ctdseiriolgts@gmail.com](mailto:ctdseiriolgts@gmail.com) neu [enquiries@canolfanbeaumaris.org.uk](mailto:enquiries@canolfanbeaumaris.org.uk)



**Golygfa ochr (arfaethedig)** o faes parcio yn dangos adeiladu wedi'i gynllunio yng nghefn y Ganolfan  
**Side view (proposed)** from car park, showing planned build at rear of the Canolfan  
 (Russell-Hughes Cyf, Llangefni)



**Golygfa gefn (arfaethedig)** o faes Lôn Henllys yn dangos adeiladu wedi'i gynllunio yng nghefn y Ganolfan  
**Rear view (proposed)** from Henllys Lane field, showing planned build at rear of the Canolfan  
 (Russell-Hughes Cyf, Llangefni)

**Eich sylwadau:** Byddem yn ddiolchgar am eich sylwadau ar ein cynigion. Ydych chi'n cytuno â nhw? Rhowch wybod i ni, os gwelwch yn dda. Gallwch gwblhau holiadur byr drwy ddefnyddio'r **cod QR 1** yn y golofn nesaf.

**Codwch yr arian!** Rydym yn optimistaidd ein bod wedi nodi'r cyllid ar gyfer y £1.5 miliwn cyntaf o ffynonellau grant realistig gan gynnwys y Loteri Genedlaethol a'n bod wrthi'n mynd ar drywydd y rhain. Mae hyn yn ein gadael ni £500,000 yn fyr. Os oes gennych unrhyw syniadau a/neu os hoffech helpu gyda chodi arian, cysylltwch â ni!

Un ffordd yr ydym yn codi arian yw trwy wefan wych, *easyfundraising*. Os ydych chi'n siopa ar-lein, gallwch ein helpu ni i godi arian heb unrhyw gost i chi! *easyfundraising* yw safle siopa elusenol mwyaf y DU a bydd yn troi eich siopa ar-lein bob dydd yn roddion am ddim ar gyfer y prosiect. Mae Canolfan Biwmares wedi'i chofrestru ar y safle. Y cyfan sydd angen i chi ei wneud yw cofrestru a siopa trwy'r wefan neu ap *easyfundraising* pan fyddwch chi'n siopa gyda dros 7,500 o frandiau gan gynnwys eBay, Tesco, Marks & Spencer, a mwy!

Gallwch fynd i dudalen Canolfan Biwmares ar y wefan drwy ddefnyddio'r **cod QR 2** yn y golofn nesaf.

📄 *easyfundraising*  
[www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)



### Cysylltu Seiriol Connect Project: January 2024 Update

Steve MacVicar

As you may know, the planning application for development of the Canolfan Hamdden Beaumaris building was approved by [puffinpages@gmail.com](mailto:puffinpages@gmail.com)

Isle of Anglesey County Council last October. This was great news but only one of the first steps in the journey. As a result of the current challenging financial climate and rising building costs, we have decided to phase the proposed development. We are proposing that the first phase will be to build the two-storey extension planned for the rear of the Canolfan building. This extension alone is estimated to cost just under £2 million.

We are proposing that it will include:

- A 'wellbeing activities suite'
- A new gym
- A new weights and strength exercise room
- Disabled access, including a lift
- 24-hour access to exercise facilities to ensure accessibility to all users
- Three health and wellbeing consultation rooms, one of which will have a track hoist
- Two disabled-accessible changing rooms and toilets
- Additional storage space
- Two 'green rooms' for performers
- A meeting room

If you would like to know more about the proposals, look at the plans, or give feedback on anything relating to the project, please do not hesitate to get in touch with the Canolfan Beaumaris: Seiriol Alliance team.

☎ 01248 811200

✉ [ctdseiriolgts@gmail.com](mailto:ctdseiriolgts@gmail.com) or [enquiries@canolfanbeaumaris.org.uk](mailto:enquiries@canolfanbeaumaris.org.uk)

**Your views:** we would be grateful for your views on our proposals. Do you agree with them? Please let us know. You can complete a short questionnaire by using **QR code 1** below.

**Raising the money!** We are optimistic that we have identified the funding for the first £1.5 million from realistic grant sources including the National Lottery and are actively pursuing these. This still leaves us £500,000 short. If you have any ideas and/or would like to help with fundraising, please get in touch!

One way that we are raising money is through a great website, *easyfundraising*. If you do any on-line shopping you can help us raise money without any cost to you! *easyfundraising* is the UK's biggest charity shopping site and will turn your everyday online shopping into Free donations for the project. Canolfan Beaumaris is registered on the site. All you need to do is sign up and shop via the *easyfundraising* website or app when you're shopping with over 7,500 brands including eBay, Tesco, Marks & Spencer, and more!

You can go to the Canolfan Beaumaris page on the website by using **QR code 2** below.

**Cod QR 1**  
QR code 1



**Cod QR 2**  
QR code 2



**Cod QR 3**  
QR code 3



📄 *easyfundraising*  
[www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)

### Cynghrair Seiriol Alliance: newyddion 🇨🇦

Steve MacVicar

Diolch yn fawr iawn i'r holl wirfoddolwyr drwy gydol Ward Seiriol. Rydych chi'n cefnogi cymaint o sefydliadau, digwyddiadau a gweithgareddau cymunedol.

Mae Cynllun Tro Da Cynghrair Seiriol yn cefnogi sawl grŵp sy'n cyfarfod yn rheolaidd:

Category	2022	2023
Private car journeys	509	759
Minibus journeys	81	135
EV journeys	156	221
<b>Total number of journeys</b>	<b>746</b>	<b>1115</b>
<b>Average per month</b>	<b>62</b>	<b>92</b>
Wheelchair-dependent passengers	79	131

- Bore Coffi Llyfrgell Biwmares bob dydd Mawrth
- Bore Coffi yn Hyb Cymunedol Pont y Brenin bob dydd Mawrth
- Caffi Cofio ar brynhawn Mercher
- Dosbarthiadau Cyfrifiadurol (TG/tabled/ffôn clyfar) yn Llyfrgell Biwmares tri diwrnod yr wythnos

Mae hefyd yn cefnogi gwibdeithiau yn y bws mini cymunedol a'r cerbyd trydan hygyrch i gadeiriau olwyn ar gyfer nifer o sefydliadau cymunedol lleol gan gynnwys Cartref Preswyl Haulfre, Cartref Nyrsio Plas Penmon, Clwb Dros 50, WI Llangoed, Ysgol Biwmares, Ysgol Llangoed a'r Gymdeithas MS.

#### Ystadegau cludiant cymunedol 2023:

nid yw'n syndod bod ein gwasanaeth cludiant cymunedol wedi dod yn fwyfwy prysur. Rydym wedi parhau i helpu unigolion sydd angen mynd i apwyntiadau gofal iechyd ac rydym hefyd wedi cyflawni danfon meddyginiaethau, cerdded cŵn a mathau eraill o gymorth i bobl fregus.

Rydym yn canolbwyntio'n benodol ar ddarparu cludiant i ddefnyddwyr cadair olwen.

Mae teithiau trafniadaeth wedi cynyddu yn 2023 o'i gymharu â 2022 fel yn y tabl.

Diolch i'n holl wirfoddolwyr.

**Apêl Bws Mini:** erbyn hyn rydym wedi codi dros £19,000 felly rydym yn ar ein ffordd!

Diolch yn fawr iawn i bawb sydd wedi cyfrannu. Rydym wedi cael cyfraniadau gan gleientiaid unigol, ein gwirfoddolwyr a llawer o bobl leol eraill.

Clôd arbennig i grŵp bore coffi Llyfrgell Biwmares sydd wedi codi dros £1,800 hyd yma gyda'u raffl wythnosol.

**Rhoddion:** os ydych chi am roi rhodd i Gynllun Tro Da Seiriol, ewch i wefan Seiriol Alliance am fanylion, a dilynwch y ddolen *making a donation* i'r dudalen berthnasol. Mae ffurflen y gallwch ei defnyddio hefyd i'n galluogi i hawlio Cymorth Rhôdd.

📧 Seiriol Alliance  
[www.seiriolalliance.co.uk](http://www.seiriolalliance.co.uk)

📧 Seiriol Alliance: making a donation  
[www.seiriolalliance.co.uk/making-a-donation](http://www.seiriolalliance.co.uk/making-a-donation)

**Siopa ar y rhyngwyd:** os gwnewch unrhyw siopa ar y rhyngwyd, ystyriwch

**The Puffin 47 • February 2024**



Gwibdaith Hwb Pont y Brenin  
A Pont y Brenin outing  
(Steve MacVicar)



Dave Evans yn cyflwyno sic o Gronfa Elusennau'r Maer  
Dave Evans presenting a cheque from the Mayor's Charity Fund  
(Steve MacVicar)

ddefnyddio'r platform *easyfundraising* i wneud eich siopa.

Mae Cynllun Tro Da Seiriol bellach wedi'i gofrestru gyda *easyfundraising*, sy'n golygu y gallwch godi rhoddion am ddim i ni bob tro y byddwch yn siopa ar-lein.

Bydd dros 7,000 o frandiau'n cyfrannu at Gynllun Tro Da pan fyddwch yn defnyddio *easyfundraising* i siopa gyda nhw, heb unrhyw gost ychwanegol i chi'ch hun.

Defnyddiwch y **cod QR 3** ar dudalen 11.

**STOP PRESS:** Ymunwch â ni am bingo yn Neuadd Bentref Llangoed ddydd Iau 29 Chwefror! Drysau'n agor 7.00yh, cychwyn 7.30yh. Bydd yr arian a godir yn mynd tuag at yr Apêl Bws Mini.



**Cynghrair Seiriol Alliance: news**  
Steve MacVicar

A massive thank you to all the volunteers throughout the Seiriol Ward. You support so many community organisations, events and activities.

The Seiriol Alliance Good Turn Scheme supports several groups which are thriving and meeting regularly:

- Beaumaris Library Coffee Morning every Tuesday
- Coffee Morning in Pont y Brenin Community Hub every Tuesday
- Caffi Cofio on Wednesday afternoons
- Computer Classes (IT/tablet/smartphone) in Beaumaris Library three days a week

It also supports outings in the community minibus and the wheelchair-accessible electric vehicle (EV) for a number of local community organisations, including Haulfre Residential Home, Plas Penmon Nursing Home, the Over 50's Club, Llangoed WI, Ysgol Beaumaris, Ysgol Llangoed and the MS Society.

**Community transport statistics 2023:** not surprisingly, our community transport service has become increasingly busy. We have continued to help individuals in need get to important healthcare appointments, and have also undertaken medication deliveries, dog walking and other forms of support for vulnerable people.

We are particularly focused on providing transport for wheelchair users.

Transport journeys have increased in 2023 compared with 2022 as shown in the table.

Thank you to all our volunteers.

**Minibus Appeal:** We have now raised over £19,000 so we're getting there!

[www.seiriolalliance.co.uk/newsletters/](http://www.seiriolalliance.co.uk/newsletters/)

**Across**

- 7 Humorously sarcastic (6)
- 8 Perfect place (6)
- 9 Monster (4)
- 10 Old military unit (8)
- 11 Fence (7)
- 13 A bit mad or absent-minded (5)
- 15 Bonding (5)
- 17 Opposite of 'make smooth' (7)
- 20 Dear (8)
- 21 Car (4)
- 23 Pale-skinned (6)
- 24 Use (6)

A massive thank you to everyone who has contributed. We have had contributions from individual clients, our volunteers and many other local people.

Special mention to the Beaumaris Library Coffee Morning group who have raised over £1,800 so far with their weekly raffle.

**Donations:** if you wish to make a donation to the Seiriol Good Turn Scheme, please visit the Seiriol Alliance website for details, and follow the *making a donation* link to the relevant page. There is also a form you can use to enable us to claim Gift Aid.

Seiriol Alliance  
[www.seiriolalliance.co.uk](http://www.seiriolalliance.co.uk)

Seiriol Alliance: making a donation  
[www.seiriolalliance.co.uk/making-a-donation](http://www.seiriolalliance.co.uk/making-a-donation)

Also, if you do any internet shopping, please consider using the *easyfundraising* platform to do your shopping.

The Seiriol Good Turn Scheme is registered with *easyfundraising* now, which means you can raise free donations for us every time you shop on-line. Over 7,000 brands will donate to the Good Turn Scheme when you use *easyfundraising* to shop with them, at no extra cost to yourself.

Use **QR code 3** on page 11.

**STOP PRESS:** Join us for Bingo at Llangoed Village Hall on Thursday 29 February! Doors open 7.00pm, eyes down 7.30pm. Money raised will go towards the Minibus Appeal.



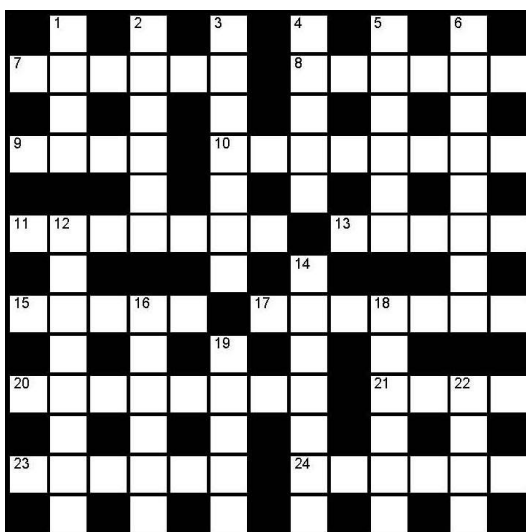
**Iolo Ceredig Jones: Welsh chess player extraordinaire**  
 Fianchetto 66

It's a myth that Russia has produced all of the greatest Chess players.

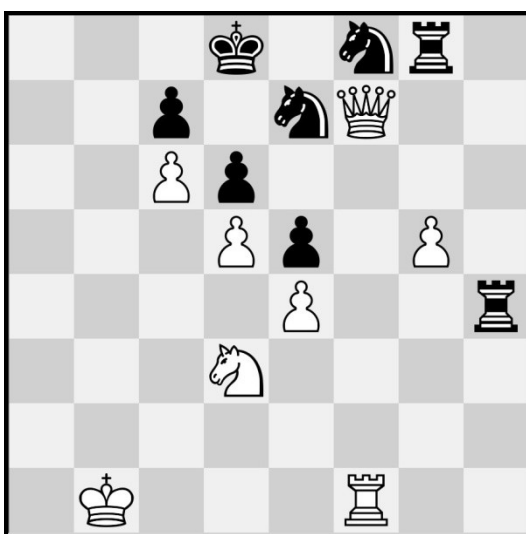
The current World Champion is Chinese, his predecessor is Norwegian and over the years Wales has produced myriad fine players.

[puffinpages@gmail.com](mailto:puffinpages@gmail.com)

**The Governor's Quick Crossword no 15**



**Fianchetto 66's Chess no 6**



Iolo Ceredig Jones, cyn-chwaraewr gwyddbwyll rhyngwladol Cymreig  
 Iolo Ceredig Jones, Welsh former international chess player (via Fianchetto 66)

The solutions are on page 29.

**Down**

- 1 Medication (4)
- 2 Treat metal by heating and cooling (6)
- 3 Thermoplastic used in coatings (7)
- 4 Healthily plump (5)
- 5 Musical composition (6)
- 6 Plume on a hat (8)
- 12 Vehicle relief routes round a town (8)
- 14 Engage in boisterous merrymaking (7)
- 16 Touch to cause laughter (6)
- 18 Italian brandy (6)
- 19 Plain and undecorated (5)
- 22 Horse's medium pace (4)

One of the best known is Iolo Ceredig Jones (1947-2021). Born just after the Second World War to the Welsh language author T Llew Jones, the self-taught Iolo excelled at the game in the 1960s, going on to be selected in 1972 for the Welsh Team for their first ever participation in a Chess Olympiad.

Incredibly, he remained selected for the next 13 Olympiads, travelling all over the world and earning a gold medal along the way for his outstanding performance in Serbia in 1990.

A friendly man, Iolo captained numerous chess teams. He was also a cricketer and a poet, heard on occasion on Radio Cymru, as well as being renowned in the chess world for his impressive powers of concentration.

He apparently never left the board during a game, no matter how long, not even to answer a call of nature.

Iolo's legacy must undoubtedly be the co-authorship, with his father, of the only Welsh language chess book ever published. "Chwarae di Wyddbwyll" was a title for beginners based upon a medieval tale that recounts a dream within which King Arthur and one of his noblemen play a board game (thought to be chess), to the accompaniment just outside their window of a battle between the King's soldiers and his noblemen's ravens.

Our puzzle this quarter is taken from the 1972 Chess Olympiad Final, held in Skopje, Macedonia. Iolo was in the latter stages of a game with the Japanese player K Otami, and his next move, with the white pieces, was in fact the last move, Iolo's opponent realising the inevitable and resigning.

Your challenge is to work out Iolo's move and his opponent's only possible response, followed by checkmate.

Iolo Ceredig Jones  
[https://en.wikipedia.org/wiki/Iolo\\_Ceredig\\_Jones](https://en.wikipedia.org/wiki/Iolo_Ceredig_Jones)



# Hysbyseb Swydd

## Job Advertisement



**Ymunwch â Hwyllo Treftadaeth Afon Menai (HTAM) i ddod yn WEINYDDWR newydd i ni!  
Join Menai Strait's Heritage Sailing (MSHS) to become our new ADMINISTRATOR!**

### Prif ddiben a chwmpas y swydd

15 awr yr wythnos

Mae HTAM yn Elusen a sefydlwyd yn ddiweddar sy'n cysylltu â'n cymuned i roi, rhannu a chydweithio i greu cymunedau hapusach ac iachach. Nod y prosiect yw adfer fflyd o gychod treftadaeth, a chefnogi prentisiaeth mewn Peirianeg Forol, tra'n cynnig cyfleoedd hwyllo, gwirfoddoli a datblygu sgiliau er budd y gymuned leol, a'r gymuned ehangach sy'n agored i niwed.

Crëwyd y swydd hon i gefnogi'r Prosiect i reoli a chyflawni ystod o amcanion, trwy ddarparu tasgau rheoli, cydlynu, hamserlennu a gweinyddu (mae rhai tasgau'n cael eu gwneud gan ymddiriedolwyr ar hyn o bryd; bydd eraill yn cael eu cynhyrchu wrth i'r Prosiect ddatblygu ymhellach).

Yn ddelfrydol, byddwch yn rhywun sy'n dangos diddordeb mewn cadwraeth treftadaeth a chyfrifoldeb cymdeithasol, ac ymrwymiad i hynny, gyda pharodrwydd i ddatblygu sgiliau pellach a dilyn hyfforddiant yn ôl yr angen. Bydd gennych ddiddordeb brwd yn y gymuned leol a bydd gennych syniadau ac egni i helpu ein Prosiect i lwyddo.

Rydym wedi ymrwymo i ddatblygu tîm staff sy'n adlewyrchu amrywiaeth y cymunedau rydym yn eu gwasanaethu ac yn croesawu ceisiadau gan gymunedau lleiafrifol.

- Ar gyfer Swydd Ddisgrifiad/Manyleb Person, e-bostiwch Henry Chesterton ar [henry@venuesall.com](mailto:henry@venuesall.com) os gwelwch yn dda.
- I wneud cais, cyflwynwch CV a datganiad ategol i gynnwys 2 ganolwr i'r cyfeiriad e-bost uchod.
- Y dyddiad cau ar gyfer ceisiadau yw 16 Chwefror 2024. Mae cyfweliadau wedi'u trefnu dros dro ar gyfer 29 Chwefror 2024 ac 1 Mawrth 2024 ym Miwmares.

### Primary purpose and scope of the job

15 hours per week

MSHS is a recently constituted Charity which connects with our community to give, share and work together to create happier and healthier communities. The project aims to restore a fleet of heritage boats, and support an apprenticeship in Marine Engineering, while offering, to the benefit of the local community, and vulnerable wider community, sailing, volunteering and skill development opportunities.

This post has been created to support the Project to manage and deliver a range of objectives, through providing management, coordination, organisation and administration tasks (some tasks are currently done by trustees; others will be generated as the Project further develops).

Ideally, you will be someone who demonstrates an interest in, and commitment to, heritage preservation and social responsibility, with a willingness to developing further skills and undertake training as required. You will have a keen interest in the local community and have ideas and energy to help our Project succeed.

We are committed to developing a staff team that reflects the diversity of the communities we serve and welcome applications from minority communities.

- For a Job Description/Person Specification please e-mail Henry Chesterton at [henry@venuesall.com](mailto:henry@venuesall.com).
- To apply, please submit your CV and supporting statement to include two referees to the e-mail address above.
- The closing date for applications is 16 February 2024. Interviews are provisionally scheduled for 29 February 2024 and 1 March 2024 in Beaumaris.



# CANOLFAN HAMDDEN BEAUMARIS A'R CYLCH

## MENTER GYMDEITHASOL



(Rhif Cwmni 8330057)

Rydym yn cynnig

### PRENTISIAETH

**i berson sydd yn caru cynorthwyo eraill i gymryd rhan mewn chwareuron a chadw'n heini**

Mae Canolfan Hamdden Beumaris yn fenter gymdeithasol sy'n cael ei rhedeg gan y gymuned ar gyfer y gymuned, gyda statws elusenol, sydd yn darparu ystod o gyfleusterau chwareuon, ffitrwydd, iechyd a llesiant, celfyddyd a digwyddiadau diwyllianol.

Byddwch yn gweithio tuag at gyrraedd Safon 2 Diploma mewn Ffitrwydd a Hyfforddiant, ac os byddwch yn llwyddo, yna safon 3 mewn Hyfforddiant Unigol. Cewch hefyd gyfle i gael cymwysterau hyfforddi amryw o chwareuon; efallai fod ganddoch gymwysterau'n barod.

Mae hon yn bresntisiaeth dwy flynedd, yn gweithio 25awr yr wythnos, fydd yn cynnwys gweithio gyda'r nos a phen wythnos. Rydym yn chwilio am berson sy'n gadael ysgol i gychwyn ddiwedd y flwyddyn ysgol yn 2024 neu gynt.



Sganiwch y côd QR igyflwyno'ch cais, neu i gael rhagor o wybodaeth:

[ymholiadau@canolfanbeumaris.org.uk](mailto:ymholiadau@canolfanbeumaris.org.uk)

Dyddiad cau: 12.00 hanner dydd ar 28 Chwefror 2024

Cynhelir cyfweiliadau yn ystod Mawrth

**Canolfan Hamden Beumaris**

**Rating Row, Beumaris, Ynys Môn LL58 8AL**



# CANOLFAN HAMDDEN BEAUMARIS A'R CYLCH

## SOCIAL ENTERPRISE



(Company Number 8330057)

We are offering an

### APPRENTICESHIP

**to a person who loves helping others to participate in sport and keep fit**

Canolfan Hamdden Beumaris is a Social Enterprise run by the community for the community, with charitable status, that currently provides the facilities for a range of sport, fitness, health and well-being, arts, and cultural activities.

You will work towards achieving a level 2 Diploma in Fitness and Instruction and, if successful, then a level 3 in Personal Training; you will also have the opportunity to acquire coaching qualifications in a number of sports; perhaps you have qualifications already.

This is a two-year apprenticeship, working 25 hours per week, which will include evening and weekend working. We are seeking a school-leaver to start at the end of the school year in 2024 or earlier.



Scan the QR code to apply, or for more information e-mail:

[enquiries@canolfanbeumaris.org.uk](mailto:enquiries@canolfanbeumaris.org.uk)

Closing date for applications: 12.00 noon on 28 February 2024

Interviews will be held during March

**Canolfan Hamden Beumaris**

**Rating Row, Beumaris, Anglesey LL58 8AL**

## Wellness Corner: navigating health challenges and embracing self-help remedies for the New Year

Vivien Shaw PhD Dip Ac MBAcC

In the modern age it has become increasingly difficult to stay well. A sedentary lifestyle, processed foods and a global disease landscape have presented us with unique health challenges.

By weaving alternative remedies into our wellness journey, we can address these issues with renewed vigour and commitment.

Here are some New Year's resolutions that might help!

### Resolution 1

#### Reduce stress through mindful practices

A common New Year's resolution involves reducing stress and cultivating mental well-being. Mindfulness practices, such as meditation and yoga align seamlessly with this goal.

There are classes in yoga, Pilates and mindfulness at Canolfan Beaumaris that you can try to see if this strategy works for you. If you are able to set aside a regular time that is dedicated to activities that calm the mind, improve focus, and promote emotional balance, you'll be actively working towards a calmer life.

### Resolution 2

#### Making lifestyle choices that reduce inflammation

Adopting an anti-inflammatory diet is a resolution that aligns with the growing awareness of the impact of chronic inflammation on health.

Enhance your diet with anti-inflammatory foods such as turmeric, ginger, and omega-3-rich fish. This resolution not only addresses chronic inflammation but also promotes healthier food choices, creating a positive ripple effect on your overall health.



### Acupuncture

Vivien Shaw PhD Dip Ac MBAcC

Vivien is a professional acupuncturist with over 30 years' experience. She specialises in helping with pain relief and anxiety disorders.

Call or email to see if acupuncture could help you

[vivienshaw3@gmail.com](mailto:vivienshaw3@gmail.com)

07971 536205

<https://seiriolwellnesscentre.co.uk/acupuncture>

<https://www.nhs.uk/conditions/acupuncture/>

### Resolution 3

#### Prioritise your digestive health

Closely allied to number 2, resolving to improve your digestion is a key way to promote your overall health. New research is showing that an understanding of the human gut microbiome and how to promote the healthy bacteria that make it up can have a huge impact on our well-being.

To strengthen the functioning of the gut, it is important to focus on incorporating probiotics into your daily diet. Yogurt, kefir, and sauerkraut are excellent sources. Supermarkets also often sell small pots of probiotics so that you can have a concentrated dose of the good gut bacteria every day.

### Resolution 4

#### Quality sleep for a refreshed tomorrow

Quality sleep is a common New Year's resolution. A decent night's sleep (or lack of it!) can have a profound impact on how your day goes, and on overall health. The NHS sleep webpage, *How to fall asleep faster and sleep better*, has tips and videos from a professor of sleep medicine at the University of Oxford.

Adopting a strategy of 'Sleep hygiene' can improve your sleep from when you go to bed to when you wake again in the morning. It involves having a good routine, taking time to relax and unwind before you go to bed. The webpage also has suggestions for some meditation practices such as mindfulness that you can use, and recommends improving your sleep through diet and exercise.

### Resolution 5

#### Active Lifestyle through enjoyable exercise

Addressing a sedentary lifestyle with a resolution for regular exercise is a common New Year goal. You can incorporate exercises like dancing, hiking, or cycling into your routine to make physical activity enjoyable. High-intensity workouts in

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SCAN ME



the gym can sometimes be a more practical resolution for people with busy lives. By aligning exercise with your passions, you're more likely to stick to this resolution for long-term health benefits. Canolfan Beaumaris offers a wide range of exercise opportunities, it's worth taking a look to see if they have something that works for you.

### Conclusion

The five resolutions in this article are a mixture of the old and the new. We all know that eating well, doing exercise and having a good night's sleep are things that will help us to stay strong and healthy.

New research shows us that there are many natural options that we can use to help ourselves, so that we don't have to resort to taking pills and medicines. This can include adopting better sleep hygiene, eating natural probiotics and foods that reduce gut inflammation, doing mindful exercises like meditation and yoga to reduce stress, and other types of exercise to burn some calories and strengthen the heart.

Which resolutions work for you?

📖 How to fall asleep faster and sleep better

[www.nhs.uk/every-mind-matters/mental-wellbeing-tips/how-to-fall-asleep-faster-and-sleep-better/](http://www.nhs.uk/every-mind-matters/mental-wellbeing-tips/how-to-fall-asleep-faster-and-sleep-better/)

📖 Sleep problems

[www.nhs.uk/every-mind-matters/mental-health-issues/sleep/](http://www.nhs.uk/every-mind-matters/mental-health-issues/sleep/)

### Bangor Rotary news

Pauline Kenyon, Bangor Rotary Service Team Leader

Bangor Rotarians had a very busy and productive time in the run up to Christmas. It began with the fantastic help of Morgan Evans Auctioneers who enabled the Club to swell fundraising to support local communities by holding a charity auction. Rotarians generously searched for items for sale and helped declutter their homes in readiness for Christmas. Sincere thanks to Simon Bower for his kind help in enabling the event to be so successful once more.

In December, Rotary President Ian Thompson, Vice President Derek Hainge and Service Team Leader Pauline Kenyon delivered boxes of 'take home and keep' books (in Welsh and English) to Glan Cegin Primary School in Bangor. This was the third year of this popular educational project. Around 300 books had been collected by the Rotary Club, and enthusiastic pupils from the School Council sorted them and organised the distribution and swapping arrangements, to get youngsters enjoying reading at home!

The final project for 2023 was packing customers' shopping bags and having a [puffinpages@gmail.com](mailto:puffinpages@gmail.com)

collection at Marks & Spencer on 23 December. The company kindly offered this opportunity to collect funds to buy Aquabox community filtration units to



Presentation of children's books to School Council Representatives (Charlotte Ward, Deputy Head Teacher, Glan Cegin Primary School)

ensure that people have safe drinking water in war-torn areas or places hit by natural disasters around the world. Shoppers were asked to give 'a Christmas gift of a glass of clean water to someone in need' as a donation to help the afflicted. An aquabox will be displayed with further details of its usage and current distribution.



23 December 2023: Aquabox collection at Marks and Spencer, Bangor (Ian Thompson)

Rotarians, partners and friends also met for a Carol Service at St Mary's Church, Menai Bridge, led by the Rev Richard Wood, where highly talented young musicians from the William Mathias school of music performed a glorious selection of music and many representatives of local organisations contributed with the service readings.



Rotary Christmas Dinner at the Carreg Bran Hotel (Ian Thompson)

Members of Bangor Rotary and partners enjoyed a very happy pre-Christmas

dinner together at the Carreg Bran Hotel after the service. We look forward to another year of community service in 2024 and wish all readers of **The Puffin** peace and joy throughout the New Year.

### Nature notes: light and colour in the gloom

Roz Hattey

Around the winter solstice short days give us all too little time to be out and about. This year a series of low pressure systems, mostly from the Atlantic Ocean, has darkened the days even further with almost continuous winds, low cloud and drizzle or driving rain. It has been unusually mild, but this is part of the pattern of rising sea temperatures and increasingly turbulent winter weather which climate change specialists promised us some years ago.

Ancient traditions of lighting up the darkness at this time of year are still important to us today. Christmas in particular becomes a focus for providing lights and colour and a reason to raise our spirits and make merry. In more northerly lands, where daylight is very brief or absent in midwinter, special ceremonies are held.

Here in the British Isles, Shetland holds a series of fire festivals known as Up Helly Aa in January. They celebrate not only the end of Christmas activities but also Shetland's Viking heritage. Torchlit processions culminate in the burning of replica Viking long-ships, followed by feasting and other festivities.

Less spectacular but very beautiful was a winter journey northwards up the coast of Norway just before Christmas a few years ago, when myriad tiny lights and decorations, mostly white or silver, appeared out of the darkness as the ship passed isolated farms, small villages and towns.

On a more modest scale, spotting colours in our winter gardens and landscapes at home can be rewarding. Warm autumn weeks this year left the golden-amber leaves on my young oak trees well into November. Once the leaves had gone I looked for brief shafts of sunlight which highlight the white bark on the silver birch and the golden stems of tall ornamental grasses and bulrushes in the pond. There have been masses of red berries on hollies, hawthorns and cotoneasters alike but there must have been plenty of natural food available for birds. It was only in early December that six blackbirds began to feast on these. They jumped up to reach berries on the lowest holly branches and then for several days they were busy plucking the ripe haws. They stripped the large hawthorn bush completely before starting on the apples I had thrown out

*(continued on page 20)*



**Canolfan  
Biwmares**

**MWY NA CHANOLFAN**

**HAMDDEN YN UNIG**

**SIOEAU A DIGWYDDIADAU**

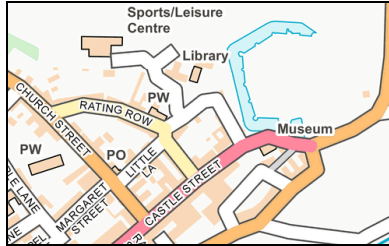


**Noson Meic Agored**  
10 Chwefror

**Bingo Rêf**  
1 Mawrth

**Cyngerdd Elusen Maer**  
26 Ebrill

**RYDYM YMA!**



**Canolfan Biwmares, Rating Row,  
Biwmares, Ynys Môn LL58 8AL**

**Mwynhewch eich ymweliad!**

**LLE CROESO CYNNES**

Te, coffi a chacennau!  
Ymhlith y gweithgareddau mae peintio  
cerrig mân, ffeltio, potiau atgofion a  
llawer mwy

**Bob dydd Gwener**  
1.00yp-3.30yp

Rhyddhewch eich ochr crefftus!

**Paned a Sgwrs**

i ddysgwyr Cymraeg  
bob dydd Gwener  
11.30yb-12.30yp

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Dydd Iau cyntaf o bob mis  
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Ystafell ffitrwydd, chwaraeon, dosbarthiadau  
ffitrwydd, campfa merched yn unig,  
arddangosfa gelf, llogi beiciau, nosweithiau  
ffilm, adloniant, cerddoriaeth fyw, partiön  
plant, llafnrolio, marchnad rad, ffair hen  
bethau, digwyddiadau, dawnsio a llawer mwy!

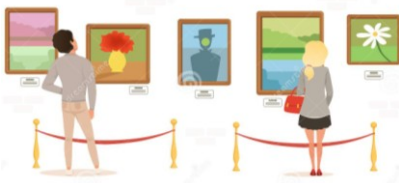
**FFAIR HEN BETHAU**



Trydydd Sul y mis

**ARDDANGOSFA GELF**

Ar agor i'r cyhoedd



Ar lunydd newydd bob mis

Yn rhad ac am ddim

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LLES SEIRIOL**

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  - Tai chi •
  - Aciwbigo •
  - Podiatrig •
- Therapiau holistaidd •
- Ymwybyddiaeth ofalgar •
- Osteopathi •



**Cysylltu â ni  
os hoffech  
mwy o wybodaeth**

**Ein manylion  
yn cael eu rhoi isod**

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- Sglefrfyrdio •  
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- Badminton i blant •  
Dydd Iau 4.30yp-5.30yp
- Pickleball y teulu •  
Dydd Mawrth 5.00yp-6.00yp
- Disgo Rholer •  
Dydd Sadwrn 10.00yb-11.15yb
- Crefftau Ymladd •  
Dydd Mercher, dydd Gwener  
4.00yp-7.00yp

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The first Thursday of the month  
See page 5

7.00pm, £5.00 per person



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ladies-only gym, art exhibitions, bike hire,  
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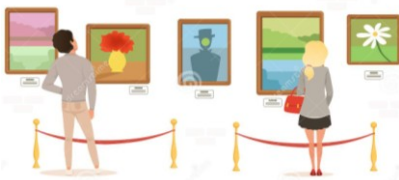
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**Our details  
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- **Family pickleball** •  
Tuesday 5.00pm-6.00pm
- **Roller Disco** •  
Saturday 10.00am-11.15am
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4.00pm-7.00pm

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(from page 17)

for them. They fed from dawn till dusk. One morning the usual view of visiting magpies in their black and white plumage was suddenly enriched by splashes of pink and blue. Two colourful jays, *Garrulus glandarius*, had arrived.



A jay, *Garrulus glandarius*, a large colourful bird of the crow family; it is more often heard than seen (Gillian Pullinger/Alamy)

They may have been checking out the oaks to see if there were any acorns.

Jays are resident members of the crow family, as are magpies, but jays are primarily woodland birds, especially where there are oak trees, and their raucous screeches usually announce their presence whilst they remain hidden. Acorns are eaten throughout the year, made possible by the birds' habit of hiding food, often in tree-crevices, but mostly by burying and covering. They also eat insects, fruit, eggs and nestlings of other birds and small mammals like mice and voles. Gamekeepers have traditionally persecuted them, but numbers have increased in urban areas in recent years.



A male goldfinch, *Carduelis carduelis*, at Wigan (Francis C Franklin/Wikipedia)

Colour arrives more regularly in the bushes and on the bird-feeders in the form of blue tits, great tits and several finches.

The pink and blue-grey of male chaffinches and the bright olive-green body and yellow wing-flashes of male greenfinches are eye-catching, but both sexes of goldfinch are richly colourful. When seeds of thistles, knapweed and other tall seed-bearing flowers have been consumed in fields and hedges goldfinches relish sunflower and nyjer seeds. I watch them flit across the garden with their distinctive bouncy flight and am glad to see them back.

Maybe the lively lime-green and yellow siskins will come again soon.

In early December, a friend in Llangoed was thrilled to spot two waxwings, *Bombycilla garrulus*, amidst the sudden arrival of a flock of finches and other small birds. Waxwings are winter visitors, but are a rare sight on the Wales coast.

They are smaller than starlings and very colourful, mostly reddish-brown but with yellow, black, white, chestnut and scarlet markings.



A waxwing, *Bombycilla garrulus*, one of a flock of waxwings that stripped a tree of berries in a day (Randen Petersen/Wikipedia)

Red spikes on the tips of their secondary flight feathers resemble pieces of bright red wax, hence their name. They have prominent crests and are acrobatic when feeding on berries, their main winter food.

One bird will eat two or three times its own body weight in a day! Waxwings breed in dense northern forests in northern Scandinavia and Siberia (another race breeds in North America). Their summer diet there is mainly insects, especially mosquitoes and midges, and other invertebrates.

Autumn and winter strolls alongside the Menai Strait can provide some colour even on a dull day. In early October a flock of around fifty curlews flew low, directly overhead, perhaps disturbed from their high-tide roost on fields near the castle. Their pale, streaked underparts were striking as they headed out across the Strait, some of them giving that familiar, plaintive call. When a flock of dunlin flies past at speed, just above the water, in tight formation, they often bank and turn flashing first white then silvery grey. Binoculars pick up the bright red bill and legs of black and white oystercatchers as they probe the mud at low tide for mussels and cockles.

I watched around thirty turnstones, *Arenaria interpres*, foraging amongst stones and rocks just below the Prom. This chunky-looking wader is one of my favourite birds. They can be difficult to spot as winter plumage is mostly grey-brown. However, as they are not easily startled once you do see them, busily feeding along the shoreline, you notice the orange legs, white underparts and tortoiseshell-like patterning on their backs and heads. They are usually in

small groups, searching for sandhoppers, shellfish, crabs and insects amongst seaweed and pebbles, which they frequently flick to one side and so live up to their name. They tend to fly close to water and can swim. Walking along the Prom after dark on several evenings I heard the quiet twittering of turnstones as they continued to feed just below me. At high tide, they sometimes roost with dunlin along the edge of the old swimming-pool. Some years ago when I was walking along Southend Pier in Essex I was amazed to see large numbers of turnstones roosting along and all amongst the wooden structural supports towards the end of the pier, twittering and jostling for space.



A turnstone, *Arenaria interpres*, in breeding plumage at Sanibel Island, Florida, USA (Hans Hillewaert/Wikipedia)

Turnstones are winter migrants, arriving on our coasts between August and October, from northern Europe, Greenland and Canada where they breed. I would love to see them in their summer breeding plumage when their heads are black and white, their breasts are black and their backs have a bright orange and brown mottled pattern. They breed right round the Arctic Circle, on bare ground or amongst short vegetation. They are marathon long-distance fliers, with some populations over-wintering in Chile, South Africa or Australia!

■ Welcome to Up Helly Aa [www.uphellyaa.org](http://www.uphellyaa.org)

■ The jay, midwife of the forest [www.theguardian.com/environment/2012/nov/11/jay-midwife-of-the-forest](http://www.theguardian.com/environment/2012/nov/11/jay-midwife-of-the-forest)

■ Half the trees in two new English woodlands planted by jays, study finds [www.theguardian.com/environment/2021/jun/16/half-the-trees-in-two-new-english-woodlands-planted-by-jays-study-finds](http://www.theguardian.com/environment/2021/jun/16/half-the-trees-in-two-new-english-woodlands-planted-by-jays-study-finds)

### Your local United Nations

#### Association: Menai Branch

Richard Shirres, UNA Menai Secretary, and Mike Blyth

What does the United Nations actually aim to do, and what do UNA-UK Branches, such as your local UNA Menai branch, do to support it?

After some 55 million died in the Second World War, the 1945 founding Charter of the United Nations began thus: '*We the peoples of the United Nations [are] determined to save succeeding generations from the scourge of war...*'

The Charter's first Article goes on to set out the UN's key purposes, in outline, as being: '*to maintain international peace and security through collective measures; to develop international cooperation on socio-economic, cultural and humanitarian problems; to encourage respect for human rights, and to help harmonize actions to attain these common ends.*'

For these purposes the UN has a global structure of supporting bodies and agencies. The UN General Assembly comprises representatives from all nations to agree actions and programs to relieve poverty and inequality, while the UN Security Council considers the pressing actions for peace and security.

The UN system works through promoting international engagement and building consensus for multilateral treaties.

With many branches in the UK, your local UN Association, Menai branch, seeks to champion and explain the work of the UN, and is the only branch in North and Mid-Wales. UNA Menai is a volunteer-run group supporting the UN.

In the past we have organised a diverse range of grass-roots activities, including special speaker and fund-raising events (e.g., for UNICEF), Coffee and Topic Meet-ups, presentations and films on UN activities related to the Climate Crisis, sustainable and humanitarian development.

We also issue bilingual releases to all media and to Welsh MPs and AMs.

In 2021, UNA Menai produced *Oherwydd IPCC!*, a Welsh version of *Because IPCC!*, a graphic story booklet suitable for adults and teenagers that engagingly explains the work of the UN's Intergovernmental Panel on Climate Change.

The links are given below.

UNA Menai has just produced a new edition of *The UN: An Essential Introduction*, which can be in the form of an 8-page A5 booklet, and provides a succinct overview of the UN. For a free .pdf copy, please e-mail our Secretary at [richardshirres@gmail.com](mailto:richardshirres@gmail.com).

If you would like to join UNA Menai, meet new people and help reinforce community support for the UN's work of addressing inequality, famine, and the climate emergency, please e-mail our Treasurer at [iancuthbertson@gmail.com](mailto:iancuthbertson@gmail.com).

UNA Menai Wales  
<https://una.org.uk/MenaiUNA>  
[puffinpages@gmail.com](mailto:puffinpages@gmail.com)

United Nations Charter: Preamble  
[www.un.org/en/about-us/un-charter/preamble](http://www.un.org/en/about-us/un-charter/preamble)

Oherwydd IPCC! [36 pages]  
<https://becauseipcc.files.wordpress.com/2021/11/cymraeg-welsh-becauseipcc.pdf>

Because IPCC! [36 pages]  
<https://becauseipcc.files.wordpress.com/2021/10/1ba65-because-ipcc-history-and-science-of-the-intergovernmental-panel-on-climate-change-v3s.pdf>



## St Fiacre's Garden and the National Open Garden Scheme

May Blossom

'Who is St Fiacre?' I hear you ask...

St Fiacre has been recognised as the patron saint of gardeners (as well as cab drivers and florists, among other things) since medieval times.

His feast is celebrated in Ireland and France on 1 September.

Fiacre was born in Ireland in the 7<sup>th</sup> century, and was raised in a monastery. Monasteries were repositories of learning during the Dark Ages, and it is here that Fiacre became a skilful user of healing herbs.

Disciples flocked to Fiacre as he earned fame for his knowledge of plants and their healing abilities. Fiacre sought more solitude and left Ireland for France, where he established a hermitage in a wooded area near the Marne River. Here he built an oratory in honour of the Virgin Mary and a hospice where he received strangers.

Fiacre eventually retreated to a solitary cell, living a life of prayer and manual labour in his garden.

St Fiacre, Patron Saint of Gardeners  
<https://davesgarden.com/guides/articles/view/2616/>



This is the first of a regular gardening series in **The Puffin**.

In it we'll be plotting the gardening year, month by month, and we hope that you'll find it interesting and useful.

The National Open Gardens Scheme season will soon be upon us, with a

Mass Opening of Llanddona gardens in the wings.

The 'to do' listing below should be useful to have by one's side as the weather warms up and plants start to grow. Already, in early January, bulbs are starting to sprout greenery and buds; snowdrops are appearing, with the odd early daffodil...



## February

February can seem like a quiet month in the garden...don't be fooled, though: it can be a busy time as you prepare for the year ahead, and you'll soon see the first signs of the garden coming to life as the days warm up.

### The flower garden:

- Make sure that bird feeders and tables are stocked with plenty of food as their natural resources are reduced during the colder months.
- Order seeds and plug plants if not already done so.
- Remove weeds from borders as necessary.
- If you didn't do so the previous autumn, mulch borders, taking care of emerging bulbs.
- Start pricking out seedlings that are already growing in the greenhouse or under cover.
- Recut lawn edges.
- On all but the coldest days open greenhouse for a couple of hours for ventilation.
- Inspect stored dahlias to make sure none of the tubers has started to rot.
- Prune out dead, diseased or damaged wood from trees and shrubs.
- Buddleias, ceanothus, hardy fuchsias, hydrangeas can all be cut back.
- Prune roses if the weather allows, creating an open outward-facing framework.
- Prune clematis (late/summer flowering).
- Take hardwood cuttings.
- Start off tuberous begonias, gloxinias, achimenes in the greenhouse, conservatory or on the windowsill.
- Plant new climbers such as clematis and honeysuckle.
- Prune winter-flowering shrubs when the flowers fade.
- Watch out for slugs and snails.

### The vegetable garden:

- Apply general fertiliser, such as Growmore or blood, fish and bone to borders.

- Chit early seed potatoes in trays or egg boxes and leave them in a light frost-free place for planting out next month.
- Mid-month, sow broad beans, leeks, peas, lettuce, etc., and place in the greenhouse or cold frame for an earlier harvest.
- Sow tomato seeds in gentle heat.
- Force rhubarb for early pickings.
- Turn the compost heap.

### March

Spring has sprung, and we have much more sunlight to look forward to with the clocks going forward at the end of the month. There are a lot of jobs to do, of course!

#### The flower garden:

- Deadhead bulbs regularly. Cut the flowerheads off at the top of the stem to encourage new flower growth next year. Do not tie or remove the foliage.
- Weed regularly.
- Edge/define all borders.
- A general fertiliser can be applied to borders if this hasn't been done already.
- Plant roses.
- Dahlia tubers can be potted up and started into growth.
- Plant sweet pea seeds in the greenhouse.
- Divide summer-flowering perennials.
- Plant new perennials and summer-flowering bulbs.
- Repot or top-dress all containers.
- Lightly rake lawn to remove moss if the weather is mild and the lawn isn't waterlogged.
- Sow hardy annuals for summer colour.
- There's still time to order seeds and plug plants.

#### The vegetable garden:

- Chit main crop potatoes for planting out next month.
- Sow the following directly into the garden: broad beans, spinach, sprouting broccoli, cauliflower, carrots, lettuce, radish, peas, parsnips, leeks, spring onions, chard and kale.
- Plant shallot and onion sets.

### April

This month you'll notice a lot of plants growing quite rapidly, and you're likely to be woken at first light by the twittering of the dawn chorus.

#### The flower garden:

- Continue to deadhead spring bulbs; don't remove the foliage until it has withered.
- Weather permitting, mow lawns regularly, but make sure that your mower blades are at the highest setting

- Weather permitting, sow grass seed or lay lawn turf.
- Repair bald patches in lawn.
- Apply general fertiliser to roses.
- Weather permitting, cut last year's penstemon stems down to new growth.
- Sweet pea seeds can be directly sown into the soil.
- Pests will become active outdoors as the weather gets warmer.
- Prune early flowering shrubs such as forsythia.
- Plant evergreen trees and shrubs.
- Move existing evergreens if necessary.
- Plant summer-flowering bulbs, corms and tubers, including dahlias, gladioli and cannas (canna lilies).
- Pot up hydrangea cuttings.

#### The vegetable garden:

- Continue planting potatoes.
- Plant tomato and cucumber plants in a warm greenhouse.
- Sow tomato seeds in preparation for planting outside in summer.
- Finish planting onion sets by mid-month.

By now you'll be wondering how you'll manage to fit the rest of your everyday life in! Persevere: you'll enjoy it, especially when you see the results of all your work, and you'll find that the hard work at the start of the gardening year will pay dividends as the year progresses.

**Finally:** do you have any gardening tips that you'd like to share with others? If so, please send them to **The Puffin** at [puffinpages@gmail.com](mailto:puffinpages@gmail.com).

📧 National Open Gardens Scheme  
<https://ngs.org.uk>  
<https://ngs.org.uk/discover-more/news/>

### CPD Llangoed FC Christmas Raffle 2023: the winners

Owen Williams

We'd like to people for their support in our Christmas Raffle, particularly those who kindly donated prizes. Here's a list of the winners:

- Sunday dinner for two at the Owaim Glyndŵr, Llanddona: Sam McKee
- Cocomelon Scooter: Joan Roberts
- Wine & biscuits: Chloë Payne
- Wine & biscuits: Beth Evans
- Revlon Hair Dryer: Frazer G
- Roses & shortbread: Sarah Morgan Jones
- £20 Dockshack Voucher: John Paul
- £20 Cut Above voucher: Tony Bushell
- Baileys: Phil Owen
- Mixed hamper: Irena
- £40 Bishopsgate Hotel Voucher: Nia Short

- Family ticket on Starida Puffin Island cruise or Menai Strait cruise: Dan Parkinson
- Prosecco & chocolates: Dewi/Rich Gregson
- £30 Spar voucher: Maria, Castle Garage
- Janet Bell picture: Phil Owen
- Sunday lunch for two at the Liverpool Arms, Beaumaris: Nia Short
- £20 Multistore voucher: Sam McKee
- £15 Hidden Beauty Voucher: Ian Wrath
- Round of Golf for two, including Sunday lunch, at Baron Hill Golf Course: Cameron Slater
- Puffin Island tray and mug: Tom Zalot
- £25 Jollys voucher: Charlie McKenna
- Yankee Candle set: Tracey Owen
- Three-course Sunday lunch at the Bulkeley Hotel, Beaumaris: Ian Wrath
- £30 Pier House Bistro voucher: Owen Williams
- Port and crackers: Kerry Jones
- MOT Voucher, Castle Garage: Wayne Dunt
- Alcohol hamper: John Davies
- Penderyn Yma o Hyd whisky: Harvey
- Ribride for two: Dan Owen

We're pleased to say that the Christmas Raffle raised over £900!

### Gŵyl Diolchgarwch Llangoed: casgliad afalau 🍏

Julie Upmeyer

Corwynt y wasg afalau, sw'n sudd afal yn llenwi bwced, arogl sudd afal newydd ei wasgu a chlebran cymdogion. Roedd y penwythnos o wasgu afalau cymunedol yn ddigwyddiad hwyliog a chynhyrchiol i bobl o bob oed ac afalau o bob math.



Gall pob cenhedlaeth ymwneud â'r felin afalau  
 All generations can get involved with the apple mill  
 (Julie Upmeyer)

Gan weithio gyda'n gilydd, fe wnaethom wasgu dwsinau o fathau o afalau, gan ddysgu am y broses hynod ddiddorol o greu sudd afal. Gwnaeth y felin afalau lled-ddiwydiannol felyn fawr waith hawdd o'r ffrwythau, gan falu afalau cyfan yn 'pomace', yn barod i'w gwasgu gan un o dri gwasg wahanol: yr hydro-wasg (gan ddefnyddio pwysedd dŵr i wthio'r sudd

allan) a'r ddau gwasg bren a gwasg fetel. Aeth pawb adref gyda sudd, naill ai i'w yfed yn ffres neu i'w adael i eplesu dros y gaeaf ar gyfer seidr.

Am fwy o luniau gweler Gwefan Sioe Flodau Llangoed.

📧 Sioe Flodau Llangoed Flower Show  
[www.llangoedflowershow.com](http://www.llangoedflowershow.com)



## Llangoed Harvest Festival: an apple gathering

Julie Upmeyer

The whirr of the apple press, the sound of apple juice filling a bucket, the aroma of freshly pressed apple juice and the chatter of neighbours. The weekend of community apple pressing was a fun and productive event for people of all ages and apples of all kinds.



Diwmod hyfryd ar gyfer gwasgu sudd afal gyda'r gymuned gyfan yn Neuadd Bentref Llangoed. A beautiful day for pressing apple juice with the whole community at Llangoed Village Hall (Julie Upmeyer)

Working together, we pressed dozens of varieties of apples, learning about the fascinating process of creating apple juice. The large yellow semi-industrial apple mill made easy work of the fruit, crushing whole apples into 'pomace', ready to be pressed by one of three different presses: the hydro-press (using water pressure to push out the juice) and both a wooden press and a metal press. Everyone went home with juice, either to drink fresh or leave to ferment over the winter for cider.

For more images please see the Llangoed Flower Show Website.

📧 Sioe Flodau Llangoed Flower Show  
[www.llangoedflowershow.com](http://www.llangoedflowershow.com)

## Gwisgo Ffynnon Llangoed: traddodiad newydd 🌸

Julie Upmeyer

Daethom ynghyd wrth ein ffynnon, bloc calchfaen oeddrannau yn gorchuddio tramwyfa i'r isdir. Ffynhonnau yn cysylltu â ffynhonnau sy'n cysylltu ag afonydd. Dathlwyd ein pentref, ein cymdogion, ein hadnoddau, ein dŵr glân sydd ar gael yn rhwydd.

[puffinpages@gmail.com](mailto:puffinpages@gmail.com)

Ysbrydolodd dadorchuddio ein ffynnon hanesyddol yma yn Llangoed grŵp o artistiaid lleol i greu Arddangosfa Flodau Ffynnon Llangoed (gwisg ffynnon) gyntaf erioed fel rhan o Wyl y Cynhaeaf yn Neuadd Bentref Llangoed. Moment gysylltiol hyfryd gyda cherddwyr ffynnon, gwisgwyr ffynnon, ffrindiau a chymdogion ar gyfer Arddangosfa Flodau Ffynnon Llangoed gyntaf erioed.



Darlun artistig o'r pwmp hanesyddol wedi'i wneud o betalau blodau a deunydd naturiol. Artistic depiction of the historic pump made out of flower petals and natural material (Julie Upmeyer)

Gan ddilyn y traddodiad hir o arddangos ffynnon flodau i ddathlu, buom yn cloddio clai o draeth Lleiniog, ei wasgu i ffrâm bren wedi'i socian a chreu delwedd o bwmp y pentref allan o betalau blodau a deunyddiau naturiol eraill. Roedd y dathliad hefyd yn cynnwys dŵr o ffynnon Sant Seiriol gerllaw, arddangosfa flodau hyfryd gan Sarah's Gardens ac offrymau eraill, yn croesawu'r ffynnon yn ôl i'n bywydau.

Am fwy o luniau gweler gwefan Sioe Flodau Llangoed.

📧 Sioe Flodau Llangoed Flower Show  
[www.llangoedflowershow.com](http://www.llangoedflowershow.com)

📧 Sarah's Gardens  
[www.facebook.com/sarahsgardensllangoed](https://www.facebook.com/sarahsgardensllangoed)



## Llangoed Well Dressing: a new tradition

Julie Upmeyer

We gathered by our well, an aged limestone block covering a passage into the underlands. Springs connecting to wells connecting to rivers. We celebrated our village, our neighbours, our resources, our clean and readily available water.

The uncovering of our historic well here in Llangoed inspired a group of local artists to create the very first Llangoed Well Flower Display (a well dressing) as part of the Harvest Festival at the Llangoed Village Hall. A beautiful connective moment with well walkers, well dressers, friends and neighbours for the first ever Llangoed Well Flower Display.

Following the long tradition of celebratory floral well displays, we dug clay from Lleiniog beach, pressed it into a soaked wooden frame and created an image of the village pump out of flower petals and other natural materials. The celebration also included water from nearby St Seiriol's well, a gorgeous flower display by Sarah's Gardens and other offerings, welcoming the well back into our lives.



Dathliad gwisgo ffynnon cyntaf Llangoed gyda dros 50 yn bresennol. The first Llangoed well dressing celebration with over 50 in attendance (Jonathan Lewis)

For more images please see the Llangoed Flower Show website.

📧 Sioe Flodau Llangoed Flower Show  
[www.llangoedflowershow.com](http://www.llangoedflowershow.com)

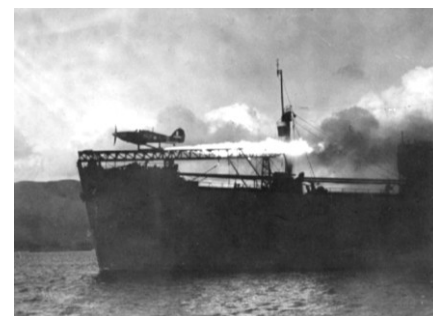
📧 Sarah's Gardens  
[www.facebook.com/sarahsgardensllangoed](https://www.facebook.com/sarahsgardensllangoed)

## Lieut R W H Everett DSO RNVR

Andrew Perrott

Robert Everett's name is one of those on the war memorial at Capel Peniel, Llanddona; see the article on page 8. Below is a brief account of what is known of his short and eventful life.

Robert William Hanmer Everett (29 May 1901-26 January 1942) was a British jockey and a Royal Navy Volunteer Reserve (RNVR) pilot during the Second World War.



Hair-raising, to say the least: test launch of a Hawker Hurricane IA from a CAM ship at Greenock, Scotland, 31 May 1941 (Lt J A Hampton, Royal Navy official photographer; photograph A 9423 from the collections of the Imperial War Museums)

In 1941, as a Fleet Air Arm pilot, he achieved the first 'kill' by a rocket-launched fighter, shooting down a long-range Focke-Wulf Fw 200 Condor over

(continued on page 26)



The Llangoed Flower Show is an open, friendly event, so do come and join in.

Mae Sioe Flodau Llangoed yn ddigwyddiad agored, cyfeillgar, felly dewch i ymuno.

To enter, show rules, sponsor a category and more information please visit:

I gystadlu, ar gyfer rheolau'r sioe, noddi categori, a mwy o wybodaeth ewch i:

[www.llangoedflowershow.com](http://www.llangoedflowershow.com)

Llangoed Village Hall  
Saturday, 6th of July, 2024  
public view: 2:00 - 5:00 pm

Neuadd Bentref Llangoed  
Dydd Sadwrn, 6 Gorffennaf, 2024  
2:00 - 5:00 yp agor i'r cyhoedd

**Dyddiad Cau Mynediad**  
**2 Gorffennaf, 2024**

**Entry Deadline**  
**2 July, 2024**



**questions? cwestiynau?**  
julie@plasbodfa.com

dathlu'r blodau, llysiau, coginio,  
celf a chrefft a grëwyd gan wneuthurwyr o bob oed



celebrating the flowers, vegetables, cookery, arts and crafts  
created by makers of all ages



The fun, the drama, the awards, the celebration..nothing is quite like a village show. Here in Llangoed we have hosted one in our Village Hall for over 50 years. Last year we had over 500 entries! We are happy to share with you the categories and awards for the 2024 show. A copy of the info brochure is included in this fine publication, also available at Morrisons Llangoed and Beaumaris Library. Full information also on the show website : [www.llangoedflowershow.com](http://www.llangoedflowershow.com).



Would you like to sponsor a category? For £10 you support the prize monies and rosettes for a show category of your choice. Details on our website.

Join our facebook group and sign up to our newsletter to keep up with the latest news.

Facebook:  
[www.facebook.com/groups/llangoedflowershow/](http://www.facebook.com/groups/llangoedflowershow/)  
 Newsletter:  
[www.llangoedflowershow.com/subscribe](http://www.llangoedflowershow.com/subscribe)

We can't wait to welcome all the makers and growers of the Seiriol ward to the Llangoed Flower Show!



Yr hwyl, y ddrama, y gwobrau, y dathlu.. does dim byd tebyg i sioe bentref. Yma yn Llangoed wedi cynnal un yn ein Neuadd Bentref ers dros 50 mlynedd. Llynedd cawsom dros 500 o geisiadau! Rydym yn hapus i rannu gyda chi y categorïau, cynlluniau a gwobrau ar gyfer sioe 2024. Mae copi o'r llyfryn gwybodaeth wedi'i gynnwys yn y cyhoeddiad gwyh hwn, sydd hefyd ar gael yn Morrisons Llangoed a Llyfrgell Biwmares. Gwybodaeth lawn hefyd ar wefan y sioe : [www.llangoedflowershow.com](http://www.llangoedflowershow.com).

Hoffech chi noddï categorï? Am £10 rydych chi'n cefnogi'r gwobrau ariannol a'r rhosedi ar gyfer categorï sioe o'ch dewis. Manylion ar ein gwefan.



Ymunwch â'n grwp facebook a chofrestrwch i dderbyn ein cylchlythyr i gael y newyddion diweddaraf.

Facebook:  
[www.facebook.com/groups/llangoedflowershow/](http://www.facebook.com/groups/llangoedflowershow/)  
 Cylchlythyr:  
[www.llangoedflowershow.com/subscribe](http://www.llangoedflowershow.com/subscribe)

Edrychwn ymlaen at groesawu holl gynhyrchwyr a thyfwrwr ward Seiriol i Sioe Flodau Llangoed!



(from page 23)

the Atlantic. For this hazardous success, he was awarded the Distinguished Service Order (DSO). Knowledge of Everett's life is fragmentary, with just a few notable events recorded.

Everett was born on 29 May 1901 in Tenterfield, New South Wales, Australia. His parents were Lt Col William Frank Everett and Charlotte Everett of Chelsea, London. In 1915 he attended the Royal Naval College, Osborne, then served for two years as a midshipman in the Royal Navy during World War 1. After the war, he worked as a farmer in South Africa, before moving to the United Kingdom in 1927 to become a National Hunt jockey.

In 1929, he rode *Gregalach* in the Grand National at Aintree after the jockey engaged to ride him was injured in a fall. The horse was marked down by bookmakers as a 100-1 outsider, but he won, beating the favourite, *Easter Hero*, by six lengths. This race had the largest Grand National field ever, and Everett was praised for his horsemanship over heavy ground. Later, in 1934, he won the Irish Grand National at Fairyhouse, this time on *Poolgowran*.

At the same time, Everett had become an amateur pilot and jointly owned, with his father, a De Havilland D H 80A Puss Moth, a relatively high-performance aircraft of its day. In 1934, with another Australian, Jimmy Melrose, he entered the MacRobertson Air Race (or the Melbourne Centenary Air Race) to Melbourne from Mildenhall, Suffolk. This was successfully completed in 120 flying hours, despite their landing at Darwin with empty fuel tanks.

Everett joined the RNVR and Fleet Air Arm (FAA) in October 1940 and served with 760 Naval Air Squadron at HMS *Heron*, Yeovilton. Later he volunteered for 804 Naval Air Squadron, which for a time supplied pilots for fighter catapult ships (FCS) and CAM (catapult aircraft merchant) ships.

While he was on HMS *Maplin*, a Focke-Wulf Condor was sighted on 1 August 1941. Everett's Hawker Hurricane was launched, and after a hard fight, Everett shot the Condor down with his last shots ("By this time I had reached the starboard bow and three machine guns opened up as well as the forward cannon. I did a quick turn to port and opened up just abaft the beam I fired five second burst at this range and my guns were empty"). He was the first pilot to shoot down an enemy aircraft after having been catapulted from a FCS or CAM ship. He managed to ditch near to HMS *Wanderer* which was escorting the nearby convoy, SL.81. Everett was awarded the DSO for this action.

Everett died on active service on

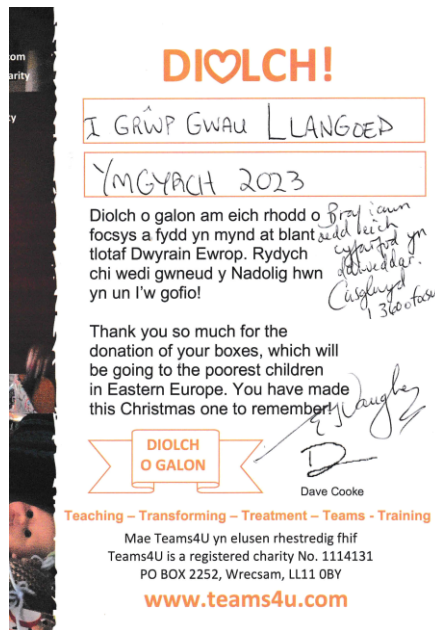
26 January 1942. He was flying a Hawker Hurricane from Belfast to Abingdon when it came down in shallow water close to the beach at Llanddona. Witnesses reported the aircraft seemed to be suffering from engine problems. The aircraft wreck was soon recovered but the cockpit was empty. Everett's body was washed ashore several months later; a post-mortem revealed that he had drowned. He is buried at the nearby Church of St Dona.

📄 Robert W H Everett  
[https://en.wikipedia.org/wiki/Robert\\_W.\\_H.\\_Everett](https://en.wikipedia.org/wiki/Robert_W._H._Everett)

📄 HMS Maplin: Fighter Catapult Armed ship  
<https://web.archive.org/web/20100619111042/http://fleetairarmarchive.net/Ships/Maplin.html>

• • • • •  
**Teams4U: a thank you to Llangod Knitting Club**

Elizabeth Roberts



• • • • •  
**David, Sam, William and Charlie**  
Mike Thomas

This follows on from **The Puffin 46**, page 27: *Black market...*

◆ ◆  
Time has moved on. It's now the early 1950s, and David, Sam, William and Charlie are now teenagers.

Most food was still rationed but at least the shelves weren't quite so empty. A few families had televisions. Queen Elizabeth II was crowned in a huge televised ceremony in June 1953. The few people who had televisions found that they were hosting their friends and neighbours, and television sales blossomed briefly.

To most people, though, life was still hard and rather drab. Computers. Mobile phones. Mundane things like plastic bags. None of them existed. Only in a

strip cartoon did Dick Tracy have a two-way wrist radio.

One of our four lads' pet subjects was speculating about 'the girl'. Until now she had been seen only as a passenger in her dad's car. It wasn't an ordinary car, mind, you; it was a huge open Lagonda which roared and growled its way along. 'The girl' was just as spectacular: she was about their age, blonde, very pretty. She beguiled them every time she saw them, with a little secret finger wave and a smile. They were all completely smitten. They didn't know her name or where she lived, but they decided to call her Angela because she was like an Angel.

Their latest plan was to climb the town gasholder, the huge round things that they used to have in gasworks. It had come about after a school trip to see the gas-making process at the town gasworks. They had a long discussion about the gasholders. How was the gas separated from air so it wouldn't be explosive? Why didn't it burn up in the retorts? Was there a pump to draw the gas from the works or did gas pressure simply push up those huge metal containers? These were the questions without answers; the teacher didn't know, wasn't interested, nobody knew...and Google wasn't invented then. None of the lads was clever in an academic way, but all had intense curiosity and wanted to know and understand. Anyway, just as important, was it bouncy on top? That was something that they could find out for themselves.

It had to be done at night, obviously; they knew that it was illegal, but it wouldn't harm anyone, would it? Charlie said they were mad, but he'd come and watch. They had taken torches, but then considered how conspicuous that could be, so they left them with Charlie. Scaling the high wall into the works wasn't a problem; they found the base of the pylons which supported the massive dome. Climbing up was easy but exceedingly smelly and greasy, and the big step from the pylon to the dome was scary.

It was bouncy on top! They stayed just for a few moments to see the view then apprehensively and a bit precariously made their way back to the pylon and down to the ground. "We stink," said William once they were away from the gasworks. "We need an explanation, an excuse for being oily and dirty." They decided on a bike crash and getting all oily from putting the chains back on, but only as a last resort, only if they were interrogated by their mums.

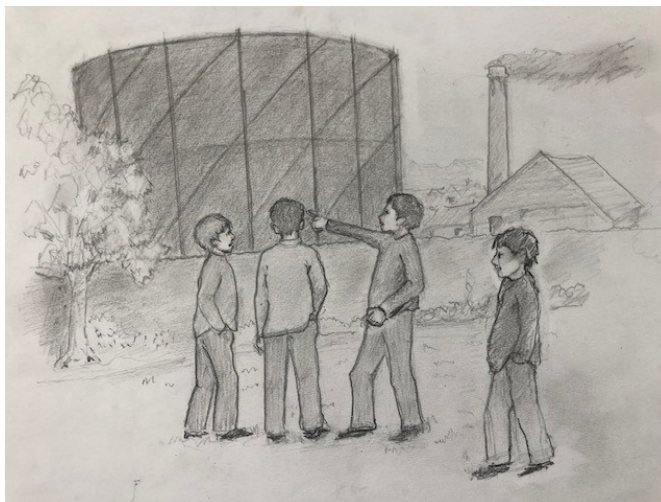
Next time they met the main subjects under discussion were girls and motorbikes. The recent gas works climb obviously had to remain secret. The

main girl in all their minds, as ever, was the beautiful, most desirable, Angela. But for the time being motorbikes were just as interesting.

Rejoin our lads in a future number of **The Puffin**. They'll be 16+, and at the start of their motorbike adventures. Charlie was first to get one...

📖 Dick Tracy  
[https://en.wikipedia.org/wiki/Dick\\_Tracy](https://en.wikipedia.org/wiki/Dick_Tracy)

📖 How Dick Tracy Invented the Smartwatch  
[www.smithsonianmag.com/smart-news/how-dick-tracy-invented-the-smartwatch-180954506/](http://www.smithsonianmag.com/smart-news/how-dick-tracy-invented-the-smartwatch-180954506/)



David, Sam, William, Charlie and the gasholder... (Mike Thomas)

are due also to Eirwyn, Tony and the Blaen y Coed team for their help with transporting the large screens to Bangor University.

**The coming months:** the workshop will be focusing on the refurbishment of the astronomical observatory which has been donated to the Wales Dark Sky Project.

All the materials have been delivered to the workshop and, once completed, the structure will be set up in the grounds of Plas Bodfa in Llangoed.

**Rotary Club Tools for Africa project:** The workshop

is still a collection point for the Rotary Club Tools for Africa project.

If you have any unwanted handtools, whatever their condition, we can repair, clean and sharpen them ready for collection and shipping.

Our workshop is very well equipped, with all manner of machinery, and we're able to repair tables, chairs and other items of furniture, and we can also fabricate larger items, such as the bespoke garden planters that we produced last year for Llangoed Village Hall...not to mention the rather impressive Japanese arch that we built as well!

We try to use reclaimed materials wherever possible, so if you have any wood that you think might be of use and would like to donate it, or items of furniture that would be suitable for repurposing, we'd be happy to take them off your hands. We can arrange collection if you are not able to bring them down to the workshop.

**Our crafting room:** what was once our store/junk room is now finally taking shape as our crafting room! It's now set up with tables for crafting, easels for budding artists and a potter's wheel and kiln. If gardening or the workshop are not for you then maybe this is something that might be of interest.

**Membership:** we're very pleased that member numbers have increased in recent months, and as we continue to expand activities we hope to attract even more members.

Whatever your interests are, we're sure that you'll find something that'll keep you occupied. Seiriol Men's Shed is all about companionship...if you simply want to chat and have a cuppa and a biscuit or two with our friendly crew, pop in and see what we're about!

**Finally:** we'd like to thank the 'Livvy' in Beaumaris for hosting the annual Seiriol Men's Shed Christmas lunch. Food and service were, as ever, exceptional!

• • • • •  
**Seiriol Men's Shed: the latest...**

Steve Jones

**Busy, inside and outside:** the last few months have been really busy, not just in the workshop but down in the garden as well.

**Our garden:** thanks to a generous grant from the Rotary Club of Great Britain we've been able to purchase all the materials that we needed to refurbish the polytunnel in the garden.

The ground has been levelled inside the tunnel so that raised growing beds can be installed and a flagstone path laid which will give people of all abilities the opportunity to participate with the growing of fruit and vegetables.

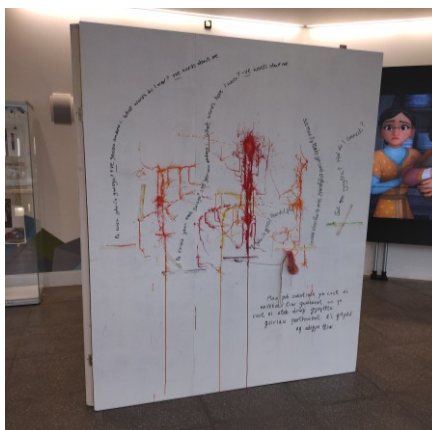
Unfortunately, due to the recent wet conditions, progress has been slow, but as the weather improves we'll be able to complete the project and set up the tunnel ready for the growing season.

**A sensory garden:** Seiriol Men's Shed has been approached by Eirwyn, one of the Blaen y Coed Daycentre managers, to help with the setting up of a sensory garden in the grounds of Haulfre, alongside our garden. Plans have yet to be finalised, but the garden will have to be accessible, with raised growing beds, and will have structures that enable aromatic climbing plants to be grown. It's very encouraging to see investment being made in what is a beautiful garden in an outstanding location!

**The Pontio screens:** a recent workshop project has been the fabrication of large exhibition screens for the Community Arts Project being set up in the Pontio Centre in Bangor.

We'd like to thank Wendy and Ellie Davies for the opportunity to be involved with the project, and for the donation to Seiriol Men's Shed which will help with our running costs... and keep us supplied with tea and biscuits! Thanks

[puffinpages@gmail.com](mailto:puffinpages@gmail.com)



The Pontio screens: just started, almost finished, and in pride of place at the Pontio Centre (Steve Jones)

You'll find directions to Seiriol Men's Shed and other useful information on page 8.



Blwyddyn ym mywyd Neuadd Bentref Llanddona 🍁  
Debbie Oulton

Bu 2023 yn flwyddyn prysur i ymddiriedolwyr a gwirfoddolwyr Neuadd Bentref Llanddona. Trefnwyd llawer o ddigwyddiadau newydd ynghyd a'r rhai arferol fel sesiynau bwrdd tenis, Paned a Sgwrs, Caffi Cofio a'r cinio poblogaidd ddydd Gwener sef Caffi Ni.

**Ffair Pasg:** gyda helpa wyau, stondinau, raffl, bwyd a diod a cynyrch lleol. Trefnwyd ystafell weithgareddau i ddiddanu y rhai bach, sesiwn crefft a'r helpa wyau gan ddwy o'n ymddiriedolwyr.

**Ffair Wanwyn a Sioe Hwyl i Gŵn:** bu'r gweithgaredd yma yn llwyddiannus iawn a pawb wedi mwynhau. 'Roedd cynyrch, stondinau crefft, artisan, bwyd, diod, teisennau blasus a hufen ia tu fewn i'r neuadd. Cynhaliwyd y Sioe Gŵn tu allan a cafwyd cefnogaeth da iawn i'r digwyddiad.

**Siop cyfnewid eitemau gardd:** cafwyd eitemau, gan gynnwys planhigion a pherlysiâu, hadau blodau a llysiâu, potiau ac addurniadau ac offer gardd a chactws ffantastig. Dyma ffordd wych i ail-gylchu a rhannu pob dim i ymwneud a garddio.

**Nosweithiau Bingo:** llygaid i lawr a barod gyda'r daber ar gyfer Nosweithiau Bingo gyda gwobrau ariannol i'r enillwyr lwcus a bwyd poeth a bar ar gael i ychwanegu at yr hwyl.

**Noson Calan Gaeaf yn y Neuadd:** gweithgaredd ffantastig ac yn ddi-dal i'r plant gyda gemau, storiâu arswydus, gwisg ffansi, cystadleuaeth pwmpen a gwobrau. Gweithiodd yr ymddiriedolwyr a'r gwirfoddolwyr yn galed i addurno'r Neuadd a cafwyd noson bythgofiadwy.

**Ffair Nadolig:** unwaith eto yn arddangos cynyrch a chrefftau lleol: cyfle ardderchog i brynu anrhegion Nadolig gan werthwyr lleol. Diddanwyd y plant gan Siôn Corn yn ei groto ag er nad oedd yna geirw, 'roedd dau asyn yna. Yn ogystal 'roedd modd teithio o amgylch y pentref mewn steil gyda ceffyl a cherbyd.

**Torch Nadolig a Te Prynhawn:** ffordd bendigedig i dreulio'r diwrnod. Drwy gael dwy arbenigwraig yn cynnal sesiwn gwneud torch gan ddarparu'r holl offer, cafodd nifer fawr o rai anhygoel eu creu. Dilynyd gyda te prynhawn traddodiadol gyda amrywiaeth o deisennau blasus.



Noson Calan Gaeaf yn y Neuadd Hallowe'en at the Hall (via Debbie Oulton)



Y Ffair Nadolig: taith ceffyl a cherbyd The Christmas Fair: a horse-and-carriage ride



Torch Nadolig a Te Prynhawn Wreath-making and afternoon Tea (via Debbie Oulton)



Sesiwn gwneud addurniadau bwrdd Table decoration-making session (via Debbie Oulton)



Rhai o'r criw tu ôl i'r digwyddiadau Some of the crew behind the events (via Debbie Oulton)

**Cinio Nadolig:** bu'r Cinio Nadolig yn lwyddiant ysgubol gyda dros 60 yn mwynhau cinio twrci traddodiadol dau gwrs. Am ffordd wych i ddechrau'r wyl.

**Gweithgaredd olaf 2023:** gweithgaredd olaf 2023 oedd sesiwn gwneud addurniadau bwrdd; y sesiwn yn ddi-dal gyda'r deunydd yn cael ei ddarparu. Cafodd y rhai a fynychodd y sesiwn eu tywys drwy'r broses i greu addurn bwrdd gan fwynhau paned a bisgedi wedyn.

**2024:** mae gweithgareddau yn cael eu cynllunio ar gyfer 2024 a thu hwnt; gweithdy serameg gyda Lynn Gallagher, ioga i ddechreuwr, TG a dosbarthiadau ymarfer hwyliog.

Mae eich ymddiriedolwyr a'r gwirfoddolwyr yn gweithio'n galed i hyrwyddo'r Neuadd Bentref ac i gynnig gweithgareddau hwyl i'r gymuned fydd yn ddi-dal neu am bris gostyngol. Bydd elw o'r gweithgareddau yn mynd i'r Neuadd Bentref a byddwn yn croesawu unrhyw gyfraniad a gwobrau raffl. Gwerthfawrogi unrhyw gefnogaeth ac awgrymiadau.



A year in the life of Llanddona Village Hall  
Debbie Oulton

2023 was a busy year for the trustees and volunteers of Llanddona Village Hall. Lots of new events were arranged alongside established activities such as weekly table tennis sessions, Paned a Sgwrs, Cafi Cofio and the ever-popular Caffi Ni Friday lunch club.

**The Easter Fair:** the Fair featured an egg hunt, stalls, raffle, food and drink and local produce. Two of our trustees hosted a children's activity room to keep the little ones entertained. Trustees devised an Easter egg hunt for the children as well as a craft session.

**The Spring Fair and Fun Dog Show:** this was a great success, enjoyed by children, adults and four-legged friends alike. Inside, visitors browsed produce, artisan and craft stalls and enjoyed food, drinks, delicious cakes and ice creams. The Fun Dog Show took place outside and was very well supported.

**Garden Swap Shop:** our Garden Swap Shop was a great way to recycle and share all things gardening. Donated items included various plants and herbs, flower and vegetable seeds, garden ornaments, pots and tools and some fantastic cacti.

**Prize Bingo Evenings:** it was eyes down and dabbers at the ready for our Prize Bingo Evenings. There were cash prizes for the lucky winners, and hot food and drinks from the bar were available to add to the fun.

**Hallowe'en at the Hall:** this was a fantastic and free event for children, with games, disco, spooky stories, fancy dress, pumpkin competitions and prizes. Trustees and volunteers worked hard to decorate the Hall and put on a memorable Hallowe'en party.

**Christmas Fair:** once again the Christmas Fair showcased local produce and crafts: a great opportunity to buy some early Christmas gifts from local sellers. Santa was there in his grotto to entertain the kids and, while there weren't any reindeer, two beautiful donkeys came to visit. Horse-and-carriage rides were also available for a jaunt in style around the village.

**Wreath Making and Afternoon**

**Tea:** a wonderful way to spend the day. With expert tuition and everything provided to make a festive masterpiece, there were some amazing creations. This was followed by a traditional afternoon tea with a dazzling array of cakes and pastries.

**Christmas Lunch:** our Christmas Lunch was a sell-out, with over 60 diners enjoying a two course, traditional turkey dinner with all the trimmings. What a great way to start the festive season.

**The final event of 2023:** the final event was a table decoration-making session. Completely free of charge, with all materials provided, participants were guided through the process of making a festive creation to adorn their Christmas table. It was a very relaxed event with tea and biscuits provided.

**2024:** events are being planned for 2024 and beyond such as a ceramic workshop with Lynn Gallagher, beginners' yoga and IT and fun exercise classes.

Your trustees and volunteers are working hard to promote the Village Hall and provide fun activities for the community which will be free or subsidised. All proceeds from events go to Llanddona Village Hall and we are grateful for any donations and raffle prizes. We value your support and suggestions.

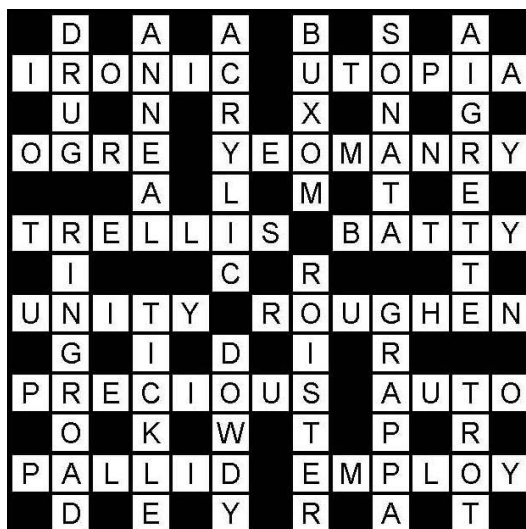
**Newyddion cyffrous! Sioe Geffylau a Merlod Llanddona & Beaumaris**

Miriam Willams

Yn dilyn cyfarfod agored yn ddiweddar, mae penderfyniad wedi ei neud i ail gychwyn y Sioe. Bydd yn cael ei chynnal ar ddydd Sadwrn 31 Awst 2024 ar gaeau Bryn Glas,

[puffinpages@gmail.com](mailto:puffinpages@gmail.com)

**The Governor's Quick Crossword no 15: solution**



**Fianchetto 66's Chess no 6: solution**

Qxf8+ Rxf8 2. Rxf8#.

In plain language, the white queen moves one space forward taking the black knight and putting the black king in check. A bold sacrifice! Black's only possible response is to capture the white queen with the rook, after which, the remaining white rook moves seven spaces forward and captures the black rook, thus checkmating the black king.

Beaumaris, LL58 8TN.

Rhowch nodyn yn eich dyddiadur!

Bydd manylion pellach yn dilyn maes o law.



**Exciting news! Llanddona & Beaumaris Horse & Pony Show**

Miriam Willams

An open meeting was recently held at which the decision was made to restart the Show. It will be held on Saturday 31 August 2024 on Bryn Glas fields, Beaumaris, LL58 8TN.

Put a note in your diary!

Further details will follow in due course.

**Mum**

Elizabeth Jones

Right from the beginning

My life anew,  
I see your face,  
I see you.

When your friends called over,  
How pleased to see,  
All your little daughters,  
One, Two, Three.

We smiled so coyly,  
As we heard them mew,  
How lucky you are,  
They look just like you.

Nothing could be worse,  
For me you see,  
I don't look like you,  
I look like me.

We never got to know you,  
Before you left that night.  
"There has been an accident."  
Oh no, that can't be right.

The guilt, the things unsaid.  
The heartache and the pain,  
This is part of life's circle,  
But you are alive again.

When I look into my daughters,  
I have but two,  
I see your face,  
I see you.

When I look into the mirror.  
Oh, yes, it can be true.  
I see your face  
I see you.

**Chrometophobia**

Andrew Perrott

This is something that I didn't know even existed until I read about it last month in one of the weekend broadsheets.

Chrometophobia is an extreme, irrational and overwhelming fear of money, specifically of spending money. A person with this phobia may experience intense fear, anxiety or panic at the sight, smell or touch of physical money, or at the thought of spending money.

It can be so extreme that it can be extremely difficult for somebody to spend money or pay his/her bills, even if he/she is in a good financial position. Some people with chrometophobia also experience anxiety if they are near objects that have a high monetary value, such as rare art, expensive cars or jewellery.

It is a relatively unknown phobia that has been diagnosed only in a handful of people in the UK. It is a highly individualised condition, as it manifests itself differently in different people. One person with the condition may count his/her money obsessively and check his/her bank accounts, whereas another person may refuse to touch, think about, talk about or manage his/her money in any way.

Chrometophobia may also affect one's ability to function or concentrate in one's day-to-day life, as one is consumed with the fear that one may be required to spend or touch money.

📖 What is Chrometophobia?  
<https://cpdonline.co.uk/knowledge-base/mentalhealth/chrometophobia/>

**Addo eich taleb yn  
[openreach.co.uk/connectmycommunity](https://openreach.co.uk/connectmycommunity)**



**Rhan o broses - nid addo taleb yn unig**

**Chwe cham i gael band eang Ffeibr Cyflawn tra-chyflym**

- 1**  
Ymweld â'r wefan ac addo eich taleb fel cyfraniad at darged y gymuned
- 2**  
Cymell eraill i wneud yr un peth
- 3**  
Cadw golwg allan am ebost llywodraeth y DU er mwyn dilysu eich taleb
- 4**  
Byddwn yn dechrau adeiladu ar ôl cadarnhau derbyn talebau digonol
- 5**  
Bydd angen archebu gwasanaeth ffeibr cyflawn pan fydd ar gael
- 6**  
Cadw golwg allan am ebost llywodraeth y DU a chadarnhau eich cysylltiad



**openreach**

**Pledge your voucher at  
[openreach.co.uk/connectmycommunity](https://openreach.co.uk/connectmycommunity)**



**It's a process - not just a pledge**

**Six steps to Ultrafast Full Fibre broadband**

- 1**  
Visit the website and pledge your voucher towards the community's target
- 2**  
Encourage others to do the same
- 3**  
Look out for your UK government email to validate your voucher
- 4**  
We'll start building when we have enough confirmed vouchers
- 5**  
You need to order a full-fibre service when it's live
- 6**  
Look out for your UK government email and confirm you're connected

## Llangoed and Penmon area residents to 'vote' on whether to get Ultrafast Broadband

Jonathan Lewis

Over the next three months 556 properties around Llangoed, Llanfaes, Caim and Penmon are going to have the opportunity to sign up for a new Ultrafast fibre optic broadband scheme to be rolled out in our area.

For the Llangoed area this means that our existing old and increasingly unreliable copper cables that come to our homes and businesses would be replaced by the very latest fibre optic cables.

It would provide us with the opportunity for faster (maximum speeds you can purchase would go from 60Mb to 1,000Mb), and more reliable and secure phone and internet services than we currently have now.

Whether this goes ahead or not is however entirely up to us. Very simply, it requires enough of us within our community to have agreed to support the scheme by 'voting' our support for the scheme with UK Government-funded vouchers.

These vouchers, worth £4,500 for your property, would then transfer to Openreach to do all of the building works.

556 properties will be granted a vote; it needs just 25% of us, 139 properties in total, to support the scheme for us to move to the front of the queue for the service in the UK.

What would be the benefits for us? Why not stick with what we have got?

- It would be a much more reliable service: our current internet is carried on old copper wires.

As the casing around those wires ages or rubs on tree branches, or other damage occurs, rainwater gets in to the copper and there are small short circuits; we all know that our phones crackle or internet is slower in storms, sometimes failing altogether.

Fibre optics is more reliable and will have fewer outages.

- Our local exchange is really full.

If anyone wishes to increase his/her internet speed, move to another supplier or change their service it is getting increasingly hard to do so, not least without great expense.

A fibre optic ultrafast service will bring more suppliers at faster speeds and more competitive pricing; Wales pays on average 50% more for its internet service than London, which is the most fibre-connected region in the UK.

- In the centre of Llangoed you can often get speeds of up to 60Mb, outside that, many exchanges are often full and the most you can now get is 17mb.

The ultrafast broadband would offer speeds all the way up to 1,000Mb/1Gb, and importantly they're 'symmetrical', which means that the upload and download are the same; standard broadband tends to be significantly slower for upload.

- Property values increase by around £3,500.

If you have access to ultrafast broadband, a IPSOS Mori research review of the impact of ultrafast rollout found one of the benefits for existing property owners was an increase in their property value.

- We're being offered funding upfront to do all of this work from the UK Government – who knows for how long that funding might be around? – so it would be a real shame to still be on an increasingly slow and degrading service and for that funding to be available no longer – who knows how much it would cost us to do then, or how long we might have to wait?

**Why is this being offered to us?** Much of the fibre optic investment to date has been in cities or new housing developments; however, groups such the Countryside Alliance, the Countryside Landowners Association and the Farmers Union have been demanding that the Government fund more rural schemes, in part because of the benefit to small businesses and for people working or living at home.

Somehow we have been exceptionally fortunate in being selected as one of the potential earliest zones for a rollout in the UK.

**Timing:** there's a three-month January-March consultation period for Llangoed to reach its voucher sign-up target. If the target is reached, the fibre optic upgrade work will take over the following 12 months, between April 2024 and March 2025.

**Who is included in the 556 eligible homes and who isn't?** The only way to know for certain is to go to the Openreach's website (the link is below) and enter your Postcode; you'll see immediately if you can sign up or not.

**Will it cost me anything?** Possibly yes, possibly not...or at the very least not much.

When voting for this scheme to go ahead you will be making a commitment as well. The UK Government wants to know that the advantages are going to be used in a rural community, so if you do offer your £4,500 voucher towards

the Llangoed scheme you'll also be asked to commit to double your existing internet speed for a year after.

This may cost you more; however, this is where one of the benefits really comes in...more suppliers!

Much of the Llangoed area is now restricted to just BT, with a little bit of Vodafone and TalkTalk. There is no space in the exchange, however, for someone new to come in, and existing suppliers can't offer much in the way of greater speeds than they do now.

I did a bit of Google research and comparison against my current bill and I've found that I'll be able to double my internet speed with fibre and my price will actually go down.

That may not be the same for everyone, and some of you who vote for this to happen might pay slightly more; however more suppliers would mean more competition.

As the Consumers' Association's *Which?* magazine put it: '*Fibre broadband deal prices have become increasingly competitive. We typically find that superfast fibre deals cost the same as – and often less than – standard broadband.*'

Either way, you have to commit to faster speeds only for a period of 12 months, after which you can drop down again if you wish.

**How do I sign up for this?** You can just do a Google search using *openreach connect my community* or follow or type in this link:

📄 [www.openreach.com/connect-my-community](http://www.openreach.com/connect-my-community)

Once you've done so you'll receive an e-mail a few days later from the UK Government asking you to confirm that you really do agree to use your voucher. After that, we just wait to see if enough of our community sign up for this for it to go ahead.

**Where can I learn more?** Openreach will be coming to Llangoed Village Hall on the evening of Friday 16 February 2024 to answer any questions and give more information.

This coincides conveniently with the Village Hall's pub night, so do come along for a drink and a chat about this if you'd like to learn more.

In short, we have the opportunity for a faster, more reliable internet service available from more suppliers (which tends to bring the average cost down) if enough of us in our community sign up and commit to doubling your internet speed for 12 months.

Just follow this link to sign up:

📄 [www.openreach.com/connect-my-community](http://www.openreach.com/connect-my-community)

## My broadband speed is ok, why should I do this?

Fibre optic cables use light instead of electric signals – they're tough, weather-resistant, and data travels through them at almost lightspeed.

You may already have access to fibre through a superfast or FTTC broadband connection which is a mix of fibre and copper technology.

Ultrafast full fibre is different. It is a direct fibre connection from our exchange straight into your home or business and is up to 10x faster than the average connection\*\*.

You'll need an engineer visit and a new router, but it's ultra-easy to set up our fastest and most reliable broadband yet. Ultrafast is broadband that's ready for anything.

### Are there any terms and conditions I should be aware of?

Yes. By pledging and validating your voucher you are saying you'll order a full fibre service once it's available to you.

### Can I use the voucher to meet my current broadband costs?

No. The voucher can only be put towards the cost of the network build. You'll have to pay for a broadband package.

### How much will it cost?

Prices vary per provider. You could also ask your existing provider about an upgrade.

### How long will it take?

Our network build usually takes around 12 months, but it can take longer in some cases. Please note, vouchers from the Gigabit Broadband Voucher Scheme expire after 12 months.

## Why you should make the switch to Ultrafast Full Fibre broadband

Superfast vs Ultrafast	Superfast Fibre Broadband	Ultrafast Full Fibre Broadband
Download 2hr movie	Under 24 minutes	Under 2 minutes
Download 100 music tracks	Under 80 seconds	Under 7 seconds
Upload 2GB file	13.5 minutes	Under 73 seconds



**Pledge your voucher at [openreach.co.uk/connectmycommunity](https://openreach.co.uk/connectmycommunity)**

\*Voucher pledges and schemes are subject to Openreach Pledge Terms and current Gigabit Broadband Voucher Scheme terms and conditions. In some areas voucher values may be eligible for an additional top-up funded by the local council. The Gigabit Broadband Voucher Scheme address checker will indicate if this applies to you.

\*\*Based on data from Ofcom 'UK home broadband performance, measurement period November 2020'.



## The Royal National Lifeboat Institution and Anglesey: part 5

Andrew Perrott

We started to tell the story of the Royal National Lifeboat Institution (RNLI) in **The Puffin 41**, beginning with an account of the first lifeboats.

We ran out of space in **The Puffin 46**, but continue the story now with the Second World War.

**The Second World War, 1939-1945:** despite having to contend with extremely dangerous conditions, RNLI lifeboat crews saved 6,376 lives during the Second World War. As well as aiding ships that had been wrecked, they:

- Towed vessels loaded with explosives and top secret information
- Navigated minefields
- Rescued downed aircrew
- Ferried food to remote villages
- Brought doctors to the injured
- Took priests to the dying.

Fortunately, unlike the lifeboat fleet 1914, most lifeboats available to RNLI crews during the Second World War had been modernised to give them the strength and power to cope with the extremely punishing demands made of them.

### A casualty of war: HMCS

**Chebogue:** in 1944, the Canadian frigate HMCS *Chebogue* suffered heavy casualties when her stern was blown away by an enemy torpedo, leaving her stranded in dangerous waters. She was towed to the apparent safety of Swansea Bay, but the weather worsened dramatically, from a 40-knot gale to a 70-knot hurricane. The *Chebogue* was dragged stern-first on to

Port Talbot Bar. When the crew of the *Edward, Prince of Wales* at Mumbles got the call, the crew knew that the ship was in extreme danger.

In 1883 and 1903, Mumbles lifeboats had capsized and lost crew during two particularly violent storms. One crew member from 1903 was aboard the *Edward, Prince of Wales* that went out to aid of the *Chebogue*. Giving no thought to past tragedies or immediate danger, the lifeboat was launched into darkness, sleet, and enormous waves towards the damaged frigate. The Coxswain, William Gammon, recognised the perilous nature of the situation: the plunging bow and swinging anchor chains made it

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extremely difficult to come alongside the boat to rescue the crew. In an extraordinary feat of seamanship and



A painting of the *Chebogue* rescue in 1944 (RNLI)

bravery, Coxswain Gammon drove full-speed over the bar to reach the seaward side of the wreckage, then held the boat

members over 60 and two more over 70, makes this rescue all the more remarkable. For this rescue, Coxswain Gammon was awarded the Gold Medal for Gallantry, with Second Coxswain Tom Ace and Mechanic Gilbert Davies receiving the Bronze Medal.

**The Battle of Britain:** as the war continued, RAF and the Luftwaffe aircraft repeatedly entered into dogfights over the Channel.

A common call-out for lifeboat crews was to rescue Allied and Axis aircrew that had been shot down into the sea.

RAF Pilot Officer Richard Hillary (who later went on to write *The Last Enemy*) parachuted into the sea near Margate after his Spitfire was shot down.

With bad visibility, Margate's lifeboat, *Lord Southborough*, eventually found the airman very badly burned and nearing death. The crew pulled him aboard, bandaged his wounds and made him feel comfortable with a generous helping of brandy which, according to the original report, had 'wonderful results'.

**Business as usual:** not all rescues between 1939 and 1945 were the result of enemy action; the wind and the sea continued to take their toll on commercial vessels, and the RNLI were there to save fishermen, sailors and the public in danger, as it always had been.

On 23 January 1942, two Whitby steamers, the *SS Runswick* and the *SS Saltwick*, collided in poor conditions near Peterhead Bay, off the east coast of Scotland.

The Peterhead lifeboat, *Julia Park Barry of Glasgow*, went to their aid and escorted them

both to the safety of the bay to wait for better conditions. It was here that they were joined by *Fidra*, which also came to seek shelter from the storm. The gale soon became a hurricane and drove the *SS Runswick* inshore. Having had only a few hours of rest, the lifeboat crew returned into the darkness and snow to rescue all 44 of the crew aboard her. Again, the weary crew were allowed only a short rest before being called out a third time; the hurricane was now blowing directly into the harbour, destroying the breakwater and driving the *Saltwick* and the *Fidra* onto the rocky foreshore.

Coxswain McLean risked all by turning

Ar gyfer eich holl anghenion plymio a gwresogi...  
gallwn eich helpu, gyda dros 10 mlynedd  
o brofiad ac wedi'i leoli yn Llansadwrn

Rydym yn ymgymryd â phob agwedd ar waith, o  
wasanaeth cynnal a chadw i osodiadau llawn

Gwerthfawrog eich bod yn ein hystyried ar gyfer  
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still just long enough for some crew to make the dangerous leap aboard. The *Chebogue's* commander, Lieutenant Commander M F Oliver RCNR, hailed Coxswain Gammon and asked if all his crew could be rescued. 'Yes,' he shouted back, 'if they keep their heads.' Coxswain Gammon repeated this remarkable manoeuvre 12 times, rescuing all 42 of the frigate's crew, with only a few suffering minor injuries from the life-or-death leap onto the lifeboat.

For a crew made up of young volunteers, this rescue would have been extremely impressive. The fact that crew of the *Edward, Prince of Wales* had an average age of 55, with two crew

head to sea and running alongside the SS *Fidra*, managing to keep the ship alongside for 50 minutes in terrible conditions. This display of extraordinary seamanship allowed the 26 men aboard the SS *Fidra* to leap to safety. Dropping them ashore, he then returned to the SS *Saltwick*, whose situation was now equally desperate, and made it to the sheltered side of the wreck to help the 36 survivors onboard. Over the course of the night, Coxswain John McLean and his crew saved 106 lives. For this brave rescue, Coxswain John McLean was awarded a Gold Medal for Gallantry, Motor Mechanic David Wiseman was awarded the Silver Medal and the rest of the crew were awarded Bronze Medals.

**The Dunkirk little ships:** on 30 May 1940, two RNLI crews joined an armada of little ships for one of the Second World War's greatest rescues: Operation Dynamo at Dunkirk. The port of Dunkirk was shattered, its beaches the only escape route for almost 340,000 British, French and Belgian troops facing obliteration by advancing German forces. Only the smallest of vessels could now reach the imperilled soldiers in a maritime rescue that would later be heralded by Winston Churchill as a 'miracle of deliverance'.

By the end of May 1940, an advancing German army had encircled the British Expeditionary Force, leaving the port of Dunkirk in tatters and its beaches the only possible way out for a rapidly retreating army. Combined with shallow surrounding waters, the destruction of the port meant that big ships could not get near enough to the shore for a mass evacuation. Something different had to be done and, in a stroke of genius, the Ministry of Shipping put out an urgent request for all boats 'with a shallow draft' – from pleasure craft to private yachts – from Hull to Southampton to report to Dover, and within 24 hours an armada of some 700 little ships had formed. Their mission was daunting.

Simultaneously, the crews of two RNLI lifeboats were setting out for France on rescue missions of their own at the request of their naval-officers-in-charge. This is the remarkable story of how the RNLI crews of Ramsgate and Margate took part in Operation Dynamo, probably the greatest wartime rescue ever, and in doing so saved the lives of 3,400 people.

The *Lord Southborough* was the first lifeboat funded by the Civil Service charity, Civil Service, Post Office and British Telecom Lifeboat Fund (CISPOTEL). She was named after the charity's Chairman and Honorary Treasurer Francis Hopwood, Lord Southborough. This was the beginning of a long tradition of lifeboats funded by the charity, which is known today as The Lifeboat Fund.

The *Guide of Dunkirk* had just been built at Rowhedge Ironworks when she was called upon to go to Dunkirk. After the rescue mission, she returned to the building yard for repairs, after which she was stationed at Cadgwith, where she was given the name *Guide of Dunkirk*.

The lifeboat *Prudential* negotiated the 50-mile passage from Ramsgate to Dunkirk with eight small Thames work boats, known as wherries, in tow. These small, river- and canal-going vessels would be used to ferry troops from the beach at Dunkirk to the lifeboat.

Battling strong tides and dodging wreckage and enemy fire made this the most challenging of rescues. Even so, Coxswain Howard Knight's crew and the naval personnel managed to get 800 men off the beaches during the first night.

Three of the wherries were lost but the remaining four worked on tirelessly, battered by the waves and incessant shelling.

With increasingly heavy seas and oars weighed down with spilled oil, the sailors found rowing the wherries increasingly difficult. It was time for a different approach.

Secured by ropes, the crew of the *Prudential* allowed the wherries to drift inshore on the waves, before hauling them back towards the lifeboat fully laden.



Ramsgate Coxswain Howard Knight and his volunteer crew helped to evacuate soldiers from Dunkirk in May 1940 (RNLI)

The crew kept going for 30 hours, saving hundreds more troops until the last of the wherries was too badly damaged to continue. Even then, the work of the lifeboat crew did not stop. A day after returning to Ramsgate the lifeboat was in action again, bringing injured troops ashore from vessels anchored offshore.

*The Lord Southborough*, in tow to a Dutch barge to conserve fuel, and containing Coxswain Edward Parker and his crew of ten, set off for Dunkirk with a flotilla of other craft on the afternoon of Thursday 30 May 1940, a few hours after the *Prudential*. The calm and mayhem the Margate crew witnessed on each side of the Channel couldn't have been in starker contrast.

Coxswain Parker said: 'Margate was a pretty dead town then, more than half the residents had evacuated. But when

we got to Dunkirk it was a bit different. With shells bursting and fires raging it was like hell.'



Margate Coxswain Edward Parker with his sons James (left) and Edward; all three took part in the evacuation of Dunkirk in May 1940 (RNLI)

As they approached the shore the crew found themselves in the middle of a war zone. German submarines slipped silently by in the shadows, occasionally illuminated by flames on the shore. The sound of shell fire and the smell of burning was everywhere. In the darkness and the chaos, the crew had to feel their way towards the shore. Once there they quickly got to work, moving people from the shore to the larger ships anchored in deeper water.

Coxswains Howard Knight and Edward Parker were awarded the Distinguished Service Medal for their gallantry and determination, and all crew members received the RNLI's Thanks on Vellum for their 'Dunkirk spirit'.

19 RNLI lifeboats were among the armada of little ships that travelled to Dunkirk as part of Operation Dynamo, but only the Ramsgate and Margate lifeboats were crewed by RNLI lifeboat crew, the other 17 lifeboats being used by the Royal Navy. All played an important part in this remarkable rescue mission.

Regularly since 1940, Operation Dynamo has been commemorated by a little ships flotilla crossing to Dunkirk and a service of remembrance.

In addition, The Association of Dunkirk Little Ships commemorates the spirit of this monumental rescue and organises several meetings on the water each year where the surviving little ships can be seen.

**6,376 lives saved:** over the course of the war, RNLI lifeboat crews saved 6,376 lives, excluding those saved at Dunkirk.

📖 Our history <https://rnli.org/about-us/our-history>

📖 Make a donation <https://rnli.org/support-us/give-money/donate>

📖 The Association of Dunkirk Little Ships [www.adls.org.uk/](http://www.adls.org.uk/)



[www.seiriolalliance.co.uk/newsletters/](http://www.seiriolalliance.co.uk/newsletters/)

**Tailpiece: a Weary Westie on 'power dognaps' and other things**

Dame Tilly Barker of Llanddona (dogtated to Andrew Perrott)

The Boss looked at me the other day. 'What are you going to dogtate to me this time?' he said. I yawned...I yawn really good yawns...and pretended to be asleep. 'I could tell my readers all about what a busy girl I've been since my last dogtation, couldn't I?'

I knew that the two words going through his mind would be *busy?...really?...* The Boss is so predictable...



Pretending to be asleep is hard work; I was listening to the Boss the whole time, of course...

'You'd better tell me all about it,' he said.

Well: I had a rather smart haircut not long before Christmas, just a trim, really, because the weather was beginning to turn cold.



Having a haircut is hard work, you know; I always have a quick 'power dognap' to recruit my energies again when I'm back home...

That does knock the stuffing out of one, you know, especially that bath machine. It's so noisy. The clipping and drying are nice, though, lots of warm air, and I do look smart afterwards.

I've been a good girl since, and haven't been in the sea once. That's mainly because the tide's been out when I've been at the beach, otherwise I would probably have dunked myself. Perhaps not...it has been a bit cold, and so windy.

Next, my friend Daisy's household has a

new member. She's called Nancy. She's a little upstart, and I've decided that the best thing to do is ignore her, or just growl at her if she comes too near.



Giving Nancy the 'Tilly's Beady Eye' treatment is hard work; I like her cage, though, because it has food and toys in it...



I do say 'hello' to her when I visit, of course; we touch noses, which is quite enough, thank you.



Recovering after a few minutes with Nancy is hard work, so another quick 'power dognap' is the order of the day...

Then the Boss and I spent Christmas with his sister and my bezzie Edie, which was very nice. We had lots of presents, and I didn't destroy a single one of them, even though they looked a little worse for wear after a few minutes' chewing and tearing. It was all so tiring.

When we thought that the Boss wasn't

looking Edie and I rooted about in the rubbish sack, just in case there was something nice to find. We made a mess, and the Boss was not pleased.



Rooting about in the rubbish bag was such fun, until the Boss spotted us...



...but it was all such hard work that Edie and I had to have a quick 'undercover power dognap'; that's even better than an ordinary 'power dognap'!



Finally it was all over and we had to come back home. The weather's been



A leisurely 'power dognap' on my favourite chair! so bad since that I've had to stay in most of the time...'power dognapping'!

**Local Facebook links**

- Anglesey Community Noticeboard/Hysbysfwrdd Cymunedol Môn  
[www.facebook.com/groups/205528177434085/](http://www.facebook.com/groups/205528177434085/)
- Friends of Beaumaris  
[www.facebook.com/groups/521368261344315/](http://www.facebook.com/groups/521368261344315/)
- Beaumaris Community Activities and Information/Gweithgareddau Biwmares  
[www.facebook.com/groups/400365856820659/](http://www.facebook.com/groups/400365856820659/)
- Ffrindiau Cwlwm Seiriol Friends  
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- Hysbysfwrdd Seiriol Noticeboard  
[www.facebook.com/groups/1600203890233039/](http://www.facebook.com/groups/1600203890233039/)

## Editorial information and other 'useful to know' stuff

### The Editorial Team

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Mavis Bishop	Andrew Perrott
Paul Bishop	Owen Williams
John Briggs	✉ <a href="mailto:puffinpages@gmail.com">puffinpages@gmail.com</a>

### Editorial Policy

- **The Puffin** is a community journal. It does not become involved in matters such as politics, local or national, but is intended to be a means of bringing people and communities together, celebrating our 'sense of community' and the beautiful part of the world in which we live, so please be kind, courteous and respectful. 'Hot' topics related to the local context are fine, but we ask that people respect the fact that alternative views may be valid as well.
- We welcome news, letters and interesting articles, in Welsh and in English, as long as they are attributed to an author; please don't send us anything marked 'not for publication'.
- The views expressed in **The Puffin** do not necessarily represent those of the Editorial Team.
- We review all items for material that is obviously libellous or offensive, but we cannot check for factual accuracy because we might not be sufficiently expert on the topic, and because of time constraints.
- If you have strong feelings about what is said, or is not said, in **The Puffin**, don't bottle it up: get in touch with us or join the group of volunteers who form the Editorial Team who enable its production.

### General information and publication dates

- We will do our best to reply to your e-mails quickly.
- If you e-mail photographs and other pictures to us for inclusion in **The Puffin**, please send them in .jpg format if possible. If you send photographs or documents to us by post, be sure to enclose a stamped, self-addressed envelope so that we can return them to you after they've been scanned.
- The word count per column is c.350 (three-column page) and c.520 (two-column page).
- **The Puffin** is published in:  
**February:** submissions by 1 January  
**May:** submissions by 1 April  
**August:** submissions by 1 July  
**November:** submissions by 1 October

### Submissions and donations by post

- We are happy to receive submissions – and donations, of course! – by post. Please send them to:  
Andrew Perrott  
Glangors  
Llanddona  
Anglesey  
LL58 8TU  
Mark the envelope **The Puffin** and enclose your address, an e-mail address and/or telephone number so that we can let you have an acknowledgement and a 'thank you'.
- If you would like to make a donation by bank transfer, our details are:  
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Account name: **The Puffin**  
Account number: **88609782**  
Sort code **54-10-01**

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- Please contact us by e-mail if you would like to sponsor **The Puffin** or place an advertisement in it.

### Where to pick up your copy of **The Puffin**

- **Beumaris**  
ABC Service Station, Gallows Point, Beumaris LL58 8YH  
Canolfan Beumaris Leisure Centre, Rating Row, Beumaris LL58 8AL  
Central Bakery, 22 Margaret Street, Beumaris LL58 8DN  
Ena's Newsagents, 24 Castle Street, Beumaris LL58 8AP  
Spar, 11 Castle Street, Beumaris LL58 8AB  
Town Hall (entrance lobby), Castle Street, Beumaris LL58 8AP
- **Llanddona**  
The Owain Glyndŵr, Llanddona LL58 8UF  
Wern y Wylan, Llanddona LL58 8TR (at Wern y Wylan Court)
- **Llandegfan**  
Siop Llandêg, Lon Ganol, Llandegfan LL59 5UA
- **Llangoed**  
Morrisons Daily, China House, Llangoed LL58 8NW
- **Penmon**  
The Pilot House Café, Black Point, Penmon LL58 8RR
- **On-line**  
[www.seiriolalliance.co.uk/newsletters/](http://www.seiriolalliance.co.uk/newsletters/)

### Some useful contacts

Alcoholics Anonymous	0800 917 7650	
Canolfan Iechyd Beumaris Health Centre	01248 810818	
Canolfan Beumaris Leisure Centre	01248 811200	
Cynllun Tro Da Seiriol Good Turn Scheme	01248 305014	
Dŵr Cymru/Welsh Water:	leaks	0800 281 432
	water services and emergencies	0800 052 0130
	sewerage services and emergencies	0800 085 3968
Electricity (SP Energy Networks):	information about power cuts	0800 001 5400
Floodline		0345 988 1188
Gas:	National Gas Emergency Service	0800 111 999
Isle of Anglesey County Council:		01248 750057
	Beumaris library	01248 810659
	Children's Services	01248 752722
	missed waste collections	01248 752860
NHS (NHS Direct closed in 2014):	for non-emergency medical help	111
NSPCC:	help for adults concerned about a child	0808 800 5000
	help for children and young people	0800 1111
Police: non-emergency		101
Police Community Support Officer:	(not known at January 2024)	
Post Office:	customer helpline	0345 611 2970
	Morrisons Daily, Llangoed	01248 490056
	Spar, Beumaris	01248 810326
RSPCA:	daily, 9.00am-6.00pm	07490 642555
Samaritans:	English language	116123
	Welsh language	0808 164 0123
Ysbyty Gwynedd Hospital		01248 384384